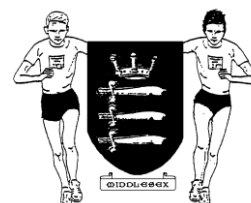


# MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET



## Under 11 Boys - 1,500m (approx)

Position	Time	Number	Name	Club
1	7:08	34	Victor Redondo	Unattached
2	7:09	1	Edgar Sayers	VPH&THAC
3	7:11	33	Finlay Vadon	ESM
4	7:12	35	Benjy Bediako	L.Heathside
5	7:12	42	Arthur Phillips	SBH
6	7:15	16	Julian Luiz	Harrow
7	7:20	8	Reginald Rock	TVH
8	7:21	43	Adam Krzyazton	SBH
9	7:25	38	Eric Beale	L.Heathside
10	7:30	36	Ben Redland	L.Heathside
11	7:33	40	Kamran Bakhshi	L.Heathside
12	7:34	6	Louis Moore	TVH
13	7:37	28	Henry Jones	Ealing Eagles
14	7:43	13	Billy Cook	Highgate
15	7:45	24	James Naughton	Hillingdon
16	7:50	4	Henry Englishby	QPH
17	7:51	37	Noah Bechioff	L.Heathside
18	7:56	2	Kai Fellows	VPH&THAC
19	7:57	15	Thomas Jessop	Harrow
20	7:58	18	Josh Mesgian-Rodaway	Harrow
21	7:58	39	Joel Briars-Coen	L.Heathside
22	7:59	21	Zachary Evans	Harrow
23	8:03	3	Zak Fellows	VPH&THAC
24	8:03	25	Reuben Moore	Hillingdon
25	8:04	44	Max Gilzean	Trent Park
26	8:05	12	Joseph Drinkell	Highgate
27	8:07	5	Arthur Salkeld	QPH
28	8:10	29	Nathan Powlson	Ealing Eagles
29	8:12	26	Harry Bowley	Hillingdon
30	8:12	31	Roger Robles	ESM
31	8:12	41	Amarion Wallace	SBH
32	8:35	27	Oliver Hall	Hillingdon
33	8:38	23	Dylan Lewis	Hillingdon
34	8:38	19	William Hobbs	Harrow
35	8:45	14	Alex Driscoll	Highgate
36	10:10	22	Michael Treacy	Harrow
37	11:25	17	Ishaan Jhooti	Harrow



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 11 Girls - 1,500m (approx)

Position	Time	Number	Name	Club
1	7:34	489	Molly McCormack	TVH
2	7:35	59	Tilly Talbot	Highgate
3	7:36	74	Natasha Bennett	Ealing Eagles
4	7:39	79	Nico Lind	QPH
5	7:45	52	Posie Shaw	SBH
6	7:59	60	Ellie Chadwick	Highgate
7	8:02	54	Phoebe Music	SBH
8	8:08	85	Ellena Deakin	St.Marys
9	8:14	70	Cherilee Doyle	Hillingdon
10	8:21	62	Josie Phillis	Highgate
11	8:28	61	Bea Chadwick	Highgate
12	8:32	66	Hannah McCarthy	Harrow
13	8:34	488	Farrah Ceric	TVH
14	8:40	77	Elkie Baker	L.Heathside
15	8:47	53	Lucy Johnson	SBH
16	8:53	68	Valerija Boronenko	Hillingdon
17	8:57	63	Eloise Lindley	Highgate
18	8:58	83	Immi Van der Graf	ESM
19	8:59	71	Zoe Morse	Hillingdon
20	9:14	72	Siham Hamud	Hillingdon
21	9:31	82	Hana Proudmore	ESM
22	9:53	73	Jessica Gregg	Hillingdon
23	10:08	65	Ruby Kunjasic	Harrow
24	10:33	67	Kiran Gill	Harrow
25	10:59	75	Sarah Liborg	Ealing Eagles

# MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET



## Under 13 Boys - 3,000m (approx)

Position	Time	Number	Name	Club
1	10:41	39	Harry Glyn	VPH&THAC
2	10:48	18	Spike Blake	L.Heathside
3	11:13	34	Cameron McConnon	TVH
4	11:26	4	Liam Bailey	Highgate
5	11:29	55	Dominic Paine	Trent Park
6	11:31	28	Freddie Bate	St.Marys
7	11:35	31	Max Bishop	TVH
8	11:37	19	Stan Hasson	L.Heathside
9	11:39	49	Joshua Luiz	Harrow
10	11:41	46	Rohan Mangat	Harrow
11	11:44	27	Zach Horn	St.Marys
12	11:47	14	Ryan Stoddart	Hillingdon
13	11:51	20	Ivor Joslin	L.Heathside
14	11:53	30	Lawrie Wilkin	St.Marys
15	11:56	35	Rory McConnon	TVH
16	12:01	21	Gregory Berrisford Sweet	L.Heathside
17	12:06	11	Thomas Chadwick	Highgate
18	12:06	9	Luca Spaccatrosi	Highgate
19	12:09	48	Oliver Macgonigal	Harrow
20	12:09	5	Woody Nicole	Highgate
21	12:10	3	Jamie Cameron	Highgate
22	12:14	2	Maher Baga	WSEH
23	12:22	50	Zack Atek	Harrow
24	12:25	23	Arthur Maslen	L.Heathside
25	12:34	43	Alec Edgar	ESM
26	12:42	8	Victor Bright	Highgate
27	12:43	56	Max Kercher	Trent Park
28	12:48	41	Tom Scott-Gall	VPH&THAC
29	12:49	32	George Kimble	TVH
30	12:50	38	Edward Buckley	VPH&THAC
31	12:56	1	Alex Kabysh	Belgrave
32	13:04	10	Jack Balme	Highgate
33	13:06	29	Charlie Brook	St.Marys
34	13:09	40	Edison Rhodes	VPH&THAC
35	13:10	24	Andoni Amphlett	SBH
36	13:18	37	Jarvis Bone	VPH&THAC
37	13:33	12	Ripley Watson	Highgate
38	13:46	25	Isaiah Ocheja	SBH
39	13:54	45	Krish Mangat	Harrow
40	14:25	51	Sami Rahman	Harrow
41	14:40	36	Hanad Obsiye	E&H
42	14:51	54	Thomas McCarthy	Harrow
43	14:54	52	Zain Rahman	Harrow
44	16:23	57	William Grimsdell	Trent Park

**Team Result (3 to score):**

1 L. Heathside (2, 8, 13) = 23

2 TVH (3, 7, 15) = 25

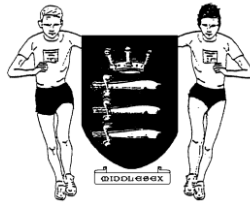
3 St. Mary's (6, 11, 14) = 31

4 Harrow (9, 10, 19) = 38

5 Highgate (4, 17, 18) = 39

6 VPH&THAC (1, 28, 30) = 59

7 Trent Park (5, 27, 44) = 76



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 13 Girls - 3,000m (approx)

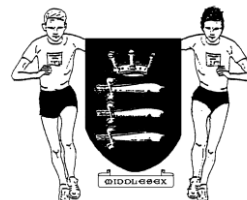
Position	Time	Number	Name	Club
1	11:33	118	Asmaa Abdirahman	Hillingdon
2	11:40	116	Nicole McGovern	Hillingdon
3	11:53	138	Ruby Naughton	VPH&THAC
4	11:58	140	Daya Baga	WSEH
5	12:04	162	Biancamaria Polloni	B&B
6	12:24	112	Anna Kelly	TVH
7	12:40	101	Lauren Russell	Highgate
8	12:46	114	Katerina Simavova	TVH
9	12:48	155	Lara May	St.Marys
10	12:58	106	Jess Parry	Highgate
11	13:00	141	Jessica Ions	QPH
12	13:05	130	Niamh Keohane	Trent Park
13	13:09	125	Kayla Saunders	Harrow
14	13:17	137	Soraya Frost-Mahmood	VPH&THAC
15	13:17	110	Thea Almqvist-Dutton	TVH
16	13:21	154	Grace Phelan	St.Marys
17	13:22	104	Gabrielle Johnson	Highgate
18	13:25	158	Isabella Watkins	L.Heathside
19	13:26	147	Mia De Vivenot	ESM
20	13:27	119	Scarlett McClellan	Hillingdon
21	13:28	111	Amelia Seaton	TVH
22	13:29	102	Lai Ergun	Highgate
23	13:30	120	Angel Doyle	Hillingdon
24	13:36	105	Cecile Reeves	Highgate
25	13:38	103	Selin Ergun	Highgate
26	13:39	136	Lola Baty	VPH&THAC
27	13:41	126	Bethany Kunjasic	Harrow
28	13:50	113	Sasha Mueller	TVH
29	13:54	132	Lauren Maltz	SBH
30	14:08	124	Esher Jhohti	Harrow
31	14:09	160	Amara Odeogberin	L.Heathside
32	14:14	157	Hattie Munday	L.Heathside
33	14:25	149	Sonia Ouzhene	ESM
34	14:26	127	Rania Ansari	Harrow
35	14:27	145	Isabella Swettenham	QPH
36	14:32	135	Olive Harvey-Dew	SBH
37	14:34	128	Hollie Ford	Harrow
38	14:41	156	Leah Patel	St.Marys

39	14:43	143	Eadi Solanki-Jackson	QPH
40	14:53	146	May Laurie Scarfe	QPH
41	15:09	151	Catherine Gallagher	ESM
42	15:29	134	Lucy Marcus	SBH
43	15:31	122	Ciara Keating	Ealing Eagles
44	15:32	117	Natalie Gregg	Hillingdon
45	15:39	131	Eleanor Dagger	Trent Park
46	16:01	150	Spencer Shaw	ESM
47	16:38	144	Amelia Swettenham	QPH
48	18:08	129	Jai Gill	Harrow

