



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Senior Men - 12,000m (approx)

Position	Time	Number	Name	Club
1	41:58	158	Chris Smith	TVH
2	42:15	201	Robert Thompson	Hillingdon
3	42:35	95	Tom Aldred	Ldn.Heathside
4	42:39	77	Robert Wilson	ESM
5	42:41	24	Henry Dodwell	Highgate
6	43:20	47	Matthew Carey	Harrow
7	43:28	192	James Laing	Hillingdon
8	43:36	155	Sean Renfer	TVH
9	43:50	34	Ryan McKinlay	Highgate
10	43:55	182	Anupam Das	Hillingdon
11	43:59	219	Bertie Powell (W.Grn)	Individual
12	44:22	141	Hugh Torry	Serpentine
13	44:28	46	Alan Wray	Harrow
14	44:35	200	Daniel Thompson	Hillingdon
15	44:41	35	Luke McMillan	Highgate
16	44:50	41	Stephen Whiting	Highgate
17	44:53	49	Peter Norris	Harrow
18	45:05	173	Martin Bateman	Hillingdon
19	45:14	167	Jose Manuel Pabon	Ealing Eagles
20	45:16	209	Tom Heslop	VPH&THAC
21	45:21	20	Chris Beecham	Highgate
22	45:36	224	Adam Villard (St.Marys)	Individual
23	45:42	162	James Tomlinson	TVH
24	45:54	114	Yari Fontebasso	Serpentine
25	46:04	210	Sam Humphrey	VPH&THAC
26	46:23	212	Alun Myers	VPH&THAC
27	46:32	100	Dan Mckeown	Ldn.Heathside
28	46:39	153	Stephen Norris	TVH
29	46:41	80	Anthony Hall	Ldn.Heathside
30	46:45	221	Paul Simons (SBH)	Individual
31	46:54	196	Richard Mann	Hillingdon
32	47:02	84	Julian Ferraro	Ldn.Heathside
33	47:14	48	Matthew Judson	Harrow
34	47:22	206	Neil Cook	VPH&THAC
35	47:28	178	Edward Campbell	Hillingdon
36	47:31	168	Ricardo Agostinho	Ealing Eagles
37	47:34	79	Christopher Hartley	Ldn.Heathside
38	47:35	216	Ian Warren	VPH&THAC

39	47:36	74	Jonathan Lane	ESM
40	47:45	28	Nick Gold	Highgate
41	47:48	160	Ali Yahye	TVH
42	47:59	157	Peter Scannell	TVH
43	48:02	98	Howard Gold	Ldn.Heathside
44	48:06	217	Daire Brennan (E&H)	Individual
45	48:09	122	Jamie Hogg	Serpentine
46	48:25	161	Mark Palser	TVH
47	48:28	50	Graeme Jones	Harrow
48	48:36	195	James Manley	Hillingdon
49	48:54	151	Henry Hughes	TVH
50	49:08	58	Mike Stapleton	Barnet
51	49:09	61	Toby Lonergan	West 4
52	49:31	220	Ronan Breen (SBH)	Individual
53	49:34	185	Tom Hall	Hillingdon
54	49:35	32	Baard Lyngnes	Highgate
55	49:38	204	Simeon Bennett	VPH&THAC
56	49:42	213	Stephen Shanks	VPH&THAC
57	49:45	69	Mark Delahunty	ESM
58	49:54	97	Alex Weatherill	Ldn.Heathside
59	49:56	102	Norman Mitchell	Ldn.Heathside
60	50:07	110	Ben Cope	Serpentine
61	50:09	183	Scott Farley	Hillingdon
62	50:16	44	Chris Finill	Harrow
63	50:17	105	John Flahive	Ldn.Heathside
64	50:20	127	Raoul Mansukhani	Serpentine
65	50:26	180	Simon Connell	Hillingdon
66	50:47	118	Brendan Greene	Serpentine
67	51:10	99	Simon Nash	Ldn.Heathside
68	51:14	89	Tom Fancett	Ldn.Heathside
69	51:16	68	Robert Brown	ESM
70	51:20	113	James Evans	Serpentine
71	51:36	193	Paul Leppard	Hillingdon
72	51:52	186	Steve Hiron	Hillingdon
73	51:53	88	Andy Owen	Ldn.Heathside
74	51:56	205	Richard Bryant	VPH&THAC
75	51:58	54	David Wilcock	Barnet
76	52:02	117	Ivan Gowan	Serpentine
77	52:04	6	Michael Dmitrzak	QPH
78	52:16	87	David Hollard	Ldn.Heathside
79	52:24	85	Pete Crockford	Ldn.Heathside
80	52:25	159	Philip Wetton	TVH
81	52:32	148	Manuel Da Silva	TVH
82	52:37	104	James Josephs	Ldn.Heathside
83	52:44	115	Gilbert Francourt	Serpentine
84	52:48	139	Michael Stainton	Serpentine
85	52:48	5	Joao Diogo	QPH
86	53:10	197	David Newman	Hillingdon
87	53:20	29	Dan Higgins	Highgate
88	53:27	23	Jon Deane	Highgate
89	53:29	94	Matt Fassnidge	Ldn.Heathside

