

Middlesex Indoor Championships - Lee Valley Indoor Athletics Centre 19/20 March 2022

(a) Saturday, (b) Sunday

SM 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	507	Nickarlo Brown	Harrow AC	7.21
2	524	Carlos Mingoos	London Heathside	7.23
3	522	Chaka Mailliet	Thames Valley Harriers	7.62
4	527	Johnson Ogunniyi	Shaftesbury Barnet H	8.15
	501	Zaid Al Shammary	Thames Valley Harriers	DNS
	532	Lumar Sylvester	Thames Valley Harriers	DIS 16.8
Heat 2				
	No.	Athlete	Club	Perf
1	526	Cian O'Donnell	London Heathside	7.02
2	518	David Henderson	Victoria Park & TH AC	7.21
3	506	Jude Bright-Davies	Thames Valley Harriers	7.27
4	519	Marlon Hogg-Williams	Newham & Essex B AC	7.34
5	531	Sean Sutherland	Shaftesbury Barnet H	7.95
6	529	Eugene Riza	Shaftesbury Barnet H	7.97
Heat 3				
	No.	Athlete	Club	Perf
1	536	Kyron Williams	Enfield and Haringey AC	7.29
2	510	Jeffrey Chu	London Heathside	7.49
3	517	Nataniel Gutkowski	Thames Valley Harriers	7.64
4	512	Jason Dwaah	Victoria Park & TH AC	7.80
5	502	Clyde Anucha	Thames Valley Harriers	7.94
6	509	Chris Burbidge	Ealing Southall & Middx	8.25
Heat 4				
	No.	Athlete	Club	Perf
1	516	Omar Grant	Harrow AC	7.00
2	525	Ethan Norman	Herne Hill Harriers	7.23
3	511	Kevel Dobbs-Niles	Enfield and Haringey AC	7.43
4	515	Harjeet Gill	Ealing Southall & Middx	7.87
5	514	Shaguille Eusebe (T20)	Victoria Park & TH AC	8.11
Heat 5				
	No.	Athlete	Club	Perf
1	521	Phoenix Lyon	Shaftesbury Barnet H	7.30
2	505	Alex Bramble	Enfield and Haringey AC	7.32
3	533	Chris Tang	Victoria Park & TH AC	7.76
	535	Jonathan Wickham	Thames Valley Harriers	DNS
	513	Marvin Edwards	North East Veterans AC	DIS 16.8
S/F 1				
	No.	Athlete	Club	Perf
1	516	Omar Grant	Harrow AC	6.89
2	536	Kyron Williams	Enfield and Haringey AC	7.14
3	524	Carlos Mingoos	London Heathside	7.18
4	521	Phoenix Lyon	Shaftesbury Barnet H	7.19
5	511	Kevel Dobbs-Niles	Enfield and Haringey AC	7.25
6	505	Alex Bramble	Enfield and Haringey AC	7.26
7	519	Marlon Hogg-Williams	Newham & Essex B AC	7.29
S/F 2				
	No.	Athlete	Club	Perf
1	526	Cian O'Donnell	London Heathside	6.99
2	507	Nickarlo Brown	Harrow AC	7.13
3	525	Ethan Norman	Herne Hill Harriers	7.15
4	518	David Henderson	Victoria Park & TH AC	7.16
5	506	Jude Bright-Davies	Thames Valley Harriers	7.19
6	510	Jeffrey Chu	London Heathside	7.38
7	522	Chaka Mailliet	Thames Valley Harriers	7.61
Final				
	No.	Athlete	Club	Perf
1	516	Omar Grant	Harrow AC	6.81
2	526	Cian O'Donnell	London Heathside	7.01
3	507	Nickarlo Brown	Harrow AC	7.12
4	518	David Henderson	Victoria Park & TH AC	7.16
5	524	Carlos Mingoos	London Heathside	7.16
6	536	Kyron Williams	Enfield and Haringey AC	7.17
7	525	Ethan Norman	Herne Hill Harriers	7.20

SM 200m (a)

Final				
	No.	Athlete	Club	Perf
1	653	Luke Collis	Harrow AC	22.31
2	521	Phoenix Lyon	Shaftesbury Barnet H	22.62
3	508	Jonathan Bull	Highgate Harriers	23.43
4	515	Harjeet Gill	Ealing Southall & Middx	24.41
5	654	Kai English	Ealing Southall & Middx	24.62
6	655	Chrispin Lema	London Heathside	29.65

SM 400m (b)