**Team Result (3 to score):**

1. Hillingdon (1, 2, 20) = 23
2. TVH (6, 8, 15) = 29
3. Highgate (7, 10, 17) = 34
4. VPH&THAC (3, 14, 26) = 43
5. St. Mary's (9, 16, 38) = 63
6. Harrow (13, 27, 30) = 70
7. L. Heathside (18, 31, 32) = 81
8. QPH (11, 35, 39) = 85
9. ESM (19, 33, 41) = 93
10. SBH (29, 36, 42) = 107

# MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET



## Under 15 Boys - 4,000m (approx)

Position	Time	Number	Name	Club
1	13:40	33	Mukhtar Musa	SBH
2	13:43	15	Thomas Archer	L.Heathside
3	13:43	61	Seweryn Czapka	ESM
4	13:45	53	Nathan Hackley	Hillingdon
5	13:45	7	Louis Hodge	TVH
6	13:47	75	Sonny Maund	St.Marys
7	14:16	18	Ruairi McGonagle	L.Heathside
8	14:21	27	Chris Hudson	Harrow
9	14:36	10	Theo Machin-Paley	Highgate
10	14:47	17	Bedo Draskoczy	L.Heathside
11	14:50	76	Gabriel Phelan	St.Marys
12	14:57	55	Mohsin Moallin	Hillingdon
13	15:04	54	Luke Edwards	Hillingdon
14	15:08	24	Oliver O'Connor	L.Heathside
15	15:15	56	Amit Solanki	Hillingdon
16	15:17	60	Finn Coombe	ESM
17	15:19	28	Daniel Bunn	Harrow
18	15:23	13	Monte Watson	Highgate
19	15:33	9	Jack Bailey	Highgate
20	15:42	77	Isaac Phelan	St.Marys
21	15:47	36	Ashwin Fowkes-Gajan	SBH
22	15:59	19	Sam Ingram	L.Heathside
23	16:01	73	Louis Cummings	St.Marys
24	16:03	63	Thomas Edgar	ESM
25	16:04	6	Charlie Rollo	TVH
26	16:08	3	Joseph Nixon	TVH
27	16:08	41	David Sleeman	Trent Park
28	16:15	69	Maximilian Steel	ESM
29	16:22	66	Jonah Mezey	ESM
30	16:28	12	Franklin Griffiths	Highgate
31	16:29	22	Lucas Maher	L.Heathside
32	16:30	47	Zachary Dickens	Hillingdon
33	16:30	4	Basil Rock	TVH
34	16:31	26	Kit Naylor	L.Heathside
35	16:50	25	Raymond Edwin	L.Heathside
36	16:51	79	Dominic Rhodes	St.Marys
37	17:12	2	Aidan Ferrand	TVH
38	17:14	58	Curtis O'Keefe	Serpentine
39	17:15	62	Rafa Davison	ESM
40	17:17	67	Arun Smith	ESM
41	17:21	80	Akash Sohal	St.Marys
42	17:23	40	Eden Alexander	Trent Park
43	17:25	34	Theo Boden	SBH
44	17:47	39	Toby Berger	Trent Park

45	17:50	64	Mohamed Ibrahim	ESM
46	18:01	30	Samar Jhooti	Harrow
47	18:04	57	Arun Forest	Hillingdon
48	18:06	51	Joe Hookway	Hillingdon
49	18:28	29	Matthew Bunn	Harrow
50	18:30	71	Hussein Zaaiter	ESM
51	19:17	68	Sam Bonnett	ESM
52	19:38	31	Arjun Gill	Harrow
53	22:11	42	Ned Crabtree	Trent Park

**Team Result (3 to score):**

1. L. Heathside (2, 7, 10) = 19
2. Hillingdon (4, 12, 13) = 29
3. St. Mary's (6, 11, 20) = 37
4. ESM (3, 16, 24) = 43
5. Highgate (9, 18, 19) = 46
6. TVH (5, 25, 26) = 56
7. SBH (1, 21, 43) = 65
8. Harrow (8, 17, 46) = 71
9. Trent Park (27, 42, 44) = 113



# MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET



## Under 15 Girls - 4,000m (approx)

Position	Time	Number	Name	Club
1	15:04	138	Lara Mannes	B&B
2	15:10	105	Jasmine Palmer	TVH
3	15:13	133	Maayan Rados	SBH
4	15:18	112	Myla Stiling	VPH&THAC
5	15:29	137	Maddy Whitman	Belgrave
6	15:48	142	Rose Garrett	L.Heathside
7	15:56	136	Isla Walrock	Belgrave
8	15:59	114	Ellen Donald	Highgate
9	16:09	110	Imogen Scott-Gall	VPH&THAC
10	16:23	131	Joanne Miranda	SBH
11	16:30	111	Nancy Scott-Gall	VPH&THAC
12	16:40	144	Mia Manttan	L.Heathside
13	16:42	126	Lucy Henson	ESM
14	16:46	143	Nell Swinhoe	L.Heathside
15	16:56	152	Beth Turton	St.Marys
16	16:59	149	Imogen Parker Elms	St.Marys
17	17:05	150	Emilia Rawstorne	St.Marys
18	17:13	154	Roisin Keohane	Trent Park
19	17:20	120	Isobel Chadwick	Highgate
20	17:28	119	Mia Parry	Highgate
21	17:30	101	Angel Acheampong	TVH
22	17:31	107	Evie Doe	VPH&THAC
23	17:34	145	Mathilda Heath	L.Heathside
24	17:35	117	Kate Driscoll	Highgate
25	17:38	122	Sofia Latham	Harrow
26	17:42	109	Alba Gibbs-Joffe	VPH&THAC
27	17:47	123	Hettie Grimes	Harrow
28	17:49	132	Rachel Pearlman	SBH
29	17:56	106	Maddy Abbott	VPH&THAC
30	18:07	124	Holly Kunjasic	Harrow
31	18:09	116	Hannah Giles	Highgate
32	18:12	104	Zenia Gordon	TVH
33	18:29	113	Mimi Johnson	VPH&THAC
34	18:36	135	Juliette Michot	Belgrave
35	18:39	130	Asha Horbacki	SBH
36	18:41	129	Lauren Beale	ESM
37	18:48	103	Lily Dafter	TVH
38	19:17	147	Ella O'Flaherty	L.Heathside
39	19:18	118	Gioia McKenzie	Highgate
40	19:32	153	Estelle Bowden	St.Marys
41	19:56	140	Demi Smith-Scott	Hillingdon
42	20:22	141	Millie Loran	Hillingdon
43	20:23	139	Lauren Glynn	Hillingdon
44	20:37	125	Anna Dussailaint	ESM

45	20:46	148	Fabienne Weston	L.Heathside
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**Team Result (3 to score):**

1. VPH&THAC (4, 9, 11) = 24
2. L. Heathside (6, 12, 14) = 32
3. SBH (3, 10, 28) = 41
4. Belgrave (5, 7, 34) = 46
5. Highgate (8, 19, 20) = 47
6. St. Mary's (15, 16, 17) = 48
7. TVH (2, 21, 32) = 55
8. Harrow (25, 27, 30) = 82
9. ESM (13, 36, 44) = 93
10. Hillingdon (41, 42, 43) = 126



# MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

## Under 17 Women - 6,000m (approx)

Position	Time	Number	Name	Club
1	22:34	244	Yasmin Marghini	Herne Hill
2	23:06	252	Lia Radus	SBH
3	23:41	238	Sarah Kebbell	TVH
4	23:55	245	Isabel Atkins	Ranelagh
5	24:10	247	Imogen Deakin	St.Marys
6	24:26	251	Emily Hathaway	SBH
7	24:47	257	Mimi Blake	L.Heathside
8	24:54	249	Carla Novakovic	St.Marys
9	25:04	236	Charlotte Buckley	TVH
10	25:11	237	Melina Duer	TVH
11	26:04	242	Emilie Sunnocks	Highgate
12	26:09	234	Hannah Long	VPH&THAC
13	26:25	253	Nadia Potter	SBH
14	26:27	250	Helena Samarasinghe	St.Marys
15	26:32	235	Arianna Alonso-Bizzu	TVH
16	27:00	239	Niamh Murphy	TVH
17	27:01	486	Lucy O'Brien	ESM
18	27:15	243	Mille Dunne	Highgate
19	27:43	254	Jessica Yefet	SBH
20	29:07	241	Hailey Knowles	Highgate
21	29:58	262	Fiona Coutts	ESM
22	31:10	256	Keady Heanen	Hillingdon
23	31:21	258	Charlotte Cooney-Quinn	ESM

### Team Result (3 to score):

- |                               |                               |
|-------------------------------|-------------------------------|
| 1. SBH (2, 6, 13) = 21        | 4. Highgate (11, 18, 20) = 49 |
| 2. TVH (3, 9, 10) = 22        | 5. ESM (17, 21, 23) = 61      |
| 3. St. Mary's (5, 8, 14) = 27 |                               |

## Under 20 Women - 6,000m (approx)

Position	Time	Number	Name	Club
1	22:50	130	Freya Thomson	Ranelagh
2	25:07	128	Alice Petterson	Ranelagh
3	25:13	135	Rachael Haddow	Harrow
4	25:40	133	Nicola Ravenhill	ESM
5	26:06	131	Angel Grimes-McTavish	ESM
6	26:20	125	Rosie Vallance	TVH
7	27:16	123	Esther Ekundayo	VPH&THAC
8	27:28	134	Cameron Thomas	ESM
9	28:25	129	Jenny Silva	Ranelagh
10	31:31	127	Maryna Voloshyna	TVH

### Team Result (3 to score):

- |                            |                       |
|----------------------------|-----------------------|
| 1. Ranelagh (1, 2, 9) = 12 | 2. ESM (4, 5, 8) = 17 |
|----------------------------|-----------------------|

# MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

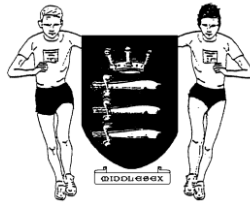


## Under 17 Men - 6,000m (approx)

Position	Time	Number	Name	Club
1	18:50	473	Mohamed Ali	ESM
2	19:36	472	Elias Ahmed	ESM
3	19:50	483	David Stone	SBH
4	20:24	444	Luca Minale	VPH&THAC
5	20:32	445	Joseph Reynolds	VPH&THAC
6	20:36	451	Lemi Mideksa	L.Heathside
7	20:50	471	Hanad Ahmed	Hillingdon
8	21:01	482	Jude Miranda	SBH
9	21:03	479	Laurence Edwards	SBH
10	21:29	469	Adam Ireland	Hillingdon
11	21:41	452	Jake Evans	L.Heathside
12	21:44	466	Ed McCardle	Trent Park
13	21:46	461	William Douglas	Trent Park
14	21:48	459	Luca Manget	Harrow
15	22:03	484	Jacob Patterson	Ranelagh
16	22:15	460	Declan Connolly	St.Marys
17	22:22	456	Christopher Morris	Harrow
18	22:30	476	Arun Manget	ESM
19	22:31	485	Yann Sydow	St.Marys
20	22:39	457	Sam Bickerstaff	Harrow
21	23:02	453	Sidney Diamond	L.Heathside
22	23:04	480	Joe Heather	SBH
23	23:16	462	Alex Lytrides	Trent Park
24	23:17	478	Jonathon Boardman	SBH
25	23:18	468	Shami Umashankar	TVH
26	23:41	474	Chauncey Edwards	ESM
27	24:07	450	Eddie Fairhurst	Highgate
28	24:37	463	Guillermo Acosta	Trent Park
29	24:40	446	Charlie Gundy	Highgate
30	24:46	465	Matthew Woolf	Trent Park
31	25:40	464	Ben Woolf	Trent Park

### Team Results (3 to score):

1. SBH (3, 8, 9) = 20
2. ESM (1, 2, 18) = 21
3. L. Heathside (6, 11, 21) = 38
4. Trent Park (12, 13, 23) = 48
5. Harrow (14, 17, 20) = 51



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 20 Men - 6,000m (approx)

Position	Time	Number	Name	Club
1	19:10	522	Jem O'Flaherty	L.Heathside
2	19:21	521	Liam Garrett	L.Heathside
3	19:22	517	Sefyu Jamaal	L.Heathside
4	19:38	528	Edouard Long	TVH
5	19:58	532	George Kerry	ESM
6	20:05	533	Oliver Way	ESM
7	20:19	527	Jake Holley	TVH
8	20:51	529	Tal Pelmont	Highgate
9	20:58	530	Abdirahman Hamud	Hillingdon
10	21:05	534	Isaac Adni	Highgate
11	22:31	531	Mayank Mishra	Hillingdon
12	22:57	525	Max Buckley	TVH
13	22:58	516	Antanas Weston	L.Heathside

**Team Result (3 to score):**

1. L. Heathside (1, 2, 3) = 6
2. TVH (4, 7, 12) = 23



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Senior Women - 8,000m (approx)

Position	Time	Number	Name	Club
1	30:18	112	Rebecca Piggott	L.Heathside
2	30:22	30	Eilish O'Grady	Harrow
3	30:40	107	Yasmin Goater	Highgate
4	30:40	116	Josie Hinton	L.Heathside
5	31:06	27	Lucy Ashe	Harrow
6	31:12	70	Stephanie Ainley	TVH
7	31:30	105	Emma Burgess	Highgate
8	31:35	121	Julia Bijl	L.Heathside
9	32:05	22	Sophie Biggs	The Stragglers
10	32:14	124	Annabel Litchfield	L.Heathside
11	32:24	92	Emily Jeanes	Trent Park
12	32:35	9	Jennifer Armson	QPH
13	32:57	62	Hannah Somani	VPH&THAC
14	32:59	71	Laura Farrar	TVH
15	33:06	1	Katherine Mertens	ESM
16	33:19	76	Madiline Turner	TVH
17	33:33	129	Isobel Rea	West 4
18	33:51	122	Sue Rust	L.Heathside
19	33:53	84	Hannah Wells	Hillingdon
20	33:56	130	Rachal Badham	West 4
21	33:59	128	Elana Dimmer	SBH
22	34:06	123	Emma Watson	L.Heathside
23	34:10	108	Kani Hinshelwood	Highgate
24	34:22	18	Michele Maddick	QPH
25	34:24	104	Sarah Bailey	Highgate
26	34:57	25	Liz Killip	The Stragglers
27	35:07	100	Ahlem Ben Gueblia	Serpentine
28	35:11	127	Sarah Swinhoe	L.Heathside
29	35:13	118	Tara Shrestha Carney	L.Heathside
30	35:18	65	Stephanie Velez	VPH&THAC
31	35:21	8	Sarah Gerrie	ESM
32	35:23	55	Cheryl Evans	VPH&THAC
33	35:31	114	Tatyana Potiyenko	L.Heathside
34	35:33	102	Catherine Airey	Highgate
35	35:41	6	Fiona Kennedy	ESM
36	35:53	101	Jo Burkett	Serpentine
37	35:55	63	Ellie Tait	VPH&THAC
38	35:59	56	Faye Jeacocke	VPH&THAC
39	36:20	51	Heather Birtwistle	VPH&THAC