90	53:31	222	Anthony Budarkiewicz(K.Poly)	Individual
91	53:32	30	Leo Kirkhaar	Highgate
92	53:35	40	Nick Stockman	Highgate
93	53:39	62	Martin Gillies	West 4
94	53:40	38	Steve Scruton	Highgate
95	53:44	146	Jermaine Carter	TVH
96	54:06	78	Tom Yates	ESM
97	54:13	3	Simon Brotherson	QPH
98	54:13	144	Richard Bell	TVH
99	54:20	140	Richard Taylor	Serpentine
100	54:30	106	Paul Lemmon	Ldn.Heathside
101	54:31	145	Lee Benjamin	TVH
102	54:40	36	Stephen Meredith	Highgate
103	54:41	194	Andrew Malyan	Hillingdon
104	54:49	218	Tim Wigley (Bourne Town)	Individual
105	54:52	70	Peter Drew	ESM
106	55:32	174	John Bignell	Hillingdon
107	55:36	15	John Lynch	Morn.Chasers
108	55:55	63	Will Sutton	West 4
109	55:59	31	Kevin Lineham	Highgate
110	56:06	96	Simon Hazel	Ldn.Heathside
111	56:09	207	Jacob Eisler	VPH&THAC
112	56:12	82	Carl Heap	Ldn.Heathside
113	56:21	55	Michael Martin	Barnet
114	56:34	135	James Richens	Serpentine
115	56:47	67	Eamon Bradley	ESM
116	56:47	199	Martin Searle	Hillingdon
117	56:51	198	Daren Roscoe	Hillingdon
118	56:55	190	Michael Ingram	Hillingdon
119	57:08	56	Mel Davies	Barnet
120	57:36	75	Ian Leslie	ESM
121	57:53	126	Alex Malzer	Serpentine
122	57:53	166	Dave Chryssides	Ealing Eagles
123	58:16	147	Richard Charney	TVH
124	58:36	163	Kieran Santry	Ealing Eagles
125	58:49	150	Richard Hooley	TVH
126	58:59	177	Dean Burch	Hillingdon
127	59:03	142	Robert Whitmarsh	Serpentine
128	59:35	53	Peter Ellis	Barnet
129	59:54	59	Laurence Scheyuens	Barnet
130	60:48	72	Robert Howells	ESM
131	61:24	176	Jason Bridgend	Hillingdon
132	61:30	51	Kevin Concannon	Harrow
133	61:45	10	Martin Hill	QPH
134	61:50	103	Nicholas Skipper	Ldn.Heathside
135	62:18	4	Gregory Comboy	QPH
136	62:18	1	Andy Angus	QPH
137	62:41	52	John Clarke	Barnet
138	63:14	214	David Shortridge	VPH&THAC
139	63:55	172	Dan Houghton	Ealing Eagles
140	63:58	13	Gary Homewood	Morn.Chasers

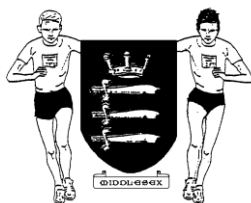
141	64:05	120	David Hinds	Serpentine
142	64:54	152	Simon Maddison	TVH
143	66:01	170	Anthony Austin	Ealing Eagles
144	66:04	64	Keith Simpson	West 4
145	69:26	169	Paul Roberts	Ealing Eagles
146	73:54	203	Alan Wells	Hillingdon
147	76:42	16	Robert Howe	Morn.Chasers
148	78:47	184	Brian Feldman	Hillingdon

