

Middlesex County AA

Championships 2001

Results Sheet

Senior Men 12,000m

Position	Time	Name	Club
1	45:30	S.Haughian	Borough of Hounslow A.C.
2	45:56	J.Downes	London Irish A.C.
3	47:02	A.Hennessy	Puma TVH
4	47:53	S.Tompsett	Hillingdon A.C.
5	48:11	C.Addison	Highgate Harriers
6	48:15	N.Martyn	Highgate Harriers
7	48:21	E.Southam	Highgate Harriers
8	48:25	H.Dias	Puma TVH
9	48:27	C.Beecham	Highgate Harriers
10	48:29	S.Kennifick	London Irish A.C.
11	48:43	D.Cowlishaw	London Irish A.C.
12	48:53	T.Jackson	Shaftesbury Barnet Harriers
13	49:38	J.Guiney	London Irish A.C.
14	49:44	J.Lennox	Ealing Southall & Middx A.C.
15	50:12	B.Walsh	Shaftesbury Barnet Harriers
16	50:13	J.Creane	London Irish A.C.
17	50:43	D.Ojera	London Irish A.C.
18	50:45	P.Simons	Shaftesbury Barnet Harriers
19	50:50	J.Roche	Victoria Park Harriers
20	51:01	P.Lemmon	London Heathside
21	51:03	H.Dodwell	Highgate Harriers
22	51:07	A.Lindsay	Highgate Harriers
23	51:18	C.Bailey	Highgate Harriers
24	51:25	M.Baron	Harrow A.C.
25	51:34	E.Malloch	Shaftesbury Barnet Harriers
26	51:47	A.Drent	Shaftesbury Barnet Harriers
27	51:49	N.Gold	Highgate Harriers

28	51:57	A.Hoiles	Harrow A.C.
29	51:57	M.Potter	London Heathside
30	52:04	T.Grose	Ealing Southall & Middx A.C.
31	52:08	A.Mitchell	London Heathside
32	52:13	R.Browne	London Heathside
33	52:15	C.Finill	Harrow A.C.
34	52:16	P.O'Toole	Barnet & District A.C.
35	52:17	M.Curons	Harrow A.C.
36	52:24	M.Stapleton	Barnet & District A.C.
37	52:40	G.Townsend	Puma TVH
38	52:58	T.Mackin	London Irish A.C.
39	53:01	R.Owen	London Irish A.C.
40	53:10	D.Burbidge	Highgate Harriers
41	53:32	S.Hime	Barnet & District A.C.
42	53:39	J.Rodgers	Borough of Hounslow A.C.
43	53:56	A.Lashmar	Victoria Park Harriers
44	53:57	D.Chalfen	London Heathside
45	53:59	D.Newman	Hillingdon A.C.
46	54:01	P.Noble	Serpentine R.C.
47	54:02	S.Penny	Harrow A.C.
48	54:13	A.Thomas	Puma TVH
49	54:28	G.Bagnall	Victoria Park Harriers
50	54:29	M.Forrest	London Frontrunners
51	54:40	S.Hartley	Harrow A.C.
52	54:45	D.Domoney	Ealing Southall & Middx A.C.
53	55:05	G.Edmunds	Harrow A.C.
54	55:23	T.Jones	Hillingdon A.C.
55	55:27	L.Rudge	Harrow A.C.
56	55:35	R.Francis	Metros R.C.
57	55:40	A.Dillon	London Irish A.C.
58	55:45	M.Penman	Victoria Park Harriers
59	55:47	P.Leppard	Hillingdon A.C.
60	55:48	R.Howells	Ealing Southall & Middx A.C.