40	36:23	47	Fiona Russell	Mornington C
41	36:29	38	Jennifer Watts	Ealing Eagles
42	36:35	68	Siana Jones	TVH
43	36:45	89	Rebecca Northmore	Ranelagh
44	36:59	117	Jackie Wastell	L.Heathside
45	37:07	126	Angela Howe	L.Heathside
46	37:09	53	Jessica Collins	VPH&THAC
47	37:10	13	Fiona Eagle	QPH
48	37:15	135	Sarah McIntosh	West 4
49	37:23	40	Christiana Akingbola	Mornington C
50	37:33	79	Zoe Dobbs	Hillingdon
51	37:40	125	Alysia Sawicka	L.Heathside
52	37:47	106	Natasha Cendrowicz	Highgate
53	37:56	133	Suzi Zhuang	West 4
54	38:08	28	Ellen Rose-Senior	Harrow
55	38:13	88	Marianne Malam	Ranelagh
56	38:15	15	Michele Ford	QPH
57	38:22	95	Catkin Shelley	Serpentine
58	38:25	90	Lara Werrett	Ranelagh
59	38:36	49	Rebecca Bryant	Mornington C
60	38:39	20	Bridgid Hibberd	The Stragglers
61	38:50	115	Elizabeth Beard	L.Heathside
62	39:18	29	Rosa Smart	Harrow
63	39:23	3	Patricia Thomas	ESM
64	39:45	16	Natalie Hall	QPH
65	39:46	134	Hannah Wright	West 4
66	39:50	98	Avril Riddell	Serpentine
67	39:52	14	Laura Fairbanks	QPH
68	39:59	31	Sue Park	Ealing Eagles
69	40:03	7	Lynn Wilson	ESM
70	40:08	61	Yuan Ren	VPH&THAC
71	40:15	52	Phillippa Carr	VPH&THAC
72	40:31	5	Carol Jones	ESM
73	40:36	54	Gabrielie Ellis	VPH&THAC
74	40:41	45	Rafaele Lamour	Mornington C
75	40:42	12	Amelia Carman	QPH
76	40:43	87	Ann Kearey	Ranelagh
77	40:49	50	June Barrow-Green	VPH&THAC
78	40:58	80	Lynn Hyde	Hillingdon
79	41:02	17	Emma Jones	QPH
80	41:07	42	Fiona Carr	Mornington C
81	41:14	57	Katarina Kaspari	VPH&THAC
82	41:14	83	Melanie Spencer	Hillingdon
83	41:16	94	Sarah Mackenzie	Serpentine
84	41:24	111	Kimberli Butler	L.Heathside
85	41:52	96	Elvira Gonzalo	Serpentine
86	41:57	21	Julie Haworth	The Stragglers
87	42:02	44	Carmen Harrington	Mornington C
88	42:05	37	Anne Sampson	Ealing Eagles
89	42:16	43	Anne Caspi	Mornington C
90	42:24	97	Abigail Williams	Serpentine
91	42:52	99	Kristin Duffy	Serpentine
92	42:57	36	Liz Ainsworth	Ealing Eagles

93	43:23	91	Daisy Lund	ESM
94	43:26	35	Jessica Hood	Ealing Eagles
95	43:29	60	Helen Nickols	VPH&THAC
96	43:29	19	Jana Wolfova	QPH
97	43:47	32	Nicola Phelan	Ealing Eagles
98	43:50	66	Linda Dunn	Metros
99	44:10	41	Laurie Boulton	Mornington C
100	44:42	24	Mary Hyde	The Stragglers
101	44:50	2	Louise Prince	ESM
102	45:48	48	Daisy Wooller	Mornington C
103	46:17	78	Vicky Brownlee	Hillingdon
104	47:22	77	Christina Benjamin	Hillingdon
105	48:06	23	Mirella Genziani	The Stragglers
106	54:47	69	Christine Munden	TVH
107	60:24	93	Christine Read	Trent Park

**Team Result (4 to score):**

1. L. Heathside (1, 4, 8, 10) = 23
2. Highgate (3, 7, 23, 25) = 58
3. TVH (6, 14, 16, 42) = 78
4. VPH&THAC (13, 30, 32, 37) = 112
5. Harrow (2, 5, 54, 62) = 123
6. West 4 (17, 20, 48, 53) = 138
7. QPH (12, 24, 47, 56) = 139
8. ESM (15, 31, 35, 63) = 144
9. The Stragglers (9, 26, 60, 86) = 181
10. Serpentine (27, 36, 57, 66) = 186
11. Mornington C (40, 49, 59, 74) = 222
12. Hillingdon (19, 50, 78, 82) = 229
13. Ranelagh (43, 55, 58, 76) = 232
14. Ealing Eagles (41, 68, 88, 92) = 289

**Winner of Corlin Trophy :**

Harrow





## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Senior Men - 12,000m (approx)