**Team Result:**

1. Hillingdon (2, 7, 10, 14, 18, 31) = 82
2. Highgate (5, 9, 15, 16, 21, 40) = 106
3. TVH (1, 8, 23, 28, 41, 42) = 143
4. Lon Heathside (3, 27, 29, 32, 37, 43) = 171
5. VPH&THAC (20, 25, 26, 34, 38, 55) = 198
6. Serpentine (12, 24, 45, 60, 64, 66) = 271
7. ESM (4, 39, 57, 69, 96, 105) = 370
8. Ealing Eagles (19, 36, 122, 124, 139, 143) = 583
9. Barnet (50, 75, 113, 119, 128, 129) = 614

**12 to score (first team outside first 3 teams above):**

1. Lon Heathside (3, 27, 29, 32, 37, 43, 58, 59, 63, 67, 68, 73) = 559



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 20 Men - 8,000m (approx)

Position	Time	Number	Name	Club
1	29:53	471	Bradley Goater *	WSEH
2	31:56	454	Nicholas Landau	ES&M
3	31:56	456	Ben Waterman *	ES&M
4	32:00	453	Mohamed Hashi *	ES&M
5	33:05	473	Eoin O'Brien *	WSEH
6	34:30	469	Miron Woldemichael	Ldn.Heathside
7	35:04	450	Mark Cameron *	ES&M
8	35:13	476	Ben Boxer (Barnet) *	Individual
9	36:15	468	Melvin Wachira	Ldn.Heathside
10	37:16	465	Daniel Szajna *	Ldn.Heathside
11	37:21	449	Akira Anzai-Jackson *	ES&M
12	44:02	475	Fahad Abdi (TVH)	Individual

**Team Result:**

1. ESM (2, 3, 4) = 9
2. Lon Heathside (6, 9, 10) = 25

\* denotes athlete eligible for selection to C.A.U.



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 17 Men - 6,000m (approx)

Position	Time	Number	Name	Club
1	19:21	480	Jamie Finnigan	WSEH
2	19:32	479	Jivendra Singh	WSEH
3	19:35	461	Sam Wilson	SBH
4	19:38	452	David Gaskin	Trent Park
5	19:41	451	Sam Shindler-Glass	ES&M
6	19:45	481	Asdan O'Brien	WSEH
7	19:52	443	Benjamin Gibbons	St.Marys-Richmond
8	19:57	478	Ruben Vos	Hillingdon
9	20:00	444	Sathira Don	St.Marys-Richmond
10	20:29	435	Toby Clyde	TVH
11	20:42	449	Malik Ouzia	ES&M
12	20:49	447	Zephon Allen	ES&M
13	21:03	450	Duncan Pinder	ES&M
14	21:09	438	Robert Vallance	TVH
15	21:14	462	Callum McCormick	SBH
16	21:29	458	James Wooldridge	Ldn.Heathside
17	21:36	486	Joel Hargreaves	E&H
18	21:38	477	Jack Treanor	Hillingdon
19	21:51	448	Sam Mcgonigle	ES&M
20	21:51	465	Lewis Hawkins	Harrow
21	22:12	446	Robert Eveson	St.Marys-Richmond
22	22:30	464	Jonathan Hill	Harrow
23	22:33	484	Nathan Elemen	E&H
24	22:37	439	George Roberts	TVH
25	22:52	466	Cathal Holloway	Harrow
26	23:00	475	Sam Lloyd	Hillingdon
27	23:22	437	Joe Gilbert	TVH
28	23:27	476	Dominic Speight	Hillingdon
29	23:36	467	Jack Rowlands	Harrow
30	23:48	487	Fryderyk Dutton (VPH&THAC)	Individual
31	24:25	468	Sam Fenn	Harrow
32	25:02	453	Arjun Trivedi	Trent Park
33	25:17	454	Mac Argent-Bowie	Trent Park
34	25:39	472	Peter Laing	Highgate
35	28:00	469	Sean Peel	Harrow

#### Team Results:

1. WSEH (1, 2, 6) = 9
2. ESM (5, 11, 12) = 28
3. St. Mary's (7, 9, 21) = 37
4. TVH (10, 14, 24) = 48

5. Hillingdon (8, 18, 26) = 52
6. Harrow (20, 22, 25) = 67
7. Trent Park (4, 32, 33) = 69



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 15 Boys - 4,000m (approx)

