

Pos.	Bib	Time	Name	Club	Gender	Class	Chip Time
1	1039	2:33:49	Alun Myers	Victoria Park Harriers and Tow	Male	M	2:33:49
2	41	2:44:41	Andrew Mitchell	Thames Valley Harriers	Male	M40	2:44:41
3	186	2:49:06	Tom Rowles	Ealing Eagles Running Club	Male	M	2:49:03
4	67	2:58:51	Dan Afshar	West 4 Harriers	Male	M40	2:58:46
5	132	3:02:29	James Connell	London Heathside Runners AC	Male	M40	3:02:23
6	304	3:08:58	Michael Stainton	Serpentine RC	Male	M50	3:08:50
7	438	3:12:16	Emily Antcliffe		Female	F	3:12:10
8	800	3:29:49	Beth Caldwell		Female	F	3:29:27
9	806	3:37:51	Linsey Ryall		Female	F	3:37:25
10	447	3:38:46	Gavin Parish	London Heathside Runners AC	Male	M	3:38:03
11	1111	3:43:15	Henry Hamilton	London Heathside Runners AC	Male	M	3:42:32
12	40	3:44:06	Ally Watson	Serpentine RC	Male	M	3:43:07
13	749	3:45:12	Michelle Ryder	Serpentine RC	Female	F35	3:44:51
14	912	4:55:16	Carol Ann Plater	100 Marathon Club	Female	F45	4:54:03

**Male**

<b>Pos.</b>	<b>Bib</b>	<b>Time</b>	<b>Category</b>	<b>Name</b>	<b>Club</b>
1	1039	02:33:49	M	Alun Myers	Victoria Park Harriers and Tow
2	41	02:44:41	M40	Andrew Mitchell	Thames Valley Harriers
3	186	02:49:06	M	Tom Rowles	Ealing Eagles Running Club
4	67	02:58:51	M40	Dan Afshar	West 4 Harriers
5	132	03:02:29	M40	James Connell	London Heathside Runners AC
6	304	03:08:58	M50	Michael Stainton	Serpentine RC
7	447	03:38:46	M	Gavin Parish	London Heathside Runners AC
8	1111	03:43:15	M	Henry Hamilton	London Heathside Runners AC
9	40	03:44:06	M	Ally Watson	Serpentine RC

**Female**

<b>Pos.</b>	<b>Bib</b>	<b>Time</b>	<b>Category</b>	<b>Name</b>	<b>Club</b>
1	438	03:12:16	F	Emily Antcliffe	
2	800	03:29:49	F	Beth Caldwell	
3	806	03:37:51	F	Linsey Ryall	
4	749	03:45:12	F35	Michelle Ryder	Serpentine RC
5	912	04:55:16	F45	Carol Ann Plater	100 Marathon Club

**Male**

Pos.	Bib	Time	Category	Name	Club
1	1039	02:33:49	M	Alun Myers	Victoria Park Harriers and Tow
2	186	02:49:06	M	Tom Rowles	Ealing Eagles Running Club
3	447	03:38:46	M	Gavin Parish	London Heathside Runners AC
4	1111	03:43:15	M	Henry Hamilton	London Heathside Runners AC
5	40	03:44:06	M	Ally Watson	Serpentine RC

**Male 40+**

Pos.	Bib	Time	Category	Name	Club
1	41	02:44:41	M40	Andrew Mitchell	Thames Valley Harriers
2	67	02:58:51	M40	Dan Afshar	West 4 Harriers
3	132	03:02:29	M40	James Connell	London Heathside Runners AC

**Male 50+**

Pos.	Bib	Time	Category	Name	Club
1	304	03:08:58	M50	Michael Stainton	Serpentine RC

**Female**

Pos.	Bib	Time	Category	Name	Club
1	438	03:12:16	F	Emily Antcliffe	
2	800	03:29:49	F	Beth Caldwell	
3	806	03:37:51	F	Linsey Ryall	

**Female 35+**

Pos.	Bib	Time	Category	Name	Club
1	749	03:45:12	F35	Michelle Ryder	Serpentine RC

**Female 45+**

Pos.	Bib	Time	Category	Name	Club
1	912	04:55:16	F45	Carol Ann Plater	100 Marathon Club