61	55:48	J.Knight	London Irish A.C.
62	55:51	J.Hudspith	Serpentine R.C.
63	55:53	L.Aloe	London Irish A.C.
64	55:54	R.Dunne	London Irish A.C.
65	55:56	B.Greene	Queens Park Harriers
66	56:01	P.Reilly	Shaftesbury Barnet Harriers
67	56:16	L.Grist	Serpentine R.C.
68	56:19	R.Poulter	Hillingdon A.C.
69	56:28	L.Freeman	Shaftesbury Barnet Harriers
70	56:31	M.Lepps	Harrow A.C.
71	56:33	J.Flahive	London Heathside
72	56:38	P.Warburton	Hillingdon A.C.
73	56:46	S.Plested	Ealing Southall & Middx A.C.
74	56:47	H.Spinthiras	London Heathside
75	57:22	S.Dokic	Hillingdon A.C.
76	57:34	R.Johnston	West 4 Harriers
77	58:14	P.MacLean	Hillingdon A.C.
78	59:08	N.Mitchell	London Heathside
79	59:16	D.Boyce	Ealing Southall & Middx A.C.
80	59:25	A.Donnelly	Enfield & Haringey A.C.
81	59:26	R.Pick	Shaftesbury Barnet Harriers
82	59:29	P.Wetton	Puma TVH
83	59:34	T.Rhodes	Hillingdon A.C.
84	59:46	R.Solomons	Highgate Harriers
85	60:00	C.Cottell	London Frontrunners
86	60:01	D.Buckeridge	Ealing Southall & Middx A.C.
87	60:16	T.Temmink	Highgate Harriers
88	60:24	F.Gerathy	London Irish A.C.
89	60:26	F.Robinson	Barnet & District A.C.
90	60:27	Dave Robinson (1951)	Victoria Park Harriers
91	60:41	J.Blanchard	Ealing Southall & Middx A.C.
92	60:53	B.Hutchinson	Hillingdon A.C.
93	60:54	K.Saunders	Borough of Hounslow A.C.

94	61:01	K.Davies	Trent Park Trotters
95	61:15	R.Davies	Queens Park Harriers
96	61:27	T.Scott	Trent Park Trotters
97	61:31	M.Hall	Puma TVH
98	61:31	C.Cloke	Enfield & Haringey A.C.
99	61:32	I.Wilson-Young	Puma TVH
100	61:35	A.Singer	Trent Park Trotters
101	61:37	L.Thomas	Queens Park Harriers
102	61:40	S.Scruton	Highgate Harriers
103	61:50	J.Rene	London Heathside
104	61:52	R.Nash	Hillingdon A.C.
105	61:55	R.Eriksson	London Heathside
106	61:58	C.Campbell (Vets)	Vets AC
107	61:59	R.Neil	Puma TVH
108	62:04	P.Dunne	London Irish A.C.
109	62:06	C.Yeup	London Heathside
110	62:08	R.Long	Serpentine R.C.
111	62:49	R.Weston	London Heathside
112	62:57	B.Contreras	Puma TVH
113	63:04	A.Angus	Queens Park Harriers
114	63:09	J.O'Dowd	Hillingdon A.C.
115	63:52	S.Moore	Shaftesbury Barnet Harriers
116	63:56	M.Searle	Hillingdon A.C.
117	64:15	M.Arnone	Trent Park Trotters
118	64:29	D.Browne	London Heathside
119	65:19	N.Teutin	London Irish A.C.
120	65:22	J.Myall	Hillingdon A.C.
121	65:31	G.Noble	Harrow A.C.
122	65:44	S.Furness	Queens Park Harriers
123	65:47	D.Smith	Hillingdon A.C.
124	65:59	N.Barnaby	Enfield & Haringey A.C.
125	66:01	N.Bingham	Barnet & District A.C.
126	66:21	D.Wardle	Hillingdon A.C.

127	66:25	R.Tuson	London Irish A.C.
128	66:27	J.Grigg	Queens Park Harriers
129	66:32	B.Thomas	Hillingdon A.C.
130	66:55	M.Hardie	Puma TVH
131	67:31	G.Staddon	Serpentine R.C.
132	67:42	J.McDonnell	London Irish A.C.
133	68:00	T.Nicholson	Serpentine R.C.
134	68:38	A.Brodie	Queens Park Harriers
135	68:40	J.Ayton	Highgate Harriers
136	68:53	A.Swaleheen	Hillingdon A.C.
137	69:13	R.McCormick	Trent Park Trotters
138	70:11	R.Hooley	Puma TVH
139	70:27	T.Gould	Serpentine R.C.
140	70:47	A.Wilson	Ealing Southall & Middx A.C.
141	71:23	M.French	Serpentine R.C.
142	71:30	J.Shaw	Serpentine R.C.
143	72:31	M.Warren	London Heathside
144	73:25	J.Budd	Hillingdon A.C.
145	73:44	N.Groombridge	Trent Park Trotters
146	74:05	J.Owen	Barnet & District A.C.
147	74:18	W.O'Connor	Queens Park Harriers
148	74:30	A.Irranca	London Fronrunners
149	74:37	P.Goldfinch	Trent Park Trotters
150	75:07	M.Blackwood	Trent Park Trotters
151	75:25	L.Curley	Serpentine R.C.
152	76:44	R.Wisdom	Serpentine R.C.
153	77:15	A.Keeler	Ealing Southall & Middx A.C.
154	77:18	M.Miller	Trent Park Trotters
155	77:19	M.Miller	Hillingdon A.C.
156	77:27	B.Hercock	Enfield & Haringey A.C.
157	81:46	T.Jones	Puma TVH
158	84:40	S.Hewitt	Barnet & District A.C.
159	85:28	R.Mansell	Trent Park Trotters

