



Middlesex County Athletics Association

President : Bill O'Connor (Queens Park Harriers)

Day 1 Saturday 14th May 2022

Track Events

No.	Age Grp	Event	Round	Time	Comp
T1	SM	400M HURDLES (91.4)	FINAL	10.30	6
T2	U20M	400M HURDLES (91.4)	FINAL	10.40	1
T3	U17M	400M HURDLES (84.00)	FINAL	10.40	2
T4	SW	400M HURDLES (76.2)	FINAL	10.50	2
T5	U20W	400M HURDLES (76.2)	FINAL	10.50	2
T6	U17M	800M	2 HEATS	11.00	13
T7	SM	800M	FINAL	11.10	5
T8	U20M	800M	FINAL	11.15	9
T9	U17W	800M	2 HEATS	11.25	10
T10	U20W	800M	FINAL	11.35	6
T11	SW	800M	FINAL	11.40	3
T12	U17W	100M	2 HEATS	11.50	14
T13	U20W	100M	2 HEATS	12.00	11
T14	SW	100M	FINAL	12.10	8
T15	U17M	100M	3 HEATS	12.15	19
T16	U20M	100M	3 HEATS	12.30	19
T17	SM	100M	3 HEATS	12.45	22
T18	SM	5000M	FINAL	12.55	3
T19	U20M	5000M	FINAL	12.55	1
T20	SW	5000M	FINAL	12.55	4
T21	U17W	300M	2 HEATS	13.20	10
LUNCH BREAK				30 mins	13.30
T22	U17W	100M	FINAL	14.00	
T23	U20W	100M	FINAL	14.05	
T24	U17M	100M	FINAL	14.10	
T25	U20M	100M	FINAL	14.15	
T26	SM	100M	FINAL	14.20	
T27	U17M	800M	FINAL	14.30	
T28	U17W	800M	FINAL	14.35	
T29	U20W	400M	FINAL	14.40	8
T30	SW	400M	FINAL	14.45	5
T31	U17M	400M	FINAL	14.45	2
T32	U20M	400M	FINAL	14.45	2
T33	SM	400M	2 HEATS	14.50	12
T34	U17M	3000M	FINAL	15.05	2
T35	U17W	3000M	FINAL	15.05	3
T36	U17W	300M	FINAL	15.20	
T37	U17W	200M	2 HEATS	15.30	12
T38	U20W	200M	2 HEATS	15.40	10
T39	SW	200M	FINAL	15.50	6
T40	U17M	200M	2 HEATS	15.55	14
T41	U20M	200M	2 HEATS	16.05	14
T42	SM	200M	3 HEATS	16.15	17
T43	U17W	80M HURDLES (76.2)	FINAL	16.25	3
T44	U20W	100M HURDLES (83.8)	FINAL	16.35	2
T45	SW	100M HURDLES (83.8)	FINAL	16.35	1
T46	U17M	100M HURDLES (91.4)	FINAL	16.45	3
T47	U20M	110M HURDLES (91.4)	FINAL	16.45	1
T48	SM	110M HURDLES (1.067)	FINAL	16.55	5
T49	SM	400M	FINAL	17.10	
T50	SW	3000M WALK	FINAL	17.20	1
T51	U17W	200M	FINAL	17.35	

T52	U20W	200M	FINAL	17.40	
T53	U17M	200M	FINAL	17.45	
T54	U20M	200M	FINAL	17.50	
T55	SM	200M	FINAL	17.55	
T56	U17W	1500M	FINAL	18.05	5
T57	U20W	1500M	FINAL	18.05	4
T58	SW	1500M	FINAL	18.05	4
T59	U17M	1500M	FINAL	18.15	3
T60	U20M	1500M	FINAL	18.15	7
T61	SM	1500M	FINAL	18.25	6

