

Middlesex County Minithon 27.4.97 Bannister Harrow

Boy	100	800	LJ	HJ	D.	S
John Shirley (Hillingdon)	14.7 (15)		4.15 (18)			6.26 (13)
Warren Page (Roxeth H.S)	14.9 (13)		3.75 (13)		14.02 (9)	
David Bolger "	15.0 (12)		3.24 (7)			8.15 (26)
Chris Scott (Weald HS)	18.1 (1)			.93 (5)	7.94 (1)	
Ravi Syralati (ESM)	22.7 (-)		1.40 (-)		7.16 (1)	
Jabien Francis (Roxeth)	15.3 (10)		3.62 (11)		11.36 (5)	
Nathan Daines (ESM)	15.8 (8)		3.38 (8)		13.48 (8)	
Jerome Lee (Roxeth)	15.9 (7)		3.81 (13)		11.86 (5)	
Thomas Hockie (Weald HS)	16.3 (6)		3.09 (6)		8.70 (2)	
Marc Folkard (ESM)	(21)	2.45.9	3.65 (11)		13.26 (8)	
Ramon Wong (Roxeth)	(15)	3.03.3	3.29 (7)		11.94 (5)	
Robert Wateren (Weald HS)	(11)	3.16.6	2.77 (4)		9.20 (3)	

Result			
1.	John Shirley		46
2.	David Bolger		45
3	Marc Folkard		40

	100	800	LJ	HJ	D	S
Elsie Baird (TVH)	14.4 (24)		(24)	1.30	(18)	6.57
Peggy Ann Dawey (Houns)	14.7 (21)		3.70 (15)		(25)	7.64
Callista Nurse (FVH)	14.8 (20)		3.02 (7)		(3)	3.52
Sherrine Roberts (Parkside)	15.1 (17)		3.33 (10)		(3)	3.88
Nicola Anderson (Roxeth H)	14.6 (22)		3.93 (18)		12.60 (7)	
Vivian Otim (")	15.7 (12)		3.54 (13)		(17)	6.38
Chloe Bryan (")	16.7 (7)		3.37 (11)		13.42 (8)	
Selina Lindsay (")	17.0 (6)		2.81 (6)		(21)	7.06
Heather Junor (Parkside)	15.0 (18)		3.87 (17)		18.68 (19)	
Sam Carney (")	16.2 (10)		2.88 (6)		(5)	4.59
Rachel Nicholls (")	16.4 (9)		2.99 (7)		8.62 (2)	
Rachel Leader (Weald Hs)	17.1 (6)		2.87 (6)		(6)	4.68
Natasha Dunbar (Roxeth)	15.2 (16)		2.81 (6)		10.30 (4)	
Kamara Jackson (")	15.2 (16)		3.25 (9)		12.38 (6)	
Lawren O'Connell (")	16.0 (11)		3.43 (12)		15.32 (11)	
Victoria Shipman (Weald)	16.4 (9)		2.99 (7)		9.38 (3)	
Charlene Davis (ESM)	(29) 2.37.6		(11)	1.02	14.36 (9)	
Nulu Cash-Gibson (Highgate)	(27) 2.43.6		3.67 (15)		(10)	5.37
Katie McMillan (TVH)	(26) 2.47.3		3.32 (10)		(4)	4.32
Emma Jeanor (Roxeth)	(26) 2.47.7		3.30 (10)		13.44 (8)	
Keir O'Connor (Parkside)	(22) 2.59.9		2.90 (6)		(3)	3.59
Harriet Cunningham (ESM)	(29) 3.04.8		3.03 (7)		(6)	4.72
Nikkita Isichei (Roxeth)	(20) 3.06.2		3.01 (7)		9.36 (3)	
Jayne Caswell (ESM)	(17) 3.14.1		2.73 (5)		(5)	4.54
Selvia Arthur (Parkside)	(11) 3.31.7		2.08 (1)		(2)	3.40

