



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Senior Men - 12,000m (approx)

Position	Time	Number	Name	Club
1	39:59	49	Antonio Silva	QPH
2	40:02	80	Paul Martelletti	VPH&THAC
3	41:05	63	Mohamed Mohamed	TVH
4	41:40	69	Chris Smith	TVH
5	41:45	158	James Laing	Hillingdon
6	41:52	177	Will Ryle-Hodges	SBH
7	42:07	171	Rob Thompson	Hillingdon
8	42:26	128	Sam Ashcroft	ESM
9	42:29	178	Tom Aldred	L.Heathside
10	42:37	20	Richard Martin Philipps	Serpentine
11	42:48	136	Robert Wilson	ESM
12	42:52	12	Alan Wray	Harrow
13	42:56	3	Bertie Powell	W.Green
14	43:03	5	Tim Haughian	WSEH
15	43:27	146	Daniel Dalmedo	Hillingdon
16	43:40	96	Jonny Laybourne	Highgate
17	43:45	65	Sean Renfer	TVH
18	44:03	78	Sam Humphrey	VPH&THAC
19	44:05	100	John McKeane	Highgate
20	44:22	9	Jim Cooper	Harrow
21	44:38	7	Christopher Dettmar	Headington RR
22	44:51	10	Matt Judson	Harrow
23	45:07	8	Matt Carey	Harrow
24	45:25	112	Adam Villard	St.Marys
25	45:31	203	Steve Monaghan	L.Heathside
26	45:33	52	Daniel Allport	TVH
27	45:55	214	George Stewart	L.Heathside
28	45:58	106	Mark Townsend	Highgate
29	46:04	24	Daniel Del Palo	Serpentine
30	46:12	77	Tom Heslop	VPH&THAC
31	46:15	26	Andrew Reeves	Serpentine
32	46:19	88	Duncan Burbridge	Highgate
33	46:31	206	Daniel McKeown	L.Heathside
34	46:33	55	Manuel Da Silva	TVH
35	46:34	67	Peter Scannell	TVH
36	45:37	216	Michael Stocks	L.Heathside
37	46:49	141	Edward Campbell	Hillingdon
38	46:52	89	Tom Christopher	Highgate

39	47:03	207	Simon Nash	L.Heathside
40	47:23	132	Stephen Elson	ESM
41	47:24	28	Yari Fontebasso	Serpentine
42	47:25	99	Jack Matthewman	Highgate
43	47:26	149	Scott Farley	Hillingdon
44	47:29	116	Jose Manuel Pabon	Ealing Eagles
45	47:32	170	Daniel Thompson	Hillingdon
46	47:35	13	Chris Finill	Harrow
47	47:40	46	Tim Muir	QPH
48	47:53	74	Simeon Bennett	VPH&THAC
49	47:55	198	Chris Jones	L.Heathside
50	47:56	189	Anthony Hall	L.Heathside
51	47:58	180	Mark Anderson	L.Heathside
52	48:05	94	Nick Gold	Highgate
53	48:11	182	Andrew Brooker	L.Heathside
54	48:16	76	Neil Cook	VPH&THAC
55	48:19	183	John Driscoll	L.Heathside
56	48:21	155	Chris Ingram	Hillingdon
57	48:22	186	John Flahive	L.Heathside
58	48:24	107	Michael Ussher	Highgate
59	48:32	196	Howard Gold	L.Heathside
60	48:36	176	Robert Rigby	SBH
61	48:39	62	Andrew Mitchell	TVH
62	48:41	217	Andy Welshman	L.Heathside
63	48:50	218	Phil Wright	L.Heathside
64	48:53	138	Martin Bateman	Hillingdon
65	49:01	179	Steve Armstrong	L.Heathside
66	49:11	32	Sergio Gonzalez Manzanegu	Serpentine
67	49:17	15	Peter Norris	Harrow
68	49:19	162	James Manley	Hillingdon
69	49:23	175	Leslie Odamitten-Addy	SBH
70	49:01	184	Gavin Evans	L.Heathside
71	49:48	51	Fahad Abdi	TVH
72	49:51	221	Alex Weatherill	L.Heathside
73	49:53	166	Alex Ozdemir	Hillingdon
74	49:58	37	Ben Albon	QPH
75	49:59	129	Mark Delahunty	ESM
76	50:03	190	Chris Hartley	L.Heathside
77	50:03	53	Simon Baptist	TVH
78	50:09	173	Christopher Woolley	Hillingdon
79	50:15	43	Joao Diogo	QPH
80	50:17	98	Baard Lyngnes	Highgate
81	50:19	204	Stuart Meiklejohn	L.Heathside
82	50:23	82	Duncan Steen	VPH&THAC
83	50:27	185	Matt Fassnidge	L.Heathside
84	50:30	137	Tom Yates	ESM
85	50:34	145	Simon Connell	Hillingdon
86	50:36	27	Barney Southin	Serpentine
87	50:42	59	Henry Hughes	TVH
88	50:46	197	Tony Killilea	L.Heathside
89	50:53	130	Andrew Dodd	ESM

