

**Middlesex County Track & Field Championships held at Mile End Stadium on
Saturday 11th May 2002 – Results**

Senior Men

100 Metres – Heat 1 (+3.2)

1.H.Aydu (TVH)	10.8
2.D.Chin (Belgrave)	10.8
3.H.Ogunyemi (Enf & Har)	11.0
4.S.Omonua (Enf & Har)	11.1
5.M.Sillah-Freckleton (Blackheath)	11.3
6.M.Julien (Enf & Har)	11.6
7.B.King (Harrow)	11.9
8.D.Nwokeji (London Heathside)	12.3

100 Metres – Heat 2

1.J.Thomas (WGEL)	10.9
2.A.Hughes (SBH)	11.0
3.R.Alleyne (ESM)	11.2
4.M.Otubambo (Enf & Har)	11.2
5.R.Samuel (Harrow)	11.3
6.J.Greenidge (ESM)	11.4
7.A.James (Blackpool & Fylde)	11.7

100 Metres – Heat 3 (+2.1)

1.C.Wilson (WGEL)	10.9
2.M.Hanson (Enf & Har)	10.9
3.J.Jeffrey (Harrow)	11.2
4.J.McLoughlin (Enf & Har)	11.2
5.A.Lewis (Harrow)	11.4
6.O.Marsh (Harrow)	11.4
7.P.Appoh (SBH)	12.3

100 Metres – Semi-Final(+2.0)

1.C.Wilson (WGEL)	10.7
2.J.Thomas (WGEL)	10.7
3.H.Ogunyemi (Enf & Har)	10.9
4.H.Aydu (TVH)	10.9
5.J.Jeffrey (Harrow)	11.2
6.R.Samuel (Harrow)	11.3
7.M.Sillah-Freckleton (Blackheath)	11.3
M.Otubambo (Enf & Har) – DNS	

100 Metres – Semi-Final (+1.8)

1.M.Hanson (Enf & Har)	10.8
2.D.Chin (Belgrave)	10.8
3.A.Hughes (SBH)	11.0
4.R.Alleyne (ESM)	11.0
5.J.McLoughlin (Enf & Har)	11.2
6.A.Lewis (Harrow)	11.4
7.J.Greenidge (ESM)	11.4
8.S.Omonua (Enf & Har)	14.2

100 Metres – Final (+1.6)

1.M.Hanson (Enf & Har)	10.7
2.C.Wilson (WGEL)	10.7
3.D.Chin (Belgrave)	10.8
4.J.Thomas (WGEL)	10.8
5.H.Ogunyemi (Enf & Har)	10.9
6.R.Alleyne (ESM)	10.9
7.H.Aydu (TVH)	11.1
8.A.Hughes (SBH)	11.2

200 Metres – Heat 1 (+1.2)

1.P.Octave (WGEL)	22.2
2.I.Deeth (Belgrave)	22.2
3.A.Lewis (Harrow)	23.3
4.R.Dawson (Highgate)	24.3

200 Metres – Heat 2 (+1.3)

1.B.Barikor (Blackheath)	22.5
2.Darren Robinson (VPHTH)	23.4
3.M.Julien (Enf & Har)	23.7

200 Metres – Heat 3 (+2.3)

1.M.Marraud (TVH)	22.1
2.G.Dearman (Belgrave)	22.3
3.R.Moseley (SBH)	22.6
4.J.Jeffrey (Harrow)	22.9
5.A.James (Blackpool & Fylde)	23.5

200 Metres – Final(+0.3)

1.G.Dearman (Belgrave)	22.0
2.M.Marraud (TVH)	22.0
3.P.Octave (WGEL)	22.0
4.B.Barikor (Blackheath)	22.1
5.I.Deeth (Belgrave)	22.2
6.R.Moseley (SBH)	22.7
7.J.Jeffrey (Harrow)	23.0
8.Darren Robinson (VPHTH)	23.4

400 Metres

1.A.Fernandez (TVH)	49.0
2.K.Appiah (Enf & Har)	49.8
3.S.Taylor (Harrow)	51.7
4.R.Dawson (Highgate)	52.1
5.I.Monaghan (Harrow)	53.9
6.C.Doyon (SBH)	54.9
7.R.Poulter (Hillingdon)	56.2
8.R.Curran(Highgate)	56.7

800 Metres – Heat 1

1.A.McGarva (ESM)	1-55.4
2.D.Hall (Highgate)	1-55.9
3.S.Overall (WSE & H)	1-57.3
4.C.Symonds (Enf & Har)	1-58.1
5.T.Adams (Enf & Har)	2-04.2
6.T.Grose (VPHTH)	2-05.6

800 Metres – Heat 2

1.P.Davis (Highgate)	2-03.2
2.E.Williams (TVH)	2-03.5
3.D.Twrenbold (SBH)	2-04.2
4.R.Datnow (TVH)	2-04.2
5.D.Domoney (ESM)	2-07.8
6. T.McDowell (VPHTH)	2-18.0

800 Metres - Final

1.D.Hall (Highgate)	1-50.5
2.E.Williams (TVH)	1-53.1
3.A.McGarva (ESM)	1-53.8
4.S.Overall (WSE&H)	1-53.9
5.C.Symonds (Enf & Har0	1-55.6
6.P.Davis (Highgate)	2-01.3
7.R.Datnow (TVH)	2-01.4
8.D.Twrenbold (SBH)	2-03.5

1500 Metres

1.C.Bannon (WSE & H)	3-57.2
2.J.Trapmore (SBH)	4-02.4
3.G.Townsend (London Irish)	4-22.1

5000 Metres

1.S.Tompsett (Hillingdon)	14-50.8
2.S.Wurr (HHH – Guest)	15-15.1
3.J.Creane (London Irish)	15-31.5
4.A.Welshman (London Heathside)	16-03.7
5.S.Kerr (London Irish)	16-18.1
6.J.Roche (VPHTH)	16-18.8
7.R.Browne (London Heathside)	16-30.6

