

# INTER-COUNTIES 15/08/2010 - MENS RESULTS

A String					
Pos	C No	Athlete	County	Perf	Pts

B String					
Pos	C No	Athlete	County	Perf	Pts

## 100m

w/s +4.5

1	K	Darren Green	Kent	10.63	16
2	X	Jason Hussain	Sussex	10.75	15
3	T	Lewis Clarke	Hertfordshire	10.78	14
4	M	William de Torvy-Balbu	Middlesex	10.83	13
5	E	Mark Dyble	Essex	10.92	12
6	H	Marvin Gayle	Hampshire	10.95	11
7	S	Emanuel Adeyemi	Surrey	11.01	10

w/s +5.1

1	KK	Adam Gemilli	Kent	10.72	8
2	EE	Rashid Kakoza	Essex	10.83	7
3	TT	Cameron Webb (U20M)	Hertfordshire	11.03	6
4	MM	Moses Bawo	Middlesex	11.05	5
5	SS	Samuel Adeyemi	Surrey	11.19	4
6	XX	Luke Sargeant	Sussex	11.23	3

## 200m

w/s +1.5

1	K	Darren Green	Kent	21.43	16
2	X	Jason Hussain	Sussex	21.46	15
3	E	Rashid Kakoza	Essex	21.61	14
4	M	William de Torvy-Balbu	Middlesex	22.04	13
5	T	Cameron Webb (U20M)	Hertfordshire	22.42	12
6	H	Marvin Gayle	Hampshire	22.46	11
7	S	Emanuel Adeyemi	Surrey	23.16	10

w/s +3.5

1	KK	Adam Gemilli	Kent	21.87	8
2	EE	Mark Dyble	Essex	22.15	7
3	XX	Luke Sargeant	Sussex	22.16	6
4	TT	Lewis Clarke	Hertfordshire	22.38	5
5	MM	Lumar Sylvester	Middlesex	disq	

## 400m

1	E	Richard Morrissey	Essex	48.59	16
2	T	Matt Hamilton	Hertfordshire	49.03	15
3	M	Bomene Barikor	Middlesex	49.31	14
4	S	Samuel Adeyemi	Surrey	49.33	13
5	X	Seb Rodger	Sussex	49.42	12
6	H	Darren Campbell	Hampshire	50.76	11
7	K	Steve Tester	Kent	50.83	10

1	EE	Matt Harrison	Essex	48.98	8
2	XX	Matt Sinclair	Sussex	49.72	7
3	KK	Chris Chancellor	Kent	50.36	6
4	TT	Adam Daish	Hertfordshire	50.53	5
5	MM	Jason Dwaah	Middlesex	55.27	4

## 800m

1	S	Ben Wallis	Surrey	1:54.00	16
2	X	Nick Duggan	Sussex	1:54.28	15
3	T	Joshua Moss (U20M)	Hertfordshire	1:56.23	14
4	H	Jonathon Slade	Hampshire	1:57.27	13
5	E	David Smale	Essex	1:58.13	12
6	K	Jason Prickett	Kent	1:59.32	11

1	SS	Matthew Grant	Surrey	1:59.85	8
2	TT	Sam Poulton	Hertfordshire	2:00.08	7
3	XX	Adam Stainsby	Sussex	2:00.51	6
4	KK	Dan Bradley	Kent	2:01.66	5
5	EE	Pete Smale	Essex	2:02.60	4

## 1500m

1	XX	Scott Harris	Sussex	4:01.61	16
2	EE	David Gibbon	Essex	4:01.88	15
3	T	Daniel Poulton	Hertfordshire	4:05.06	14
4	HH	Mathew Mizen	Hampshire	4:05.59	13
5	K	James Taylor	Kent	4:08.40	12
6	M	Martin Bateman	Middlesex	4:10.89	11

1	E	Tom Frith	Essex	4:02.62	8
2	H	John Hutchings	Hampshire	4:06.30	7
3	X	James McCarthy	Sussex	4:07.22	6
4	TT	Adam Searle	Hertfordshire	4:08.83	5
5	KK	Jason Prickett	Kent	4:18.27	4

## 5000m

1	E	Adam Hickey	Essex	14:45.81	16
2	K	Dean Lacy	Kent	15:02.71	15
3	MM	Ryan McKinlay	Middlesex	15:09.43	14
4	H	David Bramfoot	Hampshire	15:30.33	13
5	T	Michael Tarpey	Hertfordshire	15:36.88	12
6	X	Finn McNally	Sussex	15:39.62	11
7	O	Peter Haarer	Oxfordshire	16:05.35	10

1	M	Henry Dodwell	Middlesex	15:10.07	8
2	EE	Mark Sanford	Essex	15:58.51	7
3	HH	Tim Spencer	Hampshire	15:59.36	6
4	KK	Mark Wilkins	Kent	16:25.10	5
5	XX	Dave Rayner	Sussex	17:24.42	4

