

Middlesex County Indoor Track & Field Championships
Thames Valley Athletic Centre- Sunday 8th December 2002

Senior Men – 60 Metres

Heat 1

1.Richard Alleyne (VPH & THAC)	7.23
2.Rohan Samuel (Harrow)	7.24
3.Tunde Funmilayo (Unatt)	7.24
4. Mark Hooper (Unatt)	8.55

Heat 3

1.Ian Clarke (Enf & Har)	6.98
2.Mark Collins (Luton)	7.35
3.Justin Kenlock (Highgate)	7.66

'B' Final

1.Jason Jeffrey (Harrow)	7.35
2.Mark Collins (Luton)	7.38
3.Roland Edwards (Harrow)	7.43
4.Justin Kenlock (Highgate)	7.70

Senior Men – Long Jump

1.Femi Daramola (Belgrave)	6.85m
2.Justin Kenlock (Highgate)	5.62m

Junior Men – 60 Metres

1.Ross O'Donovan (TVH)	7.20
2.Kylon Collins (VPH & THAC)	7.36
3.David Okere (Enf & Har)	7.42
4.Toufic Machnouk (TVH)	7.44

Under 17 Men – 60 Metres

Heat 1

1.Kumakienda Bediako (Enf & Har)	7.67
2.Chad Saldsman (JFS)	7.67
3.Anthony Laidley (Enf & Har)	7.77
4.Desmond Fytte (TVH)	7.88

Heat 3

1.Stephen Charles (Copland Sch)	7.47
2.Ben Chutton-Oua (VPH & THAC)	7.79
3.Matthew Marchant (Enf & Har)	8.07

'B' Final

1.Shane Larocque (TVH)	7.59
2.Anthony Laidley (Enf & Har)	7.63
3.Ben Chutton-Oua (VPH & THAC)	7.80

Under 17 Men – High Jump

1.Peter Richardson (WSE & H)	1.85m
2.Hadley Winthrop (Enf & Har)	1.70m

Under 17 Men – Triple Jump

1.Matthew Marchant (Enf & Har)	10.85m
2.Sunil Pancholi (Isleworth Sch)	10.07m

Heat 2

1.Henry Audu (TVH)	6.93
2.Jason Jeffrey (Harrow)	7.39
3.Roland Edwards (Harrow)	7.54
4.Arquimedes N'Ganga (Unatt)	8.69

'A' Final

1.Henry Audu (TVH)	6.87
2.Ian Clarke (Enf & Har)	6.96
3.Rohan Samuel (Harrow)	7.26
4.Richard Alleyne (VPH & THAC))	7.28
5.Tunde Funmilayo (Unatt)	7.33

Senior Men – 60 Metres Hurdles

1.Richard Alleyne(VPH & THAC)	8.4
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Senior Men – Triple Jump

1.Ajit Singh Kalirai (S.C.Vets) (M75+)	8.33m
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Senior Men – Shot

1.Stewart King (ESM)	9.86m
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Junior Men – 60 Metres Hurdles

1.Israel Nworgu (Enf & Har)	9.1
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Junior Men – Long Jump

1.David Okere (Enf & Har)	6.03m
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Heat 2

1.Christopher Julien (Enf & Har)	7.35
2.David Cook (WSE & H)	7.61
3.Shane Larocque (TVH)	7.73
4.Carl Chambers (Enf & Har)	7.92

'A' Final

1.Christopher Julien (Enf & Har)	7.27
2.Stephen Charles (Copland Sch)	7.35
3.David Cook (WSE & H)	7.57
4.Chad Saldsman (JFS)	7.65
5.Kumakienda Bediako (Enf & Har)	7.75

Under 17 Men - 60 Metres Hurdles

1.Michael Johnson (Enf & Har)	9.3
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Under 17 Men – Long Jump

1.Hadley Winthrop (JFS)	5.52m
2.Matthew Marchant (Enf & Har)	4.99m

Under 17 Men - Shot

1.David Scott (JFS)	9.87m
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Under 15 Boys – 60 Metres**Heat 1**

1.Jahargir Sunadi (VPH & THAC)	7.60
2.Andre Laidley (Enf & Har)	7.76
3.Lloyd Welsh (Isleworth Sch)	7.89
4.Nimish Malhotra (Isleworth Sch)	8.10