160	87:11	K.Goss	Hillingdon A.C.
161	92:13	S.Maddison	Puma TVH
162	95:40	H.Lisk	Queens Park Harriers
163	96:02	R.Johnson	Hillingdon A.C.

Team Result:

1. London Irish	69	7. Hillingdon	302	12 to Score	1. Hillingdon	547
2. Highgate Harriers	70	8. Ealing Southall & Middx	308		2. London Heathside	807
3. Shaftesbury Barnet	162	9. Barnet & District A.C.	471		3. Puma TVH	1018
4. Harrow	218	10. Serpentine R.C.	549			
5. London Heathside	227	11. Queens Park Harriers	624			
6. Puma TVH	275	12. Trent Park Trotters	689			

Middlesex County AA

Championships - 2001

Results Sheet

Junior Men & Boys

U20 - 6km

1 R Williams	Shaftesbury Barnet Harriers	23:42
2 J Powell	Woodford Green & Essex Ladies A.C.	24:23
3 M McIntosh	Harrow A.C.	25:11
4 S McAndrew	Shaftesbury Barnet Harriers	26:35
5 M da Silva	Puma TVH	26:47
6 P Norris	Harrow A.C.	26:47
7 K Few	London Heathside	27:34
8 D Murphy	Ealing Southall & Middx A.C.	28:42
9 M Weldesea	Puma TVH	28:50
10 A Anandhachar	Ealing Southall & Middx A.C.	28:52
11 D Nevins	Harrow A.C.	29:02
12 C McLeod	Harrow A.C.	30:01
13 C Ayres	Hillingdon A.C.	30:52

TEAM: 1 Harrow 32.

U17 -6km

1 M Saunders	Harrow A.C.	24:41
2 S Omar	Ealing Southall & Middx A.C.	26:08
3 P Hryniewiecki	Ealing Southall & Middx A.C.	26:19
4 D St Clair	Enfield & Haringey	26:41

5 J Cooper	Harrow A.C.	26:43
6 S Spencer	Harrow A.C.	26:58
7 F Fusle	Harrow A.C.	27:03
8 R O'Connor	Harrow A.C.	27:21
9 T Russell	Borough of Hounslow A.C.	27:47
10 S Suarez	Ealing Southall & Middx A.C.	28:32
11 A McGee	Enfield & Haringey A.C.	29:50
12 S Jenkins	Ealing Southall & Middx A.C.	31:03
13 L Wilson-Wolfe	Harrow A.C.	31:40
14 S Hanvey	Puma TVH	32:41

TEAM: 1 Harrow 19; 2 Ealing, Southall & Middlesex 27.

U15 - 4km

1 M Smart	Harrow A.C.	17:11
2 L Bowron	Ealing Southall & Middx A.C.	17:14
3 I Ibrahim	London Heathside	17:51
4 G Harrison	Harrow A.C.	18:14
5 T Haughian	Borough of Hounslow A.C.	18:19
6 P Harrison	Borough of Hounslow A.C.	18:33
7 N Jones	London Heathside	18:43
8 A Marshall	Harrow A.C.	18:58
9 C Suarez	Ealing Southall & Middx A.C.	19:06
10 S Bowman	Enfield & Haringey	19:24
11 L Fanagh	Highgate Harriers	19:27
12 J Martin	Enfield & Haringey	19:30
13 M Carey	Harrow A.C.	19:34