90	50:58	165	David Newman	Hillingdon
91	51:06	115	Tom Corbett	Ealing Eagles
92	51:07	159	Paul Leppard	Hillingdon
93	51:23	36	Peter Brophy	Serpentine
94	51:24	192	Dominic Jackson	L.Heathside
95	51:37	56	David Franks	TVH
96	51:37	79	David Jones	VPH&THAC
97	51:46	134	Ian Leslie	ESM
98	51:49	16	Jon Kyte	Harrow
99	51:58	75	Richard Bryant	VPH&THAC
100	51:59	110	Owen Thind	Kent AC
101	51:59	97	Joseph Lowe	Highgate
102	52:06	83	David Wilkey	VPH&THAC
103	52:11	35	Tom Groves	Serpentine
104	52:19	19	Fraser Johnson	Serpentine
105	52:33	157	Richard Jenkin	Hillingdon
106	52:35	202	Joseph McKeown	L.Heathside
107	52:42	210	Rob Shulman	L.Heathside
108	52:45	34	Michael Stainton	Serpentine
109	52:58	191	Simon Hazel	L.Heathside
110	53:32	123	Luke Callis	Orion
111	53:48	23	Hector Cortes	Serpentine
112	53:57	31	Raoul Mansukhani	Serpentine
113	54:02	181	Brian Boyle	L.Heathside
114	54:16	127	Michael Martin	Barnet
115	54:28	131	Peter Drew	ESM
116	54:33	167	Andrew Paterson	Hillingdon
117	54:40	44	Andrew Galligan	QPH
118	54:50	70	Adrian Thompson	TVH
119	55:12	161	Andrew Malyan	Hillingdon
120	55:39	71	Mervyn Walker	TVH
121	55:40	21	Robert Whitmarsh	Serpentine
122	55:41	50	Nicholas Stallman	QPH
123	55:53	39	Andy Angus	QPH
124	55:59	30	Gideon Reid	Serpentine
125	56:30	139	Dean Burch	Hillingdon
126	56:32	111	Will Sutton	West 4 Harriers
127	56:36	58	Richard Hooley	TVH
128	56:56	105	Nick Stockman	Highgate
129	57:14	29	Alex Malzer	Serpentine
130	57:17	103	John O'Shea	Highgate
131	58:14	208	Leo Pemberton	L.Heathside
132	58:27	213	Nick De Sausmarez	L.Heathside
133	58:42	153	Michael Howard	Hillingdon
134	58:45	211	Charles Redfearn	L.Heathside
135	59:30	156	Michael Ingram	Hillingdon
136	59:46	120	Ben Cale	Ealing Eagles
137	59:47	2	Ant Budarkiewicz	Kingston & Poly
138	60:03	54	Richard Charney	TVH
139	60:21	209	Oliver Pound	L.Heathside
140	60:41	133	Darren Halford	ESM