Heat 1					
	No.	Athlete	Club	Perf	
	1	549	Joseph Nash	Enfield and Haringey AC	22.81
	2	543	Reece Earle	Thames Valley Harriers	22.94
	3	542	Zack Clarke-Green	Ealing Southall & Middx	23.13
	4	537	Don Aborah	Victoria Park & TH AC	26.12
Heat 2					
	No.	Athlete	Club	Perf	
	1	546	Joel Houslin	Thames Valley Harriers	22.64
	2	548	Josh Kelly	Thames Valley Harriers	23.33
	3	658	Keelan Farrell	Shaftesbury Barnet H	23.44
	4	659	Motunrayo (Monty) Ogunbanjo	Harrow AC	23.52
Final					
	No.	Athlete	Club	Perf	
	1	546	Joel Houslin	Thames Valley Harriers	22.21
	2	549	Joseph Nash	Enfield and Haringey AC	22.25
	3	543	Reece Earle	Thames Valley Harriers	22.94
	4	548	Josh Kelly	Thames Valley Harriers	22.98
	5	542	Zack Clarke-Green	Ealing Southall & Middx	23.21
	6	658	Keelan Farrell	Shaftesbury Barnet H	DNS

U20M 400m (b)

Final					
	No.	Athlete	Club	Perf	
	1	701	Isaac Bloodworth	Hillingdon AC	51.23
	2	703	Gus Carter	Ealing Southall & Middx	52.33
	3	702	Bradley Brazil	Hillingdon AC	57.03
	4	704	Arun Smith	Ealing Southall & Middx	58.16

U20M 800m (a)

Final					
	No.	Athlete	Club	Perf	
	1	723	Zachary Dickens	Hillingdon AC	2:13.36

U20M 1500m (b)

Final					
	No.	Athlete	Club	Perf	
	1	751	Jonny Brook	St Mary's Richmond AC	4:06.26
	2	753	Joe Collinge	Highgate Harriers	4:15.36
	3	754	Josh Groves	Highgate Harriers	4:36.54

U20M 60m Hurdles (a)

Final					
	No.	Athlete	Club	Perf	
	1	681	Abdulsamad Sanusi	Newham & Essex B AC	8.12

U20M High Jump (a)

Final					
	No.	Athlete	Club	Perf	
	1	547	Kimani Jack	Shaftesbury Barnet H	1.99
	2	766	Noor-Eldin Mahmoud	Thames Valley Harriers	1.96
	3	764	Jamaal Darlington	Thames Valley Harriers	1.90
	4	765	Zakaria Lloyd	Harrow AC	1.70

CBP 1.80 o;1.85 o;1.90 xo1.96 xo;1.99 xo;2.03 xxx
 1.85 o;1.90 xo1.96 xo;1.99 xxx
 1.75 o1.85 xxo;1.90 xxo;1.93 xxx
 1.50 o;1.55 o;1.60 o;1.65 o;1.70 o;1.75 xxx

U20M Long Jump (a)

Final					
	No.	Athlete	Club	Perf	
	1	658	Keelan Farrell	Shaftesbury Barnet H	6.40
	2	765	Zakaria Lloyd	Harrow AC	5.12

6.23; 3.59; 6.21; 6.40
 5.06; 5.11; 4.57; 5.12

U20M Triple Jump (b)

Final					
	No.	Athlete	Club	Perf	
	1	538	Zavier Achiampong	Highgate Harriers	11.72
	2	795	Hussein Zaaiter	Ealing Southall & Middx	9.47

11.52; 11.72; 11.45; 11.46
 9.33; NJ; 9.23; 9.47

U20M Shot (a)

Final					
	No.	Athlete	Club	Perf	
	1	802	Cameron Sharma	St Mary's Richmond AC	8.43

8.43; 8.22; 8.09; X

U17M 60m (b)

Heat 1					
	No.	Athlete	Club	Perf	
	1	577	Marcel Winter	Woodford Green AC w EL	7.49
	2	572	Victor Odiaka	Shaftesbury Barnet H	7.59
	3	571	Connor Neale	Enfield and Haringey AC	7.64
	4	566	Josh Kwasau	Thames Valley Harriers	7.91
	5	559	Harold Greenfields	Thames Valley Harriers	8.45
	6	554	Dexter Abeyasekera	Thames Valley Harriers	7.96

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	558	Matei Frunza	Shaftesbury Barnet H	DNS
Heat 2				
	No.	Athlete	Club	Perf
1	564	Zico Jones	Shaftesbury Barnet H	7.34
2	560	Lucas Hardy	Hillingdon AC	7.40
3	557	Trey Corlis	London Heathside	7.47
4	558	Matei Frunza	Shaftesbury Barnet H	7.71
5	555	Piers Boatin	Hillingdon AC	7.77
6	575	Jawad Rahman	Dwain Chambers Perf A	7.53
7	571	Connor Neale	Enfield and Haringey AC	7.66
Heat 3				
	No.	Athlete	Club	Perf
1	568	Maxwell Litchmore	Thames Valley Harriers	7.36
2	562	Samuel Jagroop	Hillingdon AC	7.47
3	567	Oliver Laurens	Shaftesbury Barnet H	7.48
4	563	Theo Jarrett	Ealing Southall & Middx	7.52
5	556	Miles Cameron	London Heathside	7.94
Final				
	No.	Athlete	Club	Perf
1	564	Zico Jones	Shaftesbury Barnet H	7.26
2	560	Lucas Hardy	Hillingdon AC	7.35
3	568	Maxwell Litchmore	Thames Valley Harriers	7.40
4	563	Theo Jarrett	Ealing Southall & Middx	7.40
5	576	Demario Seaton	Thames Valley Harriers	7.40
6	557	Trey Corlis	London Heathside	7.41
7	572	Victor Odiaka	Shaftesbury Barnet H	7.57

