

MIDDLESEX CHAMPIONSHIPS

SM

400H		Final		
1	370	George Vaughan	WGEL	53.16
2	220	Isaac Ogunlade	HHH	53.50
3	375	Siu Wah Yau	TVH	57.02
4	158	Tristan Fraai	TVH	61.02
5	449	Jason Kojo Dwaah	VPTH	69.64
6	223	David Shortridge	VPTH	76.16

100M		Heat 1		w/s	-2.8
1	108	Daniel Offiah	SOTON		10.97 Q
2	12	Christian Anuyagu	VPTH		11.10 Q
3	18	Joshua Barrett-Mowatt	VPTH		11.32 q
4	23	Alex Bramble	ENFH		11.60
5	61	Marlon Hogg-Williams	NEB		11.80

100M		Heat 3		w/s	0.2
1	118	Keano-Elliott Paris-Samuel	TVH		10.96 Q
2	9	William Andoh	VPTH		11.13 Q
3	36	Kevel Dobbs-Niles	ENFH		11.36
4	32	Niall Cowman	Unattached		11.69
5	52	Harjeet Gill	ESM		12.21
6	46	Shaquille Eusebe	VPTH		12.83

400M		Heat 1		
1	220	Isaac Ogunlade	HHH	49.44 Q
2	225	Daniel Woodburn	BEL	50.85 Q
3	217	Tomasz Kosciuszko	TVH	52.32 Q
4	224	Scott Stoll	TVH	52.95 q
5	449	Jason Kojo Dwaah	VPTH	60.48

SM

100M		Final			w/s	-0.2
1	108	Daniel Offiah	SOTON			10.63
2	105	Cian O'Donnell	LONH			10.78
3	118	Keano-Elliott Paris-Samuel	TVH			10.79
4	12	Christian Anuyagu	VPTH			10.80
5	9	William Andoh	VPTH			10.84
6	18	Joshua Barrett-Mowatt	VPTH			11.14
7	88	Phoenix Lyon	SBH			11.20
8	58	David Henderson	VPTH			11.38

SM

5000M		Final		
1	327	Oliver Newton	TVH	15:43.08
2	358	Niall Gilchrist	EAL	16:23.32
3	303	Manuel Da Silva	TVH	17:43.26

200M		Heat 1		w/s	-2.3
1	105	Cian O'Donnell	LONH		21.95 Q
2	12	Christian Anuyagu	VPTH		22.18 Q
3	58	David Henderson	VPTH		22.94 Q
4	88	Phoenix Lyon	SBH		22.95 q
5	36	Kevel Dobbs-Niles	ENFH		23.27
6	52	Harjeet Gill	ESM		23.96
7	449	Jason Kojo Dwaah	VPTH		25.76
8	118	Keano-Elliott Paris-Samuel	TVH		DNS

SM	200M	Final	w/s	-1.0
	1	105 Cian O'Donnell	LONH	21.72
	2	153 Luke Collis	HARR	21.83
	3	177 Michael Shonibare	VPTH	21.88
	4	12 Christian Anuyagu	VPTH	21.89
	5	88 Phoenix Lyon	SBH	22.56
	6	58 David Henderson	VPTH	22.71
	7	61 Marlon Hogg-Williams	NEB	23.00
	8	155 Kai English	ESM	23.06

FIELD

SM	Long Jump			
	1	18 Joshua Barrett-Mowatt	VPTH	6.97
	2	410 Darren Wiafe-Morson	VPTH	6.89
	3	402 Carlos Mingoos	LONH	6.24
	4	46 Shaquille Eusebe	VPTH	5.02

SM	Pole vault			
	1	393 Stanislav Vilga	TVH	3.60 (3.20 o; 3.40 o; 3.60 xo; 3.

Discus				
	1	431 Andre Pereira Carneiro	SMRAC	37.84
	2	424 Glen Crowie	HILL	29.41
	3	418 Kevin Acraman	HILL	22.46

Disability discus - 1.5K				
	1	#N/A	#N/A	

800M	Final			
1	286	Thomas Taylor	TVH	2:02.65
2	258	Finley Hurren	BRIHC	2:05.79
3	237	Anthony Bryan	HERPH	2:54.38
4	272	Bill O'Connor	QPH	4:01.56

100M	Heat 2	w/s	0.3
1	105	Cian O'Donnell	LONH 10.93 Q
2	88	Phoenix Lyon	SBH 11.32 Q
3	58	David Henderson	VPTH 11.33 q
4	63	Glenford Hughes	LONH 11.72
5	137	Lumar Sylvester	TVH 12.17
6	123	Eugene Riza	SBH 13.34

