

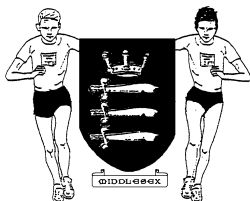
MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 13 Boys - 3,000m (approx)

Position	Time	Number	Name	Club
1	11:07	17	Sam McGonigle	ESM
2	11:15	68	Jivendra Singh	St Mary's Rich
3	11:21	63	Jamie Finnegan	St Mary's Rich
4	11:44	79	Joseph Brennan (Barnet & Dist)	Individual
5	11:48	60	Daniel Light	SBH
6	12:06	22	Kai Hammond	Harrow
7	12:07	21	Joe Gammell	Harrow
8	12:08	74	Louis Marriott	TVH
9	12:14	77	Archie St Aubyn	TVH
10	12:16	3	George Faulkner-Mellor	Enf & Har
11	12:19	54	Connor O'Shea	Lon Heathside
12	12:26	56	Max Robertson	Lon Heathside
13	12:29	40	Liam Holbrook	Hillingdon
14	12:32	46	Sanjiv Solanki	Hillingdon
15	12:36	51	Max Heap	Lon Heathside
16	12:55	71	Joe Gilbert	TVH
17	13:00	18	Bradley Pinder	ESM
18	13:00	53	Johnny Naylor	Lon Heathside
19	13:04	23	Owen Hurcum	Harrow
20	13:04	37	Gabriel Springer	Highgate
21	13:05	69	Joseph Cooper	TVH
22	13:06	1	Ruari Coles	Enf & Har
23	13:07	33	Peter Laing	Highgate
24	13:09	39	Jack Gradwell	Hillingdon
25	13:12	75	Abraham Mendes Da Costa	TVH
26	13:13	48	Jasper Crockford	Lon Heathside
27	13:21	38	Callum Gibbons	Hillingdon
28	13:22	59	Billy Kelsey	SBH
29	13:22	62	Ben Wilson	SBH
30	13:36	64	Jacques Hydes-Tissier	St Mary's Rich
31	13:49	26	Kiran Sethi	Harrow
32	13:53	44	Stephen Manners	Hillingdon
33	13:58	14	David Hannah	ESM
34	14:13	25	Jack Rowlands	Harrow
35	14:41	8	George Vaughan	Enf & Har

Team Result:

- | | |
|-------------------------------------|-------------------------------|
| 1. Harrow (6,7,19) = 32 | 5. Hillingdon (13,14,24) = 51 |
| 2. TVH (8,9,16) = 33 | 6. ESM (1,17,33) = 51 |
| 3. St. Mary's (2,3,30) = 35 | 7. SBH (5,28,29) = 62 |
| 4. London Heathside (11,12,15) = 38 | 8. Enf & Har (10,22,35) = 67 |



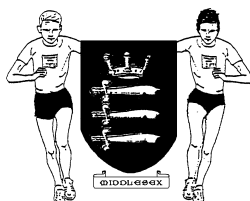
MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 13 Girls - 3,000m (approx)

Position	Time	Number	Name	Club
1	12:38	157	Rebecca Killip	St Mary's Rich
2	13:01	163	Eve Goodhart	TVH
3	13:11	161	Ella Widdop-Gray	St Mary's Rich
4	13:18	102	Josephine Connery	Enf & Har
5	13:20	103	Emma Hatchett	Enf & Har
6	13:31	101	Nastassja Allin	Enf & Har
7	13:35	117	Besirat Tesfu	ESM
8	13:37	158	Kirsty Maxwell	St Mary's Rich
9	13:42	108	Rosie Bell	ESM
10	13:43	109	Millie Bradbury	ESM
11	13:46	152	Alice Elwood	SBH
12	13:57	110	Issy Brophy	ESM
13	14:05	150	Genevieve Weston	Lon Heathside
14	14:33	118	Dhara Thompson	ESM
15	14:36	114	Isabelle Morris-McIntyre	ESM
16	14:37	170	Bethan Turner	VPH&TH
17	14:37	127	Rose Smart	Harrow
18	14:40	154	Chloe Goodson	SBH
19	14:42	104	Katie Hatchett	Enf & Har
20	14:45	105	Rebecca Jaques	Enf & Har
21	14:55	151	Emma Dwan	SBH
22	14:57	132	Helena Roberts	Highgate
23	15:03	165	Eugenia Klemos	TVH
24	15:04	111	Georgia Gibbes	ESM
25	15:11	124	Maria Hill	Harrow
26	15:19	166	Annabel Morgan	TVH
27	15:27	155	Sara Hinton	SBH
28	15:41	139	Nyassha Home-Thompson	Hillingdon
29	15:46	137	Lily Fawssett	Hillingdon
30	15:48	148	Harriet Mackinney	Lon Heathside
31	16:09	125	Alex Ranaghan	Harrow
32	16:22	113	Elizabeth Lloyd	ESM
33	16:27	115	Tara Morawska	ESM
34	16:30	134	Lulu Szego	Highgate
35	16:47	140	Harriet Stallard	Hillingdon
36	16:54	143	Selam Asefa	Lon Heathside
37	16:54	144	Ellen Bolger	Lon Heathside
38	17:58	135	Juliette Carton	Hillingdon
39	-	141	Charlotte Steward	Hillingdon