U17M 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	564	Zico Jones	Shaftesbury Barnet H	23.18
2	576	Demario Seaton	Thames Valley Harriers	23.56
3	577	Marcel Winter	Woodford Green AC w EL	24.18
4	556	Miles Cameron	London Heathside	26.06
5	569	Elijah Marshall	Highgate Harriers	27.03
Heat 2				
	No.	Athlete	Club	Perf
1	568	Maxwell Litchmore	Thames Valley Harriers	24.09
2	813	Aaron Mills	St Mary's Richmond AC	24.34
3	563	Theo Jarrett	Ealing Southall & Middx	24.96
4	661	Oscar Roncarati	Shaftesbury Barnet H	25.54
Heat 3				
	No.	Athlete	Club	Perf
1	557	Trey Corlis	London Heathside	24.00
2	560	Lucas Hardy	Hillingdon AC	24.11
3	562	Samuel Jagroop	Hillingdon AC	24.18
4	565	Jesse Katabazi	Victoria Park & TH AC	24.43
Final				
	No.	Athlete	Club	Perf
1	564	Zico Jones	Shaftesbury Barnet H	22.89
2	576	Demario Seaton	Thames Valley Harriers	23.57
3	557	Trey Corlis	London Heathside	23.65
4	568	Maxwell Litchmore	Thames Valley Harriers	24.07
5	560	Lucas Hardy	Hillingdon AC	24.11
6	577	Marcel Winter	Woodford Green AC w EL	24.15

U17M 400m (b)

Final				
	No.	Athlete	Club	Perf
1	707	Charlie Richardson	St Mary's Richmond AC	54.79
2	708	Louie Samuels	Barnet & District AC	58.32
3	706	Noah Clarke	Barnet & District AC	61.07
	705	Zackeria Atek	Harrow AC	DNS

U17M 800m (a)

Final				
	No.	Athlete	Club	Perf
1	725	Max Bishop	Thames Valley Harriers	2:04.02
2	730	Digby Turk	St Mary's Richmond AC	2:06.37
3	729	Callum Sydenham	Barnet & District AC	2:08.10
4	727	William Lammas	Hillingdon AC	2:10.93
5	706	Noah Clarke	Barnet & District AC	2:15.15
6	728	Ryan Stoddart	Hillingdon AC	2:18.64
7	708	Louie Samuels	Barnet & District AC	2:20.82
8	726	Artie Feeny-Willings	London Heathside	2:32.61

U17M 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	729	Callum Sydenham	Barnet & District AC	4:26.66

2	760	Luca Spaccatrosi	Highgate Harriers	4:26.84
3	758	Alexander Mulvihill	Highgate Harriers	4:28.68
4	757	Elliot Heath	St Mary's Richmond AC	4:28.73
5	756	Michael Cattini	Harrow AC	4:32.37
6	706	Noah Clarke	Barnet & District AC	4:48.84

U17M 60m Hurdles (a)

Final	No.	Athlete	Club	Perf
1	557	Trey Corlis	London Heathside	8.39
2	683	Remy Weinbrecht	Highgate Harriers	9.03
3	682	Thomas Wasserman	London Heathside	9.11
4	813	Aaron Mills	St Mary's Richmond AC	9.71

U17M High Jump (b)

Final	No.	Athlete	Club	Perf
1	577	Marcel Winter	Woodford Green AC w EL	1.70
2	705	Zackeria Atek	Harrow AC	1.55
3	726	Artie Feeny-Willings	London Heathside	1.40

1.40 o;1.45 o;1.50 xo;1.55 o;1.60 xxo;1.65 xo;1.70 xo;1.73 xxx
1.40 o;1.45 xxo;1.50 o;1.55 xo;1.60 xxx
1.40 o;1.45 xxx

U17M Long Jump (a)

Final	No.	Athlete	Club	Perf
1	683	Remy Weinbrecht	Highgate Harriers	6.08
2	813	Aaron Mills	St Mary's Richmond AC	5.77
3	789	Luca Kaye	Woodford Green AC w EL	5.61