3000 Metres Steeplechase

1.P.Lemmon (London Heathside)	9-58.3
2.P.York(ESM)	12-04.7

3000 Metres Walk

1.J.Hall (Belgrave)	14-30.4
2.S.Lightman (Surrey W.C.)	15-45.6
3.D.Fotheringham(Belgrave)	17-42.3
4.P.Ray (Enf & Har)	19-22.6
5.C.Michael (Enf & Har)	23-21.1

400 Metres Hurdles

1.I.Monaghan (Harrow)	55.9
2.Darren Robinson (VPHTH)	57.0
3.L.Malan (VPHTH)	60.4
4.Dave Robinson (VPHTH)	64.8

110 Metres Hurdles (+1.2)

1.M.Silah-Freckleton (Blackheath)	14.4
2.L.Salvador-Aylott (Harrow)	15.9
3.I.McCalla (Harrow)	18.0

Long Jump

1.A.Phillips (ESM)	7.24m
2.B.Barikor (Blackheath)	6.61m
3.L.Salvador-Aylott (Harrow)	6.53m
4.C.K.Tsang (Barnet & Dist)	5.75m

Triple Jump

1.J.Golley (TVH)	15.17m
2.M.Corrigan (St Mary's College)	14.32m
3.S.Ojo (WGEL)	13.68m
4.D.Johnson (Harrow)	12.57m

Pole Vault – Abandoned**Shot**

1.L.Rosenberg (Harrow)	13.64m
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Discus

1.L.Rosenberg (Harrow)	49.61m
2.N.Sougrin (Enf & Har)	38.48m
3.N.Fogg (SBH)	26.75m

Javelin

1.N.Fogg (SBH)	37.37m
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Hammer

1.W.Beauchamp (Unatt)	68.09m
2.L.Greenfield (TVH)	63.11m
3.N.Fogg (SBH)	43.69m

Senior Women**100 Metres (+2.1)**

1.C.Harrison-Bloomfield(Belgrave)	11.9
2.M.Turner (TVH)	12.1
3.S.Williams (TVH)	12.3
4.B.Olofinjana (VPHTH)	12.5
5.D.Gayle (Barnet & Dist)	12.7
6.T.Nubi (Enf & Har0	12.9
7. A-M.Thorpe (TVH)	12.9
8.C.Leadbetter (ESM)	13.0

200 Metres (+0.5)

1.C.Harrison-Bloomfield (Belgrave)	24.4
2.D.Gayle (Barnet & Dist)	25.3
3.B.Olofinjana (VPHTH)	25.5
4.C.Leadbetter (ESM)	26.7
5.P.Asante (VPHTH)	26.7
6.C.Rhule (Enf & Har0	26.7
7.M.Shasanya (VPHTH)	30.0

400 Metres

1.S.Williams (TVH)	59.6
2.R.Long (Highgate)	60.4
3.P.Asante (VPHTH)	61.3
4.P.Woodland (ESM)	64.9
5.C.Heaney (ESM)	65.4
6.M.Shasanya (VPHTH)	68.0

1500 Metres

1.H.Yelling (WSE&H)	4-30.6
2.S.Andrews (WGEL)	4-41.2
3.M.Zapasnik (ESM)	5-17.6

100 Metres Hurdles (+1.7)

1.R.Wright (TVH)	15.8
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Long Jump

1.B.Olofinjana (VPHTH)	4.89m
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Pole Vault

1.C.Macrae (WSE&H) (=CBP)	3.40m
2.K.Callaghan (WSE &H)	3.30m
3.H.Leadbetter (ESM)	2.60m
4.D.McLennan (WSE&H)	1.80m

Discus

1.R.Hardy (Highgate)	44.25m
2.J.John (ESM)	38.15m

Hammer

1.L.Sprules (SBH)	59.41m
2.D.Holden (Belgrave)	58.17m
3.J.John (ESM)	47.48m
4.R.Hardy (Highgate)	36.53m
5.E.Williams (Enf & Har)	33.73m

Under 20 Men**100 Metres (+2.1)**

1.C.Turner (Enf & Har)	10.8
2.L.Baptiste (Enf & Har0)	10.8
3.I.Adekanmbi (Winchmore Sch)	11.3
4.N.Chambers (Enf & Har)	11.4
5.A.Wahab-Buhari (VPHTH)	11.7
6.K.Subron (Enf & Har)	12.4

200 Metres – Heat 2 (+0.5)

1.C.Turner (Enf & Har)	22.7
2.N.Chambers (Enf & Har)	23.0
3.C.Rukundo (Hendon Sch)	23.4
4.M.Walker (Enf & Har)	23.4

800 Metres

1.N.Anderson (London Heathside)	2-16.5
2.L.Pringle (WSE&H)	2-17.2
3.M.Zapasnik (ESM)	2-29.1

3000 Metres

1.S.Murphy (SBH)	10-13.1
2.J.King (London Heathside)	10-13.6
3.V.Parry (London Heathside)	10-51.5

400 Metres Hurdles

1.K.Porter (Blackheath- Guest)	62.8
2.R.Wright (WSE&H)	63.2
3.J.Riedel (Reading)	67.6
4.P.Woodland (ESM)	68.9
5.C.Heaney (ESM)	70.2

Triple Jump

1.Y.Alderma –Pozo (SBH – Guest)	13.49m
2.T.Robinson-Scanlon (SBH)	12.32m
3.A-M.Thorpe (TVH)	12.10m
4.S.Aneto (WGEL)	11.91m
5.C.Stead (Belgrave)	11.71m
6.M.Okwue (TVH)	11.53m
7.M.Walker (WSE&H)	11.50m

Javelin

1.E.Williams (Enf & Har)	30.35m
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200 Metres – Heat 1 (+0.1)

1.K.Riley (Enf & Har)	22.8
2.A.Buhari (VPHTH)	23.4
3.I.Adekanmbi (Winchmore Sch)	23.7
4.A.Khadra (ESM)	26.3

200 Metres – Final (+0.9)

1.C.Turner (Enf & Har0)	21.8
2.K.Riley (Enf & Har0)	22.6
3.M.Walker (Enf & Har0)	23.1
4.C.Rukundo (Hendon Sch)	23.1
5.A.Buhari (VPHTH)	23.1
6.I.Adekanmbi (Winchmore Sch)	23.4
7.N.Chambers (Enf & Har)	24.6
8.A.Khadra (ESM)	26.6