Position	Time	Number	Name	Club
1	15:33	1	Mukhtar Farah	ES&M
2	15:37	62	Youcef Harizi	E&H
3	15:37	68	Patrick Goffey (St.Marys)	Individual
4	15:42	33	Khalid Ali-Ahmed	SBH
5	15:44	69	Aaron Farr (St. Marys)	Individual
6	15:55	18	Thomas McArdle	Trent Park
7	15:57	43	Terry Fawden	Highgate
8	16:01	21	Daniel Carpenter	Trent Park
9	16:04	44	Ben Hatch	Highgate
10	16:17	7	Rashid Riyad	ES&M
11	16:18	11	Brett English	TVH
12	16:35	49	James Millett	Highgate
13	16:36	13	Karim Mahaddine	TVH
14	16:37	14	Abraham Mendes Da Costa	TVH
15	16:38	32	James Brenna	SBH
16	17:02	16	Charles Sillett	TVH
17	17:04	29	Johnny Naylor	Ldn.Heathside
18	17:12	6	Bradely Pinder	ES&M
19	17:17	45	Alex Machin-Paley	Highgate
20	17:22	37	Toby McDermott	Harrow
21	17:43	38	Matthew Cursons	Harrow
22	17:57	24	Joseph Young	Trent Park
23	18:24	65	Luke Garwood	E&H
24	18:34	34	Ashvin Kuri	SBH
25	18:35	22	Jawad El-Amri	Trent Park
26	18:37	23	Finn Cromwell-Sweeny	Trent Park
27	18:42	57	Josh Malyan	Hillingdon
28	18:49	25	Kieran Collins	Trent Park
29	18:55	12	James Horrex	TVH
30	18:58	19	Ben Beckwith	Trent Park
31	19:00	46	Ivan D'Avione	Highgate
32	19:09	3	Sam Loveless	ES&M
33	19:09	51	Harry Beckenham	Hillingdon
34	19:10	35	Hamza Ahmed	SBH
35	19:12	20	Callum Hughes	Trent Park
36	19:12	28	Mason Dietrich	Ldn.Heathside
37	19:16	53	Joseph Doyle	Hillingdon
38	19:18	36	Lewis Campbell	Harrow



39	19:18	31	Harry Vinall-Smeeth	Ldn.Heathside
40	19:30	66	Jake Caillis (Orion)	Individual
41	22:49	27	Alex Chowdahern	Ldn.Heathside

**Team Result:**

1. Highgate (7, 9, 12) = 28
2. ESM (1, 10, 18) = 29
3. Trent Park (6, 8, 22) = 36
4. TVH (11, 13, 14) = 38

5. SBH (4, 15, 24) = 43
6. Harrow (20, 21, 38) = 79
7. Lon Heathside (17, 36, 39) = 92
8. Hillingdon (27, 33, 37) = 97



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 13 Boys - 3,000m (approx)

Position	Time	Number	Name	Club
1	10:36	179	Nile McKenzie (VPH&THAC)	Individual
2	10:46	103	John Field	ES&M
3	11:05	112	Lucillo Burrell	TVH
4	11:09	181	Joe Killip (WSEH)	Individual
5	11:16	110	Nicholas Cowley-Andrea	TVH
6	11:26	161	Dempster Fawden	Highgate
7	11:29	134	Willam McArdle	Trent Park
8	11:30	176	Freddy Curtis	E&H
9	11:30	123	Benjamin Taylor	St.Marys-Richmond
10	11:34	141	Isaac Costley	Ldn.Heathside
11	11:44	111	Maximilian Buckley	TVH
12	11:48	113	George Goodhart	TVH
13	11:52	127	Jamie Bird	St.Marys-Richmond
14	11:56	104	George Kerry	ES&M
15	11:59	121	Nathan Farr	St.Marys-Richmond
16	12:01	142	Liam Garrett	Ldn.Heathside
17	12:02	143	Luke Gray	Ldn.Heathside
18	12:03	102	Marcus Browne	ES&M
19	12:05	180	Joshua Adolphe (VPH&THAC)	Individual
20	12:06	152	Timothy Fenn	Harrow
21	12:07	105	Patrick Owen	ES&M
22	12:07	146	Samkyu Smart	SBH
23	12:11	107	Freddie Scarborough	ES&M
24	12:13	175	Luke Bluemink	E&H
25	12:20	170	Michael How	Hillingdon
26	12:29	174	Ben Sullivan	Hillingdon
27	12:33	119	Oliver Weintraub	TVH
28	12:37	147	Hamza Kadir	SBH
29	12:40	108	Maateo Vao	ES&M
30	12:40	177	Callum Dodds	E&H
31	12:46	144	Tom Mills	Ldn.Heathside
32	12:48	145	Antanas Weston	Ldn.Heathside
33	12:49	168	Daniel Godden	Hillingdon
34	12:54	150	Liam Bunn	Harrow
35	12:56	149	Luke Lee-Cairns	Harrow
36	12:56	151	Cameron Wright	Harrow
37	12:58	160	Solly Butcher	Highgate