X; 5.61; 6.08; X
5.44; 5.44; 5.53; 5.77
5.05; X; 5.52; 5.61

U15B 60m (b)

Heat 1	No.	Athlete	Club	Perf
1	586	Alex Konstantaras	Barnet & District AC	7.72
2	579	Miles Andrew	Thames Valley Harriers	7.87
3	589	Kadir Lain-Goppy	Ealing Southall & Middx	7.90
4	583	Kayden Earl	Ealing Southall & Middx	8.68
5	591	Said Mohammed-Mariche	Highgate Harriers	8.80
Heat 2	No.	Athlete	Club	Perf
1	593	Jaian Saunders	Barnet & District AC	7.55
2	592	Damien Mutch	Barnet & District AC	7.69
3	582	Montana Dennis	London Heathside	7.84
4	578	Joshua Adeoye	London Heathside	8.28
5	594	Cruz Sutherland-Plante	Thames Valley Harriers	8.64
Heat 3	No.	Athlete	Club	Perf
1	580	Zayn Azabdaftery	Harrow AC	7.41
2	587	Shenal Kuranage	Thames Valley Harriers	7.83
3	585	Nathan Howell	Shaftesbury Barnet H	7.84
4	588	Isaiah Kyere-Aidoo	Hillingdon AC	8.30
5	581	Alexander De-Ben Rockson	Thames Valley Harriers	8.37
6	595	Edgar Wetherell	Victoria Park & TH AC	9.46
Final	No.	Athlete	Club	Perf
1	580	Zayn Azabdaftery	Harrow AC	7.40
2	593	Jaian Saunders	Barnet & District AC	7.57
3	592	Damien Mutch	Barnet & District AC	7.61
4	586	Alex Konstantaras	Barnet & District AC	7.63
5	585	Nathan Howell	Shaftesbury Barnet H	7.69
6	587	Shenal Kuranage	Thames Valley Harriers	7.88
7	579	Miles Andrew	Thames Valley Harriers	7.90

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U15B 200m (a)

Heat 1	No.	Athlete	Club	Perf
1	593	Jaian Saunders	Barnet & District AC	24.45
2	664	Sam Samin	Hillingdon AC	26.47
3	665	Daniel Wong	Hillingdon AC	26.54
4	579	Miles Andrew	Thames Valley Harriers	26.75
5	588	Isaiah Kyere-Aidoo	Hillingdon AC	28.23
6	584	Asher Escobar	Shaftesbury Barnet H	28.70
Heat 2	No.	Athlete	Club	Perf
1	662	Milton Cooper	London Heathside	24.39
2	586	Alex Konstantaras	Barnet & District AC	25.20
3	582	Montana Dennis	London Heathside	25.26
4	663	Harry Pincherle	Shaftesbury Barnet H	26.04
5	581	Alexander De-Ben Rockson	Thames Valley Harriers	27.94
6	591	Said Mohammed-Mariche	Highgate Harriers	28.34
Final	No.	Athlete	Club	Perf

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1	662	Milton Cooper	London Heathside	23.77
2	593	Jaian Saunders	Barnet & District AC	24.45
3	586	Alex Konstantaras	Barnet & District AC	24.69
4	664	Sam Samin	Hillingdon AC	25.97
5	663	Harry Pincherle	Shaftesbury Barnet H	26.08
	582	Montana Dennis	London Heathside	DNS

U15B 300m (b)

Final	No.	Athlete	Club	Perf
1	662	Milton Cooper	London Heathside	38.03
2	583	Kayden Earl	Ealing Southall & Middx	46.16

CBP

U15B 800m (a)

Final	No.	Athlete	Club	Perf
1	732	Alexander Lammas	Hillingdon AC	2:22.20
2	733	Holder Lieber Reynolds	Victoria Park & TH AC	2:26.56

U15B 1500m (b)

Final	No.	Athlete	Club	Perf
1	731	Oliver Flemming	Barnet & District AC	5:03.79
2	761	Mika Stripp	Ealing Southall & Middx	5:12.80

U15B Long Jump (a)

Final	No.	Athlete	Club	Perf
1	587	Shenal Kuranage	Thames Valley Harriers	5.48
2	586	Alex Konstantaras	Barnet & District AC	5.17
3	593	Jaian Saunders	Barnet & District AC	4.83
4	591	Said Mohammed-Mariche	Highgate Harriers	4.42
5	595	Edgar Wetherell	Victoria Park & TH AC	3.99

5.28; 5.25; X; 5.48
X; 5.17; X; X
4.42; 4.83; 3.78; 4.30
4.42; 4.40; 4.14; X
3.91; 3.86; 3.99; X

SW 60m (b)