Team Result:

- | | |
|----------------------------|----------------------------------|
| 1. St. Mary's (1,3,8) = 12 | 5. TVH (2,23,26) = 51 |
| 2. Enf & Har (4,5,6) = 15 | 6. Harrow (17,25,31) = 73 |
| 3. ESM (7,9,10) = 26 | 7. Lon Heathside (13,30,36) = 79 |
| 4. SBH (11,18,21) = 50 | 8. Hillingdon (28,29,35) = 92 |



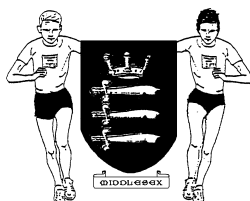
MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 15 Boys - 4,000m (approx)

Position	Time	Number	Name	Club
1	13:55	45	Luke Ames-Blackaby	SBH
2	14:05	51	Chandi Uduwawala	SBH
3	14:07	37	Joe Saissi	Hillingdon
4	14:16	58	Eoin O'Brien	St Mary's Rich
5	14:18	13	Bhavesh Soneji	ESM
6	14:20	60	Luke Penney	St Mary's Rich
7	14:23	62	Hugo Cayssials	TVH
8	14:24	55	Thommas Daborn	St Mary's Rich
9	14:28	32	Stanley Harrison	Highgate
10	14:32	67	James Murdoch	TVH
11	14:34	53	Rory Atkins	St Mary's Rich
12	14:40	52	Sam Wilson	SBH
13	14:41	21	Dalton McGuigan	Harrow
14	15:20	34	Stephen Crosbie	Hillingdon
15	15:31	29	Pierce Boyle	Highgate
16	15:39	38	Dominic Speight	Hillingdon
17	15:54	18	Lewis Hawkins	Harrow
18	15:56	19	Oliver Hurcum	Harrow
19	15:58	42	Joe Silva	Lon Heathside
20	16:01	44	Miron Woldemichael	Lon Heathside
21	16:02	49	Dougal Oliver	SBH
22	16:02	30	Callum Falck	Highgate
23	16:10	10	Duncan Pinder	ESM
24	16:12	48	Calum McCormick	SBH
25	16:26	36	Samuel Hobbs	Hillingdon
26	16:52	27	Connor Wright	Harrow
27	16:52	56	Robert Eveson	St Mary's Rich
28	17:16	66	Kyle Kenrick	TVH
29	17:27	33	Eugene Potter	Highgate
30	18:01	25	George Smith	Harrow
31	18:03	65	Zewede Hamid	TVH
32	18:30	17	James Francis	Harrow
33	18:38	70	Nabil Toumi	TVH
34	20:15	63	Samuel Cooper	TVH
35	23:21	69	Balal Toumi	TVH

Team Result:

- | | |
|------------------------------|----------------------------|
| 1. SBH (1,2,12) = 15 | 4. TVH (7,10,28) = 45 |
| 2. St. Mary's (4,6,8) = 18 | 5. Highgate (9,15,22) = 46 |
| 3. Hillingdon (3,14,16) = 33 | 6. Harrow (13,17,18) = 48 |



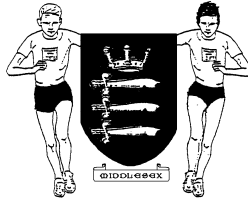
MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 15 Girls - 4,000m (approx)

