

Middlesex County A.A. Championships – Sunday 9th May 2010
Perivale Park, Greenford

Pos	Competitor	Club	Performance
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T1 70 metres hurdles u13 girls FINAL (WIND -m/s)

1	Grace Mee	Highgate	(M) 14.7
2	Sally Charlton	Highgate	(M) 15.4
3	Deschanelle Ajiboluwa	TVH	(M) 15.5

T2 800 metres u13 girls Heat 1

1	Natassja Allin	Enf & Har	Q (M) 2:42.6
2	Eve Goodhart	TVH	Q (M) 2:46.8
3	Chloe Goodson	SBH	q (M) 2:51.4
4	Emma Dwan	SBH	q (M) 2:52.7
5	Elisa Tetlaw	Hillingdon	(M) 3:31.4
6	L'Oreal Anthony-Williams	Card Pole Sch.	(M) 3:45.3

T2 800 metres u13 girls Heat 2

1	Hannah Novakovic	St. Mary's Richmond	Q (M) 2:52.7
2	Emma Hatchett	Enf & Har	Q (M) 2:54.6
3	Christelle Van Sebroeck	Bish Chall Sch.	(M) 3:12.4
4	Charla Dilan	Bish Chall Sch.	(M) 3:12.6
5	Esther Pabi	Card Pole Sch.	(M) 3:57.7

T2 800 metres u13 girls Heat 3

1	Kerri St. Rose	Bish Chall Sch.	Q (M) 2:59.4
2	Malika Chaoui	Enf & Har	Q (M) 3:03.3
3	Katie Hatchett	Enf & Har	(M) 3:08.8
4	Daneja Joseph-Albert	Card Pole Sch.	(M) 3:16.5

T3 800 metres u13 boys FINAL

1	Aaron Farr	St. Mary's Richmond	2:36.89
2	Patrick Goffey	St. Mary's Richmond	2:38.86
3	Blake Moore	WSEH	2:47.78
4	Callum Gibbons	Hillingdon	2:54.54
5	Nnambi Okpodike	Bish Chall Sch.	3:00.11

T4 75 metres hurdles u15 girls FINAL (WIND -m/s)

1	Nicola Tikare	Hillingdon	(M) 12.1
2	Sarah Wentford	Harrow	(M) 13.1
3	Whitney Idowu	Bish Chall Sch.	(M) 13.1
4	Hannah Wiltshire	TVH	(M) 13.8
5	Claire Morgan	TVH	(M) 14.4
DNF	Sarah Wentford	Harrow	-

T5 75 metres hurdles u13 boys FINAL (WIND -m/s)

1	Emmanuel Oduniake	Bish Chall Sch.	17.00
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T6 800 metres u15 boys FINAL

1	Stanley Harrison	Highgate	2:10.23
2	Jivendra Singh	St. Mary's Richmond	2:13.45
3	Jack Gradwell	Hillingdon	2:34.39
4	James Wooldridge	Lon Heathside	2:38.20
5	Zewede Hamid	TVH	2:40.49
6	Ebinze Udoh	VPH&TH	2:44.46
7	Jack McDermott	Hillingdon	2:51.04

T7 800 metres u15 girls Heat 1

1	Rebecca Miles	Hillingdon	Q 2:36.81
2	Kirsty Maxwell	St. Mary's Richmond	Q 2:39.08
Guest	Francine Hewson	TVH	2:40.72
3	Aneta Jashulska	TVH	Q 2:41.75
4	Evie King	ESM	q 2:42.64
5	Rosanna Bell	ESM	2:45.12
6	Nina Harding	St. Mary's Richmond	2:57.66

T7 800 metres u15 girls Heat 2

1	Carys Tetlaw	Hillingdon	Q 2:37.54
2	Josephine Connery	Enf & Har	Q 2:38.43
3	Ella Widdop-Gray	St. Mary's Richmond	Q 2:41.85
4	Hannah Viner	Highgate	q 2:42.86
5	Lisa Ellis	Willesden	2:46.06
6	Belfen Glenna	VPH&TH	2:53.31