Final	No.	Athlete	Club	Perf
1	597	Akaysha Ellis	Enfield and Haringey AC	7.86
2	598	Miriam Glassner	London City AC	7.88
3	601	Amy Mat	Belgrave Harriers	8.33
4	599	Mary Igbinosa-Ighile	Victoria Park & TH AC	8.47
5	600	Ella Johnson	Victoria Park & TH AC	8.50
6	602	Vaida Sleinyte	Ealing Southall & Middx	8.53

SW 200m (a)

Final	No.	Athlete	Club	Perf
1	597	Akaysha Ellis	Enfield and Haringey AC	26.30
2	600	Ella Johnson	Victoria Park & TH AC	28.75

SW 400m (b)

Final	No.	Athlete	Club	Perf
1	710	Alice Hunter	Victoria Park & TH AC	63.37

SW 800m (a)

Final	No.	Athlete	Club	Perf
1	734	Lia Radus	Shaftesbury Barnet H	2:26.87

SW 60m Hurdles (a)

Final	No.	Athlete	Club	Perf
1	598	Miriam Glassner	London City AC	9.23

SW High Jump (a)

Final	No.	Athlete	Club	Perf
1	768	Amelia Macdonald	Woodford Green AC w EL	1.55

=CBP

1.50 o;1.55 o;1.60 xxx

SW Pole Vault (a)

Final	No.	Athlete	Club	Perf
1	774	Helen Leadbetter (W35)	Ealing Southall & Middx	2.70
2	773	Stacey Gonzalez Betancourt (W45)	Shaftesbury Barnet H	2.60
3	776	Sarah Stephen	Thames Valley Harriers	2.20
4	775	Holly Pan	Thames Valley Harriers	1.70

2.00 o2.20 o2.40 o;2.50 xo;2.60 o;2.70 o;2.80 xxx
2.40 xo;2.50 xo;2.60 o;2.70 xxx
1.85 o;2.00 xo;2.10 o;2.20 o;2.30 xxx
1.70 xo;1.85 xxx

SW Long Jump (b)

Final	No.	Athlete	Club	Perf
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	No.	Athlete	Club	Perf
1	790	Mary Elcock	Southampton AC	5.72
2	602	Vaida Sleinyte	Ealing Southall & Middx	5.27
3	768	Amelia Macdonald	Woodford Green AC w EL	5.12

CBP 5.72; 5.53; 5.59; 5.41
5.27; 4.93; 5.17; X
X; 4.97; 5.12; 5.09

SW Triple Jump (a)

Final	No.	Athlete	Club	Perf
1	796	Lia Stephenson	Thames Valley Harriers	12.30
2	790	Mary Elcock	Southampton AC	12.19
3	602	Vaida Sleinyte	Ealing Southall & Middx	11.04

12.18; X; 12.11; 12.30
12.19; 11.96; X; 11.72
10.66; 11.04; 9.35; 10.68

SW Shot (b)

Final	No.	Athlete	Club	Perf
1	803	Laurensa Britane	Thames Valley Harriers	10.31
2	804	Harriet Connor	St Mary's Richmond AC	9.90
3	768	Amelia Macdonald	Woodford Green AC w EL	7.83
4	807	Anneli Sydenham (W35)	Barnet & District AC	6.40

9.87; 9.77; 10.01; 10.31
9.13; 9.37; 9.90; 9.47
7.79; 7.37; 7.83; 7.34
6.40; 6.37; 6.36; 6.05

U20W 60m (b)

Heat 1	No.	Athlete	Club	Perf
1	616	Mia Smith	Hillingdon AC	7.78
2	613	Milan Jervier	Harrow AC	8.06
3	607	Charis Duncan	Enfield and Haringey AC	8.09
4	608	Eliezer Elliott	Ealing Southall & Middx	8.62
5	605	Rosslyn Danquah	Thames Valley Harriers	9.28
Heat 2	No.	Athlete	Club	Perf
1	611	Mia Grey	Thames Valley Harriers	8.08
2	615	Chloe Savva	Enfield and Haringey AC	8.10
3	606	Paulina Dibotti	Hillingdon AC	8.26
4	614	Tomi Olatona	Enfield and Haringey AC	8.42
5	617	Demi Smith-Scott	Hillingdon AC	8.79
Heat 3	No.	Athlete	Club	Perf
1	610	Mya Green	Harrow AC	8.15
2	609	Jasmine Francis	Victoria Park & TH AC	8.37
3	612	Deborah Ibekwe	Thames Valley Harriers	8.38
4	603	Camille Alaphilippe	Highgate Harriers	8.59
Final	No.	Athlete	Club	Perf
1	616	Mia Smith	Hillingdon AC	7.86
2	615	Chloe Savva	Enfield and Haringey AC	8.02
3	613	Milan Jervier	Harrow AC	8.03
4	607	Charis Duncan	Enfield and Haringey AC	8.09
5	611	Mia Grey	Thames Valley Harriers	8.09
6	610	Mya Green	Harrow AC	8.19
	609	Jasmine Francis	Victoria Park & TH AC	DNS