Position	Time	Number	Name	Club
1	16:00	250	Sky Draper	Harrow
2	16:21	274	Freya Lenton	SBH
3	16:39	286	Lauren Major	St Mary's Rich
4	16:53	275	Molly Patch	SBH
5	16:53	281	Christina Hall	St Mary's Rich
6	17:07	240	Kerry Bailly	ESM
7	17:17	267	Rebecca Miles	Hillingdon
8	17:48	301	Rosie Adams (WSEH)	Individual
9	17:53	277	Suzo Sato	SBH
10	17:56	270	Carys Tetlaw	Hillingdon
11	18:11	269	Esme Stallard	Hillingdon
12	18:20	285	Jocelyn Major	St Mary's Rich
13	18:26	288	Bella Taylor	St Mary's Rich
14	18:39	255	Nan Smart	Harrow
15	18:41	260	Edith Ault	Highgate
16	18:46	272	Naomi Kendal	SBH
17	18:49	293	Aneta Jaskulska	TVH
18	18:55	244	Evie King	ESM
19	19:02	264	Hannah Viner	Highgate
20	19:03	266	Heather Gibbons	Hillingdon
21	19:10	254	Ellen Rose-Senior	Harrow
22	19:13	299	Janie Curtis (VPH&TH)	Individual
23	19:21	241	Genevieve Crean	ESM
24	19:38	243	Rebecca Johnson	ESM
25	19:39	251	Sophie Edwardson	Harrow
26	19:46	276	Maria Pereverzina	SBH
27	19:52	239	Seren Adlem	ESM
28	20:06	238	Dominique Tanner	Enf & Har
29	20:35	263	Kirsten Sorbie	Highgate
30	20:52	271	Georgina Jackson-Virk	SBH
31	21:32	300	Paris Walker (VPH&TH)	Individual
32	21:54	265	Eve Follows	Hillingdon

Team Result:

- | | |
|------------------------------|-----------------------------|
| 1. SBH (2,4,9) = 15 | 4. Harrow (1,14,21) = 36 |
| 2. St. Mary's (3,5,12) = 20 | 5. ESM (6,18,23) = 47 |
| 3. Hillingdon (7,10,11) = 28 | 6. Highgate (15,19,29) = 63 |



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 17 Women -5,000m (approx)

Position	Time	Number	Name	Club
1	22:37	70	Georgia Bell	ESM
2	25:20	88	Yat Wing Smart	SBH
3	25:33	92	Molly Riglin	St Mary's Rich
4	26:02	93	Florence Taylor	St Mary's Rich
5	26:42	65	Katie Brown	Enf & Har
6	27:12	84	Hannah Wells	Hillingdon
7	28:04	74	Rebecca Walford	ESM
8	29:22	69	Gabrielle Tanner	Enf & Har

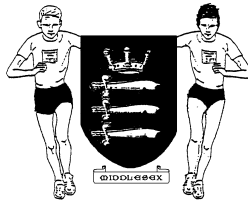
No team result.

Under 20 Women - 5,000m (approx)

Position	Time	Number	Name	Club
1	21:16	185	Leigh Lattimore	Harrow *
2	22:05	187	Kate Brown	St Mary's Rich
3	22:57	198	Martha Reynolds (WSEH)	Individual *
4	24:08	194	Alice Keane (SBH)	Individual *
5	25:18	195	Zoe Levin (SBH)	Individual *
6	26:35	189	Lucy Edmunds	St Mary's Rich *
7	29:04	179	Helena French	ESM *

* denotes athlete eligible for selection to C.A.U.

No team result.



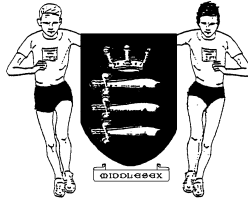
MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 17 Men - 6,000m (approx)