14 D Grant	Ealing Southall & Middx A.C.	19:57
15 N Reader	Borough of Hounslow A.C.	19:58
16 W Wrigley	Ealing Southall & Middx A.C.	20:01
17 L Brady	Puma TVH	20:05
18 J Moore	Enfield & Haringey	20:13
19 P Powell	Woodford Green & Essex Ladies	20:17
20 M Rivas	Puma TVH	20:20
21 J Barker	Enfield & Haringey	21:07
22 A Joseph	Highgate Harriers	21:14
23 J Hunt	Shaftesbury Barnet Harriers	21:25
24 M Falkerd	Ealing Southall & Middx A.C.	22:32
25 C Khrama	Enfield & Haringey	22:33
26 A Howie	Ealing Southall & Middx A.C.	22:48
27 J Tonna	Ealing Southall & Middx A.C.	22:50
28 A Vincent	Enfield & Haringey	23:05
29 M Shaswar	Isleworth & Syon School	23:19
30 R Jain	Harrow A.C.	23:26
31 S Harris	Ealing Southall & Middx A.C.	23:42
32 L Busby	Puma TVH	25:45

TEAM: 1 Harrow 19; 2 Ealing, Southall & Middlesex 41; 3 Enfield & Haringey 61.

U13 - 3km

1 G Glancy	Borough of Hounslow A.C.	14:30
2 I May	Borough of Hounslow A.C.	14:42
3 G O'Brien	Ealing Southall & Middx A.C.	14:55

4 J Neve	Shaftesbury Barnet Harriers	14:56
5 B Gill	Shaftesbury Barnet Harriers	14:58
6 C Stearn	High	15:12
7 R Hine	Shaftesbury Barnet Harriers	15:21
8 T Yarrow	Harrow A.C.	15:27
9 J Waldouck	Puma TVH	15:33
10 F Whiting	Isleworth & Syon School	15:34.

TEAM: 1 Shaftesbury Barnet 33; 2 Harrow 53; 3 Ealing, Southall & Middlesex 76; 4 Enfield & Haringey 84; 5 Thames Valley 89; 6 Highgate 98; 7 Isleworth & Syon School 123.

Middlesex County AA

Championships - 2001

Results Sheet

Senior Women 8,000m

Position	Time	Name	Club
1	35:37	C.Walsh	Shaftesbury Barnet Harriers
2	36:12	E.Fisher	Shaftesbury Barnet Harriers
3	36:17	N.Ashe	Borough of Hounslow A.C. (NS)
4	36:28	A.Ridley	Shaftesbury Barnet Harriers
5	36:41	R.Lewis	Shaftesbury Barnet Harriers (NS)
6	37:49	L.Towns	Borough of Hounslow A.C.
7	38:02	A.Wingler	Highgate Harriers
8	38:46	A.Solly-Critchlow	London Heathside
9	38:51	A.Murphy	London Heathside
10	38:52	E.Ferenczi	Shaftesbury Barnet Harriers
11	39:24	S.Young	Highgate Harriers
12	39:31	J.King	London Heathside
13	40:14	S-A.Cox	Parkside (Harrow) A.C.
14	40:38	K.Armstrong	Shaftesbury Barnet Harriers
15	41:13	D.Kennedy	Puma TVH
16	41:29	F.Kennedy	Ealing Southall & Middx A.C.
17	41:39	V.Parry	London Heathside
18	41:58	M.Heaton	London Irish A.C.
19	42:09	L.Cole	Shaftesbury Barnet Harriers
20	42:24	L.Sabharwal	Puma TVH
21	43:06	L.Wilson	Ealing Southall & Middx A.C.
22	43:23	N.Cendrowicz	Highgate Harriers
23	43:50	D.Kay	Parkside (Harrow) A.C.