Result

1. Elsie Baird 64
2. Peggy Ann Dawey 61
3. Heather Junor 54

Name	Club or School	100m or 800m	Points	Long Jump or High Jump	Points	Shot or Discus	Points	Total
Luke Williams 2	Orleans Park School	800 2:50.4	20.	Long J 3.77	13	Discus 22.51	29	62
Joe Price 6	Orleans Park School	100 14.3	19	Long J 3.84	14	Shot 5.82	11	44
Abel Okello 7	Orleans Park School	100 14.5	17	Long J 3.68	12	Discus 23.93	32	61
Chris Lowery 8	Harrow AC	800 2:38.5	24	Long J 3.77	13	Shot 4.67	4	41
Seamus Cassidy 10	Harrow AC							
David Kane 11	Purwa TVH							
Carlton Nicol 12	Purwa TVH	800 2:34.7	25	Long J 2.81	4	Shot 4.42	3	32
Juhar S-Facey 16	Purwa TVH							

1
3
2
4
5

Name	Club or School	100m or 800m	Points	Long Jump or High Jump	Points	Shot or Discus	Points	Total
Shobek Angbas	Puma TVH	100 ^{14.4}	24	Long J 3.67	15	Discus 9.53	3	42
Katie Melman	Puma TVH	800 ^{2.47.3}	26	Long J 3.31	10	Shot 5.17	9	45
Nicola Moore	Puma TVH	800 ^{3.12.8}	18	Long J 2.58	4	Shot 3.75	3	25
Benjamin Johnson	Puma TVH							
Rebecca Long	Puma TVH	100 ^{14.0}	29	Long J 3.84	17	Shot 4.79	6	51
Karin O'Connor	Parkside	800 ^{2.45.3}	27	Long J 3.33	10	Shot 4.15	4	41
Suebhan Thomas	Parkside	100 ^{15.3}	15	Long J 3.30	10	Shot 3.95	3	28
Rachel Brownhill	Parkside	800 ^{2.59.8}	22	Long J 3.31	10	Shot 4.24	4	36
Kerri Connerly	Parkside	800						
Rachel Peppitt	Oxman Park School	800 ^{5.10.4}	18	Long J 3.34	11	Shot 5.64	12	41
Rebecca Barber	ESM	100 ^{16.7}	7	Long J 2.77	5	Discus 12.90	7	19
Emma Thomas	Parkside	800 ^{2.51.6}	25	Long J 3.35	11	Discus 12.37	6	42
Nikkiia Leitch	Parkside	100 ^{15.4}	14	Long J 3.14	8	Shot 4.63	5	27

11/11/22 2022/23 2022/23 2022/23

3= 2 10 8 7 5= 11 3= 9

girls

	100	800	LJ	HJ	D	S
Elsie Baird T.N.H	14.4 (24)		(24)	1 30	(64)	6.57 (18) ¹
Peggy Ann Dawney (Hounslow)	14.7 (21)		3.70 (15)		(61)	7.64 (25) ²
Callista Nurse (T.V.H)	14.8 (20)		3.02 (7)		(30)	3.52 (3)
Sheire Roberts (Parkside)	15.1 (17)		3.33 (10)		(30)	3.88 (3)
Nicola Andersen Roxeth M	14.6 (22)		3.93 (18)		12.60 (7)	(47)
Vivian Otin "	15.7 (12)		3.54 (13)		(42)	6.38 (17)
Chloe Bryan "	16.7 (7)		- 3.37 (11)		13.42 (8)	(26)
Selina Lindsay "	17.0 (6)		2.81 (6)		(33)	7.06 (21)
Heather Turner Parkside	15.0 (18)		3.87 (17)		18.68 (19)	(54) 3
Sam Carney "	16.2 (10)		2.88 (6)		(21)	4.59 (5)
Rachel Nicholls "	16.4 (9)		2.99 (7)		8.62 (2)	(18)
Rachel Heald Weald	17.1 (6)		2.87 (6)		(18)	4.68 (6)
Natasha Dunbar Roxeth	15.2 (16)		2.81 (6)		10.30 (4)	(26)
Karona Jackson ^{mar} "	15.2 (16)		3.25 (9)		(31)	12.38 (6)
Laura O'Connell "	16.0 (11)		3.43 (12)		(34)	15.32 (11)
Victoria Shipman Weald	16.4 (9)		2.99 (7)		(19)	9.38 (3)
Charlene Davis ESM	237.6 (29)		(11)	1.02	14.36 (9)	(49)
Melba Cash Gibson Highgate	43.6 (27)		3.67 (15)		(52)	5.37 (10)
Katie McMillan T.V.H	47.3 (26)		3.32 (10)		(40)	4.32 (4)
Emma Treanor Roxeth	47.7 (26)		3.30 (10)		13.44 (8)	(44)
Ken O'Connell Parks	59.9 (22)		2.90 (6)		(31)	3.59 (3)
Harnett ^{Cunningham} ESM	3.04.8 (20)		3.03 (7)		(33)	4.72 (6)
Nickita Isichei Roxeth	062 (20)		3.01 (7)		(30)	9.36 (3)
Jayne Cameron (ESM)	3.14.1 (17)		2.73 (5)		(27)	4.54 (5) →
Selina Arthur Parks	31.7 (11)		2.08 (1)		(14)	3.40 (2)