T8 80 metres hurdles u15 boys FINAL (WIND -m/s)

1	James Bell	St. Mary's Richmond	12.64
2	Conor Corrigan	Perivale	13.18
3	Jack Kirby	Hillingdon	13.27
4	Ethan Regis	Bish Chall Sch.	13.44
5	Daniel Mculloch	Card Pole Sch.	14.55
6	Max Kabwe	Card Pole Sch.	14.83

T9 100 metres u15 boys Heat 1 (WIND -1.4m/s)

1	Iftexhar Hossain	VPH&TH	Q 12.11
2	Ben Keville	St. Mary's Richmond	Q 12.37
3	Yousif Shehabi	SBH	q 12.60
4	Robert Donkor	Card Pole Sch.	13.38
5	Scott Rees	St. Mary's Richmond	13.70
6	Emilo Smith	TVH	13.92

T9 100 metres u15 boys Heat 2 (WIND -2.4m/s)

1	Jehoash Baliddawa	VPH&TH	Q 12.44
2	Conor Corrigan	Perivale	Q 12.76
3	Roshan Hansla	St. Mary's Rich	13.29
4	Macaia Semper	Enf & Har	13.32
5	Nicholas Akinyemi	Card Pole Sch.	13.62
6	Jack Kirby	Hillingdon	13.71

T9 100 metres u15 boys Heat 3 (WIND -1.3m/s)

1	James Bell	St. Mary's Richmond	Q 12.50
2	Nyasha Pindai	Hillingdon	Q 12.73
3	Joel Murdock	Bish Chall Sch.	q 13.06
4	Colin Kpodonu	Lon Heathside	13.18
5	Zaki Badawi	QPH	14.55
6	James Anderson	VPH&TH	16.35

T10 100 metres u13 boys Heat 1 (WIND -1.6m/s)

1	Lathursan Vinayamoorthy	VPH&TH	Q 13.28
2	Chris Ntueba	Card Pole Sch.	Q 14.60
3	Bolton Ferreira	Card Pole Sch.	Q 14.77
4	Steve Dogble	Bish Chall Sch.	q 15.31
5	Emmanuel Odanaike	Bish Chall Sch.	15.72
6	Rhys Simon-Lloyd	Card Pole Sch.	15.97

T10 100 metres u13 boys Heat 2 (WIND -1.2 m/s)

1	Ajibola Orilonishe	Bish Chall Sch.	Q 13.69
2	Oliver O'Sahon-Lubel	Enf & Har	Q 14.13
3	Dylan Rubini	St. Mary's Richmond	Q 14.39
4	Frankie Edwards	Bish Chall Sch.	q 15.06
5	Patrick Goffey	St. Mary's Richmond	15.42

T11 100 metres u13 girls FINAL (WIND +0.4m/s)

1	Precious Ejimonjeabala	Bish Chall Sch.	13.81
2	Joanna Kalema	Bish Chall Sch.	13.86
3	Sharnae Semper	Enf & Har	14.33
4	Deschanelle Ajiboluwa	TVH	15.03
5	Shinelle Walker	Card Pole Sch.	15.25
6	Amen Izedonmwun	Card Pole Sch.	(M) 17.3
7	Sarah Jewel Duyile	Card Pole Sch.	(M) 17.4

T12 100m metres Ambulant Men FINAL (WIND +0.5m/s)

1	Jonathan Peacock	Unatt – u20	12.37
2	Matt Page	Unatt	12.57
3	Jack Roughan	Worcester – u17	12.91
4	Glen Scott	Bromsgrove & Redditch – u20	14.78
5	Anthony Bryan	Enf & Har – senior	16.26
6	Jack Gambrell	Bedford & County – u20	17.37

T12A 100m metres Ambulant Women (WIND -0.1m/s)