400M	Heat 2			
1	222	Kareem Selman-Jackson	BEL	49.63 Q
2	221	Tyson Oladokun	HHH	50.57 Q
3	209	Alexander Evelegh	SBH	52.22 Q
4	205	Jonathan Bull	HIGH	52.71 q
5	219	Toby Markham	NEB	58.78
6	223	David Shortridge	VPTH	59.42


400M	Final			
1	222	Kareem Selman-Jackson	BEL	48.83
2	220	Isaac Ogunlade	HHH	49.55
3	221	Tyson Oladokun	HHH	50.03
4	225	Daniel Woodburn	BEL	50.99
5	209	Alexander Evelegh	SBH	52.16
6	217	Tomasz Kosciuszko	TVH	52.76
	224	Scott Stoll	TVH	DNS

110H	Final	w/s	-0.2
1	370	George Vaughan	WGEL 15.15
2	366	Abdulla AlAlawi	HARR 17.45
	368	Daniel Ryan	HHH DNS

200M	Heat 2	w/s	-0.6
1	153	Luke Collis	HARR 22.18 Q
2	177	Michael Shonibare	VPTH 22.35 Q
3	155	Kai English	ESM 22.42 Q
4	61	Marlon Hogg-Williams	NEB 23.21 q
5	32	Niall Cowman	Unattached 23.37
6	158	Tristan Fraai	TVH 23.77
7	63	Glenford Hughes	LONH 23.86

1500M Final

1	347 James Wooldridge	LONH	4:02.76
2	340 Sam Sutherland	QPH	4:38.13
3	312 Andrew Jackson	QPH	5:10.52
4	326 Andy Neary	QPH	6:02.45

**Triple jump**

1	413 SM	SBH	15.30	w/s NA
---	--------	-----	-------	--------

best legal

Hammer

1	418 Kevin Acraman	HILL	40.64
---	-------------------	------	-------

Shot

1	428 Angus Lockhart	HARR	15.34
2	431 Andre Pereira Carneiro	SMRAC	11.69
3	424 Glen Crowie	HILL	10.53
4	418 Kevin Acraman	HILL	10.29

MIDDLESEX CHAMPIONSHIPS

U20M	400H	Final		
	1	206 Gus Carter	ESM	55.79

U20M	100M	Heat 1	w/s	-1.8	U20M
	1	40 Reece Earle	TVH		11.08 Q
	2	132 Mekhi Sinclair	ENFH		11.45 Q
	3	77 Josh Kelly	TVH		11.56 Q
	4	25 Myles Brown	TVH		11.82 q
	5	35 Arham Deep	VPTH		12.19
	6	69 Yann Janssen	SBH		12.46
		135 Onaope Sogbesan	SBH		DNS

U20M	100M	Final	w/s	-1.4
	1	40 Reece Earle	TVH	10.97
	2	101 Joseph Nash	ENFH	11.09
	3	29 Zack Clarke-Green	ESM	11.21
	4	132 Mekhi Sinclair	ENFH	11.27
	5	49 Pablo Fialho	ENFH	11.46
	6	77 Josh Kelly	TVH	11.57
	7	117 Presley Owobu	VPTH	11.71
	8	25 Myles Brown	TVH	11.75

U20M	5000M	Final		
	1	356 Bedo Draskoczy	LONH	16:59.87

	200M	Heat 1	w/s	-1.7
	1	164 Jason Kalala	VPTH	21.95 Q
	2	132 Mekhi Sinclair	ENFH	22.53 Q
	3	77 Josh Kelly	TVH	22.82 Q
	4	170 Motunrayo (Monty) Ogunbanjo	HARR	22.99 q
	5	25 Myles Brown	TVH	23.39 q

U20M	200M	Final	w/s	-0.6
	1	164 Jason Kalala	VPTH	21.86
	2	162 Joel Houslin	TVH	21.99
	3	132 Mekhi Sinclair	ENFH	22.12
	4	101 Joseph Nash	ENFH	22.49
	5	49 Pablo Fialho	ENFH	22.85
	6	170 Motunrayo (Monty) Ogunbanjo	HARR	22.94
	7	77 Josh Kelly	TVH	23.04
	8	25 Myles Brown	TVH	23.43

FIELD**U20M****Shot**

1	406 Cameron Sharma	SMRAC	7.99
---	--------------------	-------	------

U20M**Javelin**

1	442 Aryan Padaruth	HILL	63.52
---	--------------------	------	-------

Long Jump

1	405 Dillon Ryan	WSEH	6.71
2	69 Yann Janssen	SBH	5.69
3	406 Cameron Sharma	SMRAC	4.94
4	378 Zakaria Lloyd	HARR	4.83