Heat 3

1.Eliot Bent (Isleworth Sch)	7.71
2.Don Demetrius (Enf & Har)	8.11
3.Michael Owusu (Langdon Park)	8.25

'B' Final

1.Andre Laidley (Enf & Har)	7.60
2.Troy Lewis (QPH)	7.65
3.Lloyd Welsh (Isleworth)	7.98

Under 15 Boys – Long Jump

1. Owen Joseph (Brunel Univ)	5.20m
2.Tunde Williams (Langdon Park)	5.15m
3.Michael Owusu (Langdon Park)	4.72m
4.Troy Lewis (QPH)	4.57m

Under 13 Boys – 60 Metres**Heat 1**

1.Myles Fisher (TVH)	8.71
2.Jordan Campbell (Isleworth)	9.10
3.Korede Okelana (Isleworth)	9.57
4.Robert Pham (Langdon Park)	10.20

'B' Final

1.Omar Joseph (Isleworth)	9.81
2.Wajam Said (Isleworth)	9.83

Under 13 Boys - High Jump

1.Perry Cheadle (Brunel Univ)	1.20m
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Under 13 Boys – Long Jump

1.Myles Fisher (TVH)	4.26m
2.Thomas Orishaguna (Isleworth)	4.11m
3.Omar Joseph (Isleworth)	3.75m
4.Korede Okelana (Isleworth)	3.54m
5.Jordan Campbell (Isleworth)	3.49m
6.Wajam Said (Isleworth)	3.25m
7.Robert Pham (Langdon Park)	3.09m

Senior Women – 60 Metres

1.Oretta Brackett (Enf & Har)	8.43
2.Euphemia Scott (TVH)	8.65

Junior Women – 60 metres

1.Symone Belle (VPH & THAC)	7.79
2.Angie Broadbelt (TVH)	8.22

Junior Women – Long Jump

1.Lauren Thomas (SBH)	4.03m
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Heat 2

1.Kojo Akuffo (Isleworth Sch)	7.53
2.Troy Lewis (QPH)	7.65
3.Tunde Williams (Langdon Park)	8.08
4.Vince Mistretta (Enf & Har)	8.12

'A' Final

1.Kojo Akuffo (Isleworth Sch)	7.53
2.Jahargir Sunadi (VPH & THAC)	7.70
3.Eliot Bent (Isleworth Sch)	7.74
4.Nimish Malhotra (Isleworth Sch)	8.40

Under 15 Boys – 60 Metres Hurdles

1.Lloyd Welsh (Isleworth Sch)	9.7
2.Don Demetrius (Enf & Har)	9.8
3.Tunde Williams (Langdon Park)	11.9

Under 15 Boys - Shot

1.Owen Joseph (Brunel Univ)	10.94m
2.Michael Owusu (Langdon Park)	9.02m

Heat 2

1.Thomas Orishaguna (Isleworth)	8.99
2.Omar Joseph (Isleworth)	9.60
3.Wajam Said (Isleworth)	9.98

'A' Final

1.Myles Fisher (TVH)	8.70
2.Thomas Orishaguna (Isleworth)	9.12
3.Jordan Campbell (Isleworth)	9.45
4.Korede Okelana (Isleworth)	9.60

Under 13 Boys - Shot

1.Perry Cheadle (Brunel Univ)	5.14m
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Junior Women – 60 Metres

1.Symone Belle (VPH & THAC)	7.79
2.Angie Broadbelt (TVH)	8.22

Junior Women – 60 Metres Hurdles

1.Symone Belle (VPH & THAC)	8.8
2.Angie Broadbelt (TVH)	9.1

Junior Women – Triple Jump

1.Lauren Thomas (SBH)	9.04m
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Junior Women – Shot

1.Lauren Thomas (SBH)	6.25m
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Under 17 Women – 60 Metres**Heat 1**

1.Charlene Dickinson (Enf & Har)	8.36
2.Jessica Simmonds (SBH)	8.64
3.Kaya Carter (Enf & Har)	8.83
4.Nabila Raji (SBH)	9.24

'A'Final

1.Lia Tappin (Enf & Har)	7.85
2.Rachel Telfer (St Thomas More)	8.18
3.Natasha Edwards (QPH)	8.31
4.Charlene Dickinson (Enf & Har)	8.40