## 5000m Non Scoring


## 110m HURDLES

w/s +3.5

1	H	Richard Fox	Hampshire	15.22	16
2	E	James Mclean	Essex	15.54	15
3	T	Stephen Barnard	Hertfordshire	15.72	14
4	M	Israel Nworgu	Middlesex	15.87	13
5	K	Peter Davey	Kent	16.33	12

w/s +3.5

1	EE	Simon Hemmings	Essex	16.38	8
2	KK	Gareth Morris	Kent	16.52	7
3	TT	Craig Shearer	Hertfordshire	19.38	6

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## 400m HURDLES

1	X	Chris Wakefield	Sussex	53.37	16
2	H	Richard Fox	Hampshire	55.48	15
3	K	Gareth Morris	Kent	56.09	14
4	E	James Wright	Essex	57.83	13
5	TT	Craig Shearer	Hertfordshire	61.09	12

1	XX	Sam Parsons	Sussex	55.55	8
2	EE	Chris Stubbings	Essex	57.90	7
3	T	Michael Wadlow (U20M)	Hertfordshire	dnf	

## 3000mSC

1	MM	Ryan McKinlay	Middlesex	9:40.35	16
2	K	Tom Collins	Kent	9:44.17	15
3	X	Andrew Donno	Sussex	9:53.04	14
4	H	Tom Bowerman	Hampshire	10:06.04	13
5	E	Lee Pickering	Essex	10:11.28	12

1	XX	Jack Swallow	Sussex	9:56.66	8
2	EE	Ryan Prout	Essex	10:26.52	7
3	KK	Richard Munn	Kent	10:30.46	6
4	M	Paul Lemmon	Middlesex	10:53.11	5

## 3000m Walk

1	E	Dan King	Essex	12:36.28	16
2	K	Liam Baldwin	Kent	15:46.67	15
3	T	Steve Allen	Hertfordshire	15:53.38	14
4	MM	Sean Pender	Middlesex	18:24.47	13

1	EE	Dominic King	Essex	12:40.33	8
2	KK	Ben Parsons	Kent	16:56.89	7
3	M	Kabur Kemp	Middlesex	24:24.02	6

## HIGH JUMP

1	T	Jason Hamilton (U20M)	Hertfordshire	2.00	16
2	XX	Dan Dunscombe	Sussex	1.95	15
3	K	Daniel Alexander	Kent	1.90	14
4	EE	Pat Halcrow	Essex	1.85	13

1	X	Tom Gardener	Sussex	1.95	8
2	E	Dan George	Essex	1.85	7
3	TT	Elior Harris	Hertfordshire	1.85	6
4	KK	Aaron Barham	Kent	1.80	5

## POLE VAULT

1	M	Martin Denslay	Middlesex	4.80	16
2	H	Christopher Mills	Hampshire	4.30	15
3	X	Dave Ingram	Sussex	4.15	13.5
3	EE	Kevin Hughes	Essex	4.15	13.5
5	T	Paul Yeomans	Hertfordshire	3.60	12

1	MM	Stephen McLennan	Middlesex	4.60	8
2	XX	Leigh Walker	Sussex	4.00	7
3	E	Jason Fry	Essex	3.80	6
4	TT	Craig Shearer	Hertfordshire	3.20	5

## LONG JUMP

				w/s	
1	H	James Crocock	Hampshire	7.16	+2.3 16
2	X	Seb Rodger	Sussex	7.12	+2.5 15
3	E	Mitchell Jarvis	Essex	6.77	+4.3 14
4	TT	Paul Yeomans	Hertfordshire	5.42	+2.2 13
	O	Jackson Curtis	Oxfordshire	ndr	

				w/s	
1	XX	Tom French	Sussex	6.87	+2.6 8
2	EE	James Wright	Essex	6.43	+0.7 7
3	T	Craig Shearer	Hertfordshire	5.36	+2.1 6

## TRIPLE JUMP

				w/s	
1	K	Matt Morsia	Kent	15.17	- 16
2	E	Kevin Brown	Essex	14.29	- 15
3	X	Tom French	Sussex	13.88	- 14
4	H	Christopher Bull	Hampshire	13.06	- 13
5	TT	Elior Harris (U20M)	Hertfordshire	12.65	- 12
6	M	Nathan Cyrus	Middlesex	11.34	- 11

				w/s	
1	EE	Dan George	Essex	12.88	- 8
2	KK	Stuart Ballard	Kent	11.77	- 7
	T	Jason Hamilton (U20M)	Hertfordshire	ndr	

## SHOT

1	E	Pat Halcrow	Essex	13.81	16
2	XX	Neil Mansbridge	Sussex	13.16	15
3	K	David Coleman	Kent	12.81	14
4	T	Ashley Ralph (U20M)	Hertfordshire	11.93	13
5	H	Allan Leiper	Hampshire	11.58	12