1	Tracey Hinton	Cardiff – senior	13.87
2	Natasha Mead	Exeter – u17	14.67
3	Jenny McLoughlin	Unatt – u20	15.26
4	Selina Litt	Charnwood – senior	15.93

T12A 100m metres Ambulant Women (WIND -3.1m/s)

1	Bethany Woodward	Team Southampton – u20	15.98
2	Amy Wareing	Stev & NH – u17	16.17
3	Sophia Warner	Worthing – senior	19.96
4	Eleanor Hubbert	Witney RR – u15	24.02

T15 100 metres u15 girls Heat 1 (WIND no reading)

1	Celia Quansah	St. Mary's Richmond	Q 13.33
2	Marissa John	TVH	Q 13.93
3	Sheila Amadasun	Bish Chall Sch.	q 13.98
4	Yasmin Hanson	VPH&TH	14.27
5	Lia Stephenson	Unatt	14.65
6	Emma Bevan	St. Mary's Richmond	14.97

T15 100 metres u15 girls Heat 2 (WIND -3.7m/s)

1	Nicola Tikare	Hillingdon	Q 13.50
2	Rue-Ann Paisley	TVH	Q 13.73
3	Shardelle Marecheau	TVH	14.29
4	Antoinette Carr	VPH&TH	14.87
5	Jenna Oppong	Willesden	15.02
6	Tamara Williams-Hall	VPH&TH	15.19

T15 100 metres u15 girls Heat 3 (WIND -2.6m/s)

1	Rochelle Munroe-Graham	TVH	Q 13.33
2	Dorica Santos	VPH&TH	Q 13.38
3	Chloe Horne	Enf & Har	q 13.41
4	Sakinah Muhammad	VPH&TH	14.85
5	Belfen Glenna	VPH&TH	14.93
6	Divine Kutoya	Card Pole Sch.	16.28

T16 100 metres u15 boys FINAL (WIND -1.5m/s)

1	Iftekhar Hossain	VPH&TH	11.72
2	Jehoash Baliddawa	VPH&TH	12.23
3	Ben Keville	St. Mary's Richmond	12.32
4	James Bell	St. Mary's Richmond	12.43
5	Yousif Shehabi	SBH	12.50
6	Conor Corrigan	Perivale	12.65
7	Nyasha Pindai	Hillingdon	12.74
DNS	Joel Murdock	Bish Chall Sch.	-

T17 100 metres u13 boys FINAL (WIND -1.3m/s)

1	Lathursan Vinayagamoorthy	VPH&TH	12.99
2	Ajibola Orilonishe	Bish Chall Sch.	13.48
3	Oliver O'Sahon-Lubel	Enf & Har	13.95
4	Chris Ntueba	Card Pole Sch.	14.43
5	Dylan Rubini	St. Mary's Richmond	14.63
6	Steve Dogble	Bish Chall Sch.	15.30
7	Bolton Ferreira	Card Pole Sch.	22.00

T18 400 metres u15 boys FINAL

1	Sam Smith	TVH	57.62
2	Ethan Regis	Bish Chall Sch.	1:01.62

T19 800 metres u13 girls FINAL

1	Natassja Allin	Enf & Har	2:41.61
2	Eve Goodhart	TVH	2:43.13
3	Emma Hatchett	Enf & Har	2:43.35
4	Hannah Novakovic	St. Mary's Richmond	2:44.57
5	Emma Dwan	SBH	2:51.36
6	Kerri St. Rose	Bish Chall Sch.	2:54.59
7	Chloe Goodson	SBH	2:55.93
8	Malika Chaoui	Bish Chall Sch.	3:00.43

T21 800 metres u15 girls FINAL

1	Rebecca Miles	Hillingdon	2:25.28
2	Josephine Connery	Enf & Har	2:30.43
3	Carys Tetlaw	Hillingdon	2:34.21
4	Kirsty Maxwell	St. Mary's Richmond	2:35.53
5	Aneta Jashulska	TVH	2:43.56
6	Hannah Viner	Highgate	2:45.87
7	Ella Widdop-Gray	St. Mary's Richmond	2:49.09