141	60:45	195	Chip Hamer	L.Heathside
142	60:51	38	Lee Anderson	QPH
143	60:51	68	Jason Swards	TVH
144	60:56	220	Patrick Waldron	L.Heathside
145	61:08	135	Andy Leung	ESM
146	61:13	113	Thomas Martini	Ealing Eagles
147	62:02	215	Andrew Sulston	L.Heathside
148	62:19	114	Baljit Dhanda	Ealing Eagles
149	62:28	119	Mark Cassidy	Ealing Eagles
150	62:36	118	Andrew McFarlane	Ealing Eagles
151	62:53	140	Bob Burton	Hillingdon
152	63:43	6	Matthew Sleeman	Ind
153	64:12	42	Gregory Comboy	QPH
154	64:55	124	John Clarke	Barnet
155	65:06	48	Reyane Smart	QPH
156	65:21	121	Chris Fenton	Ealing Eagles
157	66:08	40	Tim Barlow	QPH
158	67:09	160	John Luscombe	Hillingdon
159	68:21	81	David Shortridge	VPH&THAC
160	69:18	148	John Doyle	Hillingdon
161	69:25	164	Paul Martin	Hillingdon
162	73:00	150	Brian Feldman	Hillingdon
163	73:26	188	Bob Gould	L.Heathside
164	74:38	122	Paul Roberts	Ealing Eagles
165	76:56	60	Simon Maddison	TVH

Team Result:

1. TVH (3, 4, 17, 26, 34, 35) = 119
2. Hillingdon (5, 7, 15, 37, 43, 45) = 152
3. Highgate (16, 19, 28, 32, 38, 42) = 175
4. Harrow (12, 20, 22, 23, 46, 67) = 190
5. L.Heathside (9, 25, 27, 33, 36, 39) = 199
6. VPH&THAC (2, 18, 30, 48, 54, 82) = 234
7. Serpentine (10, 29, 31, 41, 66, 86) = 263
8. ESM (8, 11, 40, 75, 84, 89) = 307
9. QPH (1, 47, 74, 79, 117, 122) = 440
10. Ealing Eagles (44, 91, 136, 146, 148, 149) = 714

12 to score (first team outside first 3 teams above):

1. L.Heathside (9, 25, 27, 33, 36, 39, 49, 50, 51, 53, 55, 57) = 514



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 20 Men - 8,000m (approx)

Position	Time	Number	Name	Club
1	30:52	83	Eoin O'Brien	WSEH
2	31:08	72	Max Wells-Pestall	ESM
3	31:35	87	Jonathan Collier	Harrow
4	31:39	73	Jowed Saissi	Hillingdon
5	32:57	77	Sam Wilson	SBH
6	33:02	93	Benjamin Gibbons	St.Marys
7	33:06	90	Robert Vallance	TVH
8	33:14	86	Rizwaan Malik	Harrow
9	33:18	94	Ben Boxer	Barnet
10	34:05	91	Sathira Don	St.Marys
11	35:11	89	Bashir Mohammed	TVH
12	35:26	80	Daniel Szajna	L.Heathside
13	35:46	92	Robert Eveson	St.Marys
14	36:48	74	Dominic Speight	Hillingdon
15	40:36	70	Akira Anzai-Jackson	ESM

Team Result:

1. St.Marys (6, 10, 13) = 29

MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 17 Men - 6,000m (approx)

Position	Time	Number	Name	Club
1	19:05	504	Jamie Finnigan	WSEH
2	19:23	505	Aedan O'Brien	WSEH
3	19:52	535	Toby Clyde	TVH
4	19:58	527	Daniel Carpenter	Trent Park
5	20:13	552	Harry Matthews	St.Marys
6	20:16	510	Sam Willis	Highgate
7	20:26	506	Jivendra Singh	WSEH
8	20:29	531	Khalid Ali-Ahmed	SBH
9	20:43	554	Aaron Farr	St.Marys
10	20:49	541	James Wooldridge	L.Heathside
11	21:09	533	Billy Kelsey	SBH
12	21:15	536	Joseph Cooper	TVH
13	21:18	521	Mukhtar Farah	ESM
14	21:28	503	Patrick Goffey	WSEH
15	21:37	542	Johnny Naylor	L.Heathside
16	21:46	528	Jawad El-Amri	Trent Park
17	22:27	553	Peter Christian	St.Marys
18	22:42	507	Luke Garwood	E&H
19	22:45	516	Sam Fenn	Harrow
20	22:48	539	Alexander Khiaf	TVH
21	22:51	513	Frederic Cryan	Harrow
22	23:25	517	Jonathan Hill	Harrow
23	23:30	548	Jacob Phillips	L.Heathside
24	23:50	525	Raunak Mainali	ESM
25	23:54	529	Arjun Trivedi	Trent Park
26	24:34	518	Matthew Cursons	Harrow
27	25:14	511	Ivan D'avione	Highgate
28	25:30	524	Conor McCarthy	ESM
29	25:55	537	James Horrex	TVH
30	27:08	538	Kieran Lyons	TVH
31	28:22	514	Jack Rowlands	Harrow