38	13:03	116	Oliver Ferrand	TVH
39	13:07	173	Mark Nash	Hillingdon
40	13:09	55	Wrong Number	
41	13:14	106	Bradley Payne	ES&M
42	13:17	132	Alex Bagnall	Team Hounslow
43	13:21	157	Ollie Jones-Hughes	Highgate
44	13:25	140	James Young	Trent Park
45	13:28	139	Oliver McGaghon	Trent Park
46	13:34	133	Tom Bagnall	Team Hounslow
47	13:51	164	Christopher Corker	Hillingdon
48	14:06	101	Luke Adar	ES&M
49	14:08	135	Justin Hoypt	Trent Park
50	14:11	137	Jake Coles	Trent Park
51	14:38	136	Ben Coles	Trent Park
52	14:50	129	Myles Hunt	Team Hounslow
53	15:08	109	Mark Simons	ES&M
54	15:12	115	Noa Schinas	TVH
55	15:47	128	Thomas Knight	Team Hounslow

**Team Result:**

1. TVH (3, 5, 11) = 19
2. ESM (2, 14, 18) = 34
3. St. Mary's (9, 13, 15) = 37
4. Lon. Heathside (10, 16, 17) = 43
5. Enf & Har (8, 24, 30) = 62
6. Hillingdon (25, 26, 33) = 84
7. Highgate (6, 37, 43) = 86
8. Harrow (20, 34, 35) = 89
9. Trent Park (7, 44, 45) = 96
10. Team Hounslow (42, 46, 52) = 140



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Senior Women - 8,000m (approx)

Position	Time	Number	Name	Club
1	32:59	119	Tish Jones (Belgrave)	Individual
2	33:27	53	Becky Penty	Highgate
3	34:23	52	Katie Meredith	Highgate
4	34:28	97	Sarah Swinhoe	Ldn.Heathside
5	35:10	56	Esther Evans	Highgate
6	35:15	98	Sue Rust	Ldn.Heathside
7	35:38	33	Isobel Rea	West 4 H
8	35:45	74	Maren Urner	Serpentine
9	36:15	108	Claire Miller	Ldn.Heathside
10	36:35	32	Hannah Pollack	ESM
11	36:45	113	Jo Singer	VPH&THAC
12	36:52	15	Tracy Barlow	TVH
13	36:53	23	Alison Hopkins	ESM
14	36:55	121	Vicky Dawes (SBH)	Individual
15	37:47	17	Lisa DaSilva	TVH
16	37:57	59	Alexia Trafford	Highgate
17	37:58	76	Grace Wu	Serpentine
18	38:02	19	Fiona Kennedy	ESM
19	38:15	111	Edie Fassnidge	Ldn.Heathside
20	38:20	1	Jane Hansom	QPH
21	38:21	37	Rachel Badham	West 4 H
22	38:26	13	Beth Young	Hillingdon
23	38:27	122	Anne Ridley (SBH)	Individual
24	38:31	70	Helen Palmer	Serpentine
25	38:32	75	Helen Ward	Serpentine
26	38:41	67	Anna Ferguson	Serpentine
27	38:42	55	Louise Faherty	Highgate
28	38:48	103	Claire Morrissey	Ldn.Heathside
29	38:52	104	Elspeth Storrar	Ldn.Heathside
30	38:56	45	Amy Concannon	Harrow
31	39:07	42	Emily Antcliffe	Harrow
32	39:20	85	Fiona Russell	Morn.Chasers
33	39:26	62	Sophie Sheldrake	Highgate
34	39:33	24	Sarah Richardson	ESM
35	39:37	95	Fiona Alston	Ldn.Heathside
36	39:42	14	Jessica Bass	TVH
37	39:48	114	Catherine McLaughlin	VPH&THAC
38	40:01	106	Katherine Viddicombe	Ldn.Heathside