Multon

Boyp

		100	800	LT	HT	D	S
John Shirley Hill	14.7	(15)		4.15	(18)	46	(13) 6.26 ↓
Warren Page Rowett M	14.9	(13)		3.75	(13)	35	14.02 (9)
David Balgen "	15.0	(12)		3.24	(7)	45	(26) 8.15 2
Christ Scott Weald MS	18.1	(1)		-	(5)	93 on	7.94 (1) (7)
Raini Jyulati ESM	22.7	(-)		1.40	(0)		7.16 (1) (1)
Fabian Francis Rowett M	15.3	(10)		3.62	(11)		11.36 (5) (26)
Nathan Davis ESM	15.8	(8)		3.38	(8)		13.48 (8) (24)
Jerome Lee Rowett M	15.9	(7)		3.81	(13)		11.86 (5) (25)
Thomas Hodge Weald MS	16.3	(6)		3.09	(6)		8.70 (2) (14)
Marc Folkard ESM	24.5	9 (21)		3.65	(11)		13.26 (8) (40) 3
Ronan Wong Rowett M	3.03.3	(15)		3.29	(7)		11.94 (5) (27)
Robert Waterell Weald MS	3.166	(11)		2.77	(4)		9.20 (3) (11)

VENUE:				1997		DATE:	
AGE GROUP: UJ 15				M/WOMEN			
<u>800m</u>				DISCUS			
1	NICHOLLS R	Pks	2m 27.1	1	ANDERSON N	T.H	27.58m
2	BELL S	Pks	27.4	2 RAINFORD-BRENT E GREYHAT Hosp			
3	SENNITT V	R+T	27.9	3 JKWUSA O ESM			
4	ROBINSON L	Ent	29.2	HIGH JUMP			
5	COLEMAN N	B&H	29.5	1	SAUNDERS J	HEAT WARE	1.40m
6	GRIFFITHS L	S/B	31.5	2	McFARLANE N	PK	1.35m
7	HUTCHINSON T	S/B	36.9	JAVELIN			
<u>1000m</u>				1	TWILLEY S	B&E	21.04m
1	ST HELEN D	B&E	12.7	LONG JUMP			
2	PIERRE C	S/B	13.0	1	PIERRE C	S/B	4.12m
3	DUNNK	ESM	13.1	2	ADAMBERY J	TVH	4.11
4	ADEGBULUGBE	B&E	13.7	3	WIGLEY-SMITH K	PK	3.81
5	ADAMBERY J	TVH	14.1	4	HUTCHINSON	S/B	3.56
<u>1500m</u>				SHOT			
1	SHIMMIK K	ESM	5m 3.9	1	ANDERSON N	T.HAM	9.57
2	MAKOLM R	ESM	5.0	2	GAY N	PK	8.02
3	DELASAILLE N	H'don	10.5	3	McFARLANE N	PK	7.76
4	YATES J	B&E	11.8				
5	DOE S	R+T	12.8				
6	PAIS R	ESM	44.6				
<u>75m HURDLES</u>							
1	KALU P	S/B	12.1				
2	BELLE S	T.Ham	12.6				
3	McFARLANE N	Pks	13.4				
4	WIGLEY-SMITH K	Pks	13.9				
5	SAUNDERS J	Heat+Ware	15.7				
<u>200m HEAT 1</u>							
1	DUNBAR C	ESM	26.8				
2	NICHOLS R	PK	28.0				
3	ADEGBULUGBE A	B&E	28.1				
4	SAUNDERS S	S/B	28.1				
5	DOE J	R+T	29.9	<u>200 FINAL</u>			
6	WIGLEY-SMITH K	PK	30.6	1	ST. HELEN D.	B&E	26.1
<u>200m HEAT 2</u>				2	PIERRE C	S/B	26.6
1	ST HELEN D	B&E	26.6	3	DUNBAR C	ESM	27.1
2	PULLEN C	B&E	27.4	4	PULLEN C	B&E	27.6
3	PIERRE C	S/B	27.9	5	ADEGBULUGBE S	B&E	27.8
4	RAY J	H'don	29.7	6	NICHOLS R	PK	28.0
5	SENNITT V	R+T	29.8	7	SAUNDERS S	S/B	28.2