400 Metres		800 Metres	
1.D.St.Clair (Enf & Har)	49.2	1.S.Omar (ESM)	1-56.6
2.M.Winship (Enf & Har)	50.2	2.G.Gautama (SBH)	2-07.8
3.C.Rukundo (Hendon Sch)	52.8		
4.D.Lavipour (Highgate)	53.5		
5.J.Bakhit (TVH)	54.0		
6.A.Khadra (ESM)	59.6		
110 Metres Hurdles (+1.2)		400 Metres Hurdles	
1.M.Winship (Enf & Har)	15.1	1.M.Winship (Enf & Har0)	55.0
2.R.Allaynz (VPHTH)	15.3		
Long Jump		Triple Jump	
1.A.Wahab-Buhari (VPHTH)	6.48m	1.C.Campbell (ESM)	13.54m
2.A.Casal (SBH)	6.12m	2.A.Harrington (SBH)	11.91m
3.D.Powlett (ESM)	6.11m		
4.N.Adams (Enf & Har0)	6.07m		
5.A.Zeniou (SBH)	5.55m		
Discus			
1.M.Marsden (SBH)	36.74m		
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Under 20 Women			
100 Metres (+3.0)		200 Metres (+0.3)	
1.S.Belle (VPHTH)	12.0	1.C.Pierre (SBH)	25.1
2.C.Pierre (SBH)	12.2	2.S.Charles (ESM)	25.2
3.K.Dunn (ESM)	12.5	3.L.Onyeforo (Enf & har0)	26.3
4.A.Dublin (VPHTH)	12.7	4.N.Small (ESM)	27.0
5.L.Onyeforo (Enf & Har0)	12.9		
400 Metres		800 Metres	
1.M.Canning (ESM)	59.8	1.M.Hutchinson (Hillingdon)	2-22.1
2.M.McNamare (Enf & Har)	60.5	2.E.Griffiths (Barnet & Dist)	2-38.8
3.R.Adewale (TVH)	61.2		
4.C.Pierre (SBH)	61.5	1500 Metres	
5.S.Bell (Harrow)	62.3	1.M.Powell (WGEL)	5-01.8
6.H.Kemble (Enf & Har)	64.8	2.E.Griffiths (Barnet & Dist)	5-20.3
7.L.Thomas (SBH)	70.3		
3000 Metres		100 Metres Hurdles (+1.7)	
1.E.Griffiths (Barnet & Dist)	11-17.4	1.S.Belle (VPHTH) (CBP)	14.0
2.H.Bundock (Hillingdon)	12-10.1	2.P.Agbo (TVH-U17)	14.5
		3.V.Olaoye (ESM)	15.9
		4.L.Thomas (SBH)	22.0
400 metres Hurdles		High Jump	
1.M.Canning (ESM)	64.4	1.H.Brown (TVH)	1.58m
2.K.Wilson (Enf & Har)	68.4	2.V.Olaoye (ESM)	1.52m
3.L.Thomas (SBH)	78.6		
Long Jump		Triple Jump	
1.S.Belle (VPHTH) (CBP)	6.01m	1.L.Thomas (SBH)	8.75m
2.V.Olaoye (ESM)	4.96m		
Discus		Javelin	
1.E.Dece (TVH)	43.10m	1.E.Calliste (TVH)	34.00m
2.G.Thurston (SBH)	23.31m		
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Under 17 Men**100 Metres – Heat 1 (+2.5)**

1.J.A.Khan (SBH)	11.2
2.E.Wimm (Highbury Grove Sch)	11.6
3.D.Walker (Enf & Har)	11.6
4.J.Addai-Poku (SBH)	11.6
5.D.Cook (WSE&H)	12.3
6.G.Rasaq (Oaklands Sch)	13.9

100 Metres – Heat 3 (+1.5)

1.C.Gibbons (Oaklands Sch)	11.8
2.A.Gordon (ESM)	11.9
3.S.Wills (ESM)	12.0
4.Agyeman-Duah (Cardinal Pole Sch)	12.2
5.K.Peters (VPHTH)	12.7
6.R.Sande (Highgate)	12.9

200 Metres – Heat 1 (+2.9)

1.J.Alert-Khan (SBH)	22.8
2.R.Raybe (White Hart Lane Sch)	24.0
3.N.Rose (TVH)	24.6
4.E.Bediako (St Pauls Way Sch)	24.7

200 Metres – Final (+0.4)

1.J.Alert-Khan (SBH)	22.6
2.S.Williamson (Highgate)	24.0
3.R.Raybe (White Hart Lane Sch)	24.1
4.N.Rose (TVH)	24.4
5.E.Bediako (St Pauls Way Sch)	25.2

800 Metres

1.L.Bowron (ESM)	1-56.8
2.L.Danagher (Highgate)	2-02.9
3.D.Grant (ESM)	2-07.1
4.P.Zuna (TVH)	2-18.4

3000 Metres

1.K.Desborough (London Heathside)	9-52.0
2.C.Nicol (TVH)	10-10.1

400 Metres Hurdles

1.A.Vincent (Enf & Har)	65.7
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Long Jump

1.J.Addai-Poku (SBH)	6.21m
2.L.Barzey (White Hart Lane Sch)	6.08m
3.H.Winthrop (Harrow)	5.52m
4.D.Fox-Huckley (Morpeth Sch)	5.32m
5.P.Antwi (White Hart Lane Sch)	5.02m
6.K.Peters (VPHTH)	3.38m

100 Metres – Heat 2 (+2.1)

1.C.Musa (VPHTH)	11.3
2.K.Donaldson (Enf & Har)	11.6
3.S.Williamson (Highgate)	11.7
4.R.Raybe (White Hart Lane Sch)	11.8
5.L.Keeling (White Hart Lane Sch)	12.2
6.T.Chandler (Bishopshalt Sch)	12.6

