

Herts+Middx Vets XC 2019

Team Results Middx Female V45+

Rank	Name	Time	Club	Age Cat
1. London Heathside Runners AC 1 13				
2	Satu HIETANEN	0:34:33	London Heathside Runners AC	FV45
4	Sarah SWINHOE	0:34:49	London Heathside Runners AC	FV45
7	Jackie WASTELL	0:36:50	London Heathside Runners AC	FV55
2. Queens Park Harriers 1 16				
3	Karima HARRIS	0:34:41	Queens Park Harriers	FV45
5	Sophie BARNARD	0:35:46	Queens Park Harriers	FV45
8	Michelle FORD	0:36:55	Queens Park Harriers	FV45
3. London Heathside Runners AC 2 34				
10	Ruth MILLER	0:38:06	London Heathside Runners AC	FV55
11	Emilia VYNNYCKY	0:38:17	London Heathside Runners AC	FV45
13	Sally CHATTERTON	0:38:33	London Heathside Runners AC	FV45