VENUE: _____ DATE: _____

AGE GROUP: 4W17 ~~MALE~~/WOMEN

<u>300m HURDLES</u>				<u>DISCUS</u>			
1	AKINBIYI S	T. HAM	<u>CBP</u> 45.1	1	JOHN J	ESM	36.34
2	SHOKEN I	T. HAM	46.6	2	BATCHELOR J	B&H	19.44
3	STEWART M	S/B	52.6	<u>HIGH JUMP</u>			
<u>100m</u>				1	GRAHAM S	S/B	1.50m
1	MANNING C	EXL	12.4	<u>JAVELIN</u>			
2	TURNER L	PK	12.7	1	JOHN J	ESM	31.46m
3	PRATT A	B&H	13.1	<u>HAMMER</u>			
4	MARSHALL N	B&E	13.4	1	JOHN J	ESM	28.26
5	O'GARRO L	B&E	13.4	<u>POLE VAULT</u>			
6	DELANEY S	B&H	13.9	1	MCLENNAN D	B&H	1.80m
7	THOMAS A	B&E	14.2	<u>LONG JUMP</u>			
8	RAPLEY L	H'don	14.8	1	PAUL M	ESM	4.90
<u>80m HURDLES</u>				2	KWAAGO E	BARNET+D	4.56
1	AKINBIYI S	T. HAM	<u>CBP</u> 11.8	3	TURNER L	PK	4.56
2	SHOKEN I	T.H.	13.1	4	SAUNDERS R	HERTF+WARE	4.32
3	PRATT A	B&H	13.7	5	QUINN T	R+T	4.27
4	SAUNDERS R	Hertf+Ware	13.9	6	RAPLEY L	H'don	4.06
5	PAUL M	ESM	14.0	<u>SHOT</u>			
6	DELANEY S	B&H	14.5	1	SAUNDERS R	Hertf+Ware	7.48
<u>3000m</u>				<u>TRIPLE JUMP</u>			
1	TAYLOR E	WSE	11m 26.7	1	PAUL M	ESM	9.25
<u>500m</u>							
1	WILSON B	ESM	2m 20.2				
2	RAPLEY S KOEHNE S	S/B	2.21.1				
3	BLEASDALE J	H'don	2m 23.0				
4	LONG R	High	26.9				
5	WEBB B	B&H	26.9				
6	OGUNDEE	High	28.4				
7	HAWES J	B&H	29.3				
<u>300m</u>							
1	GRANTE	H'don	44.3				
2	RISPOU N	WSE	45.1				
3	PRATT A	B&H	45.6	<u>1500m</u>			
4	CHRISTIE J	H'don	46.1	1	ANKIER J	S/B	4m 47.3
5	THOMAS A	B&E	46.9	2	MILES S	H'don	5m 07.8
6	BATCHELOR J	B&H	47.4	3	MORRIS N	PK	5m 15.0
				<u>200m</u>			
				1	MANNING C	EXL	26.9
				2	COFFEY C	B&H	27.2
				3	O'GARRO L	B&E	28.2
				4	KWASKO E	BARNET	30.6