100 Metres – Final (+4.1)

1.J.Alert-Khan(SBH)	11.2
2.K.Donaldson (Enf & Har)	11.5
3.C.Gibbons (Oaklands Sch)	11.5
4.J.Addai-Poku (SBH)	11.5
5.A.Gordon (ESM)	11.6
6.D.Walker (Enf & Har)	11.8

200 Metres – Heat 2 (+0.2)

1.D.Walker (Enf & Har)	23.8
2.S.Williamson (Highgate)	24.5
3.D.Nkrumah (Cardinal Pole Sch)	25.2
4.B.Grant (?)	25.9
5.P.Antwi (White Hart Lane Sch)	25.9

400 Metres

1.S.Palmer (Enf & Har)	52.3
2.N.Lewis (Enf & Har)	52.7
3.F.Akinyisola (Cardinal Pole Sch)	56.5
4.D.Fox-Huckley (Morpeth Sch)	57.9
5.S.Dauda (St Pauls Way Sch)	61.7
6.D.Ramrathan (White Hart Lane Sch)	62.7

1500 Metres

1.T.Haughian (WSE&H)	4-06.9
2.I.Ibrahim (London Heathside)	4-11.1
3.H.Jama (ESM)	4-30.4
4.C.Suarez (ESM)	4-51.6
5.J.Sawyer (TVH)	5-01.9
6.F.Rahman (St Pauls Way Sch)	5-20.8
7.A.Yusuf (Morpeth Sch)	5-41.8

1500 Metres Steeplechase

1.P.Harrison (Harrow)	5-17.1
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High Jump

1.H.Winthrop (Harrow)	1.75m
2.N.McDaid (Enf & Har)	1.65m
3.D.Beaner (Morpeth Sch)	1.55m
4.D.Ramrathan (White Hart Lane Sch)	1.50m

Triple Jump

1.E.Bediako (St Pauls Way Sch)	12.82m
2.A.Lau (Bishopshalt Sch)	11.60m

Shot

1.J.Joseph (Enf & Har)	14.17m
2.A.Wood (VPHTH)	11.32m
3.D.Harland (SBH)	11.32m

Pole Vault		Discus	
1.C.Springer (Enf & Har)		2.70m	1.J.Joseph (Enf & Har) 40.13m
2.C.Lakole-Muhemba (White Hart Lane Sch)		2.70m	2.T.Chandler (Bishopshalt Sch) 26.14m
3.C.Wilson (Enf & Har)		2.60m	3.S.Dauda (St Pauls Way Sch) 22.13m

Javelin		Hammer	
1.B.Mateus (White Hart Lane Sch)	24.85m	1.J.Jospeh (Enf & Har)	48.65m
		2.A.Wood (VPHTH)	35.69m

Under 17 Women

100 Metres (+1.6)

1.E.Wilson (Harrow)	12.8
2.S.Scannell (Highgate)	13.0
3.K.Deacon (White Hart Lane Sch)	16.3

200 Metres (+0.2)

1.A.Broadbent (TVH)	26.9
2.S.Anghaece (TVH)	27.5

300 Metres

1.S.Anghaece (TVH)	45.4
2.N.White (Enf & Har)	48.2
3.L.Keeler (ESM)	51.8

800 Metres

1.H.Cunningham (ESM)	2-35.6
2.C.Cyrus (QPH)	2-49.7
3.C.O'Connell (ESM)	2-58.6

1500 Metres

1.R.Piggott (Enf & Har)	5-08.7
2.I.Ramsey (SBH)	5-14.3
3.A.McGuigan (ESM)	5-27.5
4.J.Booth (ESM)	5-36.9
5.N.White (Enf & Har)	5-51.3
6.S.McNamara (Enf & Har)	5-57.9

3000 Metres

1.A.Beverley (Rich & Twick)	11-13.1
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80 Metres Hurdles (+2.5)

1.A.Broadbent (TVH)	12.4
2.A.Farrell (Bishopshalt Sch)	17.9

300 Metres Hurdles

1.A.Broadbent (TVH)	46.7
2.S.Scannell (Highgate)	48.2
3.S.Anibaba (VPHTH)	53.4

High Jump

1.P.Agbo (TVH)	1.58m
2.K.Lewis (VPHTH)	1.43m
3.A.Farrell (Bishopshalt Sch)	1.35m
4.C.Cyrus (QPH)	1.25m

Long Jump

1.P.Agbo (TVH)	5.64m
2.S.Gutzmore (Highgate)	5.01m
3.S.Scannell (Highgate)	4.81m
4.S.Anibaba (VPHTH)	4.59m

Triple Jump

1.A.Clough (VPHTH)	8.68m
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Javelin

1.T.Neill (WSE&H)	34.85m
2.N.Benjamin (Oaklands Sch)	14.79m

Shot

1.T.Neil (WSE&H)	9.91m
2.K.Songhoron (VPHTH)	8.62m
3.S.McGuigan (ESM)	7.16m
4.A.Clough (VPHTH)	6.23m

Hammer

1.S.Hynes (ESM)	38.15m
2.S.McGuigan (ESM)	22.95m

Under 15 Boys

100 Metres – Heat 1 (+2.1)

1. C.Julian (Enf & Har)	11.5
2.O.Hope (Morpeth Sch)	11.9
3.A.Simpson-Porter (VPHTH)	12.3
4.M.Samad (St Pauls Way Sch)	12.4
5.M.Moporobe (White Hart Lane Sch)	12.4
6.L.Follows (ESM)	13.4
7.V.D'Arcy (Morpeth Sch)	13.7

100 Metres – Heat 2 (+3.3)

1.K.Bediako (Enf & Har)	12.0
2.Andre Laidley (Enf & Har)	12.2
3.B.Chukwu-Onu (VPHTH)	12.3
4.E.Oppong-Yeboah (Cardinal Pole Sch)	12.9
5.S.Nicholas (Oaklands Sch)	13.3
6.J.Blake (Raines Foundation)	13.3
7.L.Ivey (Morpeth Sch)	13.3
8.D.Oram (Oaklands)	13.6