Under 17 Women – Long Jump

1.Laura Parker (SBH)	4.60m
2.Carol Whittaker (VPH & THAC)	4.11m

Under 15 Girls – 60 Metres**Heat 1**

1.Erica Smith (Enf & Har)	8.50
2.Elizabeth Ali (VPH & THAC)	8.61
3.Nadine Hinze (Brunel Univ)	8.65
4.Lisa McLaughlin (SBH)	9.03
5.Sarah-Louise Rogers (TVH)	9.08

Heat 3

1.Torema Dorsett (Enf & Har)	8.22
2.Shaleina Mars (Enf & Har)	8.31
3.Meliha Tas (Enf & Har)	8.57
4.Hayley Comer (Brunel Univ)	8.93
5.Sareena Robinson (VPH & THAC)	8-94

'B'Final

1.Meliha Tas (Enf & Har)	8.53
2.Elizabeth Ali (VPH & THAC)	8.58
3.Nadine Hinze (Brunel)	8.65
4.Rochelle Gordon (TVH)	8.76
5.Isobelle Simmonds (SBH)	8.91

Under 15 Girls - Shot

1.Shakirat Askinwale (TVH)	9.14m
2.Cherelle Norriston (TVH)	8.37m

Under 13 Girls – 60 Metres**Heat 1**

1.Mariam Ajayi (SBH)	8.4
2.Desola Olaleye-Bakre (Enf & Har)	9.0
3.Amina McDiarmid (TVH)	9.1
4.Millie Zah (VPH & THAC)	9.4

'A'Final

1.Mariam Ajayi (SBH)	8.25
2.Phillipa Tappin (Enf & Har)	8.29
3.Chanel Taite (Brunel)	8.76
4.Desola Olaleye-Bakre(Enf & Har)	8.82

Under 13 Girls – Long Jump

1.Rachel Collins (Brunel)	3.64m
2.Eve Sohota (Slough Jun)	3.31m
3.Amina McDiarmid (TVH)	3.25m

Heat 2

1.Lia tappin (Enf & Har)	7.97
2.Rachel Telfer (St Thomas More)	8.33
3.Natasha Edwards (QPH)	8.34
4.Laura Parker (SBH)	8.71

'B'Final

1.Jessica Simmonds (SBH)	8.62
2.Laura Parker (SBH)	8.66
3.Kaya Carter (Enf & Har)	8.73

Under 15 Girls – 60 Metres Hurdles

1.Meliha Tas (Enf & Har)	9.7
2.Hayley Comer (Brunel Univ)	10.0
3.Rochelle Gordon (TVH)	10.5

Heat 2

1.Shadein Mars (Enf & Har)	8.63
2.Louise Blake (VPH & THAC)	8.63
3.Isobelle Simmonds (SBH)	8.80
4.Rochelle Gordon (TVH)	8.85
5.Katie Sopol (SBH)	9.27

'A'Final

1.Torema Dorsett (Enf & Har)	8.15
2.Shaleina Mars (Enf & Har)	8.30
3.Shadein Mars (Enf & Har)	8.58
4.Erica Smith (Enf & Har)	8.58
5.Louise Blake (VPH & THAC)	8.69

Under 15 Girls – High Jump

1.Sareena Robinson (VPH & THAC)	1.35m
2.Nadine Hinze (Brunel Univ)	1.35m

Under 15 Girls – Long Jump

1.Cherelle Norriston (TVH)	4.42m
2.Torema Dorsett (Enf & Har)	4.31m
3.Louise Blake (VPH & THAC)	4.21m
4.Rochelle Gordon (TVH)	3.66m
5.Sarah-Louise Rogers (TVH)	3.61m

Heat 2

1.Phillipa Tappin (Enf & Har)	8.7
2.Chanel Taite (Brunel)	8.8
3.Raquill Feely (VPH & THAC)	9.0

'B'Final

1.Raquill Feely (VPH & THAC)	9.02
2.Millie Zah (VPH & THAC)	9.20
3.Amina McDiarmid (TVH)	9.48

Under 13 Girls – 60 Metres Hurdles

1.Millie Zah (VPH & THAC)	10.4
2.Chanel Taite (Brunel Univ)	10.5

Under 13 Girls – High Jump

1.Rachel Collins (Brunel Univ)	1.25m
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2.Sareena Robinson (VPH & THAC)1.20m