39	40:04	54	Rhonda Munnik	Highgate
40	40:10	99	Bridgit Napleton	Ldn.Heathside
41	40:18	93	Jennifer Watt	Ealing Eagles
42	40:31	82	Jane Nodder	Morn.Chasers
43	40:40	65	Amy Cope	Serpentine
44	41:25	39	Rose Lewis	West 4 H
45	41:38	26	Christine Meek	ESM
46	41:43	83	Camilla Ray	Morn.Chasers
47	41:49	27	Claudia Manera	ESM
48	41:56	73	Catkin Shelley	Serpentine
49	42:02	105	Claire Thornhill	Ldn.Heathside
50	42:10	20	Patricia Thomas	ESM
51	42:13	71	Lisa Petitt	Serpentine
52	42:16	66	Kathy Farthing	Serpentine
53	42:20	21	Carol Jones	ESM
54	42:35	107	Ruth Miller	Ldn.Heathside
55	42:45	84	Avrill Riddell	Morn.Chasers
56	43:03	22	Simonetta Taccuso	ESM
57	43:07	25	Jane Runland	ESM
58	43:11	63	Natasha Cendrowicz	Highgate
59	43:40	40	Louise Ferguson	West 4 H
60	43:48	9	Lesley Conway	Hillingdon
61	43:50	28	Nikki Baker	ESM
62	43:52	101	Jo Irwin	Ldn.Heathside
63	43:53	34	Louise Clark	West 4 H
64	44:10	60	Alex Goodwin	Highgate
65	44:13	18	Kiran Randhawa	TVH
66	44:22	77	Lynne Connolly	Morn.Chasers
67	44:26	112	Joyce Berry	VPH&THAC
68	44:32	7	Jacqui Young	QPH
69	44:56	80	Maki Kimura	Morn.Chasers
70	45:00	79	Delphine Horodyski	Morn.Chasers
71	45:02	29	Mary Walsh	ESM
72	45:26	117	Rachel Morison	VPH&THAC
73	45:43	69	Valerie Metcalf	Serpentine
74	45:47	115	Victoria Poole	VPH&THAC
75	45:57	2	Kathryn Harrington	QPH
76	47:47	100	Gabi Johnson	Ldn.Heathside
77	48:20	58	Sarah Chapman	Highgate
78	49:02	72	Cheryl Sacks	Serpentine
79	49:48	116	Charlotte Ladyman	VPH&THAC
80	50:07	11	Lucy Duncan	Hillingdon
81	50:13	91	Katya Saville	Ealing Eagles
82	50:15	41	Jen Kingwill	West 4 H
83	50:37	81	Rafaele Lamour	Morn.Chasers
84	51:07	118	Elaine Battson	VPH&THAC
85	51:28	5	Amanda Martin	QPH
86	51:28	3	Susan Kennedy	QPH
87	51:55	96	Karen Levene	Ldn.Heathside
88	53:21	30	Helena French	ESM
89	54:01	87	Arlene Gallagher	Ealing Eagles

90	54:27	4	Alice Lester	QPH
91	54:33	38	Liz Randall	West 4 H
92	54:44	89	Sandra Courtney	Ealing Eagles
93	56:01	10	Angela Duncan	Hillingdon

**Team Result :**

1. Highgate (2, 3, 5, 16) = 26
2. Lon Heathside (4, 6, 9, 19) = 38
3. Serpentine (8, 17, 24, 25) = 74
4. ESM (10, 13, 18, 34) = 75
5. TVH (12, 15, 36, 65) = 128
6. West 4 H (7, 21, 44, 59) = 131
7. Mornington Chasers (32, 42, 46, 55) = 175
8. VPH&THAC (11, 37, 67, 72) = 187
9. QPH (20, 68, 75, 85) = 248
10. Hillingdon (22, 60, 80, 93) = 255
11. Ealing Eagles (41, 81, 89, 92) = 303

**Winner of Corlin Trophy :**

Ealing, Southall & Middlesex A.C.