VENUE:

DATE:

AGE GROUP: 4W 20

~~W~~/WOMEN

400 HURDLES

1	HIBBERT T	ESM	66.1
2	FITZGERALD L	Hou	68.9
3	CONWAY D	S/B	72.5

HIGH JUMP

1.	GAYLED	S/B	1.60	<u>CAP</u>
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JAVELIN

1.	AYERO J	ESM	36.20m
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400m

1	DEWIDNE M	Hdm	62.0
2	CORWAY D	S/B	65.5

HAMMER

1.	AYERO J	ESM	30.84
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LONG JUMP

100m

1	OYETIPAN A	WEAD coll.	12.7
2	HUSSEIN N	ESM	13.4

1	GAYLED	BARNETOD	4.97
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2	BAKER R	TVH	4.83
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3	OKWUE M	TVH	4.49
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100m HURDLES

1.	WINSHIP N	B/E	19.1
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SHOT

1	BAKER V	S/B	6.72
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3000m

1.	EDWARDS L	ESM	11.40.0
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TRIPLE JUMP

1	OKWUE M	TVH	11.12
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800m

1	ELLS A	B/H	2m 23.7
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2	WINSHIP N	B/E	9.70
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3	BAKER V	S/B	8.28
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200

1.	GRAHAM D	ExL	24.7
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1500

1	WALSH C	S/B	4m 43.4
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VENUE:

DATE:

AGE GROUP: Senior.

~~NEW~~ WOMEN

400 HURDLES				DISCUS		
1	BARTLETT K	S/B	62.1	1	AXTENT S/B	51.96m
2	AMEDE C	WSE	62.3	2	SEMUS K PK	36.68m
3	DUNCAN T	ExL	62.3	3	DUNSFORD W PK	31.48m
4	ROZE A	S/B	63.8	HIGH JUMP		
5	BLACKBURN C	ESM	66.4	1.	WALKER J WSE	1.65m
6	HEANEY C		67.7	JAVELIN		
<u>100m</u>				1	NEWMAN W ExL	45.32m
1	McKENZIE E	ESM	11.9	2	HAWKINS C PK	35.56m
2	ANDERSON S	S/B	12.1	HAMMER		
3	WALKER M	WSE	12.3	1	SPROLES L B/H	58.16
4	HASLAM C	WSE	12.4	2	SMITH N B/H	36.78
5	ROBINS L	B/H	12.8	3	DUNSFORD W PK	33.72
6	OLOFINJANA B	TH	12.8	4	FOGG L S/B	25.04
7	JANSSON K	TVH	13.3	LONG JUMP		
8	TURNER M	PKS	12.4	1	OLOFINJANA B T.H.	4.94m
<u>400m</u>				SHOT		
1	WILLIAMS M	PumaTVH	57.1	1.	AXTENT S/B	14.44
2	RYAN D.	ESM	58.0	2	SMITH N B/H	13.28
3	CLARKE D	PumaTVH	58.5	3	DUNSFORD W PK	10.77
<u>3000m</u>				POLE VAULT		
1	WEBB L	S/B	10m 07.0	1.	MCCLENNAN D B/H	1.80
2	LODGE J	B/H	10m 20.1	TRIPLE JUMP		
3	GALWINA	ESM	10m 31.7	1	STEAD C R+T	12.16
<u>800m</u>				2	ANETO S ExL	11.50
1	WILSON B	ESM	2m 20.2	3	WRIGHT N R+T	10.51
2	KOENNE S.	S/B	2. 21.1			
3	SLEASDALE J	Hdon	23.0			
4	LONG R	High	26.9			
5	WEBB B	B/H	26.9			
6	UGUNDE E	High	28.4			
7	HAWES J	B/H	29.3			
<u>800m</u>				<u>1500m</u>		
1	SIMMONS S	B/H	2m 14.2	1	YELLING H. B/H	4m 39.5
2	RIDLEY J	S/B	2m 18.6	2	JENNICK K High	4m 50.9
3	SOLLY A	NLAC	2m 29.0	3	CHAOWICK K ESM	4m 54.0
4	HEEMSKERK C	Hdon	2m 32.8	4	COX S PK	5m 10.9
				<u>200</u>		
				1	McKENZIE E ESM	24.4
				2	WALKER M WSE	24.5
				3	HASLAM C WSE	24.7
				4	GRAHAM	26.00
				5	OLOFINJANA B THam	

