

Middlesex County A.A. Indoor Championships – Thames Valley Athletic Centre – Eton – Sunday 5th December 2004

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Senior Men :-

60 Metres Heat 1

1.A.Mensah (SBH)	6.97
2.J.Ramos (E & H)	7.19
3.M.Collins (Luton)	7.36

60 Metres Heat 2

1.A.Yambasu (TVH)	7.04
2.I.Adekanmbi (E & H)	7.07
3.K.Gold (Highgate)	7.37

60 Metres Heat 3

1.I.Clarke (E & H)	7.10
2.J.Bricknell (E & H)	7.21
3.I.Rose (TVH)	7.23

60 Metres 'A' Final

1. A.Yambasu (TVH)	6.91
2.A.Mensah (SBH)	6.93
3.I.Adekanmbi (E & H)	7.03
I.Clarke (E & H)	DNF

60 Metres 'B' Final

1.J.Ramos (E & H)	7.17
2.J.Bricknell (E & H)	7.20
3.I.Rose (TVH)	7.21
4.M.Collins (Luton)	7.37

Long Jump :-

1.D.Shields (Reading)	4.90m
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U15 Boys :-

60 Metres Final

1.M.Webster (SBH)	7.54
2.N.Yeboah (E & H)	7.84
3.J.Nduwimana (Highgate)	8.18

Under 20 Men :-

60 Metres Heat 1

1.L.Fagan (E & H)	7.04
2.C.Meikle (E & H)	7.26
3.C.Julien (E & H)	7.31
4.M.Godfrey (SBH)	7.74

60 Metres Heat 2

1.D.Telfer-James (E & H)	7.09
2.K.Feyin-Wilson (E & H)	7.35
3.M.Guei (Highgate)	7.38
4.H.Njemanze (E & H)	7.58

60 Metres Heat 3

1.E.Winn (E & H)	7.14
2.S.Orrett (Brunel Univ)	7.56
3.M.Cohen (SBH)	7.61

60 Metres 'A' Final

1.L.Fagan (E & H)	6.92
2.E.Winn (E & H)	6.99
3.D.Telfer-James (E & H)	6.99
4.C.Meikle (E & H)	7.16

60 Metres 'B' Final

1.K.Feyin-Wilson (E & H)	7.24
2.C.Julien (E & H)	7.27
3.M.Guei (Highgate)	7.36
4.S.Orrett (Brunel Univ)	7.52

High Jump

1.H.Winthrop (SBH)	1.80m
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Long Jump

1.T.Isinkaye (E & H)	5.75m
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Under 17 Men :-

60 Metres Heat 1

1.D.Gibbons (Oaklands Sch)	7.46
2.T.O'Brien (SBH)	7.50
3.A.Ahmadnia (Highgate)	7.62

60 Metres Heat 2

1.G.Kumi (E & H)	7.30
2.S.Nicholas (Oaklands Sch)	7.51
3.K.Clarke (Highgate)	7.62
4.O.Barton-Ellington (E & H)	7.73

60 Metres 'A' Final

1=G.Kumi (E & H)	7.24
1=D.Gibbons (Oaklands Sch)	7.24
3. S.Nicholas (Oaklands Sch)	7.28
4. T.O'Brien (SBH)	7.48

60 Metres 'B' Final

1.K.Clarke (Highgate)	7.44
2.A.Ahmadnia (Highgate)	7.61
O.Barton-Ellington (E & H)	DNS

60 Metres Hurdles Final

1.A.James (E & H)	8.50
2.S.Choudhury (E & H)	8.79

Long Jump

1.N.Okolo (SBH)	6.01m
2.D.Lewis (SBH)	5.63m
3.O.Barton-Ellington (E & H)	5.37m

Triple Jump

1.D.Lewis (SBH)	12.55m
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Pole Vault