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 17 Women -5,000m (approx)

Position	Time	Number	Name	Club
1	21:25	467	Mary-Alice Davison	WSEH
2	21:56	468	Hannah Vimer (Highgate)	Individual
3	21:59	465	Emily Reeves	WSEH
4	22:33	459	Lily Beckford	Ldn.Heathside
5	23:03	464	Rachel Seckl	Ldn.Heathside
6	25:20	451	Olivia Will	ES&M
7	25:48	450	Katrina Will	ES&M
8	26:18	456	Katie Watkins	Harrow
9	30:11	469	Lily Fawsett (Hill)	Individual

### Under 20 Women - 5,000m (approx)

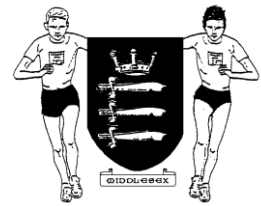
Position	Time	Number	Name	Club
1	22:01	75	Lauren Major *	St.Marys-Richmond
2	22:17	86	Joanna Mobed (TVH) *	Individual
3	22:23	83	Georgia Bell *	SBH
4	22:38	79	Hannah Wells *	Hillingdon
5	22:47	88	Molly Riglin (WSEH)	Individual
6	22:52	87	Christina Hall (WSEH) *	Individual
7	22:59	76	Jocelyn Major *	St.Marys-Richmond
8	24:15	80	Rebecca Walford *	ESM
9	24:26	77	Heather Gibbons *	Hillingdon
10	24:36	85	Suzu Sato *	SBH
11	24:53	82	Nicola Shelley *	ESM
12	26:45	89	Danielle McLennaghan (E&H)	Individual
13	30:51	81	Rachel Walsh *	ESM

#### Team Result:

1. ESM (8, 11, 13) = 32

\* denotes athlete eligible for selection to C.A.U.

# MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET



## Under 15 Girls - 4,000m (approx)

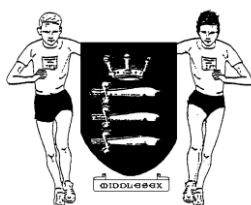
Position	Time	Number	Name	Club
1	17:19	467	Georgia Fear	Highgate
2	17:35	435	Isabel Dye	TVH
3	17:53	438	Madeline Turner	TVH
4	18:15	462	Megan Wilson	Harrow
5	18:33	487	Jade Dos Santos	Trent Park
6	18:49	483	Emma Hatchett	E&H
7	18:55	458	Erica Wallace	ES&M
8	19:05	481	Despina Aslam	E&H
9	19:07	471	Marjolaine Briscoe	Highgate
10	19:09	436	Eve Goodhart	TVH
11	19:14	470	Ellie Doolan	Highgate
12	19:17	454	Courtney Marshall	ES&M
13	19:25	475	Lauren Gee	Ldn.Heathside
14	19:39	482	Caroline Dunnett	E&H
15	19:42	466	Charlotte Byrne	Harrow
16	19:46	465	Madelane Ranaghan	Harrow
17	19:51	446	Chloe Goodson	SBH
18	19:59	480	Rebecca Andreou	E&H
19	20:17	442	Cecily Day	Team Hounslow
20	20:18	477	Ottavia Laidler	Ldn.Heathside
21	20:24	464	Alex Ranaghan	Harrow
22	20:29	479	Genevieve Weston	Ldn.Heathside
23	20:31	468	Lilah Fear	Highgate
24	20:35	445	Emma Dwan	SBH
25	20:41	492	Ninetta Mbonu (VPH&THAC)	Individual
26	20:53	459	Rachel Ayrton	Harrow
27	21:17	461	Maria Hill	Harrow
28	21:35	490	Chelsea Pledge (Hill)	Individual
29	21:40	473	Julia Ruddick-Trentann	Highgate
30	21:42	447	Ellie McNamara	SBH
31	21:51	486	Eva Jones	Trent Park
32	21:52	476	Molly Harrison	Ldn.Heathside
33	22:01	469	Maya Doolan	Highgate
34	22:02	463	Eilesh O'Grady	Harrow
35	22:30	444	Emelia Arbouine	Team Hounslow
36	22:31	460	Amy Merrigan	Harrow
37	22:34	485	Katherine McLennaghan	E&H
38	23:12	488	Abi Gaskin	Trent Park
39	24:10	443	Lucy Shephard	Team Hounslow
40	26:12	457	Besirat Tesfu	ES&M
41	26:47	456	Emma Starkey	ES&M