VENUE: LNFIELD		DATE: 10-5-97	
AGE GROUP: UNIS		MEN/WOMEN	
TRACK		FIELD	
1500m		C CHRISTOPHI BOENF.	10-06
S OVERAL RICH T.	4-45.6	T. J.	
D FOREY HOUNSLOW	4-46.6	S GORDON BOENF.	11-61
S CARRINGTON HARINSEY	4-47-8	S BELL-NEVIN "	10-03
A PATTERSON HILLINGDON	4-51-2	POLE VAULT	
R HIGHGATE HOUNSLOW	4-58.5	H YONEL BOENF.	2-20
P FOREY HOUNSLOW	5-01-7	LONG JUMP	
400 (CBP)		S GORDON ENFIELD GS.	5-63
S RATZKER SH. B.	5-41	JAVELIN	
100m w/st +1.79		R.	54-56
S GORDON ENFIELD GRAMMER	12-1	HIGH JUMP	
M. MITHOKOZAI Hill.	12-4	N ALLEN TVH	1.65
M SPARKS BELSEAVE	12-4	N RUTTER B & E	1.55
C CHRISTOFF ENFIELD	12-6	J HENDERSON B & H	1.50
S BUCKERIDGE ESM	12-7	L KARAOUS Hgy	1.45
J COMMISSIONG TVH	12-9	D FORBY B & H	1.40
80m Hurdles (CBP)		P HIGHGATE B & H	1.30
N RUTTER BOENF.	14-1	P FORBY B & H	1.25
S BELL-NEVIN " "	14-1		
800m			
N BABIE BOENF.	2-16.3		
D FOREY BOENF.	2-17.5		
T LANSLEY ESMx	2-18.4		
P HIGHGATE BOENF.	2-25.5		
S PORTER BOENF.	2-26-0		
C CLARK HILLINGDON	2-29-3		
P FOREY BOENF.	2-29.4		
200m w/st 2.05			
N ALLEN TVH	24.8		
M SPARKS BELSEAVE	24.9		
A DOBSON BOENF.	25.2		
S BUCKERIDGE ESMx	26-0		

VENUE: W. FIELD DATE: 10-3-71

AGE GROUP: UJ 17 MEN/WOMEN

400M H. TRACK	FIELD
S McLEOD ESMx 60.5	SHOT
400m. HEAT 1	F MIELE HAR. 13.56
P HARRISON BOFH. 54.5	D HARRIES Hill. 13.02
S ISMAEL SH. B. 55.8	POLE VAULT. (C&P)
T VARNEY HAR. 56.1	M DENSLEY ESMx 4.05
J KEELER BARRET. D 58.7.	DISCUS
HEAT 2	F MIELE HARINKEY 45.34
T ACE HAR. 56.3	J KEELER BARRET+D 33.98
A JONES ESMx 56.7	D HARRIES HILLINGDON 31.62
G CLARK ENFIELD 57.2	400M FINAL
L WRIGHT Hillingdon 58.0	T ACE HARINKEY 54.3
M MACKAY HOUNSLOW 60.5.	P HARRISON BOFH HOUNSLOW 54.7
100m W/S W/S 0.72	S ISMAEL SHAFI B 54.8
D CHIN HOUNSLOW 11.4	A JONES ESMx 55.0
B ANGUS HARINSEY 11.5	T VARNEY HARINSEY 56.5
A SAVAGE HARINSEY 11.7	G. CLARK BOF ENF. 57.5
J CRAIG Hillingdon 11.9	200m W/S W/S 2.8
I BOAKY ACHAM OPH 12.2	S McLEOD HARINKEY 23.6
P SMYTH BOF ENF 12.3	D GRAVES AND BOF ENF. 24.6
M SILAH. BLACKHEATH. 12.3	W BAKER T.V.H. 25.1
1500m S/C	BOAKY ACHAM OPH. 25.5
M HART BOF ENF. 5-10-6	1500m
3.000m	T BERGE T.V.H. 4-14.5
D STEVENS BOF ENF. 9.54-4	S EDWARDS Hillingdon 4-15.1
J ELLIS ESM 10.04-6	A O'DONNELL ESMx 4-29.5
R KENNEDY BOF ENF. 10.44-0	M DESILVA T.V.H. 4-41-3
100m HURDLES ^{W/S} 1.1	J SHIPLEY Hill 4-42-9
T KNOX HOOKE BOF ENF. 14.8	JEWELIN
M SILAH. BLACKHEATH 15.5	P OLWENY ESMx 54.56
S McLELLAND ESMx 15.5	S ROBERTS HARINSEY 47.46
N WINSHIP BOF ENF. (W/L) 9-1	J KEELER BARRET. D. 37.78
MURRAY 800m ^{ESMx}	HIGH JUMP
M MARRON HARROW 2-06-8	T. KNOX-HOOK B & E 1.80
A LOWDES ESMx 2-09-7	I TOWNSEND ESM 1.60
E HUTCHINS RICH T 2-13-6	
M MURRAY HARROW 2-15.2	
M MACILAY BOFH HOUNSLOW 2.27.5.	