1	EE	Chris Linque	Essex	13.43	8
2	X	Bradley Hall	Sussex	12.25	7
3	KK	Craig Lacy	Kent	10.66	6
4	TT	Jonathan Constaniou (U20M)	Hertfordshire	10.07	5
5	HH	Alex Fitzpatrick	Hampshire	6.23	4

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## DISCUS

1	K	David Coleman	Kent	52.58	16
2	E	Chris Linque	Essex	49.85	15
3	O	Perris Wilkins	Oxfordshire	47.99	14
4	T	Ashley Ralph (U20M)	Hertfordshire	44.43	13
5	X	Bradley Hall	Sussex	42.60	12
6	H	Allan Leiper	Hampshire	32.35	11

1	EE	Pat Halcrow	Essex	40.27	8
2	XX	Neil Mansbridge	Sussex	39.60	7
3	KK	Craig Lacy	Kent	32.44	6
4	HH	Neil Fitzpatrick	Hampshire	31.95	5
5	OO	Jackson Curtis	Oxfordshire	31.75	4
6	TT	Michael Wadlow (U20M)	Hertfordshire	28.12	3

## HAMMER

1	X	Mick Jones	Sussex	64.84	16
2	TT	Ben Flash (U20M)	Hertfordshire	41.35	15
3	M	Alan French	Middlesex	35.31	14
4	E	Fergus Harford	Essex	34.10	13
5	HH	Neil Fitzpatrick	Hampshire	33.69	12

1	XX	Matt Lasis	Sussex	44.23	8
2	T	Ashley Ralph (U20M)	Hertfordshire	39.00	7
3	EE	Pat Halcrow	Essex	30.09	6
4	H	Alex Fitzpatrick	Hampshire	29.43	5

## JAVELIN

1	E	David Sketchley	Essex	62.52	16
2	K	Dominic Sadewski	Kent	60.95	15
3	XX	Neil Mansbridge	Sussex	48.77	14
4	O	Jackson Curtis	Oxfordshire	48.37	13
5	T	Jonathan Constaniou (U20M)	Hertfordshire	47.21	12
6	H	Allan Leiper	Hampshire	38.65	11
7	M	Nathan Cyrus	Middlesex	36.66	10

1	KK	Craig Lacy	Kent	50.73	8
2	EE	James Wright	Essex	45.97	7
3	TT	Jason Reineri	Hertfordshire	45.90	6
4	X	Bradley Hall	Sussex	39.14	5
5	HH	Neil Fitzpatrick	Hampshire	37.44	4

## 4x100m RELAYS

1	M	Middlesex	William de Torvy-Balbu, Moses Bawo, Lumar Sylvester, Chaka Maillet	43.02	16
2	K	Kent	Darren Green, Adam Gemilli, Peter Davey, Chris Chancellor	43.46	15
3	X	Sussex	Chris Brownlee, Chris Wakefield, Luke Sargeant, Jason Hussain	43.60	14
4	E	Essex	Rashid Kakoza, James Mclean, Mark Doble, Charlie Dack	43.93	13
5	T	Hertfordshire	Craig Shearer, Elijior Harris, Matt Hamilton, Lewis Edwards	44.77	12

## 4x400m RELAYS

1	X	Sussex	Craig Fox, Nick Duggan, Matt Sinclair, Seb Rodger	3:18.53	16
2	T	Hertfordshire	Adam Daish, Cameron Webb (U20M), Joshua Moss (U20M), Matt Hamilton	3:18.90	15
3	E	Essex	Matt Harrison, Tom Frith, David Smale, Richard Morrissey	3:27.54	14
4	K	Kent	Steve Tester, Chris Chancellor, Jason Prickett, Dan Bradley	3:29.73	13
5	M	Middlesex	William de Torvy-Balbu, Moses Bawo, Lumar Sylvester, Chaka Maillet	3:34.60	12

## Men's Results

1	E	Essex	411.5		
2	X	Sussex	356.5		
3	K	Kent	327		
4	T	Hertfordshire	326		
5	H	Hampshire	237		
6	M	Middlesex	222		
7	S	Surrey	61		
8	O	Oxfordshire	41		

## Meeting Result

1	E	Essex	755.5		
2	K	Kent	714.5		
3	X	Sussex	680		
4	M	Middlesex	585		
5	T	Hertfordshire	462		
6	H	Hampshire	341		
7	S	Surrey	256		
8	O	Oxfordshire	54		

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A String					
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B String					
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## 100m Non Scoring

w/s +4.5

	105	Lumar Sylvester	Middlesex	10.93
	111	Matt Hamilton	Hertfordshire	11.06
	109	Jason Hamilton	Hertfordshire	11.12
	106	Chaka Mallet	Middlesex	11.41
	107	Chris Brownlee	Sussex	11.47
	110	Ellior Harris	Hertfordshire	11.51

w/s
