

**Middlesex Masters Cross Country Championships**  
**Wormwood Scrubs, 1st March 2014**

Pos	Num	Time	Women	First Name	Surname	Club	AgeGroup	Age Pos
1	61	27:47		Duncan	Burbidge	Highgate	M40	1
2	76	28:30		Cedric	Berthelon	Serpentine	M40	2
3	65	28:35		Mike	Dooley	Hillingdon	M40	3
4	55	28:38		Peter	Flewitt	ESM	M40	4
5	91	28:45		Steve	Norris	TVH	M40	5
6	83	28:57		Andrew	Reeves	Serpentine	M40	6
7	57	29:04		Angelo	John	ESM	M40	7
8	112	29:05		Michael	Ussher	Highgate	M50	1
9	108	29:08		Mark	Cursons	Harrow	M50	2
10	64	29:12		Simon	Connell	Hillingdon	M40	8
11	66	29:33		Scott	Farley	Hillingdon	M40	9
12	130	30:00		Nigel	Rackham	Metros	M50	3
13	110	30:13		Alex	Davidson	Highgate	M50	4
14	59	30:26		James	Steel	ESM	M40	10
15	53	30:58		Mark	Delahunty	ESM	M40	11
16	52	31:14		Rob	Brown	ESM	M40	12
17	109	31:27		Chris	Bailey	Highgate	M50	5
18	119	31:35		David	Newman	Hillingdon	M50	6
19	89	31:46		Neil	Browning	The Stragglers	M40	13
20	73	31:51		Joao	Diogo	Queens Park	M40	14
21	129	31:53		Paul	Lemmon	London Heathside	M50	7
22	58	31:54		Steve	Morris	ESM	M40	15
23	107	31:55		Richard	Francis	Harrow	M50	8
24	148	31:57		Mike	Wilson	TVH	M50	9
25	106	32:11		Chris	Finill	Harrow	M50	10
26	7	32:12	1	Fiona	Kennedy	ESM	W55	1
27	26	32:28	2	Maggie	Cooper	SBH	W45	1
28	111	32:50		Kevin	Lineham	Highgate	M50	11
29	60	32:52		Martin	Bright	Highgate	M40	16
30	37	32:53	3	Anna	Critchlow	West 4 Harriers	W45	2
31	122	32:54		Pete	Warburton	Hillingdon	M50	12
32	90	32:57		Richard	Bell	TVH	M40	17
33	93	33:07		Phil	Wetton	TVH	M40	18
34	81	33:16		Raoul	Mansukhani	Serpentine	M40	19
35	34	33:35	4	Grace	Wu	Serpentine	W35	1
36	72	33:43		Richard	Davies	Queens Park	M40	20
37	9	33:47	5	Sarah	Richardson	ESM	W35	2
38	102	33:51		Ian	Leslie	ESM	M50	13
39	138	33:59		Gary	Hymns	Serpentine	M50	14
40	20	34:06	6	Sophie	Barnard	Queens Park	W35	3
41	141	34:28		Malcolm	Fletcher	The Stragglers	M50	15
42	144	34:36		Richard	Hooley	TVH	M50	16
43	8	34:41	7	Grazina	Narvilliene	ESM	W35	4
44	103	35:04		Steve	Plested	ESM	M60	1
45	62	35:22		John	O'Shea	Highgate	M40	21
46	142	35:34		Steve	Sandham	The Stragglers	M60	2
47	1	35:49	8	Jennifer	Watt	Ealing Eagles	W35	5
48	21	36:20	9	Katy	Perreault	Queens Park	W35	6
49	51	36:41		Robin	Hemmings	Ealing Eagles	M40	22
50	12	36:53	10	Lynn	Wilson	ESM	W55	2
51	94	37:03		Matthew	Sleeman	Unattached	M40	23

