

Middlesex County & Open 10K Road Race Results

Sunday 14th September, 2003 – Victoria Park, Hackney

Pos	No	Name	Club	Time	Open Pos	Middx
1	105	Ty Berg	Morn Chas	33-03	1M	1M
2	112	Paul Cuddihy	Hillingdon	33-25	2M	2M
3	135	Martin Potter	L.Heathside	33-45	3M	3M
4	201	Andrew Farquharson	Kent	34-01	Guest (M)	
5	146	Andy Welshman	L.Heathside	34-08	4M	4M
6	123	Paul Lemmon(M40)	L.Heathside	34-38	5M	5M
7	124	Paul Leppard	Hillingdon	34-50	6M	6M
8	122	Tony Lashmar	VPH & TH	35-06	7M	7M
9	113	Robert Datnow	TVH	35-10	8M	8M
10	121	Ashraf Khan	TVH	35-21	9M	9M
11	102	Chris Bailey (M40)	Highgate	35-25	10M	10M
12	108	Ronan Breen	Shaftesbury	35-49	11M	11M
13	152	Len Crowder	Black & Brom	35-58	12M	
14	159	David Keen	Unatt	36-14	13M	
15	173	Peter Warburton (M40)	Hillingdon	36-24	14M	12M
16	116	B.Green	QPH	36-31	15M	13M
17	142	Alex Sweet	L.Heathside	36-54	16M	14M
18	131	Peter Noble	L.Heathside	37-02	17M	15M
19	118	Michael Hadman	Serpentine	37-05	18M	16M
20	153	Tony Crowder	Black & Brom	37-07	19M	
21	125	Martin Loughnane	L.Heathside	37-55	20M	17M
22	106	Bill Birmingham(M50)	L.Heathside	37-56	21M	18M
23	155	Stephen Dunn	Unatt	38-16	22M	
24	114	Stevan Dokic (M40)	Hillingdon	38-33	23M	19M
25	130	David Newman (M40)	Hillingdon	39-02	24M	20M
26	157	Steve Fraser (M50)	Kent	39-11	25M	
27	161	Greg Lovell	Unatt	39-29	26M	
28	204	Fuhd Osman	VPH & TH	39-35	Guest (M)	
29	143	L.Thomas (M40)	QPH	39-40	27M	21M
30	110	Bruce Cairns	Serpentine	39-52	28M	22M
31	14	Lauren Williams	TVH	40-00	1W	1W
32	168	James Sherriff	Unatt	40-21	29M	
33	111	Anthony Chinn (M40)	L.Heathside	40-47	30M	23M
34	13	Jacqueline Watt	L.Heathside	40-51	2W	2W
35	107	Rik Boudry (M40)	Hillingdon	41-01	31M	24M
36	174	Dennis Williams (M50)	Herc Wim	41-04	32M	
37	22	Zoe Melling	Unatt	41-05	3W	
38	132	F.Nolan (M50)	QPH	41-10	33M	25M
39	154	Alan Davidson (M50)	Unatt	41-12	34M	
40	104	Terry Beackon	VPH & TH	41-24	35M	26M