Team Results:

1. WSEH (1, 2, 7) = 10
2. St.Marys (5, 9, 17) = 31
3. TVH (3, 12, 20) = 35
4. Trent Park (4, 16, 25) = 45
5. L.Heathside (10, 15, 23) = 48
6. Harrow (19, 21, 22) = 62
7. ESM (13, 24, 28) = 65

MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 15 Boys - 4,000m (approx)

Position	Time	Number	Name	Club
1	15:29	421	Terry Fawden	Highgate
2	15:51	472	Jake Callis	Orion
3	15:54	447	Thomas McArdle	Trent Park
4	15:55	454	Lucillo Burrell	TVH
5	16:00	420	Dempster Fawden	Highgate
6	16:02	457	Karim Mahiddine	TVH
7	16:13	434	David Keto	L.Heathside
8	16:15	469	John Fielding	ESM
9	16:27	422	Esteban Ghrous	Highgate
10	16:29	448	Joseph Young	Trent Park
11	16:49	414	Mario Efstathiou	E&H
12	16:50	446	William McArdle	Trent Park
13	17:00	449	Hamza Kadir	SBH
14	17:05	464	Oscar Crowe	St.Marys
15	17:24	428	Brandon Filby	Harrow
16	17:26	412	Greg Atkins	Orleans Pk sch
17	17:29	410	Isaac Osofisan	VPH&THAC
18	17:31	426	Adam Stewart	Highgate
19	17:37	458	Abraham Mendes Da Costa	TVH
20	17:44	416	Joe Killip	WSEH
21	17:49	429	Albie Tremlett	Harrow
22	17:52	474	Kirk O'Rourke	Hillingdon
23	17:56	475	Abdirahman Hamud	Hillingdon
24	18:17	425	Arnold Harrison	Highgate
25	18:19	430	Jaouhar Karmoun	Harrow
26	18:19	437	Jake Reynolds	L.Heathside
27	18:33	441	Luke Gray	L.Heathside
28	18:45	453	Maximillan Buckley	TVH
29	18:45	415	Jamie Hamilton	E&H
30	18:50	461	Richard Vallance	TVH
31	18:52	431	Tim Fenn	Harrow
32	18:53	444	Ben Beckwith	Trent Park
33	19:21	476	Nathan Farr	St.Marys
34	19:29	439	Antanas Weston	L.Heathside
35	19:36	456	Jake Hooley	TVH
36	19:52	465	Dean Martin	St.Marys
37	19:55	477	Benjamin Taylor	St.Marys
38	20:03	445	Joey Malyon	Trent Park
39	20:04	478	Michael How	Hillingdon
40	20:05	443	Ryan Alexander	Trent Park
41	20:09	471	Eliot Stewart	ESM
42	20:11	466	Luke Adar	ESM
43	21:14	409	Ethan Cathrow	VPH&THAC
44	21:50	455	Ethan Bond-Vaughan	TVH

45	21:53	463	Benjamin Hussey	TVH
46	22:26	413	David Bradley	Team Hounslow

Team Result:

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|---------------------------------|---------------------------------|
| 1. Highgate (1, 5, 9) = 15 | 6. Hillingdon (22, 23, 39) = 84 |
| 2. Trent Park (3, 10, 12) = 25 | 7. St.Marys (14, 36, 37) = 87 |
| 3. TVH (4, 6, 19) = 29 | 8. ESM (8, 41, 42) = 91 |
| 4. L.Heathside (7, 26, 27) = 60 | 9. VPH&THAC (17, 33, 43) = 93 |
| 5. Harrow (15, 21, 25) = 61 | |