Position	Time	Number	Name	Club
1	20:23	43	Tadhg Grant	SBH
2	20:26	46	Bradley Goater	St Mary's Rich
3	20:44	34	Rhys Spence	Hillingdon
4	21:11	45	Jack Perry Williams	SBH
5	21:27	28	Gavin Barclay	Hillingdon
6	21:36	47	Jack Killip	St Mary's Rich
7	21:42	44	Ryan Stephenson	SBH
8	22:04	56	Luke Callis (Trent Park)	Individual
9	22:13	51	Adam Villard	St Mary's Rich
10	22:32	14	Christopher Charles	ESM
11	22:42	23	Andrew Holliman	Harrow
12	22:55	6	Alex Peters	Enf & Har
13	23:04	19	Ben Waterman	ESM
14	23:13	18	William Pinder	ESM
15	23:19	1	Alex Cordell	Enf & Har
16	23:29	13	Mark Cameron	ESM
17	23:39	21	Abraham Brown	Harrow
18	23:58	10	Archie Allen	ESM
19	24:18	32	Luke Pierre-Inkson	Hillingdon
20	25:02	29	James Castro	Hillingdon
21	25:09	55	George Laing (Highgate)	Individual
22	25:25	24	Jordan Hoo-Quartey	Harrow
23	26:03	8	Reece Surridge	Enf & Har
24	26:21	22	Nick Davis	Harrow
25	26:45	35	Thomas Wilson	Hillingdon
26	27:04	11	Akira Anzai-Jackson	ESM
27	27:05	40	Alex Beattie-Child	Lon Heathside

Team Result:

1. SBH (1,4,7) = 12
2. St. Mary's (2,6,9) = 17
3. Hillingdon (3,5,19) = 27
4. ESM (10,13,14) = 37
5. Harrow (11,17,22) = 50
6. Enf & Har (12,15,23) = 50



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

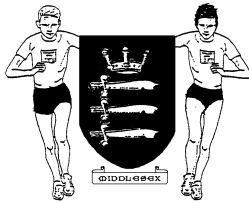
Under 20 Men - 8,000m (approx)

Position	Time	Number	Name	Club
1	28:03	95	Mehretab Solomon (Lon Heathside)	Individual
2	28:58	85	Mohamud Aadan	TVH
3	29:09	91	Max Kiralyfi (Belgrave)	Individual *
4	29:41	62	Sam Ashcroft	ESM
5	29:43	79	Robert Thompson	Hillingdon *
6	29:46	90	Dominic Kiralyfi (Belgrave)	Individual *
7	29:52	98	Alex Flynn (AFD)	Individual
8	29:56	76	James Laing	Hillingdon *
9	30:33	74	Shane Coombes	Hillingdon
10	32:07	69	Jamie Taylor-Caldwell	ESM *
11	32:15	89	Ali Yahye	TVH *
12	32:22	63	Chris Hepworth	ESM *
13	32:37	75	James Francis	Hillingdon *
14	33:43	67	Anthony Shaw	ESM *
15	34:59	88	Sean Pike-Locke	TVH *
16	36:33	72	William Laing	Highgate *
17	40:26	93	Adil Hussein (Enf & Har)	Individual
18	40:33	94	Jay Beattie-Child (Lon Heathside)	Individual *
19	41:45	78	Raji Solanki	Hillingdon *

* denotes athlete eligible for selection to C.A.U.

Team Result:

1. Hillingdon (5,8,9) = 22
2. ESM (4,10,12) = 26
3. TVH (2,11,15) = 28



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Senior Women - 8,000m (approx)