800M Final

1	242 Finn Combe	HILL	2:03.61
2	236 Jonathan Boardman	SBH	2:04.51
3	246 Zachary Dickens	HILL	2:09.19
4	255 Josh Groves	HIGH	2:10.73
5	259 Patrick Hyde	HILL	2:15.41

100M Heat 2 w/s -0.3

1	101 Joseph Nash	ENFH	11.07 Q
2	29 Zack Clarke-Green	ESM	11.17 Q
3	49 Pablo Fialho	ENFH	11.27 Q
4	117 Presley Owobu	VPTH	11.65 q
5	94 Elvio Mendes	TVH	11.88
6	2 Don Aborah	VPTH	12.40
	109 Bryan Ogbeor	SBH	DNS

400M Final

1	218 Joseph Lamb	VPTH	58.44
---	-----------------	------	-------

110H Final w/s -0.2

1	369 Abdulsamad Sanusi	NEB	14.48
---	-----------------------	-----	-------

200M Heat 2 w/s -1.3

1	162 Joel Houslin	TVH	22.23 Q
2	101 Joseph Nash	ENFH	22.41 Q
3	49 Pablo Fialho	ENFH	22.75 Q
4	180 Ellis Watson	HILL	24.05
	29 Zack Clarke-Green	ESM	DNS
	69 Yann Janssen	SBH	DNS

1500M Final

1	229 Thomas Archer	LONH	4:03.14
2	301 Jonny Brook	SMRAC	4:04.49
3	457 Joshua Fisher	SBH	4:09.75
4	329 Oliver O'Connor	LONH	4:10.06
5	309 Sam Greenstein	SBH	4:11.24
6	299 Jack Bailey	HIGH	4:12.25
7	454 Spencer Bateman	SMRAC	4:18.28
8	333 Luke Pike Mullins	LONH	4:44.89

Discus

1	406 Cameron Sharma	SMRAC	29.25
---	--------------------	-------	-------

Triple Jump

w/s best legal

1	#N/A	#N/A
2	#N/A	#N/A

High Jump

1	379 Noor-Eldin Mahmoud	TVH	1.90 (1.80 o; 1.90 o; 1.95 xxx)
2	380 Etienne Munday	LONH	1.80 (1.60 o; 1.65 xo; 1.70 o; 1.75 o; 1.80 xxx)
3	378 Zakaria Lloyd	HARR	1.70 (1.50 xo; 1.55 o; 1.60 o; 1.65 xo; 1.70 xxx)
4	180 Ellis Watson	HILL	1.65 (1.55 o; 1.60 o; 1.65 o; 1.70 xxx)

MIDDLESEX CHAMPIONSHIPS

U17M	400H	Final		U17M
	1	31 Trey Corlis	LONH	64.84
	2	364 Thomas Wasserman	LONH	65.80

U17M	100M	Heat 1	w/s	-2.2
	1	8 Malachi Amadi	SBH	11.34 Q
	2	144 Dylan Williams	BFTA	11.60 Q
	3	31 Trey Corlis	LONH	11.67 Q
	4	56 Lucas Hardy	HILL	11.79
	5	139 Amanullah Wahedi	TVH	11.84
	6	87 Oliver Laurens	SBH	12.04
	7	81 Brandon Kufazyinei	SBH	12.09

U17M	100M	Final	w/s	0.7
	1	146 Teddy Wilson	BFTA	10.83
	2	76 Zico Jones	SBH	10.95
	3	8 Malachi Amadi	SBH	11.05
	4	104 Ebuka Nwokeji	SBH	11.15
	5	27 Verrel Charles	Unattached	11.16
	6	66 Samuel Jagroop	HILL	11.34
	7	144 Dylan Williams	BFTA	11.42
		31 Trey Corlis	LONH	DNS

U17M	400M	Final		
	1	204 James Andrews	BARN	57.36

U17M	1500M	Final		
	1	343 Digby Turk	SMRAC	4:19.21
	2	341 Callum Sydenham	BARN	4:34.28
	3	338 Ryan Stoddart	HILL	4:47.00

FIELD

U17M	Javelin			
	1	438 Kaiden Greening	SMRAC	44.23
	2	91 Elijah Marshall	HIGH	28.12

U17M	Discus			
	1	#N/A	#N/A	

U17M	Hammer			
	1	364 Thomas Wasserman	LONH	28.30

800M		FINAL	
1	240 Jacob Clement	SBH	2:03.99
2	232 Daniel Banyard	SBH	2:07.79
3	239 Noah Clarke	BARN	2:09.11
4	250 Edward Flewitt	ESM	2:09.17
5	293 Joe Ward	BARN	2:12.52
6	287 Oscar Tivnann	ENFH	2:15.01
7	248 Artie Feeny-Willings	LONH	2:40.62

