

# MIDDLESEX COUNTY ROAD WALKING CHAMPIONSHIPS

Metropolitan Police Sports Ground, Chigwell

Sunday 16<sup>th</sup> February 2003

<b>Men – 10 miles</b>		<b>minutes:seconds</b>
1. John Hall	Belgrave Harriers	87:55
2. Trevor Jones	Hillingdon AC	91:14
3. Costa Michael	Enfield & Haringey	93:02
4. Ron Powell	Enfield & Haringey	104:33
5. Ian Spinks	Enfield & Haringey	106:02
6. Paul Ray	Enfield & Haringey	109:18
<b>Team:</b>	Enfield & Haringey	12 points (3, 4, 5)
<b>Women – 5 ¼ miles</b>		
1. Ann Belchambers	Hillingdon AC	55:34
2. Maureen Noel	DEFRA AC	56:24