400M H. TRACK	FIELD
D HARRIS Mill. 61.2	SHOT
R WILMER BOKEHF 61.2	L ROSENBERG HARROW 12.88
400m.	T HARRINGTON SBH. 12.01
S ELSWOOD BOFHOUW. 54.9	T J.
100m. W/S + 2.60	S OSO WOODSEN. 13.30
D BURLEY BLACKHEATH. 11.0	S KARAOUS HARINSEY 12.44
E NEWALL TVH 11.2	POLE VAULT (CBP)
S SCOTT BELGRAVE 11.2	R COOPER BOF HOW. 4.40
T AKPOJOTOR HARINSEY 11.5	S McLENNAN " " 4.40.
W SENTAL HARINSEY 11.7	DISCUS
D ELIASORDON HOUNSLOW 11.7	L ROSENBERG HARROW 46.54
2,000M S/C	N FOGG SBH. 28.94
E BASQUIL BOF ENFIELD 6.24.3	T HARRINGTON SBH. 26.38
D MORREN HARROW 7.52.6	T ASH. SBH. 25.86
3,000M	JAVELIN
M TOWNEND HARINSEY 9.17.5	N FOGG. SBH. 30.80
J LEE RICH + T. 9.26.7	HAMMER
110M HURDLE ^{HS} 3.2	N FOGG SBH. 49.12
F NGONADI BARNET + D 17.8	T HARRINGTON SBH 45.72
800m	T ASH SBH. 38.74
A THEOPLANE-TREAS TVH 2.08	HIGH JUMP
A FITZPATRICK BOFHOUW. 2.08.2	F NGONADI BARNET 1.85
200m W/S + 2.0	D WILLIAMS SB 1.80
D BURLEY BLACKHEATH. 22.1	
N HOQUE " 22.2	
S IMAN S/B 22.9	
E ALLEN TVH. 23.0	
T AKPOJOTOR HARINSEY. 24.9	
1500m	
S BRIFFETT HIGHKATE 4.08.2	
H DIAS TVH 4.09.3	
J BALDWIN ESMX 4.11.5	
D DANMEDO Mill 4.11.8	
A TANNER BOEENF 4.24.7	
B WALSH. SH. B 4.28.3	
M PATTERSON Mill 4.56.2	