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

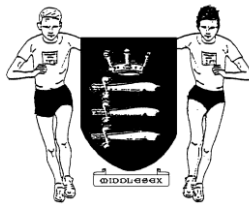
Under 13 Boys - 3,000m (approx)

Position	Time	Number	Name	Club
1	11:09	958	James Young	Trent Park
2	11:11	969	Liam Garrett	L.Heathside
3	11:14	914	Finn Harvey	SBH
4	11:19	942	Lucas Sheehan	ESM
5	11:24	963	Louis Medd	TVH
6	11:30	940	Patrick Owen	ESM
7	11:32	945	Bradley Payne	ESM
8	11:41	925	Ben Scott	Harrow
9	11:44	928	Sam Bickerstaff	Harrow
10	11:45	908	Freddy Curtis	E&H
11	11:50	920	Oliver Haddad	Highgate
12	11:53	916	Callum Anderson	Highgate
13	11:53	961	George Goodhart	TVH
14	11:56	933	Harrison Filby	Harrow
15	12:01	906	Freddy Hodgson	HHH
16	12:03	979	James Forde	Hillingdon
17	12:07	975	Rohan Penney	St.Marys
18	12:09	983	Luca Minale	VPH&THAC
19	12:19	907	Luke Bluemink	E&H
20	12:22	982	Joshua Adolphe	VPH&THAC
21	12:22	976	Joshua Poncia	St.Marys
22	12:33	941	Freddie Scarborough	ESM
23	12:37	937	William Coutts	ESM
24	12:39	932	liam Bunn	Harrow
25	12:43	913	Frank Fox	SBH
26	12:49	974	Emile Hohman	L.Heathside
27	12:49	960	Nicholas Duer	TVH
28	12:50	957	Finlay Sturrock	Trent Park
29	12:53	905	Tom Bagnall	Team Hounslow
30	13:00	924	Daniel Godden	Harrow
31	13:02	909	Jo Lewis	E&H
32	13:05	977	Luke McHugh	Hillingdon
33	13:06	978	Connor Warwick	Hillingdon
34	13:08	965	Guy Kaye	TVH
35	13:08	956	Chris Philippou	Trent Park
36	13:09	946	Guillermo Acosta	Trent Park
37	13:14	904	Alex Bagnall	Team Hounslow

38	13:15	981	Charles Mathias	VPH&THAC
39	13:16	934	Ben Rose-Senior	Harrow
40	13:18	964	Ethan Kaye	TVH
41	13:21	921	Ruben Prenan	Highgate
42	13:21	985	Aaron Hall	Slough Juniors
43	13:24	917	Harvey Dodd	Highgate
44	13:24	951	Justin Houpt	Trent Park
45	13:27	930	Adam Rowlands	Harrow
46	13:30	950	Daniel Gallo	Trent Park
47	13:31	918	Conleth Gallagher	Highgate
48	13:32	915	Shay Kohler	SBH
49	13:33	938	Kane Foster	ESM
50	13:44	943	Maateo Vao	ESM
51	13:46	919	Oran Gallagher	Highgate
52	13:59	953	Edward McArdle	Trent Park
53	14:03	927	Chris Morris	Harrow
54	14:12	955	Lucas Norton	Trent Park
55	14:42	944	Timothy Wallace	ESM
56	14:50	959	Paul Fanning	Haramble Sch
57	14:56	948	Ben Coles	Trent Park
58	14:57	922	Augstin Quarez	Highgate
59	14:58	949	Jake Coles	Trent Park
60	14:59	923	Reynard Daviene	Highgate
61	15:40	980	Joshua Lee	Hillingdon

Team Result:

1. ESM (4, 6, 7) = 17
2. Harrow (8, 9, 14) = 31
3. TVH (5, 13, 27) = 45
4. E&H (10, 19, 31) = 60
5. Trent Park (1, 28, 35) = 64
6. Highgate (11, 12, 41) = 64
7. VPH&THAC (18, 20, 38) = 76
8. SBH (3, 25, 48) = 76
9. Hillingdon (16, 32, 33) = 81



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Senior Women - 8,000m (approx)