100M		Heat 2	w/s	-2.0
1	146 Teddy Wilson	BFTA		11.09 Q
2	76 Zico Jones	SBH		11.37 Q
3	104 Ebuka Nwokeji	SBH		11.56 Q
4	27 Verrel Charles	Unattached		11.57 q
5	66 Samuel Jagroop	HILL		11.57 q
6	26 Miles Cameron	LONH		12.53
7	91 Elijah Marshall	HIGH		12.91

200M		Final	w/s	-2.8
1	76 Zico Jones	SBH		22.70
2	104 Ebuka Nwokeji	SBH		23.05
3	178 Kaylan Taylor	BFTA		23.20
4	66 Samuel Jagroop	HILL		23.43
5	56 Lucas Hardy	HILL		24.09
6	87 Oliver Laurens	SBH		24.38
7	159 Harold Greenfields	TVH		27.82

3000M		Final	
1		#N/A	#N/A
2		#N/A	#N/A
3		#N/A	#N/A
4		#N/A	#N/A

100H		Final	w/s	-0.4
1	365 Remy Weinbrecht	HIGH		14.78
2	364 Thomas Wasserman	LONH		14.87

High Jump

High Jump			
1	91 Elijah Marshall	HIGH	1.55 (1.30 o; 1.35 xo; 1.40 xo; 1.50 xo; 1.55 xo; 1.60 xxx)
2	248 Artie Feeny-Willings	LONH	1.40 (1.30 o; 1.35 o; 1.40 xxo; 1.45 xxx)

Triple Jump			w/s	
1	341 Callum Sydenham	BARN	11.05	NA

Long Jump			
1	365 Remy Weinbrecht	HIGH	6.08
2	104 Ebuka Nwokeji	SBH	5.66
3	398 Luca Kaye	WGEL	5.61

MIDDLESEX CHAMPIONSHIPS

U15M

800m

1	231 Billy Bannon	SMRAC	2:17.91
2	267 Dylan Mills	LONH	2:18.57
3	275 Milun Pittuck	VPTH	2:21.94
4	263 Henry Jones	ESM	2:25.50
5	249 Oliver Flemming	BARN	2:32.61
6	190 Dilan Khurana	ESM	2:35.63
7	167 Felix La Trobe Weston	TVH	2:37.14

100m Heat 1 w/s 0.5

1	450 Zayn Azabdaftery	HARR	11.62 Q
2	79 Alex Konstantaras	BARN	11.87 Q
3	62 Nathan Howell	SBH	12.02 Q
4	82 Shenal Kuranage	TVH	12.27 q
5	45 Asher Escobar	SBH	13.91
6	98 Said Mohammed-Mariche	HIGH	13.97

100m FINAL w/s -0.5

1	450 Zayn Azabdaftery	HARR	11.65
2	128 Jaian Saunders	BARN	11.84
3	79 Alex Konstantaras	BARN	11.93
4	100 Damien Mutch	BARN	12.20
5	62 Nathan Howell	SBH	12.21
6	82 Shenal Kuranage	TVH	12.38
7	68 Marcus James	HILL	12.67
8	120 Harry Pincherle	SBH	12.71

200m Heat 1 w/s 1.4

1	154 Milton Cooper	LONH	23.63 Q
2	79 Alex Konstantaras	BARN	24.84 Q
3	181 Daniel Wong	HILL	25.85 Q
4	100 Damien Mutch	BARN	25.85 q
5	45 Asher Escobar	SBH	28.19 q

1500m

1	332 Arthur Phillips	SBH	4:35.43
2	306 Billy Fudge	ENFH	4:36.35 DH
2	336 Edgar Sayers	VPTH	4:36.35 DH
4	455 Euan Phillips	SBH	4:37.76
5	330 Monty Omell	BARN	4:44.88
6	342 Koppány Szentes	LONH	4:46.44
7	339 Mika Stripp	ESM	4:59.31
8	314 Zooley Judge	VPTH	5:07.16
9	304 Oswald Dixon	VPTH	5:13.01
10	320 Thom Macdonald	VPTH	5:15.99
11	308 Harvey Gough	VPTH	5:20.38

12 200 Damon Walker
344 Sam Turner

TVH
LONH

5:38.25
DNS

FIELD

U15M

U15M

Hammer

1 31 Trey Corlis LONH 24.14

High Jump

1= 98 Said Mohammed-Mariche HIGH 1.40 (1.30 o; 1.3
1= 344 Sam Turner LONH 1.40 (1.20 o; 1.2

