

Herts+Middx Vets XC 2019

Middx XC Vets - FV35+ & MV60+ County Rank

Rank	Name	Cat	Club	Gun Time
f				
1	Jennifer ARMSON	FV35	Queens Park Harriers	0:32:29
2	Sarah BAILEY	FV45	Highgate Harriers AC	0:33:11
3	Emily REICHERT	FV35	London Heathside Runners AC	0:34:26
4	Satu HIETANEN	FV45	London Heathside Runners AC	0:34:33
5	Karima HARRIS	FV45	Queens Park Harriers	0:34:41
6	Sarah SWINHOE	FV45	London Heathside Runners AC	0:34:49
7	Louise FAHERTY	FV35	Highgate Harriers AC	0:35:10
8	Sophie BARNARD	FV45	Queens Park Harriers	0:35:46
9	Sarah BOXER	FV55	Barnet & District AC	0:36:14
10	Jackie WASTELL	FV55	London Heathside Runners AC	0:36:50
11	Michelle FORD	FV45	Queens Park Harriers	0:36:55
12	Lynn HYDE	FV35	Hillingdon AC	0:37:57
13	Natasha CENDROWICZ	FV45	Highgate Harriers AC	0:37:59
14	Ruth MILLER	FV55	London Heathside Runners AC	0:38:06
15	Emilia VYNNYCKY	FV45	London Heathside Runners AC	0:38:17
16	Catkin SHELLEY	FV45	Serpentine Running Club	0:38:33
17	Sally CHATTERTON	FV45	London Heathside Runners AC	0:38:33
18	Sue PARK	FV55	Ealing Eagles RC	0:38:42
19	Patricia THOMAS	FV45	Ealing Southall & Middlesex AC	0:38:57
20	Brigid HIBBERD	FV45	The Stragglers	0:39:07
21	Lynn WILSON	FV55	Ealing Southall & Middlesex AC	0:39:29
22	Rebecca BRYANT	FV35	Mornington Chasers	0:39:58
23	Laura FAIRBANKS	FV35	Queens Park Harriers	0:39:58
24	Melissa O'HARE	FV45	Trent Park Running Club	0:40:28
25	Fran LOU	FV35	Thames Valley Harriers	0:40:51
26	Georgina THORBORN	FV35	Queens Park Harriers	0:41:01
27	Fiona HOLLAND	FV55	London Heathside Runners AC	0:41:40
28	Anne CASPI	FV55	Mornington Chasers	0:41:55
29	Pauline FISCHER	FV55	Hillingdon AC	0:41:58
30	Ann WOULFE	FV35	London Heathside Runners AC	0:42:01
31	Julie HOLMES	FV55	The Stragglers	0:42:20
32	Christine HAWKER	FV45	Trent Park Running Club	0:42:23
33	Liz AINSWORTH	FV35	Ealing Eagles RC	0:42:26
34	Jessica HOOD	FV35	Ealing Eagles RC	0:42:58
35	Alison HINTON	FV45	Serpentine Running Club	0:43:07
36	Rafaele LAMOUR	FV45	Mornington Chasers	0:44:02
37	Hsiang-Ju LIN	FV35	Sudbury Court Running Club	0:44:11
38	Mary HYDE	FV35	The Stragglers	0:44:21
39	Elizabeth ABRAHAMS	FV45	Sudbury Court Running Club	0:44:23
40	Susan KENNEDY	FV55	Queens Park Harriers	0:44:35
41	Linda DWOROWSKI	FV55	Barnet & District AC	0:45:05
42	Charlotte MORRIS	FV35	Queens Park Harriers	0:46:02
43	Yvonne WALKER	FV55	Sudbury Court Running Club	0:46:08
44	Laura STEWART	FV35	Serpentine Running Club	0:47:08
45	Anna GALLAGHER	FV45	Ealing Eagles RC	0:48:08
46	Tracey NOBBS	FV45	Sudbury Court Running Club	0:48:49
47	Mary BROWN	FV55	Barnet & District AC	0:50:08
48	Angela TOMUSANGE	FV35	Sudbury Court Running Club	0:50:29
49	Anne WOODS	FV55	The Stragglers	0:50:39

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Rank	Name	Cat	Club	Gun Time
50	Sally BOULTON	FV65	The Stragglers	0:50:46
51	Alice GALAL	FV55	Queens Park Harriers	0:53:38
52	Alice LESTER	FV55	Queens Park Harriers	0:54:14
53	Christine MUNDEN	FV45	Thames Valley Harriers	0:55:07
54	Patricia KING	FV55	Sudbury Court Running Club	0:55:09
55	Sarah COOK	FV55	Queens Park Harriers	0:55:47
56	Louise HINSHELWOOD	FV45	Queens Park Harriers	0:57:14
57	Sofia ALI	FV55	Queens Park Harriers	0:58:51
58	Christine READ	FV55	Trent Park Running Club	1:02:47

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Rank	Name	Cat	Club	Gun Time
m				
1	Chris FINILL	MV60	Harrow AC	0:31:55
2	Pete CROCKFORD	MV60	London Heathside Runners AC	0:32:07
3	Ian LESLIE	MV60	Ealing Southall & Middlesex AC	0:35:11
4	Gary HYMNS	MV60	Serpentine Running Club	0:35:55
5	Pete ELLIS	MV60	Barnet & District AC	0:36:24
6	Trevor STEEPLES	MV60	Hillingdon AC	0:37:07
7	Mel DAVIES	MV60	Barnet & District AC	0:37:22
8	Dave FOLEY	MV60	Ealing Southall & Middlesex AC	0:38:01
9	Robert PICK	MV60	Trent Park Running Club	0:39:02
10	Malcolm ALLEN	MV60	Trent Park Running Club	0:39:59
11	Domenic ROMANELLI	MV60	Trent Park Running Club	0:40:23
12	Adrian BOYLAN	MV60	Queens Park Harriers	0:40:33
13	Charles TAYLOR	MV70	Trent Park Running Club	0:41:32
14	Ray CLARABUT	MV60	Trent Park Running Club	0:42:35
15	Dave GRIFFITHS	MV60	The Stragglers	0:43:13
16	Graham WOOD	MV60	Hillingdon AC	0:43:57
17	Anthony SMITH	MV50	Thames Valley Harriers	0:44:06
18	Martin GARRETT	MV60	Sudbury Court Running Club	0:45:03
19	George ALLAN	MV60	Serpentine Running Club	0:46:10
20	Martin WILSON	MV60	Ealing Southall & Middlesex AC	0:46:41
21	Douglas MILSOM	MV70	Hillingdon AC	0:46:58
22	Bob GOULD	MV70	London Heathside Runners AC	0:47:37
23	Louis SMYTH	MV60	Sudbury Court Running Club	0:48:28
24	Brian THOMAS	MV60	Sudbury Court Running Club	0:50:18
25	William O'CONNOR	MV70	Queens Park Harriers	0:50:44
26	Les BROWN	MV80	The Stragglers	1:21:00

Number of records: 84