Field Events

No.	Age Grp	Event	Time	Comp	
F1	U17W	HIGH JUMP	10.30	4	
F2	U20W	HIGH JUMP	10.30	4	
F3	SW	HIGH JUMP	10.30	1	
F4	U15G	HAMMER	10.30	1	
F5	SW	HAMMER	10.30	4	
F6	U17M	HAMMER	10.30	1	
F7	SM	HAMMER	10.30	1	
F8	U17M	LONG JUMP	10.30	3	
F9	U20M	LONG JUMP	10.30	6	
F10	SM	LONG JUMP	10.30	4	
F11	U17M	HIGH JUMP	11.45	3	
F12	U20M	HIGH JUMP	11.45	6	
F13	U20M	SHOT	11.45	1	
F14	SM	SHOT	11.45	4	
F15	U15G	POLE VAULT	12.30	2	
F16	U17W	POLE VAULT	12.30	2	
F17	U20W	POLE VAULT	12.30	1	
F18	U20M	DISCUS	13.00	1	
F19	SM	DISCUS	13.00	4	
LUNCH BREAK				30 mins	13.30
F20	U17W	LONG JUMP	14.00	5	
F21	U20W	LONG JUMP	14.00	4	
F22	SW	LONG JUMP	14.00	5	
F23	U17W	DISCUS	14.30	2	
F24	SW	DISCUS	14.30	5	
F25	SW	POLE VAULT	14.30	6	
F26	SM	POLE VAULT	14.30	3	
F27	U17M	TRIPLE JUMP	15.30	2	
F28	U20M	TRIPLE JUMP	15.30	1	
F29	SM	TRIPLE JUMP	15.30	4	
F30	U17W	SHOT	15.30	3	
F31	U20W	SHOT	15.30	4	
F32	SW	SHOT	15.30	5	
F33	U17W	JAVELIN	16.15	1	
F34	U20W	JAVELIN	16.15	3	
F35	SW	JAVELIN	16.15	4	
F36	U17M	JAVELIN	16.15	2	
F37	U20M	JAVELIN	16.15	1	
F38	SW	TRIPLE JUMP	16.45	5	
F39	U20W	TRIPLE JUMP	16.45	1	
F40	U17W	TRIPLE JUMP	16.45	1	



Middlesex County Athletics Association

President : Bill O'Connor (Queens Park Harriers)

Day 2 Sunday 15th May 2022

Track Events

No.	Age Grp	Event	Round	Time	Comp
T62	U13G	70M HURDLES (68.5)	FINAL	11.00	4
T63	U15G	75M HURDLES (76.2)	FINAL	11.10	4
T64	U13B	75M HURDLES (76.2)	FINAL	11.20	3
T65	U15B	80M HURDLES (83.8)	FINAL	11.30	1
T66	U15G	100M	4 HEATS	11.40	25
T67	U15B	100M	2 HEATS	12.00	12
T68	U13G	100M	2 HEATS	12.10	12
T69	U13B	100M	2 HEATS	12.20	11
T70	U13G	800M	FINAL	12.30	8
T71	U15G	800M	3 HEATS	12.35	18
T72	U13B	800M	FINAL	12.50	3
T73	U15B	800M	FINAL	12.55	10
T74	U15G	100M	2 SEMI	13.05	
T75	U15B	100M	FINAL	13.10	
T76	U13G	100M	FINAL	13.15	
T77	U13B	100M	FINAL	13.20	
T78	U15G	300M	2 HEATS	13.30	9
T79	U15B	300M	FINAL	13.40	8
T80	U15G	800M	FINAL	13.55	
T81	U15G	100M	FINAL	14.10	
T82	U13G	1500M	FINAL	14.20	3
T83	U13B	1500M	FINAL	14.30	9
T84	U15G	300M	FINAL	14.40	
T85	U15B	200M	2 HEATS	14.50	12
T86	U13G	200M	FINAL	15.00	7
T87	U15G	200M	2 HEATS	15.05	15
T88	U13B	200M	FINAL	15.15	7
T89	U15G	1500M	FINAL	15.30	7
T90	U15B	1500M	FINAL	15.40	1
T91	U15B	200M	FINAL	15.50	
T92	U15G	200M	FINAL	15.55	

Field Events

No.	Age Grp	Event	Time	Comp
F41	U15G	Discus	11.00	4
F42	U13B	High Jump	11.00	2
F43	U15B	High Jump	11.00	3
F44	U15G	Long Jump	11.30	9
F45	U15G	Javelin	12.30	6
F46	U15G	Shot	13.00	3
F47	U13G	Shot	13.00	3
F48	U15B	Long jump	13.30	7
F49	U13B	Javelin	14.00	4
F50	U13B	Shot	14.30	3
F51	U15G	Triple Jump	15.00	2
F52	U15B	Triple Jump	15.00	1
F53	U13G	High Jump	15.00	2
F54	U15G	High Jump	15.00	2
F55	U13B	Long jump	15.15	6

Please Note:- U15 Hammer and Pole Vault competitions are to be held on Saturday 14th May