Shot 4Kg

1 #N/A #N/A
2 #N/A #N/A
3 #N/A #N/A

Javelin

1 #N/A #N/A
2 #N/A #N/A
3 #N/A #N/A

80mH		w/s	2.3
1	45 Asher Escobar	SBH	14.18

100m	Heat 2	w/s	0.0
1	128 Jaian Saunders	BARN	11.96 Q
2	100 Damien Mutch	BARN	12.19 Q
3	120 Harry Pincherle	SBH	12.62 Q
4	68 Marcus James	HILL	12.64 q
5	142 Edgar Wetherell	VPTH	14.82

300m			
1	154 Milton Cooper	LONH	38.27
2	181 Daniel Wong	HILL	42.38
3	190 Dilan Khurana	ESM	46.60
4	200 Damon Walker	TVH	51.75

200m	Heat 2	w/s	1.0
1	450 Zayn Azabdaftery	HARR	24.19 Q
2	62 Nathan Howell	SBH	25.12 Q
3	120 Harry Pincherle	SBH	26.17 Q
4	167 Felix La Trobe Weston	TVH	29.27
	82 Shenal Kuranage	TVH	DNS
	128 Jaian Saunders	BARN	DIS TR17.3.1

200m	Final	w/s	0.7
1	154 Milton Cooper	LONH	23.16
2	450 Zayn Azabdaftery	HARR	23.56
3	79 Alex Konstantaras	BARN	24.74
4	62 Nathan Howell	SBH	25.23
5	120 Harry Pincherle	SBH	25.61
6	181 Daniel Wong	HILL	25.95
7	100 Damien Mutch	BARN	26.83
	45 Asher Escobar	SBH	DNS



Triple jump

				w/s	
1	409 Lewis Sorhaindo	HARR	12.09		-0.8

Discus

1	#N/A	#N/A			
---	------	------	--	--	--

Long Jump

				w/s	
1	409 Lewis Sorhaindo	HARR	5.49		-0.5
2	79 Alex Konstantaras	BARN	5.41		-1.1
3	82 Shenal Kuranage	TVH	5.26		-0.1
4	128 Jaian Saunders	BARN	4.85		-1.0
5	98 Said Mohammed-Mariche	HIGH	4.59		+0.0
6	142 Edgar Wetherell	VPTH	3.86		-0.2
7	68 Marcus James	HILL	3.57		-0.2

MIDDLESEX CHAMPIONSHIPS

U13M

800m			
1	257 Caleb Hilton	SBH	2:35.73
2	277 Xander Reese	SBH	2:41.71

75mH		w/s	0.5
1	41 Gabriel Edwards	LONH	13.01
2	5 Jimi Adu	SBH	13.07
3	362 Max Wasserman	LONH	14.73

100m	Heat 2	w/s	0.2
1	16 Dijani Barnor	SBH	13.19 Q
2	67 Lani Jaiyeola	SBH	13.27 Q
3	5 Jimi Adu	SBH	14.42 Q
4	147 Bilal Yusuf	ESM	14.48 q

200m		w/s	0.5
1	41 Gabriel Edwards	LONH	26.59
2	16 Dijani Barnor	SBH	26.70
3	67 Lani Jaiyeola	SBH	27.69
4	15 Benjamin Bamisaiye	SBH	29.55
5	59 Nathan Herman	SBH	34.19

FIELD

U13M

High Jump			
1	131 Arthur Shaw	HIGH	1.50 (1.35 o; 1.4
2	97 Idriss Mohammed-Mariche	HIGH	1.30 (1.15 o; 1.2

Shot			
1	426 Nathan Griffiths	HILL	7.83
2	362 Max Wasserman	LONH	5.99

Long Jump			w/s	
1	131 Arthur Shaw	HIGH	4.67	-1.0
2	67 Lani Jaiyeola	SBH	4.32	-0.8
3	5 Jimi Adu	SBH	4.05	-2.5
4	97 Idriss Mohammed-Mariche	HIGH	3.85	-0.8
5	331 Oscar Parker	ESM	2.55	-1.1

100m	Heat 1	w/s	-0.4
1	41 Gabriel Edwards	LONH	13.45 Q
2	131 Arthur Shaw	HIGH	13.81 Q
3	15 Benjamin Bamisaiye	SBH	14.27 Q
4	97 Idriss Mohammed-Mariche	HIGH	14.99 q
5	59 Nathan Herman	SBH	16.18