Position	Time	Number	Name	Club
1	38:18	109	Phillip Crout	SBH
2	38:20	116	Alex Lepretre	Barnet
3	38:34	140	Christopher Wright	Serpentine
4	39:08	112	Will Ryle-Hodges	SBH
5	39:38	179	Hugo Cayssials	TVH
6	39:40	2	Daniel Carpenter	E&H
7	39:43	74	Robert Wilson	Highgate
8	40:02	34	Robert Thompson	Hillingdon
9	40:05	198	Chris Smith	TVH
10	40:09	135	Jonathon Poole	Serpentine
11	40:14	36	Aramias Zeraton	Hillingdon
12	40:19	100	Tom Aldred	L.Heathside
13	40:45	9	Nick Impey	Ranelagh
14	40:46	167	Aaron McGrady	VPH&THAC
15	40:46	62	Jonathan Laybourn	Highgate
16	40:51	199	Sayed Yusuf	TVH
17	40:51	132	Will Green	Serpentine
18	40:55	207	Moe Hashi	ESM
19	41:03	110	Matthew Grant	SBH
20	41:12	183	James Ellis	TVH
21	41:24	180	Robert Collins	TVH
22	41:38	80	Charles Hardy	L.Heathside
23	41:51	185	Daniel Garcia-Rasines	TVH
24	41:57	141	Hugh Torry	Serpentine
25	42:08	68	Sean Renfer	Highgate
26	42:15	26	James Laing	Hillingdon
27	42:17	57	Darryl Davison	Highgate
28	42:21	174	Matthew Stevens	VPH&THAC
29	42:29	87	Pete Northall	L.Heathside
30	42:50	16	Jim Cooper	Harrow
31	43:06	129	Daniel De Palol	Serpentine
32	43:08	114	Ben Boxer	Barnet
33	43:17	190	Andrew Mitchell	TVH
34	43:28	133	James Gillanders	Serpentine
35	43:31	21	Fahad Abdi	Hillingdon
36	43:31	191	Calum Nicol	TVH
37	43:33	204	Peter Flewitt	ESM
38	43:33	4	Mike Boucher	AF&D
39	43:37	14	Chris Jones	Harrow
40	43:43	165	William Kirk	VPH&THAC

41	43:49	103	Andy Barnes	L.Heathside
42	43:55	162	Stephen Fabes	VPH&THAC
43	43:58	59	Nick Gold	Highgate
44	44:01	19	Jonathan Hill	Harrow
45	44:02	159	Joe Dale	VPH&THAC
46	44:04	171	Samuel Priestley	VPH&THAC
47	44:05	89	Francesco Melloni	L.Heathside
48	44:12	43	Matthew Kitching	QPH
49	44:14	95	Joseph McKeown	L.Heathside
50	44:24	29	Richard Mann	Hillingdon
51	44:39	97	Alex Sweet	L.Heathside
52	44:40	60	Alex Holley	Highgate
53	44:50	121	Carl Redondo	Trent Park
54	44:57	214	Santosh Rai	ESM
55	45:14	163	Michael Hughes	VPH&THAC
56	45:21	8	Ted Mockett	Ranelagh
57	45:23	78	Peter Gould	L.Heathside
58	45:38	125	Jose Manuel Pabon	Ealing Eagles
59	45:39	217	Nick Steel	ESM
60	45:41	187	Gordon Low	TVH
61	45:44	81	Martin Potter	L.Heathside
62	45:56	90	Scarlett Parker	L.Heathside
63	46:06	154	Simeon Bennett	VPH&THAC
64	46:12	6	Mark Herbert	Ranelagh
65	46:19	227	Gregory Smith	West 4
66	46:23	27	Paul Leppard	Hillingdon
67	46:29	201	Reece Asik	ESM
68	46:35	195	Todd Oates	TVH
69	46:38	203	Mukhtar Farah	ESM
70	46:45	99	Matthew Cockerill	L.Heathside
71	46:49	200	Akira Anzai-Jackson	ESM
72	46:53	25	Scott Farley	Hillingdon
73	46:55	3	Des Crinion	Dulwich R
74	46:57	50	Sam Sutherland	QPH
75	46:58	106	Danny O'Reilly	L.Heathside
76	47:36	63	Adam Lennox	Highgate
77	47:39	111	Robert Rigby	SBH
78	47:41	79	Joseph Clemoes	L.Heathside
79	47:43	148	Ronan Hoare	Mornington C
80	47:48	211	Mark Kencroft	ESM
81	47:49	102	Tom Haworth	L.Heathside
82	47:52	77	Gavin Evans	L.Heathside
83	48:08	17	Declan Traynor	Harrow
84	48:13	10	Crispin Allen	The Stragglers
85	48:21	181	Manuel Da Silva	TVH
86	48:22	136	Jonathon Moscrop	Serpentine
87	48:26	47	Tom Mann	QPH
88	48:28	101	Mark Jefford	L.Heathside
89	48:31	215	Martin Shelley	ESM
90	48:32	194	Stephen Norris	TVH
91	48:35	94	Nick Ohora	L.Heathside
92	48:39	169	Hugh Murdoch	VPH&THAC
93	48:43	107	Paul Mercer	L.Heathside