24	43:52	J.Calderbank	Serpentine R.C.
25	44:05	R.Weston	London Heathside
26	44:13	F.O'Sullivan	London Heathside
27	44:41	Y.Budd	Hillingdon A.C.
28	44:48	G. Morgan	Shaftesbury Barnet Harriers (NS)
29	45:13	C.Bolam	Hillingdon A.C.
30	46:00	F.Lennon	London Irish A.C.
31	46:09	L.Dulley	Parkside (Harrow) A.C.
32	46:13	S.Mackay	Serpentine R.C.
33	46:38	E.Drake	Serpentine R.C.
34	46:44	C.Jones	Ealing Southall & Middx A.C.
35	46:54	S.Davidson	Serpentine R.C.
36	47:01	S.Darch	Puma TVH
37	47:52	C.McNeill	Serpentine R.C.
38	47:59	E.Hecker	Trent Park Trotters
39	48:14	G.Street	Serpentine R.C.
40	48:19	C.Mitchell	Ealing Southall & Middx A.C.
41	48:46	P.Delamere	London Heathside
42	49:02	L.Baker	Trent Park Trotters
43	49:05	J.Farmer	Serpentine R.C.
44	49:24	S.Newton	Serpentine R.C.
45	49:46	N.Reynolds	Puma TVH
46	50:05	C.Heemskerk	Hillingdon A.C.
47	50:19	J.Hickman	Serpentine R.C.
48	50:26	J.Brosnan	Puma TVH
49	51:21	A.Thilges	Highgate Harriers
50	51:45	A.Belchambers	Hillingdon A.C.
51	51:48	J.Evans	London Irish A.C.
52	54:09	B.Hynes	Puma TVH
53	54:47	H.Paterson	Serpentine R.C.
54	54:50	B.O'Sullivan	Ealing Southall & Middx A.C.

55	55:58	F.Scott	Puma TVH
56	56:17	E.Morse	Hillingdon A.C.
57	57:00	E.Scott	Trent Park Trotters
58	57:41	Y.Olowokere	Ealing Southall & Middx A.C.
59	57:46	S.Aspinall	Queens Park Harriers
60	58:33	A.Moon	Hillingdon A.C.
61	59:12	H.Marshall	Puma TVH
62	60:36	J.Reid	Serpentine R.C.
63	60:56	D.Johnstone	Ealing Southall & Middx A.C.
64	61:23	J.Cartwright	Victoria Park Harriers
65	65:12	L.Guthrie	Victoria Park Harriers
66	68:03	B.James	Serpentine R.C.
67	68:31	M.Goodrick	Puma TVH

Team Result

1. Shaftesbury Barnet Harriers	17
2. London Heathside	46
3. Highgate Harriers	89
4. Ealing Southall & Middx	111
5. Puma TVH	116
6. Serpentine Running Club	124
7. Hillingdon A.C.	152

Winner of Corlin Trophy:

Puma TVH

Middlesex County AA

Championships - 2001

Results Sheet

Junior Women & Girls

U20 - 5km

1 S Miles	Hillingdon A.C.	23:18
2 L Webb	Borough of Hounslow A.C.	26:31
3 N de la Salle	Hillingdon A.C.	29:14
4 J Hawes	Borough of Hounslow A.C.	30:58

U17 - 5km

1 M Powell	Woodford Green & Essex Ladies A.C.	26:17
2 M Hutchinson	Hillingdon A.C.	27:41
3 M Piper	Borough of Hounslow A.C.	29:06
4 R Pais	Ealing Southall & Middx A.C.	30:54
5 E Dunkley	Hillingdon A.C.	31:16
6 N Tibble	London Heathside	31:41
7 M Hall	Puma TVH	33:02
8 P Anandhachar	Ealing Southall & Middx A.C.	33:45
9 J Gilby	London Heathside	34:16
10 K Sibhaumaram	London Heathside	34:54
11 C Davis	Ealing Southall & Middx A.C.	35:34
12 L Rowsome	Borough of Hounslow A.C.	37:42
13 P Kudhail	Ealing Southall & Middx A.C.	38:40
14 B Ikusika	Puma TVH	41:27

15 R Black	London Heathside	46:32
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TEAM: 1 Ealing, Southall & Middlesex 36; 2 London Heathside 39