Position	Time	Number	Name	Club
1	32:44	117	Esther Evans	Highgate
2	33:41	193	Maria McConnaughey	Serpentine
3	34:00	206	Lisa Da Silva	TVH
4	34:43	148	Sue Rust	Lon Heathside
5	34:46	173	Maggie Cooper	SBH
6	34:54	107	Fiona Kennedy	ESM
7	35:04	121	Katie Meredith	Highgate
8	35:10	176	Vicky Dawes	SBH
9	35:19	229	Anna Critchlow (West 4 Har)	Individual
10	35:48	139	Andrea Devine	Lon Heathside
11	36:31	208	Diana Kennedy	TVH
12	36:53	156	Mairead O'Rourke	Morn Chasers
13	37:33	151	Jackie Wastell	Lon Heathside
14	37:55	123	Astrid Winger	Highgate
15	38:18	118	Alex Goodwin	Highgate
16	38:21	200	Catherine Shelly	Serpentine
17	38:22	145	Karen Levene	Lon Heathside
18	38:25	110	Patricia Thomas	ESM
19	38:34	114	Natasha Cendrowicz	Highgate
20	38:38	101	Luisa Brana	Enf & Har
21	38:43	228	Liz Killip (St Mary's Rich)	Individual
22	38:48	154	Bev Dockray	Morn Chasers
23	39:02	205	Tracy Barlow	TVH
24	39:11	223	Ashlee McGuigan (Harrow)	Individual
25	39:25	221	Clare Sarrell	VPH&TH
26	40:06	122	Sonja Saqui	Highgate
27	40:10	157	Avril Riddell	Morn Chasers
28	40:40	155	Maki Kimura	Morn Chasers
29	40:55	147	Ruth Miller	Lon Heathside
30	41:22	105	Nicola Baker	ESM
31	41:38	195	Alison Nolan	Serpentine
32	42:27	214	Gesine Junker	VPH&TH
33	42:36	194	Valerie Metcalf	Serpentine
34	42:44	137	Anna Sebastian	Hillingdon
35	43:02	111	Mary Walsh	ESM
36	43:05	134	Anne Norris	Hillingdon
37	45:34	136	Margaret Ryan	Hillingdon
38	47:21	129	Pauline Fischer	Hillingdon
39	47:47	202	Nathalie Vendette	Serpentine
40	48:02	220	Fran Rump	VPH&TH
41	52:20	203	Carole Wisdom	Serpentine
42	57:51	212	Naomi Bourne	VPH&TH

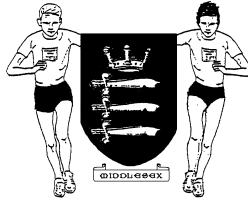
Team Result :

1. Highgate (1,7,14,15) = 37
2. Lon Heathside (4,10,13,17) = 44
3. Serpentine (2,16,31,33) = 82

4. Morn Chasers (12,22,27,28) = 89
5. ESM (6,18,30,35) = 89
6. VPH & TH (25,32,40,42) = 139
7. Hillingdon (34,36,37,38) = 145

Winner of Corlin Trophy :

Morn Chasers



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Senior Men - 12,000m (approx)

Position	Time	Number	Name	Club
1	42:01	250	Stephen Sharp (Belgrave)	Individual
2	43:05	256	Paul Hutton (ESM)	Individual
3	43:25	41	Jim Cooper	Harrow
4	43:40	67	Dale Bickham (Highgate)	Individual
5	43:45	119	George Stewart	Lon Heathside
6	43:49	56	Duncan Burbidge	Highgate
7	43:51	73	Martin Bateman	Hillingdon
DQ	43:51	23	-	Individual
8	44:00	116	Martin Potter	Lon Heathside
9	44:31	96	Daniel Thompson	Hillingdon
10	44:40	45	Chris Finill	Harrow
11	44:44	201	Andrew Fooks	TVH
12	44:45	42	Mark Cursons	Harrow
13	44:46	58	Jon Deane	Highgate
14	44:50	72	Stephen Whiting	Highgate
15	45:04	254	Ian May (WSEH)	Individual
16	45:39	216	Gary Bagnall	VPH&TH
17	45:54	80	Arjan Donkerbroek	Hillingdon
18	45:58	117	Ed Samuel	Lon Heathside
19	46:03	195	Andy Robbins	Serpentine
20	46:10	50	Peter Norris	Harrow
21	46:19	36	Richard Tomlinson	ESM
22	46:22	82	Scott Farley	Hillingdon
23	46:25	57	Alex Davidson	Highgate
24	46:40	200	Manuel Da Silva	TVH
25	46:53	107	John Flahive	Lon Heathside
26	46:57	63	Maarten Hoeven	Highgate
27	47:13	101	Richard Browne	Lon Heathside
28	47:20	28	Robert Brown	ESM
29	47:23	53	Chris Bailey	Highgate
30	47:32	161	Michael Potticary	SBH
31	47:34	104	Sergio Di Noto	Lon Heathside
32	47:37	30	Andrew Dodd	ESM
33	47:40	47	Matt Judson	Harrow
34	47:48	14	Arber Baci	Enf & Har
35	48:01	252	Anthony Budarkiewicz (K & P)	Individual
36	48:13	114	Norman Mitchell	Lon Heathside
37	48:21	170	Ben Cope	Serpentine
38	48:27	204	Ashraff Khan	TVH
39	48:30	144	Michael Dmistrzak	QPH
40	48:38	174	Robert Etchells	Serpentine
41	48:46	89	Julian McGowan	Hillingdon
42	49:01	115	Andy Owen	Lon Heathside

