

Middlesex County AA

Championships

7th February 2004

Veteran Men 8,000m

Position	Time	Name	Club	Cat.
1	26:38	N Martin	Highgate Harriers	40
2	28:04	P Lemmon	London Heathside	40
3	28:12	A Hoiles	Harrow A.C.	40
4	28:23	C Bailey	Highgate Harriers	40
5	28:26	M Baron	Harrow A.C.	40
6	28:30	B Weber	London Heathside	40
7	28:38	D McGregor	Serpentine Running Club	40
8	28:44	S Kerr	London Irish	40
9	29:05	S Pledsted	Ealing, Southall & Middx. A.C.	50
10	29:16	J Leversedge	Enfield & Haringey A.C.	40
11	29:48	J Willoughby	Queens Park Harriers	50
12	29:50	K Edmonds	TVH	40
13	30:07	D Newman	Hillingdon A.C.	40
14	30:22	L Benjamin	TVH	40
15	30:42	R Jenkin	Hillingdon A.C.	40
16	30:46	D Buckeridge	Ealing, Southall & Middx. A.C.	40
17	30:48	K Waterman	Hillingdon A.C.	40
18	30:50	S Dokic	Hillingdon A.C.	40
19	31:04	I Birch	Ealing, Southall & Middx. A.C.	40
20	31:12	R Nash	Hillingdon A.C.	50
21	31:22	D Paterson	Serpentine Running Club	50
22	31:31	S Hirons	Hillingdon A.C.	40
23	31:37	J Husbands	TVH	40
24	31:41	J Dunne	London Irish	50
25	31:44	S Scrutton	Highgate Harriers	40
26	31:50	G Reader	Enfield & Haringey A.C.	40
27	31:52	M McCarthy	London Irish	40
28	32:01	P Stiles	Enfield & Haringey A.C.	40
29	32:08	F Robinson	Barnet & District	40
30	32:15	R Hooley	TVH	40
31	32:23	A Mansi	Hillingdon A.C.	50
32	32:28	B Leach	Hillingdon A.C.	50
33	32:35	S Ludlam	Serpentine Running Club	40

34	32:39 M Kawai	Barnet & District	40
35	32:51 J Falvey	Ealing, Southall & Middx. A.C.	40
36	32:59 P York	Ealing, Southall & Middx. A.C.	40
37	33:01 J Myall	Hillingdon A.C.	50
38	33:03 R Howells	Ealing, Southall & Middx. A.C.	50
39	33:06 D Martin	Hillingdon A.C.	40
40	33:07 F Nolan	Queens Park Harriers	50
41	33:14 M Skipper	London Heathside	40
42	33:16 R Bloom	Harrow A.C.	50
43	33:20 M Bingham	Barnet & District	50
44	33:35 N Barnaby	Enfield & Haringey A.C.	40
45	33:44 A Angus	Queens Park Harriers	40
46	33:48 N O'Connor	Queens Park Harriers	50
47	33:49 J Bignall	Hillingdon A.C.	50
48	33:52 P Dunne	London Irish	40
49	33:57 B Gilby	London Heathside	50
50	34:03 C Penn	Ealing, Southall & Middx. A.C.	40
51	34:17 E Fogarty	Ealing, Southall & Middx. A.C.	50
52	34:20 C Doxat	Serpentine Running Club	60
53	34:33 J O'Dowd	Hillingdon A.C.	50
54	34:35 R Grace	TVH	40
55	35:08 M.French	Serpentine Running Club	40
56	35:44 J Stratford	Hillingdon A.C.	50
57	35:50 T Smith	TVH	40
58	36:18 R Smith	Serpentine Running Club	50
59	36:33 G French	Ealing, Southall & Middx. A.C.	40
60	36:41 M Doughty	Enfield & Haringey A.C.	50
61	37:02 J O'Keefe	TVH	40
62	37:06 B Feldham	Hillingdon A.C.	50
63	37:10 R Higgs	Barnet & District	60
64	37:54 O Suarez	Ealing, Southall & Middx. A.C.	40
65	38:35 S Maddison	TVH	50
66	39:06 M Miller	Hillingdon A.C.	60
67	39:26 T Shaw	Hillingdon A.C.	50
68	39:50 L Steinpress	London Heathside	40
69	40:16 D Hampton	Serpentine Running Club	60
70	41:25 A Brodie	Queens Park Harriers	40
71	41:36 R Beales	Hillingdon A.C.	60
72	42:34 D Damon	Serpentine Running Club	50
73	43:19 D Desborough	London Heathside	60
74	43:42 A N Other	Hillingdon A.C.	

75 45:16 R Wisdom Serpentine Running Club
 76 48:11 H Wild Hillingdon A.C.

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M40 Team Result:	1 Hillingdon A.C.	63	(13+15+17+18)
	2 TVH	79	(12+14+23+30)
	3 Ealing, Southall & Middx	79	(9+16+19+35)
	4 London Heathside	98	(2+6+41+49)
	5 London Irish	107	(8+24+27+48)
	6 Enfield & Haringey A.C.	108	(10+26+28+44)
	7 Serpentine Running Club	113	(7+21+33+52)
	8 Queens Park Harriers	142	(11+40+45+46)
	9 Barnet & District	169	(29+34+43+63)
M50 Team Result:	1 Hillingdon A.C.	24	(3+6+7+8)

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Veteran Women 8,000m

Position	Time	Name	Club	Cat.
1	30:51	F.Kennedy	Ealing, Southall & Middx. A.C.	45
2	32:28	J Wastell	London Heathside	35
3	32:59	K Armstrong	Shaftesbury Barnet Harriers	35
4	33:04	T Brady	Serpentine Running Club	35
5	33:12	L Wilson	Ealing, Southall & Middx. A.C.	45
6	33:50	P Thomas	Ealing, Southall & Middx. A.C.	35
7	34:27	G Morgan	Ealing, Southall & Middx. A.C.	35
8	36:38	C Jones	Ealing, Southall & Middx. A.C.	45
9	37:27	H Patterson	Serpentine Running Club	45
10	37:32	C Heemskerck	Hillingdon A.C.	45
11	38:08	V Doyle	Hillingdon A.C.	35
12	38:14	A.Belchambers	Hillingdon A.C.	45
13	38:47	J Farmer	Serpentine Running Club	45
14	38:54	J Brosnan	TVH	35
15	39:28	P Wangui	Shaftesbury Barnet Harriers	35
16	40:01	A Norris	TVH	35
17	41:19	A Lewington	Hillingdon A.C.	35
18	41:29	J Hickman	Serpentine Running Club	45
19	41:57	E Morse	Hillingdon A.C.	35
20	45:45	C Wisdom	Serpentine Running Club	45
21	47:16	D Johnstone	Ealing, Southall & Middx. A.C.	55

Team Result:	1 Ealing, Southall & Middx	19	(1+5+6+7)
	2 Serpentine	44	(4+9+13+18)
	3 Hillingdon	50	(10+11+12+17)