

Middlesex County Athletics Association - Young Athletes Road Relays

Finsbury Park - Sunday 19th September 1999

- Under 13 Girls :- (3 x 2200 metres approx)
- 1 - Enfield & Haringey A.C. - 27-37
(S.McNamara - 3rd - 9-41, L.Houlihan - 1st - 8-30, S.Turner - 1st - 9-26)
 - 2 - Parkside (Harrow) A.C. - 28-38
(S.Lavey - 2nd - 9-20, S.Trower - 2nd - 9-35, E.Ault - 2nd - 9-43)
 - 3 - Ealing, Southall & Middlesex A.C. - 29-34
(C.Carverhill - 1st - 9-10, K.Hryniewiecki - 4th - 10-30, S.Hawkins - 3rd - 9-54)
 - 4 - Borough of Hounslow A.C. - 30-05
(E.Wyu - 4th - 9-46, S.Disson - 3rd - 9-29, S.Doherty - 4th - 10-50)
 - 5 - Ealing, Southall & Middlesex A.C. 'B' - 30-31
(H.Jenkins - 8th - 10-31, V.McCusker - 7th - 9-42, S.McCuigan - 5th - 10-18)
 - 6 - Puma TVH - 30-36
(C.Moore - 6th - 10-07, B.Magassy - 6th - 9-54, D.Toland - 6th - 10-35)
 - 7 - North London A.C. - 34-42
(A.Tibble - 7th - 110-10, D.Paul - 8th - 12-23, J.Carthy - 7th - 12-09)
Hillingdon A.C.
(L.Manley - 5th - 9-48, J.Lemon - 5th - 10-11)

Fastest Lap - L.Houlihan - Enfield & Haringey A.C. - 8-30

- Under 15 Girls :- (3 x 2200 metres approx)
- 1 - Puma TVH - 27-05
(K.McMillan - 3rd - 9-16, K.Marrin - 2nd - 9-15, A.Guille - 1st - 8-34)
 - 2 - Parkside (Harrow) A.C. - 27-42
(R.Nicholls - 11th - 10-25, C.Dunsford - 4th - 8-47, K.O'Connor - 2nd - 8-30)
 - 3 - Hillingdon A.C. - 27-43
(C.Boswell - 1st - 9-09, C.Penfold - 3rd - 9-56, J.Baxter - 3rd - 8-38)
 - 4 - Borough of Hounslow A.C. - 28-38
(S.Hill - 2nd - 9-11, Z.Disson - 1st - 9-16, G.Matwij - 4th - 10-11)
 - 5 - Ealing, Southall & Middlesex A.C. - 29-05
(J.Carverhill - 8th - 10-01, Z.Mowett-Lee - 6th - 9-31, R.Worman - 5th - 9-33)
 - 6 - Puma TVH 'B' - 30-02
(N.Moore - 6th - 9-45, J.Toland - 8th - 10-04, J.O'Toole - 6th - 10-13)
 - 7 - North London A.C. - 30-05
(J.Gilby - 4th - 9-31, K.Sivalkumaran - 10th - 10-26, L.Davies - 7th - 10-08)
 - 8 - Borough of Hounslow A.C. 'B' - 30-27
(L.Rowsome - 5th - 9-33, L.Mackay - 5th - 9-52, C.Briggs - 8th - 11-02)
 - 9 - Ealing, Southall & Middlesex A.C. 'B' - 32-53
(A.McCuigan - 7th - 9-55, C.Collins - 11th - 10-30, L.Keeler - 9th - 12-28)
Puma TVH 'C'
(S.Anghae - 9th - 10-07, K.Ferguson - 7th - 9-36)
Borough of Hounslow 'C'
(C.Chandra - 10th - 10-09, D.Doherty - 9th - 9-42)
North London A.C. 'B'
(R.Block - 12th - 11-01, N.Tibble - 12th - 12-21)