100m	FINAL	w/s	-0.5
1	16 Dijani Barnor	SBH	13.04
2	41 Gabriel Edwards	LONH	13.20
3	67 Lani Jaiyeola	SBH	13.44
4	131 Arthur Shaw	HIGH	13.82
5	15 Benjamin Bamisaiye	SBH	14.37
6	147 Bilal Yusuf	ESM	14.86
7	5 Jimi Adu	SBH	15.04
8	97 Idriss Mohammed-Mariche	HIGH	15.07

1500m			
1	310 Jack Hayward	ESM	5:03.74
2	317 Aneirin Lessard	VPTH	5:04.47
3	297 Rory Willis	LONH	5:14.53
4	269 Marcus Muers	ESM	5:16.05
5	331 Oscar Parker	ESM	5:30.06

0 o; 1.45 o; 1.50 xo; 1.55 xxx)

0 o; 1.25 o; 1.30 xxo; 1.35 xxx)

Javelin

1	426 Nathan Griffiths	HILL	29.93
2	452 Shayan Yadav	HARR	24.32
3	441 Charlie Hyde	HILL	20.27

MIDDLESEX CHAMPIONSHIPS

SW	800M	Final		
	1	291 Brogan Wallace	LONH	2:16.81
	2	207 Amelia Casey	TVH	2:31.65

SW	400M	Final		
	1	202 Cedelle Agyei-Kyem	WALT	58.03
	2	216 Alice Hunter	VPTH	60.55
	3	169 Noelle O'Regan	LONH	64.61

SW	1500M	Final		
	1	334 Armana Rai	FRC	4:47.83
	2	346 Lily Woolcock	LONH	4:53.87
	3	321 Rhian Male	LONH	5:03.66

SW	400H	Final		
	1	373 Joy Lisney	WSEH	66.54
	2	372 Kate Brook	SMRAC	76.58

	100H	Final		
	1	53 Miriam Glassner	LCAC	15.59

FIELD

SW	High Jump			
	1	381 Anna Ryan	WSEH	1.55 (1.40 o; 1.45 o; 1.50 o; 1.55 xo; 1.60)

SW	Javelin			
	1	422 Laurensa Britane	TVH	41.42
	2	381 Anna Ryan	WSEH	26.40
	3	439 Suzanne Harding	HARR	19.54
	4	429 Nicola Long	BURT	11.61 N/S

SW	Long Jump			w/s	best legal	
	1	397 Mary Elcock	SOTON	5.64	+1.7	
	2	407 Vaida Sleinyte	ESM	5.31	+0.3	
	3	381 Anna Ryan	WSEH	4.89	+2.6	4.84 +1.8
	4	399 Zoe Kotyrba	HARR	4.16	+1.1	

SW	Triple Jump			w/s	best legal	
	1	397 Mary Elcock	SOTON	12.29	-1.1	
	2	415 Montana Jackson	TVH	12.11	-0.0	
	3	399 Zoe Kotyrba	HARR	9.86	+0.0	

3000M Walk

1	353 Maureen Noel	BELGRAVE H	18:32.18
---	------------------	------------	----------

200M Final w/s 0.1

1	44 Akaysha Ellis	ENFH	25.47
2	145 Rebecca Williams	VPTH	25.97
3	169 Noelle O'Regan	LONH	28.81

100M Final w/s -1.0

1	96 Elise Modeste	ENFH	12.09
2	44 Akaysha Ellis	ENFH	12.49
3	124 Brittany Robinson	TVH	12.58
4	53 Miriam Glassner	LCAC	12.77
5	145 Rebecca Williams	VPTH	12.97
6	451 Olivia Mundabi	TVH	13.41

5000M Final

1	355 Kate Brown	Unattached	17:43.64
2	348 Lisa da Silva	TVH	18:18.13

Hammer

1	456 Amy Clemens	SBH	48.68
2	425 Tracey Gould	ESM	31.58
3	429 Nicola Long	BURT	27.94
4	434 Anneli Sydenham	BARN	23.67

Pole vault

1	383 Megan Bailey	HARR	4.01 (3.50 o; 3.70 o; 3.80 o; 4.01 o; 4.11 xxx)
2	388 Helen Leadbetter	ESM	2.80 (2.20 xo; 2.40 o; 2.50 o; 2.60 o; 2.70 xxo; 2.80 xxo; 2.90 xxx)
3	386 Stacey Gonzalez Betancourt	SBH	2.60 (2.50 xxo; 2.60 xxo; 2.70 xxx)
4	392 Sarah Stephen	TVH	2.30 (2.10 o; 2.30 o; 2.40 xxx)
5	394 Rosalind Zeffertt	SBH	2.10 (2.00 xo; 2.10 xo; 2.20 xxx)
6	391 Holly Pan	TVH	1.90 (1.70 o; 1.80 o; 1.90 xo; 2.00 xxx)