T22 800 metres girls minithon

1	Annabelle Morgan	TVH	2:49.60
2	Emily Arnold	TVH	3:03.69

T22 800 metres boys minithon

1	Bradley Pinder	ESM	2:44.98
2	Abraham Mendes Da Costa	TVH	2:48.89
3	Alex Hampshire	TVH	2:51.29

T23 100 metres girls minithon

1	Edie Kuen	QPCS	(M) 15.1
2	Tarlia Bailey	Claremont High Sch.	(M) 15.2
3	Jasmine Sinyinza	Enf & Har	(M) 15.7
4	Emma Martin	Enf & Har	(M) 16.4

T23 100 metres boys minithon

1	Emmanuel Akingboye	Card Pole Sch.	(M) 15.7
2	Christopher Henderson	Princess Frederica Sch.	(M) 16.1
3	Oliver Israel	St. Mary's R.C. Primary Sch.	(M) 16.2
4	Phil Moke	Card Pole Sch.	(M) 16.2
5	Darnell Chambers	Hampstead Sec Sch.	(M) 16.3
6	Anatole Jordan	Leopold Primary Sch.	(M) 17.0

T26 100 metres u15 girls FINAL (WIND -1.5m/s)

1	Celia Quansah	St. Mary's Richmond	12.97
2	Rochelle Munroe-Graham	TVH	13.16
3	Dorica Santos	VPH&TH	13.17
4	Chloe Horne	Enf & Har	13.42
5	Nicola Tikare	Hillingdon	13.43
6	Rue-Ann Paisley	TVH	13.46
7	Sheila Amadasun	Bish Chall Sch.	13.64
8	Marissa John	TVH	13.89

T27 200 metres Wheelchair Men FINAL (WIND not recorded)

1	Brian Aldis	Unatt	29.23
2	William Smith	Conac – u15	31.30
3	Dan Cook	Poole – u17	33.34
4	Jack Binstead	Victory Wheelchair Racer – u13	39.61
5	Robert Smith	Unatt – senior	43.30

T27A 200 metres Wheelchair Women FINAL (WIND not recorded)

1	Jade Jones	New Marske – u15	33.46
2	Vicki Bell	Exeter – u20	52.00

T28 200 metres u13 boys FINAL (WIND not recorded)

1	Lathursan Vinayagamorthy	VPH&TH	26.44
2	Ajibola Orilonishe	Bish Chall Sch.	27.77
3	Oliver O'Sahon-Lubel	Enf & Har	28.59
4	Kofi Mills	Card Pole Sch	30.54
5	Dylan Rubini	St. Mary's Richmond	31.13
6	Patrick Goffey	St. Mary's Richmond	31.41
7	Suliman Bangura	Card Pole Sch.	33.31

T29 200 metres u13 girls FINAL (WIND not recorded)

1	Precious Ejimonjeabala	Bish Chall Sch.	28.22
2	Joanna Kalema	Bish Chall Sch.	28.92
3	Sharnae Semper	Enf & Har	29.42
4	Olamide Duyile	Card Pole Sch.	31.99
5	Oludwamilola Asiru-Balogun	Card Pole Sch.	33.95

T30 1500 metres u13 girls FINAL

1	Niamh Pamplin	Bish Chall Sch.	5:53.72
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T31 1500 metres u13 boys FINAL

1	Youcef Harizi	Enf & Har	5:06.64
2	Joe Baker	QPH	5:16.19
3	Johnny Naylor	Lon Heathside	5:18.06
4	Liam Holbrook	Hillingdon	5:25.99
5	Adam Moore	WSEH	5:43.38

T32 200 metres u15 girls Heat 1 (WIND not recorded)

1	Alicia Usherwood	TVH	Q 27.85
2	Rosanna Bell	ESM	Q 29.93
3	Sophia Acquistapace	TVH	30.59

T32 200 metres u15 girls Heat 2 (WIND not recorded)