Fastest Lap - K.O'Connor - Parkside (Harrow) A.C. - 8-30

Under 17 Women :-

- 1 - Ealing, Southall & Middlesex A.C. - 52-12
(R.Pais - 2nd - 17-51, A.Shimmin - 2nd - 17-44,
L.Hampton - 1st - 16-37)
- 2 - Borough of Hounslow A.C. - 54-14
(N.Coleman - 1st - 16-31, M.Piper - 1st - 17-21, R.Fudge - 2nd - 20-22)
- 3 - Parkside (Harrow) A.C. - 54-45
(R.Coughlan - 3rd - 18-22, S.Bell - 3rd - 18-37,
R.Nicholls - 3rd - 17-46)
- 4 - Ealing, Southall & Middlesex A.C. 'B' - 57-33
(P.Anandhachar - 4th - 18-32, J.Langley - 4th - 19-15,
R.Malcolm - 4th - 19-46)

Fastest Lap - N.Coleman - Borough of Hounslow A.C. - 16-31

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Under 13 Boys :- (3 x 2200 metres approx)

- 1 - Borough of Hounslow A.C. - 25-16
(T.Haughian - 1st - 8-19, L.Stokes - 3rd - 8-58,
S.Chapman - 1st - 7-59)
- 2 - Highgate Harriers - 25-19
(R.Don - 2nd - 8-22, O.Hazell - 2nd - 8-44, C.Stearn - 2nd - 8-13)
- 3 - Ealing, Southall & Middlesex A.C. - 25-29
(A.Howie - 4th - 8-30, C.Suarez - 1st - 8-22, J.Tonna - 3rd - 8-37)
- 4 - Ealing, Southall & Middlesex A.C. 'B' - 27-34
(S.Harris - 5th - 8-34, M.Dawe - 4th - 9-42, P.Grehan - 4th - 9-18)
- 5 - Puma TVH - 29-03
(R.Mant - 3rd - 8-30, L.Brady - 6th - 11-31, D.Waldock - 5th - 9-02)
- 6 - Highgate Harriers 'B' - 29-14
(M.Mahon - 6th - 9-18, J.Wilson - 5th - 10-12, J.Bond - 6th - 9-44)
Ealing, Southall & Middlesex A.C.
(D.Thomas - 7th - 10-25)

Fastest Lap - S.Chapman - Borough of Hounslow A.C. - 7-59

Under 15 Boys :- (3 x 2200 metres approx)

- 1 - Ealing, Southall & Middlesex A.C. - 22-00
(P.Hryniewiecki - 1st - 7-22, L.Bowron - 1st - 7-31,
S.Omar - 1st - 7-07)
- 2 - Highgate Harriers - 24-06
(L.Danagher - 3rd - 7-45, C.Coughlan - 2nd - 7-31,
L.Moore - 2nd - 8-50)
- 3 - Enfield & Haringey A.C. - 24-13
(J.Moore - 5th - 8-16, C.Hamilton - 5th - 7-57, J.Martin - 3rd - 8-00)
- 4 - North London A.C. - 24-57
(I.Ibrahim - 2nd - 7-26, H.Hicro - 3rd - 8-33, L.Barzey - 4th - 8-58)
- 5 - Ealing, Southall & Middlesex A.C. 'B' - 25-24
(N.Davis - 7th - 8-47, M.Falkerd - 7th - 8-43, S.Jenkins - 5th - 7-54)
- 6 - Ealing, Southall & Middlesex A.C. 'C' - 25-37
(R.Sammes - 6th - 8-26, M.Nye - 6th - 8-08, S.Suarez - 6th - 9-03)
- 7 - Borough of Hounslow A.C. - 25-51
(G.Severn - 8th - 9-00, N.Reader - 8th - 8-40, T.Russell - 7th - 8-11)
- 8 - Puma TVH - 26-01
(C.Nicol - 4th - 8-06, M.Burton - 4th - 8-03, F.Maddison - 8th - 9-52)