Discus

1	422 Laurensa Britane	TVH	38.29
2	423 Harriet Connor	SMRAC	31.42
3	434 Anneli Sydenham	BARN	19.66
4	429 Nicola Long	BURT	13.46

Shot

1	423 Harriet Connor	SMRAC	10.07
2	422 Laurensa Britane	TVH	9.80
3	434 Anneli Sydenham	BARN	7.07

MIDDLESEX CHAMPIONSHIPS

U20W	100m	Final	w/s	-1.1
	1	122 Emmanuella Quaye	ENFH	12.04
	2	134 Mia Smith	HILL	12.21
	3	130 Chloe Savva	ENFH	12.53
	4	21 Julie-Anne Boachie	HARR	12.83
	5	54 Mia Grey	TVH	12.92
	6	72 Milan Jervier	HARR	12.92
	7	39 Charis Duncan	ENFH	12.94
	200M	Heat 1	w/s	-2.1
	1	179 Michelvi Wamba	VPTH	26.18 Q
	2	39 Charis Duncan	ENFH	26.39 Q
	3	176 Katie-Marie Sherlock	TVH	27.43 Q
	4	171 Amaka Okorie	VPTH	27.77 q
	5	163 Deborah Ibekwe	TVH	28.08 q

U20W	200M	Final	w/s	-0.2
	1	134 Mia Smith	HILL	25.27
	2	179 Michelvi Wamba	VPTH	25.54
	3	39 Charis Duncan	ENFH	25.91
	4	130 Chloe Savva	ENFH	25.98
	5	176 Katie-Marie Sherlock	TVH	27.16
	6	171 Amaka Okorie	VPTH	27.20
	7	175 Shana Roper	HARR	27.86
	8	163 Deborah Ibekwe	TVH	27.98
	100H	Final		
	1	130 Chloe Savva	ENFH	15.26
	2	30 Alina Cofie	SBH	15.26

FIELD

U20W	Pole Vault		
	1	382 Natali Aleksandrowicz	ENFH 2.70 (1.70 xo; 2.20 xo; 2.40 o; 2.50)

U20W	Long Jump		w/s
	1	404 Ruth-Ann Otaruoh	TVH 5.19 +1.4
	2	175 Shana Roper	HARR 4.79 +1.5
	3	408 Demi Smith-Scott	HILL 4.76 +0.7
	4	165 Amani Kohler	HIGH 4.45 +1.9

U20W	Triple Jump		w/s	Legal
	1	404 Ruth-Ann Otaruoh	TVH 11.94	-0.0

	Javelin		
	1	443 Lucy Wilcock	HILL 30.60
	2	262 Amina James	VPTH 29.98
	3	165 Amani Kohler	HIGH 28.52

800M Final

1	208 Madeleine Casey	TVH	2:16.90
2	285 Natasha Tanner	SBH	2:26.21
3	262 Amina James	VPTH	2:33.25
4	253 Zenia Gordon	TVH	2:36.34
5	226 Midnight Adams	ESM	2:40.12

200M Heat 2 w/s -0.4

1	134 Mia Smith	HILL	25.51 Q
2	130 Chloe Savva	ENFH	26.67 Q
3	175 Shana Roper	HARR	27.96 Q
4	165 Amani Kohler	HIGH	28.68

400M Final

1	212 Ella Fryer	SMRAC	57.66
2	208 Madeleine Casey	TVH	57.98
3	203 Jeslyn Agyei-Kyem	WALT	58.00
4	210 Folasade Fajuke	VPTH	59.77
5	176 Katie-Marie Sherlock	TVH	60.42
6	213 Amy Greig	SMRAC	61.04
7	211 Teniola Fajuke	VPTH	61.67

400H Final

1	374 Anya Nesbitt	ENFH	71.02
2	371 Josie Booker	ESM	73.59

Shot

1	420 Kamilia Baymakova	ENFH	10.79
2	165 Amani Kohler	HIGH	8.30
3	371 Josie Booker	ESM	7.74

Hammer

1	#N/A	#N/A	
---	------	------	--

High Jump

1	21 Julie-Anne Boachie	HARR	1.45 (1.40 xo; 1.45 xo; 1.50 xxx)
2	371 Josie Booker	ESM	1.30 (1.30 o)

MIDDLESEX CHAMPIONSHIPS

U17W	300H	Final		
	1		#N/A	#N/A
	2		#N/A	#N/A
	3		#N/A	#N/A

	100M	Heat 1	w/s	0.2
	1	6 Niah Akintokun	SBH	12.20 Q
	2	84 Juanita Kyere Aidoo	HILL	12.56 Q
	3	113 Megan Omoya-Broad	TVH	12.97 Q
	4	24 Clara Brooke	TVH	13.94 q
	5	7 Sara Al Hourani	HILL	14.43