1	Celia Quansah	St. Mary's Richmond	Q 27.72
2	Sheila Amadasun	Bish Chall Sch	Q 28.92
3	Tamara Williams-Hall	VPH&TH	30.40

T32 200 metres u15 girls Heat 3 (WIND -1.1m/s)

1	Rochelle Munroe-Graham	TVH	Q 27.28
2	Sharlia Odoi	VPH&TH	Q 28.57
3	Mary Martin	Enf & Har	q 29.31
4	Connie Mottram	TVH	q 29.88
5	Claire Morgan	TVH	30.10

T33 200 metres u15 boys FINAL (WIND -0.4m/s)

1	Jehoash Baliddawa	VPH&TH	24.95
2	Ben Keville	St. Mary's Richmond	25.49
3	Nyasha Pindai	Hillingdon	25.76
4	Macaia Semper	Enf & Har	26.67
5	Scott Rees	St. Mary's Richmond	27.62
6	Emilo Smith	TVH	29.72
7	Jack McDermott	Hillingdon	30.32

T34 Ambulant 200 metres Women Race 1 (WIND -0.0m/s)

1	Tracey Hinton	Cardiff – senior	28.56
2	Natasha Mead	Exeter – u17	30.76
3	Jenny McLoughlin	Unatt – u20	32.17
4	Selina Litt	Charnwood – senior	35.13

T34 Ambulant 200 metres Women Race 2 (WIND -0.5m/s)

1	Amy Wareing	Stev & NH	34.16
2	Sophia Warner	Worthing – senior	44.53
3	Eleanor Hubbert	Witney RR – u15	51.36

T34A Ambulant 200 metres Men (WIND -3.1m/s)

1	Matt Page	Unatt	25.25
2	Jack Roughan	Worcester – u17	27.13
3	Glen Scott	Bromsgrove & Redditch – u20	30.71
4	Josh Goodfellow	Boston & Dist – u20	33.11
5	Anthony Bryan	Enf & Har	33.88
6	Jack Gambrell	Bedford & County – u20	38.06

T35 1500m metres u15 boys FINAL

1	Sam Shindler-Glass	ESM	4:46.51
2	Jamie Finnigan	St. Mary's Richmond	4:48.03
3	Nebiyu Kibru	QPH	5:07.80
4	Archie St. Aubyn	TVH	5:08.27
5	Max Robertson	Lon Heathside	5:12.62
6	Duncan Pinder	ESM	5:19.78
7	Joe Gilbert	TVH	5:20.08
8	Louis Marriott	TVH	6:09.08

T36 1500m metres u15 girls FINAL

1	Rebecca Killip	St. Mary's Richmond	5:10.30
2	Morgan Williams	Bish Chall Sch.	5:48.33
3	Iona Gentleman	St. Mary's Richmond	6:15.29
4	Imogen Cummings	St. Mary's Richmond	6:19.84

T38 200 metres u15 girls FINAL (WIND -0.5m/s)

1	Celia Quansah	St. Mary's Richmond	26.93
2	Rochelle Munroe-Graham	TVH	27.56
3	Alicia Usherwood	TVH	28.15
4	Sharlia Odoi	VPH&TH	28.41
5	Sheila Amadasun	Bish Chall Sch.	28.64
6	Mary Martin	Enf & Har	28.84
7	Connie Mottram	TVH	29.92
8	Rosanna Bell	ESM	30.14

T41 Wheelchair 800 metres Women

1	Jade Jones	New Marske – u15	2:17.83
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T41A Wheelchair 800 metres Men

1	Brian Aldis	Unatt	1:55.11
2	Mark Telford	Redneck Racing	2:04.83
3	William Smith	Conac – u15	2:10.89
4	Dan Cook	Poole – u17	2:27.63
5	Jack Binstead	Velocity – Wheelchair Racer – u13	2:47.48
6	Robert Smith	Unatt – senior	2:57.41