41	144	John Tilsley (M40)	Serpentine	41-2536M	27M
42	145	David Welch (M50)	TVH	41-4537M	28M
43	141	Tom Strudwick (M40)	L.Heathside	41-5638M	29M
44	115	Karsten Friedrich	TVH	42-0339M	30M
45	165	Merv Nutburn (M50)	Plum Runn	42-2040M	
46	24	Andrea Possee	WGEL	42-264W	
47	11	Alison Tingle (W35)	TVH	42-345W	3W
48	169	Peter Simpson (M40)	Veg C & AC	42-4441M	
49	2	Camilla Briggs	TVH	43-066W	4W
50	128	Anthony Miners (M40)	L.Heathside	43-0842M	31M
51	119	Andrew Hudson (M40)	L.Heathside	43-1743M	32M
52	138	Rob Sargent (M40)	Serpentine	43-2544M	33M
53	12	Jackie Wastell (W35)	L.Heathside	43-477W	
54	140	Richard Smith (M50)	Serpentine	44-0045M	34M
55	8	Sarah Newton (W45)	Serpentine	44-028W	6W
56	139	Dave Shortridge	VPH & TH	44-2846M	35M
57	205	Ian Kennedy	Unatt	44-39Guest (M)	
58	134	Bill O'Connor (M50)	QPH	45-0147M	36M
59	162	David Melling	Unatt	45-1748M	
60	202	Ashlee McGuigan	ESM	45-40Guest (W)	
61	167	Rhon Reynolds	Unatt	45-5649M	
62	166	Dan Peer	Unatt	45-5850M	
63	5	Fiona Holland (W45)	L.Heathside	46-029W	7W
64	147	Ted Barac	Unatt	46-1451M	
65	117	J.Grigg	QPH	46-2352M	
66	160	Ken Leung	Unatt	46-4653M	
67	150	Mark Campbell	Unatt	46-5154M	
68	103	Marc Ben-Nathan	TVH	46-5655M	38M
69	101	A.Angus (M40)	QPH	47-1556M	39M
70	129	Jose Molina	TVH	48-4157M	40M
71	1	Elaine Battson (W35)	VPH & TH	49-0110W	8W
72	21	Angela Melling	Unatt	49-0911W	
73	120	Antonio Irranca	Lon Front	49-3758M	41M
74	17	Tina Chowdhury	Unatt	50-2012W	
75	19	Anna Leatherdale	Unatt	50-3013W	
76	156	M.Francis (M60)	Unatt	51-0559M	
77	203	Ken Hilton	Guildford	51-3960M	
78	7	Patricia McGrogan(W35)	VPH & TH	51-4214W	9W
79	23	Fiona Nutburn (W35)	Plum Runn	52-1315W	
80	27	Hazel Screen	Unatt	52-3016W	
81	206	Eric Marclennagan	Unatt	52-48Guest (M)	
82	3	Maureen Fitzgerald (W55)	TVH	52-5117W	10W
83	30	Ros Wilson (W35)	Unatt	53-1818W	
84	149	Hugh Bullard (M50)	Unatt	53-4061M	
85	16	Linda Carey (W35)	Unatt	57-5119W	

86	6	Bethan Lant	TVH	60-1620W	11W
87	18	Margaret Kelly (W35)	Unatt	60-1821W	
88	26	Paula Rainsborough (W45)	Unatt	62-1122W	
89	28	Lesley Shannon	Unatt	62-5023W	
90	20	Sarah Mapp	Unatt	62-5024W	
91	29	Katryna Turner	Serpentine	64-0725W	

Prizes in the Mens Open Race

1. Ty Berg (Mornington Chasers)
2. Paul Cuddihy (Hillingdon)
3. Martin Potter (London Heathside)

Medallists in the Middlesex Championships for Men

1. Ty Berg (Mornington Chasers)
2. Paul Cuddihy (Hillingdon)
3. Martin Potter (London Heathside)

Team Positions in the Middlesex Championships for Men

- 1.London Heathside (3-4-14-15) 36
- 2.Thames Valley Harriers (8-9-28(V)-30) 75
- 3.Serpentine (16-22-27(V)-33(V) 98

Veterans Individual Medallists in the Middlesex Championships for Men

M40 1.Paul Lemmon (London Heathside)

2.Chris Bailey (Highgate)

3.Peter Warburton (Hillingdon)

M50 1.Bill Birmingham (London Heathside)

2.F.Nolan (QPH)

M60 No Entries

Veterans Team Positions in the Middlesex Championships for Men

- 1.Hillingdon (12-19-20-24) 75
- 2.London Heathside (5-18-23-29) 75
- 3.QPH (21-25-36-39) 121

Prizes in the Womens Open Race

- 1.Lauren Williams (TVH)
- 2.Jacqueline Watt (London Heathside)
- 3.Zoe Melling (Unatt)

Medallists in the Middlesex Championships for Women

- 1.Lauren Williams (TVH)
- 2.Jacqueline Watt (London Heathside)
- 3.Alison Tingle (TVH)

Team Positions in the Middlesex Championships for Women

- 1.Thames Valley Harriers (1-3-4 -10) 18

Veterans Individual Medallists in the Middlesex Championships for Women

W35 1.Alison Tingle (TVH)

W45 1.Sarah Newton (Serpentine)

W55 1.Maureen Fitzgerald (TVH)