Position	Time	Number	Name	Club
1	34:49	391	Sarah Swinhoe	L.Heathside
2	34:51	301	Tracy Barlow	TVH
3	34:52	302	Lisa Da Silva	TVH
4	35:09	365	Katie Meredith	Highgate
5	35:14	309	Sheena Murphy	TVH
6	35:18	387	Florence Bryant	SBH
7	35:27	385	Jo Singer	VPH&THAC
8	36:08	326	Fiona Kennedy	ESM
9	36:15	360	Anna Critchlow	West 4 Harriers
10	36:24	388	Vicky Dawes	SBH
11	36:33	397	Rebecca Bunting	L.Heathside
12	36:55	403	Sue Rust	L.Heathside
13	37:00	386	Rachel Thomas	VPH&THAC
14	37:05	310	Alex Slotwinska	Durham
15	37:21	325	Alison Hopkins	ESM
16	37:46	311	Amy Concannon	Harrow
17	37:55	323	Deanna Laforet	Serpentine
18	38:03	392	Cathy Jeremiah	L.Heathside
19	38:06	304	Maire Gorman	TVH
20	38:30	327	Sarah Richardson	ESM
21	38:49	312	Emily Antcliffe	Harrow
22	38:56	377	Ashley Scott	Highgate
23	39:02	380	Gema Rous	Highgate
24	39:42	359	Hannah Wells	Hillingdon
25	39:51	335	Grazina Narviliene	ESM
26	39:57	404	Claire Morrissey	L.Heathside
27	40:03	345	Nichola Anderson	Ealing Eagles
28	40:04	379	Sophie Sheldrake	Highgate
29	40:09	362	Ruth Jones	AFD
30	40:43	338	Jennifer Watt	Ealing Eagles
31	40:45	382	Naomi Bourne	VPH&THAC
32	41:02	400	Karen Levene	L.Heathside
33	41:08	384	Rachel Morison	VPH&THAC
34	41:21	369	Emma Burgess	Highgate
35	42:09	401	Caroline Boyle	L.Heathside
36	42:22	333	Lynn Wilson	ESM
37	43:21	337	Christine Meek	ESM
38	43:31	373	Natasha Cendrowicz	Highgate

39	43:33	330	Mary Walsh	ESM
40	43:40	354	Lesley Conway	Hillingdon
41	43:44	324	Jenny Rix-Trott	Serpentine
42	43:48	331	Patricia Thomas	ESM
43	43:52	320	Lyndsey Kilifin	Serpentine
44	44:06	322	Catherine Sowerby	Serpentine
45	44:20	332	Carol Jones	ESM
46	44:32	402	Victoria Pound	L.Heathside
47	44:40	370	Alex Goodwin	Highgate
48	45:03	357	Pauline Fischer	Hillingdon
49	45:28	340	Sarah Bailey	Ealing Eagles
50	45:38	394	Caroline White	L.Heathside
51	46:48	347	Sue Park	Ealing Eagles
52	47:43	356	Lucy Duncan	Hillingdon
53	47:58	344	Kira King	Ealing Eagles
54	48:03	381	Elaine Battson	VPH&THAC
55	49:29	351	Susan Kennedy	QPH
56	49:40	353	Anne-Marie Walsh	QPH
57	50:46	314	Becky Cross	Harrow
58	51:05	367	Sarah Chapman	Highgate
59	52:27	342	Sandra Courtney	Ealing Eagles
60	52:39	355	Angela Duncan	Hillingdon
61	54:56	368	Kirat Nandra	Highgate
62	55:13	390	Alison Harrow	L.Heathside
63	55:58	352	Alice Lester	QPH
64	59:39	383	Susan Leese	VPH&THAC
65	61:59	339	Becky Silver	Ealing Eagles
66	69:50	349	Roz Kruger	Ealing Eagles
67	70:20	348	Tracey Melville	Ealing Eagles

Team Result :

1. TVH (2, 3, 5, 19) = 29
2. L.Heathside (1, 11, 12, 18) = 42
3. ESM (8, 15, 20, 25) = 68
4. Highgate (4, 22, 23, 28) = 77
5. VPH&THAC (7, 13, 31, 33) = 84
6. Serpentine (17, 41, 43, 44) = 145
7. Ealing Eagles (27, 30, 49, 51) = 157
8. Hillingdon (24, 40, 48, 52) = 164



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 17 Women -5,000m (approx)