Fastest Lap - S.Omar - Ealing, Southall & Middlesex A.C. - 7-07

Under 17 Men :-

- 1 - Borough of Hounslow 'A' - 41-04
(S.Overall - 3rd - 12-30, P.Highgate - 3rd - 15-01,
I.Essak - 1st - 13-33)
- 2 - Borough of Hounslow 'B' - 41-47
(A.Ali - 2nd - 12-19, S.Bell - 2nd - 14-51, D.Forey - 2nd - 14-37)
- 3 - Borough of Hounslow 'B' - 42-07
(M.Farah - 1st - 11-43, D.Sawyer - 1st - 15-09, P.Foley - 3rd - 15-15)
- 4 - Ealing, Southall & Middlesex A.C. - 45-59
(T.Langley - 4th - 14-59, Mike Grant - 4th - 16-08,
Mat Grant - 4th - 14-52)
- 5 - Puma TVH - 49-16
(S.Hanvey - 5th - 15-24, M.Olumedede - 5th - 17-19,
E.Kebede - 5th - 16-33)
Puma TVH
(C.Brown - 7th - 16-58)

Fastest Lap - M.Farah - Borough of Hounslow - 11-43

N. B. Ealing, Southall & Middlesex A.C. ran a 'B' Team but were disqualified as their last leg runner had already competed in the Under 15 Boys race. For the record
- T.Smith - 6th - 16-04, B.Silva - 6th - 16-54 ran on the first two legs

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1 – Ealing, Southall & Middlesex A.C. (R.Pais – 17-51, A.Shimmin – 17-44, L.Hampton – 16-37)	52-12
2- Borough of Hounslow A.C. (N.Coleman – 16-31, M.Piper – 17-21, R.Fudge – 20-22)	54-14
3 – Parkside A.C. (R.Coughlan – 18-22, S.Bell – 18-37, R.Nicholls – 17-46)	54-45
4 – Ealing, Southall & Middlesex A.C. "B" (P.Anandhachar – 18-32, J.Langley – 19-15, R.Malcolm – 19-46)	57-33

Fastest Lap – N.Coleman (Bor of Hounslow – 16-31)

Under 17 Men :- (3 x 3200 Metres approx)

1. Borough of Hounslow A.C. (S.Overall – 12-30, P.Highgate – 15-01, I.Essak – 13-33)	41-04
2. Borough of Hounslow A.C. "C" (A.Ali – 12-19, S,Bell – 14-51, D.Forey – 14-37)	41-47
3. Borough of Hounslow "B" (M.Farah – 11-43, D.Sawyer – 15-09, P.Foley – 15-15)	42-07
4. Ealing, Southall & Middlesex A.C. (T.Langley – 14-59, Mike Grant – 16-08, Mat Grant – 14-52)	45-59
5. Thames Valley Harriers (S.Hanvey – 15-24, M.Olumede – 17-19, E.Kebede – 16-33)	49-16
Thames Valley Harriers "B" (C.Brown – 16-58)	
Ealing, Southall & Middlesex A.C. (T.Smith – 16-04, B.Sillwa – 16-54, A.N.Other – 15-43)	Disq

Fastest Lap – M.Farah (Bor of Hounslow) – 11-43

British Athletics League

Athletics information



TIMETABLE - DIVISION ONE - FOUR

<u>EVENT</u>		<u>TIME</u>
1	Hammer	12.00
2	Pole Vault	12.00
3	Long Jump	12.00
4	High Jump	1.30
5	Discus	1.50
6	Triple Jump	2.00
7	400 metres Hurdles	2.15
8	800 metres	2.35
9	100 metres	2.50
9A	100 metres Junior Wheelchair Grand Prix	3.00
10	3000 metres Steeplechase	3.05
11	110 metres Hurdles	3.20
12	Javelin	3.20
13	400 metres	3.40
13A	400 metres Junior Wheelchair Grand Prix	3.45
14	1500 metres	3.55
15	Shot	4.00
16	200 metres	4.15
16A	200 metres Junior Wheelchair Grand Prix	4.20
17	5000 metres	4.30
18	4 x 100 metres Relay	5.00
19	4 x 400 metres Relay	5.25