52	149	37:20	Richard	Charney	TVH	M60	3
53	88	37:40	Tony	Watson	Sudbury Court	M40	24
54	120	37:44	Martin	Searle	Hillingdon	M50	17
55	31	38:06	11 Catherine	Shelley	Serpentine	W45	3
56	74	38:15	Patrick	Haggard	Queens Park	M40	25
57	11	38:17	12 Mary	Walsh	ESM	W35	7
58	6	38:20	13 Carol	Jones	ESM	W55	3
59	104	38:41	Gary	Stringer	ESM	M50	18
60	18	38:50	14 Donna	Nash	Hillingdon	W45	4
61	67	38:54	John	Luscombe	Hillingdon	M40	26
62	92	39:01	Jason	Sewards	TVH	M40	27
63	113	39:04	Bob	Burton	Hillingdon	M50	19
64	10	39:21	15 Patricia	Thomas	ESM	W45	5
65	133	40:14	Tim	Barlow	Queens Park	M50	20
66	75	40:25	David	Holmes	Queens Park	M40	28
67	132	40:26	Andy	Angus	Queens Park	M50	21
68	68	40:49	Paul	Martin	Hillingdon	M40	29
69	5	40:58	16 Gillian	Morgan	ESM	W45	6
70	3	41:39	17 Sue	Park	Ealing Eagles	W45	7
71	14	42:25	18 Lucy	Duncan	Hillingdon	W35	8
72	131	42:30	Al	Scoffham	Metros	M50	22
73	145	42:34	Tony	Smith	TVH	M50	23
74	22	42:37	19 Susan	Kennedy	Queens Park	W45	8
75	25	42:46	20 Anne Marie	Walsh	Queens Park	W45	9
76	19	42:49	21 Donna	Warren	Metros	W35	9
77	24	44:17	22 Amanda	Martin	Queens Park	W45	10
78	50	44:26	Neil	Enskat	Ealing Eagles	M40	30
79	86	44:29	Peter	Francis	Sudbury Court	M40	31
80	121	44:51	Andy	Torrance	Hillingdon	M50	24
81	123	45:13	Alan	Wells	Hillingdon	M50	25
82	128	45:22	Douglas	Milson	Hillingdon	M70	1
83	15	45:28	23 Angela	Duncan	Hillingdon	W65	1
84	125	45:36	Brian	Feldman	Hillingdon	M60	4
85	4	47:22	24 Becky	Silver	Ealing Eagles	W55	4
86	135	47:45	Mark	Conyers	Queens Park	M60	5
87	85	49:15	Andres	Crespo	Sudbury Court	M40	32
88	36	49:31	25 Christine	Munden	TVH	W35	10
89	32	49:38	26 Margaret	Sills	Serpentine	W55	5
90	23	49:50	27 Alice	Lester	Queens Park	W45	11
91	137	51:20	William	O'Connor	Queens Park	M60	6
92	127	61:23	Mick	Miller	Hillingdon	M70	2

## M40

### Individual

1	Duncan	Burbidge	Highgate
2	Cedric	Berthelon	Serpentine
3	Mike	Dooley	Hillingdon

### Team

Hillingdon	24
ESM	25
Serpentine	42
TVH	70
Highgate	75
Queens Park	112
Sudbury Court	219

## M50

### Individual

1	Michael	Ussher	Highgate
2	Mark	Cursons	Harrow

### Team

Highgate	38
Harrow	57

3 Nigel	Rackham	Metros	Hillingdon	103
			TVH	118
			ESM	141
			Queens Park	218

### M60

#### individual

1 Steve	Plested	ESM	
2 Steve	Sandham	The Stragglers	
3 Richard	Charney	TVH	

### M70

#### individual

1 Douglas	Milson	Hillingdon	
2 Mick	Miller	Hillingdon	

### W35

#### Individual

1 Grace	Wu	Serpentine	
2 Sarah	Richardson	ESM	
3 Sophie	Barnard	Queens Park	

#### Team

ESM	13
Queens Park	34
Serpentine	41
Ealing Eagles	49
Hillingdon	55

### W45

#### Individual

1 Maggie	Cooper	SBH	
2 Anna	Critchlow	West 4 Harriers	
3 Catherine	Shelley	Serpentine	

### W55

#### Individual

1 Fiona	Kennedy	ESM	
2 Lynn	Wilson	ESM	
3 Carol	Jones	ESM	

### W65

#### Individual

1 Angela	Duncan	Hillingdon	
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