FIELD EVENTS

F1 Ambulant Shot Men

1	Jonathan Adams	Ipswich	10.59
2	Joshua Bain	Dovedale Flyers – u15	9.12
3	Andrew Martin	SLH – senior	8.12
4	Michael Pope	Watford – u17	7.17
5	Jack Gambrell	Bedford & County – u20	6.65
6	David Neilson	Unatt	6.46

F1 Ambulant Shot Women

1	Vicki Silk	Ashford – u20	6.20
2	Hollie Neill	Unatt – u20	5.55
3	Lucie Prosser	MMK – u20	5.10

F2 High Jump u13 boys

1	Ajibola Orilonishe	Bish Chall Sch.	CBP1.45
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F3 Discus u13 girls

1	Tara Morawska	ESM	CBP21.61
2	Amen Izedonmwen	Card Pole Sch.	14.68
3	Hope White	WSEH	14.04
4	L'Oreal Anthony-Williams	Card Pole Sch.	11.99
5	Oludwamiola Asiru-Balogun	Card Pole Sch.	10.71
6	Sarah Jewel Duyile	Card Pole Sch.	10.07

F3 Discus u15 girls

1	Charlotte Gould	ESM	21.70
2	Jenne Enwerem	Bish Chall Sch.	21.09
3	Suzannah Ayodele	Card Pole Sch.	18.96
4	Nermeen Hilton	Bish Chall Sch.	18.95
5	Princess Asholokun	Card Pole Sch.	16.39
6	Sarah Lamin	Card Pole Sch.	14.69
7	Aisha Samuel	Francis Holland Sch.	13.88
8	Esther Gbenebor	Bish Chall Sch.	12.42

F4 Long Jump u13 girls

1	Precious Ejimonjeabala	Bish Chall Sch.	4.46
2	Hope White	WSEH	4.24
3	Niamh Pamplin	Bish Chall Sch.	3.58
4	Grace Mee	Highgate	3.57
5	Shinelle Walker	Card Pole Sch.	3.43
6	Maria Ozols	TVH	3.25
7	Sally Charlton	Highgate	3.17
8	Oludwamiola Asiru-Balogun	Card Pole Sch.	2.98
9	Olamide Duyile	Card Pole Sch.	2.73
10	Elisa Tetlaw	Hillingdon	2.53

F5 Seated Shot Men

1	Robin Womack	Unatt – senior	10.15
2	Daniel Nobbs	Unatt	9.05

F6 High Jump u15 boys

1	Chris Kandu	Enf & Har	1.65
2	Max Kabwe	Card Pole Sch.	1.60
3=	Roshan Hansla	St. Mary's Richmond	1.50
3=	Aidan Ishack	Lon Heathside	1.50
5	Nicholas Akinyemi	Card Pole Sch.	1.40
6	Daniel McCulloch	Card Pole Sch.	1.40
7	Joel Murdock	Bish Chall Sch.	1.30

F7 Ambulant Discus Men

1	Joshua Bain	Dovedale Flyers – u15	33.00
2	Jonathan Adams	Ipswich	31.27
3	Michael Dutton	Herts – u15	28.18
4	Andrew Martin	SLH - senior	20.32
5	Michael Pope	Watford – u17	19.04
6	David Neilson	Unatt	16.91

F7 Ambulant Discus Women

1	Victoria Silk	Ashford – u20	18.05
2	Amy Wareing	Stev & NH – u17	16.26
3	Hollie Neill	Unatt – u20	15.68
4	Lucie Prosser	MMK – u20	13.88