100 Metres – Heat 3 (+2.7)

1.D.Gibbons (Oaklands Sch)	12.2
2.Anthony Laidley (Enf & Har)	12.2
3.C.Saldsman (JFS Sch)	12.5
4.B.Okoro (Raines Foundation)	13.1
5.A.Allen (Enf & Har)	13.3
6.B.Dyer (Oaklands Sch)	13.5
7.K.Rasaq (Oaklands Sch)	14.1
8.K.Jeffery (White Hart Lane Sch)	14.6

100 Metres – Final

1.C.Julien (Enf & Har0)	11.4
2.O.Hope (Morpeth Sch)	11.8
3.K.Bediako (Enf & Har)	12.1
4.Andre Laidley (Enf & Har)	12.2
5.A.Simpson-Porter (VPHTH)	12.3
6.Anthony Laidley (Enf & Har0)	12.3
D.Gibbons (Oaklands Sch) - DNS	
B.Chukwu-Onu (VPHTH) – DNS	

200 Metres – Heat 1 (+0.2)

1.C.Julien (Enf & Har)	23.6
2.D.Gibbons (Oaklands Sch)	24.9
3.D.Ssejjemba (Morpeth Sch)	26.3
4.T.Jeffers (Raines Foundation)	27.1
5.L.Peart (Oaklands Sch)	28.2

200 Metres – Heat 3 (+1.6)

1.K.Bediako (Enf & Har)	24.8
2.Andre Laidley (Enf & Har)	25.4
3.L.Herbert (Raines Foundation)	25.6
4.D.Tuffour (White Hart Lane Sch)	26.3
5.A.Akande (Morpeth Sch)	26.7
6.S.Ahmed (St Pauls Way Sch)	27.7
7.S.Nicholas (Oaklands Sch)	27.7
8.L.Ivey (Morpeth Sch)	27.9

400 Metres – Heat 1

1.D.Lawson (London Heathside)	58.9
2.J.Downing (ESM)	60.2
3.A.Akande (Morpeth Sch)	63.4
4.D.Oram (Oaklands Sch)	66.4
5.M.Ball (Raines Foundation)	75.9
6.V.Xhambazi (Oaklands Sch)	78.3
D.Tuffour (White Hart Lane Sch) - DNS	

400 Metres – Final

1.C.Mayo (Bishopshalt Sch)	56.2
2.D.Lawson (London Heathside)	58.6
3.D.Ssejjemba (Morpeth Sch)	59.0
4.J.Downing (ESM)	59.3
5.T.Crosbie (Oaklands Sch)	60.8
6.A.Akande (Morpeth Sch)	60.9
D.Oram (Oaklands Sch) – DNS	
D.Ajumobi (Raines Foundation) - DNS	

1500 Metres

1.A.Igi (ESM)	4-21.3
2.G.Glancy (WSE&H)	4-24.0
3.A.Wahab (ESM)	4-46.3
4.I.May (WSE&H)	4-48.4
5.A.Jackson (VPHTH)	4-53.4
6.S.Gulaid (St Pauls Way Sch)	4-59.1
7.B.O'Brien (Cardinal Pole Sch)	5-03.1
8.J.Marshall (Bishopshalt Sch)	5-08.6
9.L.Campbell-Arranz (QPH)	5-24.8
10.L.Gruszewski (TVH)	5-34.2
11.R.Wade (Morpeth Sch)	6-24.8

Long Jump

1.L.Herbert (Raines Foundation) (CBP)	5.75m
2.A.Simpson-Porter (VPHTH)	5.64m
3.D.Ssejjemba (Morpeth Sch)	5.07m
4.P.Ball (Raines Foundation)	5.01m
5.E.Oppong-Yeboah (Cardinal Pole Sch)	4.83m
6.J.Ali (Oaklands Sch)	4.32m
7.B.Okoro (Raines Foundation)	4.25m
8.L.Ivey (Morpeth Sch)	4.14m
9.A.Zakari (Morpeth Sch)	3.98m
10.A.Akande (Morpeth Sch)	3.64m
11.O.Hope (Morpeth Sch)	3.62m
12.B.Drew (Morpeth Sch)	3.02m

200 Metres – Heat 2 (+1.6)

1.A.Babb (Cardinal Pole Sch)	24.5
2.B.Chukwu-Onu (VPHTH)	24.6
3.O.Hope (Morpeth Sch)	25.3
4.Anthony Laidley (Enf & Har)	25.3

200 Metres – Final (+0.7)

1.C.Julien (Enf & Har) (=CBP)	23.0
2.A.Babb (Cardinal Pole Sch)	24.5
3.B.Chukwu-Onu (VPHTH)	24.8
4.D.Gibbons (Oaklands Sch)	25.0
5.K.Bediako (Enf & Har)	25.3
6.Anthony Laidley (Enf & Har)	25.5
7.Andre Laidley (Enf & Har)	25.5
O.Hope (Morpeth Sch) – DNS	

400 Metres – Heat 2

1.C.Mayo (Bishopshalt Sch)	58.9
2.T.Crosbie (Oaklands Sch)	62.4
3.D.Ssejjemba (Morpeth Sch)	64.2
4.D.Ajumobi (Raines Foundation)	64.5
5.L.Peart (Oaklands Sch)	69.3
6.S.Hall (Raines Foundation)	74.3

800 Metres

1.A.Igi (ESM)	2-04.3
2.R.Campbell (Highgate)	2-09.4
3.B.Stock (ESM)	2-13.2
4.K.Blackstone (Bishopshalt Sch)	2-14.8
5.K.Duale (St Pauls Way Sch)	2-18.6
6.A.Wahab (ESM)	2-20.0
7.V.Oderinde (Cardinal Pole Sch)	2-20.1
8.H.Stern (SBH)	2-22.6
9.S.Paine (Morpeth Sch)	2-23.9
10.J.Singh (Oaklands Sch)	2-59.3
11.D.O'Connell (ESM)	3-00.4