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U20W 200m (a)

Final	No.	Athlete	Club	Perf
1	616	Mia Smith	Hillingdon AC	26.34
2	615	Chloe Savva	Enfield and Haringey AC	26.96
3	666	Julie-Anne Boachie	Harrow AC	27.11
4	670	Amaka Okorie	Victoria Park & TH AC	28.53
5	668	Lilia Khan	Ealing Southall & Middx	28.92
6	669	Mimi Mcduell	St Mary's Richmond AC	30.63

U20W 400m (b)

Final	No.	Athlete	Club	Perf
1	715	Zakia Mossi	Blackheath & Bromley H AC	59.38
2	714	Amy Greig	St Mary's Richmond AC	61.28
3	712	Folasade Fajuke	Victoria Park & TH AC	61.63
4	667	Emily Harrison	St Mary's Richmond AC	62.35
5	713	Teniola Fajuke	Victoria Park & TH AC	64.86
6	711	Josie Booker	Ealing Southall & Middx	68.26

U20W 800m (a)

Final	No.	Athlete	Club	Perf
1	736	Madeleine Casey	Thames Valley Harriers	2:21.12
2	735	Midnight Adams	Ealing Southall & Middx	2:47.72

U20W High Jump (a)

Final	No.	Athlete	Club	Perf
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1	770	Peggy-Anne Boachie	Harrow AC	1.50
2	666	Julie-Anne Boachie	Harrow AC	1.45

1.45 o;1.50 o;1.55 xxx
1.40 o;1.45 o;1.50 xxx

U20W Pole Vault (a)

Final				
	No.	Athlete	Club	Perf
1	780	Ciara Martin	Enfield and Haringey AC	2.70
2	777	Natali Aleksandrowicz	Enfield and Haringey AC	2.70
	778	Manon Baines	Shaftesbury Barnet H	NM

2.70 o;2.80 xxx
2.30 o;2.50 o;2.60 o;2.70 xo;2.80 xxx
2.50 xxx

U20W Long Jump (b)

Final				
	No.	Athlete	Club	Perf
1	603	Camille Alaphilippe	Highgate Harriers	4.81
2	617	Demi Smith-Scott	Hillingdon AC	4.73

X; X; 4.81; X
4.67; X; 4.73; X

U20W Triple Jump (a)

Final				
	No.	Athlete	Club	Perf
1	797	Ruth-Ann Otaruoh	Thames Valley Harriers	11.60

11.60; X; X; X

U20W Shot (b)

Final				
	No.	Athlete	Club	Perf
1	809	Makayla Joseph	Harrow AC	11.45
2	808	Kamilia Baymakova	Enfield and Haringey AC	11.41
3	711	Josie Booker	Ealing Southall & Middx	8.11

11.05; 10.17; 10.48; 11.45
10.82; X; 11.19; 11.41
6.38; 7.41; 8.11; 7.62

U17W 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	629	Kyra Martin	Enfield and Haringey AC	7.96
2	623	Nia Forbes-Agyepong	Shaftesbury Barnet H	8.03
3	619	Beulah Badero	Ealing Southall & Middx	8.25
4	632	Gracious Olamona	Thames Valley Harriers	8.38
5	630	Azaria Nwankwo	Shaftesbury Barnet H	8.45
6	621	Emily Chichi	Thames Valley Harriers	8.67
Heat 2				
	No.	Athlete	Club	Perf
1	628	Juanita Kyere-Aidoo	Hillingdon AC	8.02
2	627	Tosin Jokosenumi	Shaftesbury Barnet H	8.09
3	620	Frea Bell	Enfield and Haringey AC	8.57
4	626	Olive Harvey-Dew	Shaftesbury Barnet H	8.71
5	625	Katie Harries	Shaftesbury Barnet H	8.75
6	631	Izuchi Okorie	Victoria Park & TH AC	9.59
Final				
	No.	Athlete	Club	Perf
1	629	Kyra Martin	Enfield and Haringey AC	7.91
2	628	Juanita Kyere-Aidoo	Hillingdon AC	7.98
3	623	Nia Forbes-Agyepong	Shaftesbury Barnet H	8.02
4	627	Tosin Jokosenumi	Shaftesbury Barnet H	8.07
5	619	Beulah Badero	Ealing Southall & Middx	8.30
6	632	Gracious Olamona	Thames Valley Harriers	8.45
7	620	Frea Bell	Enfield and Haringey AC	8.61

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U17W 200m (a)