U15 - 4km

1 M Shakibo	Shaftesbury Barnet Harriers	21:53
2 E Ault	Parkside (Harrow) A.C.	22:01
3 K O'Connor	Parkside (Harrow) A.C.	22:25
4 C Carverhill	Ealing Southall & Middx A.C.	22:51
5 L O'Brien	Shaftesbury Barnet Harriers	22:51
6 J Baxter	Hillingdon A.C.	22:52
7 C O'Connell	Ealing Southall & Middx A.C.	22:59
8 M Stenhouse	Ealing Southall & Middx A.C.	23:07
9 J Harvey	Ranelagh Harriers	23:21
10 A Beverly	Ranelagh Harriers	23:37
11 I Ramsey	Shaftesbury Barnet Harriers	23:48
12 Z Cameron	Puma TVH	24:22
13 S Jones	Shaftesbury Barnet Harriers	24:36
14 A McGuigan	Ealing Southall & Middx A.C.	24:41
15 L Ball	Ranelagh Harriers	25:08
16 D Penfold	Hillingdon A.C.	25:22
17 K Abrams	Parkside (Harrow) A.C.	25:25
18 L Bellen	London Heathside	25:26
19 K McMillan	Puma TVH	25:30
20 K Hryniewiecka	Ealing Southall & Middx A.C.	25:46
21 J Weeks	Hillingdon A.C.	25:57
22 H Warren	Hillingdon A.C.	25:58

23 A Barratt	Parkside (Harrow) A.C.	26:08
24 A Tibble	London Heathside	26:11
25 J Toland	Puma TVH	26:23
26 R Brownhill	Parkside (Harrow) A.C.	26:25
27 C Russell	Borough of Hounslow A.C.	26:26
28 S McNamara	Woodford Green & Essex Ladies A.C.	27:00
29 H Marshall	Ealing Southall & Middx A.C.	27:23
30 E Arran	Shaftesbury Barnet Harriers	27:23
31 N McQueen	Hillingdon A.C. (NS)	27:27
32 N Russell	Borough of Hounslow A.C.	28:09
33 S Anghae	Puma TVH	28:20
34 G Lewington	Hillingdon A.C.	28:35
35 S Hawkins	Ealing Southall & Middx A.C.	28:39
36 S Gale	Parkside (Harrow) A.C.	31:26

TEAM: 1 Shaftesbury Barnet 30; 2 Ealing, Southall & Middlesex 33; 3 Parkside 45; 4 Hillingdon 65; 5 Thames Valley 88

U13 - 3km

1 L Barr	Shaftesbury Barnet Harriers	15:49
2 C Delzant	Puma TVH	15:58
3 L Manley	Hillingdon A.C.	16:13
4 J Lemmon	Hillingdon A.C.	16:40
5 L Fox	Borough of Hounslow A.C.	16:53
6 T Fox	Shaftesbury Barnet Harriers	16:55
7 C McGuigan	Ealing Southall & Middx A.C.	17:04
8 K Allcock	Shaftesbury Barnet Harriers	17:08

9 L Torok	Borough of Hounslow A.C.	17:09
10 L Houlihan	Enfield & Haringey	17:53
11 R Christie	Puma TVH	17:59
12 K Fairweather	Parkside (Harrow) A.C.	18:31
13 B Stock	Ealing Southall & Middx A.C.	18:57
14 K French	Ealing Southall & Middx A.C.	19:03
15 J Ward	Ealing Southall & Middx A.C.	19:04
16 C Weeks	Hillingdon A.C.	19:17
17 N Vincent	Enfield & Haringey	19:17
18 A Harris	Ealing Southall & Middx A.C.	19:39
19 S Mulrain	Puma TVH	19:49
20 K Moore	Ealing Southall & Middx A.C.	19:59
21 H Beard	Parkside (Harrow) A.C.	20:10
22 K McBride	Ealing Southall & Middx A.C.	20:10
23 D Toland	Puma TVH	20:38
24 S McQueen	London Heathside	20:44
25 A Redhead	Ealing Southall & Middx A.C.	21:27
26 C Green	London Heathside	22:00
27 C Broadhead	Parkside (Harrow) A.C.	22:13
28 J Simmons	Shaftesbury Barnet Harriers	22:14
29 S Farah	London Heathside	22:39
30 T Norwood	London Heathside	22:39
31 K Harrison	Hillingdon A.C.	22:46
32 K Rowsone	Borough of Hounslow A.C.	22:48

TEAM: 1 Shaftesbury Barnet 43; 2 Ealing, Southall & Middlesex 49; 3 Hillingdon 54; 4 Thames Valley 55; 5 London Heathside 109.