80 Metres Hurdles (+1.9)

1.P.Ball (Raines Foundation)	13.2
2.V.Xhambazi (Oaklands Sch)	15.5
3.B.Okoro (Raines Foundation)	15.6
4.V.D'Arcy (Morpeth Sch)	17.0
5.A.Zakari (Morpeth Sch)	20.5

High Jump

1.A.Babb (Cardinal Pole Sch)	1.55m
2.J.Brahambhatt (TVH)	1.35m
3.L.Campbell-Arranz (QPH)	1.20m

Triple Jump

1.M.Matinski (Bishopshalt Sch)	10.60m
2.S.Ahmed (St Pauls Way Sch)	10.15m

Shot

1.D.Ajumobi (Raines Foundation)	8.82m
2.J.Kent-Bramer (TVH)	7.35m

Discus

1.L.Edwards (Harrow)	33.39m
2.T.Miah (St Pauls Way Sch)	30.42m
3.J.Kent-Bramer (TVH)	16.93m

Javelin

1.D.Tuffour (White Hart Lane Sch)	
2.W.Foden (ESM)	
3.M.Ball (Raines Foundation)	
4.S.Hall (Raines Foundation)	

Hammer

34.82m	1.L.Edwards (Harrow)	40.47m
32.97m	2.R.Joshi (SBH)	19.94m
25.01m		
22.82m		

Under 15 Girls**100 Metres – Heat 1 (+0.9)**

1.K.Fairweather (Harrow)	12.9
2.Shaleina Mars (Enf & Har)	13.1
3.Z.Agyeman-Duah(Cardinal Pole Sch)	13.7
4.S.Robinson (VPHTH)	14.2
5.S.Watt (Morpeth Sch)	14.2
6.N.Hare (Oaklands Sch)	14.5
7.L.Browne (VPHTH)	14.6

100 Metres – Heat 2 (+2.2)

1.T.Adolph-Andrade (Cardinal Pole Sch)	12.9
2.Shadein Mars (Enf & Har)	13.5
3.E.Ali (VPHTH)	13.8
4.D.Cummings (Morpeth Sch)	14.5
5.S.Nicholson (ESM)	15.2

100 Metres – Heat 3 (+1.0)

1.L.Fairweather (Harrow)	13.0
2.C.Norrison (TVH)	13.0
3.C.McCollins (VPHTH)	13.4
4.S.Jordan (Hillingdon)	13.5
5.J.Larkin (QPH)	13.8
6.R.Gordon (SBH)	14.1
7.H.Syndercombe-Court (Morpeth Sch)	14.4
8.D.Knox-Hooke (Morpeth Sch)	14.6

100 Metres – Final (+3.7)

1.C.Norrison (TVH)	12.5
2.K.Fairweather (Harrow)	12.6
3.L.Fairweather (Harrow)	12.8
4.T.Adolph-Andrade (Cardinal Pole Sch)	12.8
5.Shaleina Mars (Enf & Har)	13.0
6.Shadein Mars (Enf & Har)	13.1
7.S.Jordan (Hillingdon)	13.4
8.C.McCollins (VPHTH)	13.5

200 Metres – Heat 1 (+1.6)

1.K.Fairweather (Harrow)	27.2
2.J.Larkin (QPH)	27.8
3.E.Ali (VPHTH)	28.5
4.Shadein Mars (Enf & Har)	28.9
5.C.Whittaker (VPHTH)	29.5
6.S.Fraser (Oaklands Sch)	37.7

200 Metres – Heat 2 (+0.7)

1.C.Dickinson (Enf & Har)	26.8
2.L.Fairweather (Harrow)	27.2
3.S.Kemp (Belgrave)	29.6
4.L.Browne (VPHTH)	30.5
5.E.Owen Amadusun (Raines Foundation)	31.1
6.C.Williams (Oaklands)	36.0

200 Metres – Heat 3 (+1.7)

1.S.Jordan (Hillingdon)	26.7
2.Shaleina Mars (Enf & Har)	27.2
3.R.Gordon (SBH)	28.8
4.D.Cummings (Morpeth Sch)	31.1

200 Metres – Final (+0.3)

1.K.Fairweather (Harrow)	26.4
2.S.Jordan (Hillingdon)	26.7
3.C.Dickinson (Enf & Har)	27.0
4.L.Fairweather (Harrow)	27.0
5.Shaleina Mars (Enf & Har)	27.1
6.E.Ali (VPHTH)	28.6
7.J.Larkin (QPH)	28.7
8.R.Gordon (SBH)	29.3

800 Metres

1.L.Barr (SBH)	2-19.4
2.K.Alcock (SBH)	2-27.3
3.L.Manley (Hillingdon)	2-30.8
4.B.Stock (ESM)	2-36.7
5.R.Christie (TVH)	2-37.1
6.H.Shelley (SBH)	2-41.3
7.L.Blake (VPHTH)	2-58.7

1500 Metres

1.L.Clarke (SBH)	5-09.4
2.L.Houlihan (Enf & Har)	5-10.4
3.T.Fox (SBH)	5-18.7
4.C.McGuigan (ESM)	5-20.1
5.N.Vincent (Enf & Har)	5-45.0
6.J.Lemmon (Hillingdon)	6-05.0
7.E.Jones-Deeks (Morpeth Sch)	6-23.0
8.L.Miles (Morpeth Sch)	6-55.2

75 Metres Hurdles (+1.0)

1.M.Tas (Enf & Har)	12.1
2.C.Tabony (Harrow)	12.6
3.K.Moore (Enf & Har)	15.2
4.E.Olanipekum (Morpeth Sch)	15.8

High Jump

1.C.Tabony (Harrow)	1.43m
2.S.Robinson (VPHTH)	1.40m
3.D.Knox-Hooke (Morpeth Sch)	1.25m

Long Jump

1.C.Norrison (TVH)	4.74m
2.C.McCollins (VPHTH)	4.55m
3.E.Ali (VPHTH)	4.52m
4.J.Larkin (QPH)	4.41m
5.C.Whittaker (VPHTH)	4.36m
6.L.Blake (VPHTH)	4.30m
7.M.Tas (Enf & Har0)	4.26m
8.E.Owen Amadusun (Raines Foundation)	4.17m
9.S.Watt (Morpeth Sch)	3.43m
10.D.Cummings (Morpeth Sch)	3.25m