TRACK		FIELD	
400M H.		SHOT.	
M GREEN BOFHOUN. 56.9		S GARLAND PEMBROKE + S. 10.54	
J HOPIKINS ST ALBANS Q.D. 59.6		T.S.	
800M HEAT 1		J GOLLEY TVH. 15.35	
R ASHE Hill. 1-56.4		M BRAMBLE BLACKHEATH. 14.83	
E Williams TVH 1-57.3		M BROWN HARINSEY 13.92	
C GODFREY SHAF B. 1-57.5		L KIN BARJET 11.53	
C BANNON BOFH. 1-57.8		POLE VAULT.	
R DAWSON HIGH. 1-59.8		E. Mills WINCHESTER 4.05	
R POULTER Hill. 2.00.2		DISCUS	
S KENNEDY LONDON I. 2.01.5		N SOUFRIN BOF ENF 42.08	
HEAT 2		S GARLAND PEMBROKE + S. 32.20	
T HALL HIGH. 1-56.9		LONG JUMP	
D WING W.G. 1-57.1		J MUNROE TVH. 6.71	
A WRAY HARROW 1-57.3		S NASH OPH 6.70	
J McLOUGHLIN BOFH. 1-58.1		C KIN BARJET + D. 5.78	
T CLARK Hill 1-58.5		JAVELIN	
J GUINEY L I. 1-58.7		P PARRY P TVH. 59.74	
G NEWMAN BOFH. 2.02.9		E FYAT P TVH. 53.74	
FINAL		L HOUSLIP P TVH 52.32	
D HALL HIGHGATE 1-51.2		G JONES VERLEA. 52.18	
R ASHE Hillingdon 1-51.6		M BAMFORD Hillingdon 50.78	
E BANNON BOFHOUNSLOW 1-55.4		HAMMER	
D WING. WOODFORD 1-56.9		W BEAUCHAMP P TVH. 63.70	
A WRAY HARROW 1-58.1		M HICKS HOUSLOW 53.20	
C GODFREY SHAF B. 2.00.4			
400m.			
G DEARMAN BEUSRAVE 47.8			
E Williams TVH. 48.1			
K BENTHAM TVH. 49.1			
R DAWSON HIGHGATE 51.9			
R DAVIS OPH 52.4			
3000m S/C			
P. LEMMON NLAC 9.42.3			
P. YORK E.S.Mx 9.57.7			
L. RYDGE HARROW 10.02.2			
P. WETTON TVH. 10.18.4			

AGE GROUP: SENIOR MEN/WOMEN

TRACK

FIELD

100M	HEAT 1 W/S + 2.4	
D BIGWELL	HAR	10.6
N RYAN	L.I.	10.8
R SAMUEL	HARROW	11.1
A TETSOLE	T.V.H.	11.8
P MAFO	HAR.	12.2

5000M		
M CURSONS	HARROW	15.44.3
R JENKIN	HILLINGDON	15.47.8
A O'CONNOR	HARINSEY	15.51.0
J RODGERS	BOF HOWL.	16.33.1

HEAT 2 W/S + 1.5

1500M

O ONUORAH.	SH. B.	10.8
M OKOTE	Pym TVH	11.0
S DUNCAN	HIGH.	11.3
J QUARRY	HARROW	11.5
A KAMARS	HAR	12.1

A ROSEN	HARINSEY	3.54.3
A COLEMAN	BOF ENF	3.54.7
B WHITBY	" HOYN.	3.57.4
J LAWSON	HIGHGATE	4.04.2
G ELSNER	WOKING	4.08.8
R NEIL	HARINSEY	4.23.7

FINAL W/S + 1.2

D BIGNALL	HARINSEY	10.6
N RYAN	L.I.	10.8
O ONUOREH.	SH. B.	10.8
R SAMUEL	HARROW	11.0
M OKOTE	TVH.	11.1
S DUNCAN	HIGHGATE	11.6
A TETSOLE	T.V.H.	11.9

3000M WALK

J HALL	BELGRAVE	16.06.0
R POWELL	BOF ENFIELD	16.56.1

110M HURDLES W/S + 3.2

K HARRIES	TVH.	14.8
A CARTER	TVH.	15.2
S SCOTT	BELGRAVE	15.5
S GARLAND	PEMBROKE	16.6

200M W/S + 3.9

C ARCHER	TVH	21.5
S ADEPEGBA	HARINSEY	21.5
T CAMERON	SHAF. B.	21.6
T OLABINRI	TVH.	22.1
I McGOAY	ESMY	22.2
S DUNCAN	HIGHGATE	22.6
O TORAMAN	HARINSEY	23.3