Final				
	No.	Athlete	Club	Perf
1	629	Kyra Martin	Enfield and Haringey AC	26.91
2	632	Gracious Olamona	Thames Valley Harriers	27.33
3	628	Juanita Kyere-Aidoo	Hillingdon AC	27.42
4	675	Olivia Sparks	Thames Valley Harriers	27.55
5	671	Roma Goddard	Belgrave Harriers	33.25

U17W 300m (b)

Final				
	No.	Athlete	Club	Perf
1	688	Charlotte Harris	Barnet & District AC	43.06
2	687	Katharine Boissiere	Ealing Southall & Middx	43.82
3	689	Lola McCann-Ezekiel	Shaftesbury Barnet H	44.00
4	675	Olivia Sparks	Thames Valley Harriers	46.54
	626	Olive Harvey-Dew	Shaftesbury Barnet H	DNF

U17W 800m (a)

Final				
	No.	Athlete	Club	Perf
1	741	Emma McCluskey	Barnet & District AC	2:21.32
2	690	Maya Sutaria	Thames Valley Harriers	2:22.11
3	738	Charlotte Edge	Thames Valley Harriers	2:24.52
4	744	Alice-May Scott-Denness	Enfield and Haringey AC	2:27.21

5	743	Kayla Saunders	Harrow AC	2:30.66
6	739	Orla Grist	Thames Valley Harriers	2:32.95
7	740	Olivia Matharu	Harrow AC	2:34.32

U17W 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	762	Nicole MCGovern	Shaftesbury Barnet H	4:40.89
2	741	Emma Mccluskey	Barnet & District AC	4:54.38
3	738	Charlotte Edge	Thames Valley Harriers	5:02.38
4	743	Kayla Saunders	Harrow AC	5:07.44
5	900	Ruby Walls	London Heathside	5:11.96

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U17W 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	624	Patricia Grudz-Edmondson	Thames Valley Harriers	9.48
2	623	Nia Forbes-Agyepong	Shaftesbury Barnet H	9.51
3	630	Azaria Nwankwo	Shaftesbury Barnet H	9.71
	686	Nina Williams	London Heathside	DNF

U17W Pole Vault (a)

Final				
	No.	Athlete	Club	Perf
1	782	Erin Marshall	Enfield and Haringey AC	2.60
2	685	Mia De Vivenot	Windsor Slough Eton & H AC	2.15

2.15 xo;2.30 o;2.45 o;2.60 o;2.70 xxx
1.70 o;1.85 xo;2.00 o;2.15 o;2.30 xxx

U17W Long Jump (b)

Final				
	No.	Athlete	Club	Perf
1	791	Chanel Lovelock	Windsor Slough Eton & H AC	4.73
2	631	Izuchi Okorie	Victoria Park & TH AC	4.00

4.55; 4.69; 4.73; 4.71
X; 2.97; 4.00; X

U17W Shot (b)

Final				
	No.	Athlete	Club	Perf
1	791	Chanel Lovelock	Windsor Slough Eton & H AC	9.90
2	685	Mia De Vivenot	Windsor Slough Eton & H AC	9.17
3	810	Coumba Sarr	St Mary's Richmond AC	8.86

9.41; 9.07; 9.90; 9.59
8.69; 9.17; 7.71; 8.02
X; 8.86; 8.56; 8.51

U15G 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	648	Angel McLeod	Shaftesbury Barnet H	7.97
2	636	Dwitee Chaudhari	Ealing Southall & Middx	8.47
3	650	Laureen Okagbenu	Victoria Park & TH AC	8.87
4	638	Zoe Dolan	Thames Valley Harriers	8.91
5	645	Kiana Kwaakoa	Victoria Park & TH AC	9.23
Heat 2				
	No.	Athlete	Club	Perf
1	643	Martha Jolly	London Heathside	8.32
2	637	Sienna Corbyn	Shaftesbury Barnet H	8.45
3	652	Clana Robinson	Victoria Park & TH AC	9.14
4	635	Jhazmy Charles	Victoria Park & TH AC	9.17
5	634	Takiyah Barbe-Springer	Thames Valley Harriers	9.38
Heat 3				
	No.	Athlete	Club	Perf
1	640	Hebe Evans	Hillingdon AC	8.23
2	649	Onyebuchi Odiaka	Shaftesbury Barnet H	8.46
3	646	Casia Langley Bradshaw	London Heathside	8.77
4	642	AnnaLucia Harley	Shaftesbury Barnet H	8.88
5	647	Daisy Lennox	Enfield and Haringey AC	9.14
6	651	Alexia Quintanilla	Thames Valley Harriers	9.21
Final				
	No.	Athlete	Club	Perf
1	648	Angel McLeod	Shaftesbury Barnet H	7.97
2	640	Hebe Evans	Hillingdon AC	8.10
3	643	Martha Jolly	London Heathside	8.29
4	649	Onyebuchi Odiaka	Shaftesbury Barnet H	8.37
5	637	Sienna Corbyn	Shaftesbury Barnet H	8.49
6	636	Dwitee Chaudhari	Ealing Southall & Middx	8.57
7	646	Casia Langley Bradshaw	London Heathside	8.71