Javelin

1.C.Tabony (Harrow)	18.96m
2.A.Gradley (Raines Foundation)	18.61m
3.S.Kemp (Belgrave)	11.32m

Pole Vault

1.K.Horwich (ESM)	(CBP)	2.00m
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Shot

1.C.Nicholson (ESM)	8.51m
2.K.Moore (Enf & Har0)	6.58m

Discus

1.L.Edwards (Harrow)	20.86m
2.S.Nicholson (ESM)	18.33m
3.K.Newton (Morpeth Sch)	11.12m

Hammer

1.L.Edwards (Harrow) (CBP)	27.98m
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**MIDDLESEX COUNTY UNDER 13 TRACK & FIELD CHAMPIONSHIPS HELD AT
PERIVALE ON SUNDAY 12TH MAY 2002**

Under 13 Boys**100 Metres**

1.D.Bramble (ESM)	13.8
2.M.Richards (VPHTH)	14.6
3.A.Onabanjo (Morpeth Sch)	14.6
4.D.Nganjo (Morpeth Sch)	14.9
5.A.Ali (VPHTH)	16.0
6.J.Peters (VPHTH)	17.5

200 Metres

1.D.Njanjo (Morpeth Sch)	30.3
2.B.Cummings (Morpeth Sch)	31.0
3.J.Baldwin (VPHTH)	31.1
4.C.Atease (Isleworth & Syon Sch)	32.8

800 Metres

1.T.McCann (Roxeth Manor Sch)	2-35.8 (CBP)
2.L.Nicholas (ESM)	2-29.1
3.N.Goolab (ESM)	2-40.8
4.T.Baldwin (VPHTH)	2-47.1
5.B.Cummings (Morpeth Sch)	2-56.7
6.D.Russell (Morpeth Sch)	3-13.5

1500 Metres

1.L.Nicholls (ESM)	5-22.6
2.A.Onabanjo (Morpeth Sch)	6-12.9
3.A.Ali (VPHTH)	6-39.0

Long Jump

1.D.Bramble (ESM)	4.77m
2.M.Richards (VPHTH)	4.20m
3.A.Onabanjo (Morpeth Sch)	3.81m
4.A.Ali (VPHTH)	3.30m
5.D.Russell (Morpeth Sch)	3.21m
6.J.Peters (VPHTH)	3.06m

Shot

1.M.Richards (VPHTH)	(CBP)	7.57m
2.A.Ali (VPHTH)		4.44m

2000 Metres Walk

1.P.Joseph (Isleworth & Syon Sch)	13-34
2.F.Nicol (TVH)	13-44
3.E.James (Isleworth & Syon Sch)	13-53
4.K.Williams (Isleworth & Syon Sch)	14-19
5.A.Preston (TVH)	14-19
6.A.Gregory (Isleworth & Syon Sch)	14-32
7.J.Nelson (Isleworth & Syon Sch)	14-38
8.S.Hemming (Isleworth & Syon Sch)	14-53
9.K.Stewart (U11)	14-53
10.O.Hutchinson (TVH)	15-20
11.S.Phillips (Isleworth & Syon Sch)	15-56
12.T.Phillips (Isleworth & Syon Sch)	15-57

Minithon

1.M.Beswick (Roxeth Manor Sch)	14.0(100-22)	1.39m (HJ-24)	7.21m(Shot-20)	66pts
2.S.Baisden (Isleworth & Syon Sch)	14.5(100-17)	4.00m(LJ-16)	6.31m(Shot-14)	47pts
3=M.Bryan (Isleworth & Syon Sch)	2-39.2(800-24)	4.14m(LJ-18)	10.89m(Disc-4)	46pts
E.James (Isleworth & Syon Sch)	13.9(100-23)	3.78m(LJ-13)	5.70m(Shot-10)	46pts
5.J.Nelson (Isleworth & Syon Sch)	2-38.8(800-25)	3.83m(LJ-14)	12.01m(Disc-6)	45pts
6=U.Farooq (Isleworth & Syon Sch)	14.2(100-20)	3.86m(LJ-14)	14.98m(Disc-10)	44pts
T.Phillips (Isleworth & Syon Sch)	2-59.2(800-17)	1.21m(HJ-15)	6.08m(Shot-12)	44pts
8T.Burton (Roxeth Manor Sch)	14.9(100-13)	2.83m(LJ-4)	8.04m(Shot-25)	42pts
9.S.Phillips (Isleworth & Syon Sch)	2-59.9(800-17)	1.21m(HJ-15)	5.65m(Shot-9)	41pts
10.O.Ryan (Isleworth & Syon Sch)	13.9(100-23)	3.49m(LJ-9)	11.59m(Disc-5)	37pts
11.C.Brown (Isleworth & Syon Sch)	15.9(100-8)	1.21m(HJ-15)	15.31m(Disc-11)	34pts
12=K.Williams (Isleworth & Syon Sch)	14.7(100-15)	3.51m(LJ-10)	12.83m(Disc-7)	32pts
C.Rose (TVH)	14.9(100-13)	3.85m(LJ-14)	4.96m(Shot-5)	32pts
14.L.Williams (Isleworth & Syon Sch)	15.0(100-12)	3.72m(LJ-13)	12.83m(Disc-6)	31pts
15=S.Hemmings (Isleworth & Syon Sch)	2-56.6(800-17)	3.50m(LJ-10)	9.66m(Disc-3)	30pts
P.Joseph (Isleworth & Syon Sch)	15.4(100-10)	1.15m(HJ-12)	13.59m(Disc-8)	30pts
17.R.Stevens (Hillingdon)	14.9(100-13)	3.72m(LJ-12)	10.22m(Disc-3)	28pts
18.F.Nicol (TVH)	2-53.0(800-19)	2.97m(LJ-5)	4.34m(Shot-3)	27pts
19.O.Hutchinson (TVH)	2-58.3(800-17)	3.34m(LJ-8)	3.67m(Shot-1)	26pts
20.A.Preston (TVH)	2-59.0(800-17)	2.93m(LJ-5)	3.67m(Shot-1)	23pts
21.A.Gregory (Isleworth & Syon Sch)	15.6(100-9)	3.05m(LJ-6)	12.13m(Disc-6)	21pts