94	48:52	209	Elliot Jones	ESM
95	48:53	76	Matt Collins	L.Heathside
96	48:59	156	Richard Bryant	VPH&THAC
97	49:00	202	Rob Brown	ESM
98	49:05	223	Will Sutton	West 4
99	49:13	72	Rob Walker	Highgate
100	49:27	64	Joseph Lowe	Highgate
101	49:41	75	Ben Wood	Highgate
102	49:46	54	Nicola Carniato	Highgate
103	49:48	18	Sam Fenn	Harrow
104	49:50	88	Rajiv Ratan	L.Heathside
105	49:52	126	Nils-Kristian Liborg	Ealing Eagles
106	49:55	224	Duncan Grassie	West 4
107	49:58	40	Martin Hanicinec	QPH
108	50:03	130	Lewis Greaves	Serpentine
109	50:10	98	Anthony Leonard	L.Heathside
110	50:15	41	William Harrison	QPH
111	50:17	84	Tom Bedwell	L.Heathside
112	50:25	39	Matthew Duckett	QPH
113	50:26	20	David Maund	St.Marys
114	50:28	91	Andrew Owen	L.Heathside
115	50:30	58	Dave Fowler	Highgate
116	50:35	188	James Malcolm	TVH
117	50:37	32	David Smith	Hillingdon
118	50:40	218	Andy Bowen	West 4
119	50:44	86	Jonathan Litchfield	L.Heathside
120	50:57	117	Michael Martin	Barnet
121	51:06	152	James Kerne	Metros
122	51:12	164	Scott Kelly	VPH&THAC
123	51:21	216	James Steel	ESM
124	51:39	11	Simon Brazil	The Stragglers
125	51:53	104	Francois Barou	L.Heathside
126	52:16	228	Michael Charles	ESM
127	52:21	12	Nick Brown	The Stragglers
128	52:23	122	David Birks	Trent Park
129	52:43	124	Firas Alhawat	Ealing Eagles
130	52:47	212	Ian Leslie	ESM
131	52:52	108	Mark George	L.Heathside
132	52:58	205	David Goodenough	ESM
133	53:39	176	Chris Xenos	VPH&THAC
134	53:40	186	Richard Hooley	TVH
135	53:41	153	Jag Matharu	Metros
136	53:51	69	James Rossiter	Highgate
137	53:55	220	Tom Newman	West 4
138	53:57	155	Simon Bonner	VPH&THAC
139	54:00	208	Sean Hill	ESM
140	54:17	115	Peter Ellis	Barnet
141	54:28	5	Markus Atkins	Ranelagh
142	54:32	192	Christian Nielson	TVH
143	54:33	142	Andrew Roberts	Serpentine
144	54:37	83	Richard Peachment	L.Heathside
145	54:57	118	Matthew Sleeman	Barnet
146	55:05	193	Simon Nixon	TVH

147	55:08	170	Iain O'Donnell	VPH&THAC
148	55:23	139	Neal Bradford	Serpentine
149	55:28	53	Chris Bailey	Highgate
150	55:57	127	Paul Dodounou	Ealing Eagles
151	56:12	225	Peter Jeffery	West 4
152	56:23	206	Ricky Grimes	ESM
153	56:40	184	David Ford	TVH
154	56:51	45	Sean Lightbown	QPH
155	56:58	178	Richard Bell	TVH
156	57:17	119	Chris Violet	Barnet
157	57:40	73	Mark Watson	Highgate
158	57:47	222	Adrian Smith	West 4
159	57:59	210	Liam Kencroft	ESM
160	58:07	137	Robert Whitmarsh	Serpentine
161	58:21	93	Marco Maserati	L.Heathside
162	58:44	33	Trevor Steeples	Hillingdon
163	59:16	48	Bertie Miller	QPH
164	59:30	219	Gary Robinson	West 4
165	59:39	131	Paul Ogden	Serpentine
166	59:54	44	Tim Lewin	QPH
167	60:23	105	Tim Sander	L.Heathside
168	60:51	38	Patrick Brennan	QPH
169	61:16	138	Peter Macintosh	Serpentine
170	61:22	172	David Shortridge	VPH&THAC
171	62:25	51	Charles Tatham	QPH
172	64:35	145	Alon Caspi	Mornington C
173	65:06	113	Nick Bingham	Barnet
174	76:28	49	William O'Connor	QPH
175	80:12	151	Stephen West	Mornington C

**Team Results (6 to score):**

1. TVH (5, 9, 16, 20, 21, 23) = 94
2. Serpentine (3, 10, 17, 24, 31, 34) = 119
3. Highgate (7, 15, 25, 27, 43, 52) = 169
4. Hillingdon (8, 11, 26, 35, 50, 66) = 196
5. L. Heathside (12, 22, 29, 41, 47, 49) = 200
6. VPH&THAC (14, 28, 40, 42, 45, 46) = 215
7. ESM (18, 37, 54, 59, 67, 69) = 304
8. QPH (48, 74, 87, 107, 110, 112) = 538
9. Barnet (2, 32, 120, 140, 145, 156) = 595
10. West 4 (65, 98, 106, 118, 137, 151) = 675

**12 to score (first team outside first 3 teams above):**

- L. Heathside (12, 22, 29, 41, 47, 49, 51, 57, 61, 62, 70, 75) = 576