**Team Result:**



1. TVH (2, 3, 10) = 15
2. Highgate (1, 9, 11) = 21
3. Enf & Har (6, 8, 14) = 28
4. Harrow (4, 15, 16) = 35
5. Lon Heathside (13, 20, 22) = 55

6. ESM (7, 12, 40) = 59
7. SBH (17, 24, 30) = 71
8. Trent Park (5, 31, 38) = 74
9. Team Hounslow (19, 29, 35) = 83



## MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

### Under 13 Girls - 3,000m (approx)

Position	Time	Number	Name	Club
1	11:45	433	India Weir	TVH
2	11:52	432	Charlotte Buckley	TVH
3	11:54	496	Iona Pernthaller	Individual
4	12:09	462	Feia Starkey	ES&M
5	12:12	434	Kosana Weir	TVH
6	12:13	463	Marie Sato	SBH
7	12:16	493	Rachel Connery	E&H
8	12:25	498	Siman Thind (WSEH)	Individual
9	12:28	478	Lucy Fitzpatrick	Highgate
10	12:34	495	Emma Hughes	E&H
11	12:35	474	Selina Bicknell	Harrow
12	12:37	436	Hannah Jusu-Sheriff	TVH
13	12:40	457	Nicola Ravenhill	ES&M
14	12:44	479	Anna Willis	Highgate
15	12:45	477	Cecily Turner	Highgate
16	12:57	439	Verity Walker	TVH
17	12:59	450	Harriet Johnson	St.Marys Richmond
18	13:02	428	Matilda Ferrand	TVH
19	13:13	431	Reagan Readinger	TVH
20	13:31	484	Anna Gizzi	Hillingdon
21	13:37	455	Roisin Lynch	ES&M
22	13:42	481	Emma Willets	Highgate
23	13:49	448	Isolde Goffey	St.Marys Richmond
24	13:53	492	Isabelle Boffey	E&H
25	13:54	454	Maryam Hussain	ES&M
26	13:56	473	Rachel Haddow	Harrow
27	13:59	446	Bonnita Francis-Hutson	Team Hounslow
28	14:04	458	Laura Stewart	ES&M
29	14:10	442	Evie Harwood	Team Hounslow
30	14:13	459	Cameron Thomas	ES&M
31	14:17	443	Erin Shevlin	Team Hounslow
32	14:24	490	Laura Stewart	VPH&THAC
33	14:28	476	Tara Das	Harrow
34	14:28	467	Phoebe Crockford	Ldn.Heathside
35	14:29	472	Natasha Dixon	Harrow
36	14:32	460	Leah Kelly	ES&M
37	14:33	497	Amy-Rose Reeves (WSEH)	Individual

38	14:33	486	Hayley Philpott	Hillingdon
39	14:38	441	Aoife Heather	Team Hounslow
40	14:48	429	Sarah Goodhart	TVH
41	14:58	440	Michelle Kostin	TVH
42	15:23	453	Shiva Basu	ES&M
43	15:36	489	Nomeda Laukyte	VPH&THAC
44	15:38	485	Kirsty O'Rourke	Hillingdon
45	15:40	469	Isabelle Harvey	Ldn.Heathside
46	16:45	461	Beatriz Kretteis	ES&M
47	16:46	456	Emma Purcell	ES&M
48	16:56	475	Alannah McGrath	Harrow
49	17:15	445	Kelisha Johnson	Team Hounslow
50	18:44	468	Rachel Finke	Ldn.Heathside

**Team Result:**

1. TVH (1, 2, 5) = 8
2. Highgate (9, 14, 15) = 38
3. ESM (4, 13, 21) = 38
4. E&H (7, 10, 24) = 41
5. Harrow (11, 26, 33) = 70
6. Team Hounslow (27, 29, 31) = 87
7. Hillingdon (20, 38, 44) = 102
8. Lon Heathside (34, 45, 50) = 129