43	49:11	217	Simeon Bennett	VPH&TH
44	49:18	207	Stephen Norris	TVH
45	49:30	219	Richard Bryant	VPH&TH
46	49:31	218	Robert Birchley	VPH&TH
47	49:42	26	John Blanchard	ESM
48	50:00	46	Richard Francis	Harrow
49	50:04	177	Andrew Henderson	Serpentine
50	50:27	111	Paul Lemmon	Lon Heathside
51	50:34	181	Fraser Johnson	Serpentine
52	50:34	249	Mike Boucher (AFD)	Individual
53	50:38	113	Daniel Miller	Lon Heathside
54	50:45	87	Paul Leppard	Hillingdon
55	51:06	102	Pete Crockford	Lon Heathside
56	51:11	81	Nigel Ealand	Hillingdon
57	51:19	225	Brian Scott	VPH&TH
58	51:30	209	Bernard Robbins	TVH
59	51:34	248	Colin Goulding (Sudbury Court R.C.)	Individual
60	51:36	184	Justin Lock	Serpentine
61	51:49	213	Philip Wetton	TVH
62	51:55	153	Joe Sinclair	QPH
63	51:58	76	Simon Claridge	Hillingdon
64	52:00	86	Brett Hutchinson	Hillingdon
65	52:01	34	Steve Plested	ESM
66	52:18	169	Brad Cobb	Serpentine
67	52:51	62	Jon Gardner	Highgate
68	53:08	71	Nick Stockman	Highgate
69	53:19	95	David Smith	Hillingdon
70	53:37	220	Nick Cairns	VPH&TH
71	53:42	165	Chris Sutherland	SBH
72	54:00	61	Peter Downie	Highgate
73	54:08	68	Steve Scruton	Highgate
74	54:14	27	Eamon Bradley	ESM
75	54:21	35	Joanne Tesfu	ESM
76	54:34	171	John Cullinane	Serpentine
77	55:04	40	Kevin Concannon	Harrow
78	55:20	199	Richard Bell	TVH
79	55:21	197	Richard Smith	Serpentine
80	56:00	190	Darren Over	Serpentine
81	56:05	109	Jacob Howe	Lon Heathside
82	56:18	202	Peter Hill	TVH
83	56:31	44	Trevor Fairweather	Harrow
84	56:38	226	Dave Shortridge	VPH&TH
85	56:55	83	Brian Feldman	Hillingdon
86	57:02	94	Martin Searle	Hillingdon
87	57:15	43	Kevin Draper	Harrow
88	57:20	103	Alan Dickson	Lon Heathside
89	58:01	15	Neil Barnaby	Enf & Har
90	58:50	75	John Bignell	Hillingdon
91	59:05	205	Simon Maddison	TVH
92	59:25	178	Ian Hodge	Serpentine
93	59:29	134	Andy Angus	QPH
94	59:46	235	Gary Robinson	West 4 H
95	59:50	222	Stuart Holliday	VPH&TH
96	60:21	142	Richard Davies	QPH
97	60:28	38	Phil York	ESM
98	60:33	88	John Luscombe	Hillingdon
99	60:44	118	Nik Skipper	Lon Heathside
100	61:00	92	David Newman	Hillingdon

101	61:43	91	Andy Miles	Hillingdon
102	62:24	13	Andy Welsh	Barnet & Dist
103	62:24	3	John Clarke	Barnet & Dist
104	64:18	246	Al Scoffham (Metros)	Individual
105	65:17	245	John Gorton (Metros)	Individual
106	66:32	22	Malcolm Maclannan	Enf & Har
107	69:08	97	Peter Warburton	Hillingdon

Team Result:

1. Highgate (6,13,14,23,26,29) = 111
2. Lon Heathside (5,8,18,25,27,31) = 114
3. Harrow (3,10,12,20,33,48) = 126
4. Hillingdon (7,9,17,22,41,54) = 150
5. TVH (11,24,38,44,58,61) = 236
6. Serpentine (19,37,40,49,51,60) = 256
7. ESM (21,28,32,47,65,74) = 267
8. VPH & TH (16,43,45,46,57,70) = 277

12 to score:

Hillingdon (7,9,17,22,41,54,56,63,64,69,85,86) = 573