Under 13 Girls**100 Metres – Race 1**

1.T.Dorsett (Enf & Har)	(CBP)	12.8
2.M.Ajayi(SBH)		13.7
3.A.Bogle (SBH)		14.6
4.F.Esther(Highgate)		15.7
5.R.Baylis (City of London Sch)		18.6

100 Metres – Race 3

1.P.Tappin (Enf & Har)		13.7
2.E.Smith (Enf & Har)		13.9
3.J.Simmonds (SBH)		14.0
4.R.Winthrop (Harrow)		14.2
5.M.Strachan (St Peters Sch)		15.1

200 Metres – Race 1

1.H.Comer (Bishopshalt Sch)		29.1
2.H.Barsby (Harrow)		29.9
3.R.Feely (VPHTH)		31.0
4.R.Davies (Harrow)		31.2
5.R.Charles (ESM)		32.1

200 Metres - Race 3

1.P.Tappin (Enf & Har)		28.4
2.E.Smith (Enf & Har)		28.7
3.J.Simmonds (SBH)		29.5
4.M.Strachan (St Peters Sch)		32.8
5.O.Uwagba (City of London Sch)		39.9

800 Metres

1.H.Barsby (Harrow)		2-38.2
2.A.Abraham (WSE&H)		2-39.9
3.R.Davies (Harrow)		2-44.2
4.H.Hamilton (Harrow)		2-45.3
5.R.Charles (ESM)		2-51.9
6.L.Phillips (Harrow)		2-54.3
7.D.Lea (ESM)		2-55.5
8.M.Quinn (Bishopshalt Sch)		2-58.9
9.R.Baylis (City of London Sch)		3-33.8

100 Metres - Race 2

1.N.Hinze(Mellow Lane Sch)		13.3
2.F.Keeble (Harrow)		14.1
3.R.Peterkin-Belle(VPHTH)		14.8
4.P.Figueira-Bates (City of London Sch)		15.4
5.D.Lea (ESM)		15.6

100 Metres – Race 4

1.R.Feely (VPHTH)		14.9
2.L.Dewast (French Lycee Sch)		16.1
3.R.Winthrop (Harrow)		16.9
4.O.Uwagba (City of London Sch)		17.6

200 Metres – Race 2

1.N.Hinze (Mellow Lane Sch)		28.0
2.F.Keeble (Highgate)		30.1
3.R.Peterkin-Belle(VPHTH)		31.6
4.H.Hamilton (Harrow)		31.6
5.P.Figueira-Bates (City of London Sch)		32.4

200 Metres – Race 4

1.T.Dorsett (Enf & Har)	(CBP)	27.2
2.R.Winthrop (Harrow)		30.2
3.M.Zah (VPHTH)		31.5

1500 Metres

1.A.Wall (ESM)		5-32.1
2.J.Chamberlain (Harrow)		5-43.5
3.P.Bailey (ESM)		5-43.9
4.A.Hook (Rich & Twick)		5-44.6
5.B.Mounssi (Morpeth Sch)		6-32.1

High Jump

1.S.Wasis (French Lycee Sch)		1.18m
2.L.Dewast (French Lycee Sch)		1.12m

Shot	
1.H.Comer (Bishopshalt Sch)	5.36m

2000 Metres Walk	
1.L.Dewast (French Lycee Sch)	13-40
2.S.Wasis (French Lycee Sch)	15-39
3.R.Calvert-Jordan (U11)	15-53
4.R.Baylis (U11)	16-01
5.J.Thomas (U11)	17-47

Minithon	
1.F.Ruygrok (TVH)	2-58.3(800-22)
2=A.Reason(Harrow)	3-01.7(800-21)
A.Swankie (Harrow)	15.0(100-18)
4.V.Stewart (Prince of Wales Sch)	15.1(100-17)
5.A.McDiarmid (TVH)	2-58.8(800-22)
6.L.Tarrant (Harrow)	3-00.8(800-22)
7.S.Murgatroyd (Harrow)	3-00.9(800-22)
8=E.Brewer (City of London Sch)	17.5(100-5)
L.Coleman (Harrow)	15.5(100-13)

70 Metres Hurdles - Race 1	
1.H.Comer (Bishopshalt Sch) (CBP)	12.1
2.M.Zah (VPTH)	12.3
3.R.Peterkin-Belle (VPTH)	12.9
4.M.Strachan (St Peters Sch)	14.6

Long Jump	
1.N.Hinze (Mellow Lane Sch)	4.23m
2.T.Dorsett (Enf & Har)	4.06m
3.F.Keeble (Harrow)	4.03m
4.R.Withrop (Harrow)	3.92m
5.J.Chamberlain (Harrow)	3.83m
6.M.Zah (VPTH)	3.70m
7.L.Dewast (French Lycee Sch)	3.56m
8.L.Phillips (Harrow)	3.51m
9.F.Esther (Highgate)	3.36m
10.A.Hook (Rich & Twick)	3.24m
11.S.Wasif (French Lycee Sch)	2.90m

3.30m(LJ-10)	5.98m(Shot-14)	46pts
3.49m(LJ-12)	5.26m(Shot-9)	42pts
3.81m(LJ-16)	13.50m(Disc-8)	42pts
3.70m(LJ-15)	5.07m(Shot-8)	40pts
3.38m(LJ-11)	4.79m(Shot-6)	39pts
3.17m(LJ-9)	3.96m(Shot-3)	34pts
2.81m(LJ-6)	4.06m(Shot)	32pts
1.03m(HJ-11)	4.55m(Shot-5)	21pts
2.83m(LJ-6)	3.39m(Shot-2)	21pts

70 Metres Hurdles – Race 2	
1.S.Wasis (French Lycee Sch)	15.8
2.F.Esther (Highgate)	16.7
3.L.Dewast (French Lycee Sch)	20.7