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U15G 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	649	Onyebuchi Odiaka	Shaftesbury Barnet H	28.31
2	636	Dwitee Chaudhari	Ealing Southall & Middx	28.46
3	680	Charlotte Reynaert	Thames Valley Harriers	30.49
4	634	Takiyah Barbe-Springer	Thames Valley Harriers	31.65

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5	651	Alexia Quintanilla	Thames Valley Harriers	32.15
Heat 2				
	No.	Athlete	Club	Perf
1	640	Hebe Evans	Hillingdon AC	27.26
2	637	Sienna Corbyn	Shaftesbury Barnet H	28.79
3	642	AnnaLucia Harley	Shaftesbury Barnet H	29.19
4	638	Zoe Dolan	Thames Valley Harriers	29.68
5	647	Daisy Lennox	Enfield and Haringey AC	30.25
Heat 3				
	No.	Athlete	Club	Perf
1	679	Magdeline Paitoo	London Heathside	27.26
2	677	Ella Burrige	London Heathside	27.57
3	676	Monisade Ayodeji	Highgate Harriers	30.16
4	650	Laureen Okagbenu	Victoria Park & TH AC	42.15
Final				
	No.	Athlete	Club	Perf
1	640	Hebe Evans	Hillingdon AC	26.71
2	679	Magdeline Paitoo	London Heathside	27.06
3	677	Ella Burrige	London Heathside	27.17
4	636	Dwitee Chaudhari	Ealing Southall & Middx	27.90
5	649	Onyebuchi Odiaka	Shaftesbury Barnet H	28.19
6	637	Sienna Corbyn	Shaftesbury Barnet H	29.36

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U15G 300m (b)

Final				
	No.	Athlete	Club	Perf
1	677	Ella Burrige	London Heathside	42.91
2	679	Magdeline Paitoo	London Heathside	43.47
3	692	Macie Sutherland	Shaftesbury Barnet H	44.92
4	691	Flora Allan	Ealing Southall & Middx	46.79
5	680	Charlotte Reynaert	Thames Valley Harriers	47.49

U15G 800m (a)

Final				
	No.	Athlete	Club	Perf
1	745	Natasha Bennett	Thames Valley Harriers	2:27.79
2	746	Isla MCGovern	Hillingdon AC	2:36.73
3	748	Amae Van Zyl	Hillingdon AC	2:38.50
4	680	Charlotte Reynaert	Thames Valley Harriers	2:50.66

U15G 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	637	Sienna Corbyn	Shaftesbury Barnet H	9.89
2	646	Casia Langley Bradshaw	London Heathside	10.24

U15G High Jump (b)

Final				
	No.	Athlete	Club	Perf
1	692	Macie Sutherland	Shaftesbury Barnet H	1.35

1.15 o;1.20 o;1.25 o;1.30 o;1.35 o;1.40 xxx

U15G Pole Vault (a)

Final				
	No.	Athlete	Club	Perf
1	784	Emily Mann	Enfield and Haringey AC	2.15
2	783	Amelia Greenfields	Thames Valley Harriers	2.00

1.70 o;1.85 xo;2.00 xo;2.15 xxo;2.30 xxx

1.55 o;1.70 o;1.85 xo;2.00 o;2.15 xxx

U15G Long Jump (b)

Final				
	No.	Athlete	Club	Perf
1	643	Martha Jolly	London Heathside	4.74
2	792	Milli Bridgman-Athanasatos	London Heathside	4.69
3	637	Sienna Corbyn	Shaftesbury Barnet H	4.34
4	691	Flora Allan	Ealing Southall & Middx	4.20
5	793	Karma Idowu	Woodford Green AC w EL	4.11

X; X; 4.74; 4.59

X; 4.29; 4.33; 4.69

4.12; 4.34; X; 4.12

4.20; 3.72; X; X

3.37; 4.11; 3.73; 3.49

U15G Triple Jump (a)

Final				
	No.	Athlete	Club	Perf
1	798	Alana Thomas	Harrow AC	9.36
2	792	Milli Bridgman-Athanasatos	London Heathside	8.78

9.19; X; 9.36; 8.95

X; 8.50; 8.46; 8.78

U15G Shot (b)

Final				
	No.	Athlete	Club	Perf
1	812	Elizabeth Boissiere	Ealing Southall & Middx	8.04
2	811	Elkie Baker	London Heathside	7.69
3	634	Takiyah Barbe-Springer	Thames Valley Harriers	6.59

8.04; 6.70; 7.43; 6.93

7.69; 7.27; X; 7.07

6.59; X