Position	Time	Number	Name	Club
1	19:44	610	Georgia Fear	Highgate
2	20:23	626	Isabel Dye	TVH
3	20:35	602	Hannah Novakovic	WSEH
4	21:28	601	Emily Reeves	WSEH
5	21:39	627	Eve Goodhart	TVH
6	22:00	603	Rebecca Killip	WSEH
7	22:29	604	Jade Dos Santos	Trent Park
8	22:55	606	Despina Aslam	E&H
9	23:34	607	Caroline Dunnett	E&H
10	23:37	635	Emma Dwan	SBH
11	23:58	631	Eilish O'Grady	Harrow
12	24:10	624	Olivia Will	ESM
13	24:55	617	Genevieve Weston	L.Heathside
14	25:20	605	Jane Howard	Trent Park
15	25:42	632	Maria Hill	Harrow
16	25:57	621	Tara Kelly	ESM
17	26:45	619	Imogen Cummings	St.Marys
18	27:01	637	Ellie McNamara	SBH
19	27:03	634	Katie Watkins	Harrow
20	29:46	625	Rosanna Bell	ESM

Team Result:

1. WSEH (3, 4, 6) = 13

3. ESM (12, 16, 20) = 48

2. Harrow (11, 15, 19) = 45

Under 20 Women - 5,000m (approx)

Position	Time	Number	Name	Club
1	20:55	76	Hannah Viner	Highgate
2	22:55	77	Hattie Brock	Highgate
3	23:18	81	Yanna Raykov	L.Heathside
4	25:57	80	Ellen Rose-Senior	Harrow
5	30:33	79	Taine Ranaghan	Harrow

Team Result:

No team result



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

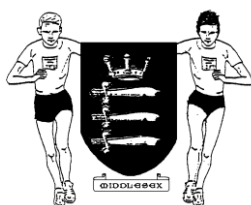
Under 15 Girls - 4,000m (approx)

Position	Time	Number	Name	Club
1	17:43	673	India Weir	TVH
2	17:50	656	Nicola Ravenhill	ESM
3	18:00	674	Kosana Weir	TVH
4	18:09	658	Erica Wallace	ESM
5	18:21	663	Rachel Connery	E&H
6	18:27	670	Olivia Olshaw	TVH
7	18:38	672	Verity Walker	TVH
8	18:44	664	Beth Forster	E&H
9	18:44	657	Laura Stewart	ESM
10	19:07	651	Harriet Johnson	St.Marys
11	19:12	640	Lilah Fear	Highgate
12	19:17	696	Selina Bicknell	Harrow
13	19:20	642	Esther Pigney	Highgate
14	19:30	687	Marie Sato	SBH
15	19:32	649	Anna Uren	St.Marys
16	19:34	638	Marjolaine Briscoe	Highgate
17	19:41	690	lilian Cottrell	Harrow
18	19:44	636	Siman Thine	WSEH
19	19:45	655	Courtney Marshall	ESM
20	19:53	671	Rosie Vallance	TVH
21	19:56	686	Georgie Marlborough	SBH
22	20:00	641	Lucy Fitzpatrick	Highgate
23	20:22	665	Emma Hughes	E&H
24	20:32	634	Cecily Day	Team Hounslow
25	20:32	667	Matilda Ferrand	TVH
26	20:33	630	Laura Stewart	VPH&THAC
27	20:33	653	Jasmine Loh	ESM
28	20:48	646	Senga Russell-Donn	Highgate
29	20:54	692	Rachael Haddow	Harrow
30	21:02	635	Erin Shevlin	Team Hounslow
31	21:12	654	Roisin Lynch	ESM
32	21:14	652	Jennie Connelly	ESM
33	21:46	688	Ella Collier	SBH
34	21:54	631	Lilian Bangula	VPH&THAC
35	21:59	666	Katherine McLennaghan	E&H
36	22:13	661	Eva Jones	Trent Park
37	22:23	648	Thea Cummings	St.Marys
38	23:25	691	Ava Howard-Beadle	Harrow
39	24:11	660	Abi Gaskin	Trent Park

40	24:25	695	Alannah McGrath	Harrow
41	24:29	662	Greta Norton	Trent Park
42	24:42	647	Alice Newbold	St.Marys