F8 Javelin u13 girls

1	Daneja Joseph-Albert	Card Pole Sch.	9.67
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F8 Javelin u15 girls

1	Monique Thompson	Edmonton County Sch.	23.94
2	Sasha Ritchie	TVH	18.92
3	Esther Odogu Dosunmu	Enf & Har	17.17
4	Ashley Gould	ESM	17.14
5	Jenne Enwerem	Bish Chall Sch.	16.06
6	Sheila Amadasun	Bish Chall Sch.	13.63
7	Esther Gbenebor	Bish Chall Sch.	12.75
8	Nermeen Hilton	Bish Chall Sch.	12.10
9	Emilie Ozols	TVH	10.87

F9 Shot u13 girls

1	Amen Izedonmwen	Card Pole Sch.	7.35
2	Tara Morawska	ESM	6.71
3	Olamide Duyile	Card Pole Sch.	6.38
4	Shinelle Walker	Card Pole Sch.	5.79
5	Sally Charlton	Highgate	4.93
6	Sarah Jewel Duyile	Card Pole Sch.	4.61
7	Esther Pabi	Card Pole Sch.	4.37

F12 Javelin u13 boys

1	Youcef Harizi	Enf & Har	25.90
2	Callum Gibbons	Hillingdon	11.02

F12 Javelin u15 boys

1	Matthew Buckle	Enf & Har	40.40
2	Sheldon Campbell	Card Pole Sch.	36.06
3	William Grimsey	Enf & Har	21.22

F13 Seated Discus Men

1	Robin Womack	Unatt – senior	26.69
2	Kieran Tscherniawsky	Unatt – u20	23.29
3	Richard Schabel		8.23

F14 Long Jump u15 girls

1	Celia Quansah	St. Mary's Richmond	5.24
2	Carys Tetlaw	Hillingdon	4.51
3	Nicola Tikare	Hillingdon	4.50
4	Mary Martin	Enf & Har	4.42
5	Claire Morgan	TVH	4.35
6	Jenna Oppong	Willesden	4.30
7	Hannah Wiltshire	TVH	4.23
8	Hannah Viner	Highgate	4.10
9	Femi Ellisery	Card Pole Sch.	3.97
10	Sakinah Muhammad	VPH&TH	3.92
11	Morgan Williams	Bish Chall Sch.	3.78
12	Aisha Samuel	Francis Holland Sch.	3.73
13	Freya Johnson	N.L.L.S	3.59
14	Sophia Acquistapace	TVH	3.57
15	Divine Kutoya	Card Pole Sch.	2.73

F15 Discus u13 boys

1	Michael Harvey	WSEH	24.27
2	Bolton Feriera	Card Pole Sch.	16.07
3	Rhys Simon-Lloyd	Card Pole Sch.	14.60

F16 Shot u15 girls

1	Nermeen Hilton	Bish Chall Sch.	9.36
2	Charlotte Gould	ESM	8.81
3	Femi Ellisery	Card Pole Sch.	8.69
4	Jenne Enwerem	Bish Chall Sch.	8.03
5	Esther Odogu Dosunmu	Enf & Har	7.83
6	Sarah Lamin	Card Pole Sch.	6.93
7	Hannah Viner	Highgate	6.44
8	Princess Asholokun	Card Pole Sch.	6.44
9	Esther Gbenebor	Bish Chall Sch.	6.16
10	Amilie Ozol	TVH	5.62
11	Antoinette Carr	VPH&TH	5.60
12	Divine Kutoya	Card Pole Sch.	4.47
13	Lia Stephenson	Unatt	4.18

F17 High Jump u13 girls

1	Grace Mee	Highgate	1.35
2	Hope White	WSEH	1.25
3	Joanna Kalema	Bish Card Sch.	1.25
4	Esther Pabi	Card Pole Sch.	1.15
5	L'Oreal Anthony-Williams	Card Pole Sch.	1.05
6	Maria Ozols	TVH	0.95

F17 High Jump u15 girls

1	Ella Widdop-Gray	St. Mary's Richmond	1.48
2	Marissa John	TVH	1.30
3	Whitney Idowu	Bish Chall Sch.	1.25
4	Suzannah Ayodele	Card Pole Sch.	1.25
5	Lisa Ellis	Willesden	1.15