4.D.Wisdom-Bediako (E & H)	8.24	<u>Pole Vault</u>	1.J.Brandon (E & H)	3.20m	
5.D.Flatley (Highgate)	8.70	1.W.Huber (SBH)	3.40m		
<u>60 Metres Hurdles Final</u>					
1.J.Anson (Hendon High Sch)	10.26				
<u>Long Jump</u>					
1.D.Flatley (Highgate)	4.18m				
Under 13 Boys :-					
<u>60 Metres Final</u>					
1.D.Harvey (R & T)	8.35				
2.N.Dorsett (E & H)	8.38				
3.O.Price (Highgate)	9.22				
<u>Long Jump</u>					
1.D.Harvey (R & T)	4.72m				
2.N.Dorsett (E & H)	4.09m				
<u>Shot</u>					
1.O.Price (Highgate)	6.82m				
<u>Pole Vault</u>					
1.J.O'Sullivan (E & H)	2.60m				
Senior Women :-		Under 17 Women :-		Under 15 Girls :-	
<u>Triple Jump</u>		<u>60 Metres Heat 1</u>		<u>60 Metres Heat 1</u>	
1.A.Barratt (Harrow)	11.49m	1.E.Smith (E & H)	8.22	1.P.Tappin (E & H)	8.29
		2.R.Winthrop (SBH)	8.45	2.A.McDiarmid (TVH)	8.43
Under 20 Women :-		3.M.Akot (E & H)	8.90	3.Y.Ahmadzadeh (Highgate)	9.87
<u>60 Metres Final</u>		<u>60 Metres Heat 2</u>		<u>60 Metres Heat 2</u>	
1.L.Tappin (E & H)	7.80	1.C.Williams (ESM)	8.14	1.C.Taite (Brunel Univ)	8.29
2.R.Telfer-James (E & H)	7.82	2.S.Boxley (TVH)	8.39	2.D.Bakre (E & H)	8.30
3.C.Robinson (E & H)	7.97	3.G.Harvey (R & T)	9.46	3.C.Grant (E & H)	8.69
4.D.Agunviade-Kolawole (Brunel)	8.36			4.M.McPherson (TVH)	9.05
<u>Long Jump</u>		<u>60 Metres Heat 3</u>		<u>60 Metres Heat 3</u>	
1.D.Agunviade-Kolawole (Brunel)	5.08m	1.R-A.Watson (E & H)	7.84	1.G.Bitulu (Brunel Univ)	8.45
2.M.Donaghy (ESM)	4.21m	2.T.Dorsett (E & H)	8.01	2.J.Thompson (E & H)	8.88
		3.M.Charles (ESM)	8.21	3.P.Boulton-Jaggi (Highgate)	9.90
<u>Triple Jump</u>		<u>60 Metres 'A' Final</u>			
1.M.Donaghy (ESM)	10.08m	1.R-A.Watson (E & H)	7.83		
<u>Pole Vault</u>		<u>60 Metres 'A' Final</u>			
1.L.White (Barnet & Dist)	2.50m	2.T.Dorsett (E & H)	7.88	1.P.Tappin (E & H)	8.05
2.T.Dudley (E & H)	2.20m	3.C.Williams (ESM)	8.15	2.D.Bakre (E & H)	8.21
		4.E.Smith (E & H)	8.16	3.G.Bitulu (Brunel)	8.34
Under 13 Girls :-		<u>60 Metres 'B' Final</u>		<u>60 Metres 'B' Final</u>	
<u>60 Metres Final</u>		1.S.Boxley (TVH)		4.C.Taite (Brunel Univ)	
1.G.Wilcox (Brunel Univ)	9.26	2.M.Charles (ESM)		1.A.McDiarmid (TVH)	
		3.R.Winthrop (SBH)		2.J.Thompson (E & H)	
<u>60 Metres Hurdles Final</u>		M.Akot (E & H)		3.M.McPherson (TVH)	
1.G.Wilcox (Brunel Univ)	10.45	DNS		9.17	

<u>60 Metres Hurdles Final</u>	C.Grant (E & H)	DNS
1.S.Boxley (TVH)	10.12	
	<u>60 Metres Hurdles Final</u>	
<u>High Jump</u>	1.C.Grant (E & H)	10.91
1.M.Akot (E & H)	1.55m	
2.N.Hinze (Brunel Univ)	1.40m	
	<u>High Jump</u>	
	1. M.McPherson (TVH)	1.51m
<u>Long Jump</u>	2 .K.Barazetti (TVH)	1.45m
1.Y.Bello (E & H)	4.93m	
	3. A.McDiarmid (TVH)	1.40m
<u>Triple Jump</u>	<u>Long Jump</u>	
1.J.Faulkner (E & H)	9.26m	
	1.C.Taite (Brunel Univ)	4.99m
	2.D.Bakre (E & H)	4.37m
<u>Shot</u>	3.K.Barazetti (TVH)	3.76m
1.R.Roach (Barnet & Dist)	8.53m	
2.G.Harvey (R & T)	7.66m	
	<u>Shot</u>	
	1.A.Morankeji (TVH)	9.13m
	2.R.McNamara (E & H)	5.77m