Team Result:

- | | |
|-------------------------------|----------------------------------|
| 1. TVH (1, 3, 6) = 10 | 5. SBH (14, 19, 21) = 54 |
| 2. ESM (2, 4, 9) = 15 | 6. Harrow (12, 17, 29) = 58 |
| 3. E&H (5, 8, 23) = 36 | 7. St.Marys (10, 15, 37) = 62 |
| 4. Highgate (11, 13, 16) = 40 | 8. Trent Park (36, 39, 41) = 116 |



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 13 Girls - 3,000m (approx)

Position	Time	Number	Name	Club
1	11:50	287	Charlotte Buckley	TVH
2	11:53	292	Iona Pernthaller	TVH
3	11:57	227	Adelaide Clair	Belgrave
4	11:58	279	Lia Rados	SBH
5	12:00	228	Isabel Atkins	Orleans Park Sch
6	12:31	269	Cecily Turner	Highgate
7	12:40	261	Angel Grimes	E&H
8	12:50	277	Sophia Staab	SBH
9	12:52	266	Sasha Fear	Highgate
10	12:55	242	Meg Naylor	L.Heathside
11	12:57	280	Jo Chadwick	SBH
12	13:04	270	Jess Wilkinson	Highgate
13	13:18	229	Tilly Harwood	Team Hounslow
14	13:21	231	Melissa Jarman	Harrow
15	13:27	232	Anya Freely	Harrow
16	13:30	263	Lucy Corry	E&H
17	13:33	271	Emma Williets	Highgate
18	13:33	288	Sarah Goodhart	TVH
19	13:33	235	Phoebie Crockford	L.Heathside
20	13:41	224	Felix Waters	VPH&THAC
21	13:45	248	Anisa Ibrahim	ESM
22	13:45	259	Emily Haines	Trent Park
23	13:47	233	Sophie Peters	Harrow
24	13:53	254	Cameron Thomas	ESM
25	13:58	239	Anna Richmond	L.Heathside
26	13:59	256	Issy Goffey	St.Marys
27	14:17	247	Maryam Hussein	ESM
28	14:21	276	Kayla Michel	SBH
29	14:22	222	Daisy Day-Fawcett	VPH&THAC
30	14:25	281	Hollie Acraman	Hillingdon
31	14:26	249	Leah Kelly	ESM
32	14:28	265	Maxine Chapman	Highgate
33	14:33	278	Alice Yau	SBH
34	14:34	274	Milly Dunne	Highgate
35	14:35	273	Lila Fishwick	Highgate
36	14:38	267	Kitty Llewelyn	Highgate
37	14:42	285	Chloe Leistien	Hillingdon
38	14:45	268	Hanna Sekkides	Highgate

39	14:47	272	Isabella Millett	Highgate
40	14:49	284	Annie Manners	Hillingdon
41	14:50	283	Sumayyah Hamud	Hillingdon
42	14:51	223	Demi Evarschi	VPH&THAC
43	14:54	290	Freja Scaap	TVH
44	15:04	293	Lily Vallance	TVH
45	15:07	260	Mya Hornett	Trent Park
46	15:08	257	Robyn Allwright	Trent Park
47	15:09	255	Natasha Shirley	St.Marys
48	15:11	236	Kitty Pinder	L.Heathside
49	15:33	230	Katie Berkshire	Harrow
50	15:47	275	Nikolina Banovic	SBH
51	15:59	243	Aaliyah Lakeman	L.Heathside
52	16:12	253	Elsa Stocking	ESM
53	16:21	264	Phoebe Sleeman	IND
54	16:31	286	Charlotte Cooney-Quinn	TVH
55	16:54	246	Sarah Freegard	ESM

Team Result:

1. TVH (1, 2, 18) = 21
2. SBH (4, 8, 11) = 23
3. Highgate (6, 9, 12) = 27
4. Harrow (14, 15, 23) = 52
5. L.Heathside (10, 19, 25) = 54
6. ESM (21, 24, 27) = 72
7. VPH&THAC (20, 29, 42) = 91
8. Hillingdon (30, 37, 40) = 107
9. Trent Park (22, 45, 46) = 113