F18 Long Jump u13 boys

1	Steve Dogble	Bish Chall Sch.	4.05
2	Wnamdi Okpodike	Bish Chall Sch.	4.00
3	Bolton Feriera	Card Pole Sch.	3.77
4	Suliman Bangura	Card Pole Sch.	3.74
5	Chris Ntueba	Card Pole Sch.	3.68
6	Frankie Edwards	Bish Chall Sch.	3.31
7	Callum Gibbons	Hillingdon	3.25

F21 Ambulant Javelin Men

1	Kenneth Churchill	Unatt – senior	43.39
2	Joshua Bain	Dovedale Flyers – u15	27.81
3	Matthew Page	Brunel Univ.	27.41
4	Andrew Martin	SLH – senior	23.45
5	Michael Duffin	Stevenage	21.43
6	Jack Gambrell	Bedford & County – u20	16.18
7	Michael Pope	Watford	15.69
8	David Neilson	Unatt	12.51

F21 Ambulant Javelin Women

1	Victoria Silk	Ashford	17.96
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F22 Shot u13 boys

1	Rhys Simon-Lloyd	Card Pole Sch.	7.78
2	Michael Harvey	WSEH	7.64
3	Kofi Mills	Card Pole Sch.	7.31
4	Suliman Bangura	Card Pole Sch.	5.99
5	Chris Nteuba	Card Pole Sch.	5.97

F23 Discus u15 boys

1	Gurlal Randhawa	WSEH	32.88
2	William Grimsey	Enf & Har	25.17
3	Roshan Hansla	St. Mary's Richmond	24.03

F24 Long Jump u15 boys

1	James Bell	St. Mary's Richmond	5.56
2	Ethan Regis	Bish Chall Sch.	5.45
3	Yousif Shehabi	SBH	5.38
4	Conor Corrigan	Perivale	5.16
5	Ramone Cupee	VPH&TH	4.87
6	Colin Kpodonu	Lon Heathside	4.52
7	Duncan Pinder	ESM	3.69
8	Robert Donkor	Card Pole Sch.	3.51

F26 Shot u15 boys

1	Sheldon Campbell	Card Pole Sch.	9.03
2	Robert Donkor	Card Pole Sch.	8.38
3	Daniel Mculloch	Card Pole Sch.	6.38

Mintthon Results

Boys

Position	Name	100m / 800m	Long/High Jump	Shot/Discus	Total Points
1	Bradley Pinder	800m -- 2.45	LJ - 3.67	S - 5.28	41
2	Abraham Mendes Da Costa	800m -- 2.49	HJ - 1.05	S - 4.56	34
3	Alex Hampshire	800m -- 2.51	LJ - 3.45	S - 4.32	33
4	Oliver Israel	100m -- 16.2	LJ - 3.59	D - 11.64	24
5=	Emmanuel Akingboye	100m -- 15.7	LJ - 3.38	S - 4.75	23
	Phil Moke	100m -- 16.2	LJ - 3.38	S - 5.28	23
7	Christopher Henderson	100m -- 16.1	LJ - 3.60	D - 8.80	21
8	Darnell Chambers	100m -- 16.3	LJ - 3.13	S - 2.66	14
9	Anatole Jordan	100m -- 17.0	LJ - 3.20	-	11

Girls

Position	Name	100m / 800m	Long/High Jump	Shot/Discus	Total Points
1	Emily Arnold	800m -- 3.04	HJ - 1.26	S - 4.64	49
2	Annabelle Morgan	800m -- 2.50	-	S - 5.67	38
3	Taria Bailey	100m -- 15.2	LJ - 3.48	D - 12.81	36
4	Jasmine Sinyinza	100m -- 15.7	LJ - 3.15	S - 4.82	34
5	Eddie Kuen	100m -- 15.1	LJ - 3.33	S - 2.77	30
6	Emma Martin	100m -- 16.4	LJ - 2.81	S - 4.62	21