U17W	800M	Final		
	1	284 Adela Svihalkova	TVH	2:12.91
	2	270 Hattie Munday	LONH	2:16.33
	3	298 Larissa Wilson	SBH	2:16.35
	4	256 Charlotte Harris	BARN	2:16.74
	5	281 Alice-May Scott-Denness	ENFH	2:24.46
	6	453 Ruby Walls	LONH	2:25.81
	7	254 Orla Grist	TVH	2:31.36
	8	271 Zairah Newth	ESM	2:46.67

U17W	200M	Final	w/s	-2.0
	1	126 Anna Rose	SBH	26.08
	2	157 Nia Forbes-Agyepong	SBH	26.27
	3	84 Juanita Kyere Aidoo	HILL	26.54
	4	114 Destiny Orafu	ESM	27.38
	5	60 Rosie Hewitt	ESM	27.63
	6	121 Imani Quamina	LONH	28.17
	7	161 Mariana Hamani	TVH	30.91
	8	48 Daisy Feinson	SBH	31.26

U17W	80H	Final	w/s	1.6
	1	157 Nia Forbes-Agyepong	SBH	12.27
	2	121 Imani Quamina	LONH	12.53

FIELD

U17W	High Jump		
	1	185 Katharine Boissiere	ESM 1.55 (1.40 o; 1.45 xo; 1.50 xo; 1.55 o 1.
	2	24 Clara Brooke	TVH 1.35 (1.25 o; 1.30 o; 1.35 o; 1.40 xxx)
	3	186 Charlotte Bull	HILL 1.35 (1.20 o; 1.25 o; 1.30 o; 1.35 xo; 1.4

U17W	Javelin		
	1	385 Mia De Vivenot	WSEH 26.53

U17W	Long Jump			w/s	Best Legal
1	189	Ava John	WSEH	5.19	+0.9
2	400	Chanel Lovelock	WSEH	4.98	+1.1
3	24	Clara Brooke	TVH	4.12	-1.2
4	271	Zairah Newth	ESM	3.94	-0.8
5	403	Izuchi Okorie	VPTH	3.82	+1.4

U17W	Triple Jump			w/s	
1	400	Chanel Lovelock	WSEH	8.53	+1.5

300m		Final		
1	182	Annalise Agyei-Kyem	WALT	40.65
2	189	Ava John	WSEH	40.85
3	197	Cassie Southgate	HARR	42.00
4	185	Katharine Boissiere	ESM	43.32
5	191	Lola McCann-Ezekiel	SBH	43.84
6	192	Azaria Nwankwo	SBH	44.90
7	186	Charlotte Bull	HILL	49.67

100M		Heat 2		w/s	-1.7
1	126	Anna Rose	SBH	12.91	Q
2	74	Tosin Jokosenumi	SBH	13.09	Q
3	121	Imani Quamina	LONH	13.36	Q
4	14	Beulah Badero	TVH	13.87	q
5	48	Daisy Feinson	SBH	14.84	

100M		Final			w/s	1.0
1	6	Niah Akintokun	SBH	12.26		
2	84	Juanita Kyere Aidoo	HILL	12.68		
3	126	Anna Rose	SBH	12.70		
4	74	Tosin Jokosenumi	SBH	12.86		
5	113	Megan Omoya-Broad	TVH	13.15		
6	121	Imani Quamina	LONH	13.33		
7	14	Beulah Badero	TVH	13.77		
8	24	Clara Brooke	TVH	13.94		

1500M		Final		
1	322	Emma Mccluskey	BARN	4:50.06
2	337	Katerina Simakova	TVH	5:25.07
3	315	Anna Kelly	TVH	5:40.33
4	316	Brady Kelly-weekes	VPTH	6:21.51

3000M		Final		
1	352	Lauren Russell	HIGH	11:21.45
2	350	Nicola Hewitt	ESM	12:03.92

Hammer			
1		#N/A	#N/A

10 xxx)

Pole vault				
1	385	Mia De Vivenot	WSEH	2.40 (1.70 o; 1.90 o; 2.10 o; 2.20 o; 2.30 o; 2.40 xxo; 2.50 xxx)
2	384	Francesca Bocchetti	ENFH	2.20 (1.70 o; 1.90 o; 2.00 o; 2.10 xo; 2.20 o; 2.30 xxx)

Discus

1	432 Coumba Sarr	SMRAC	31.89
2	385 Mia De Vivenot	WSEH	22.63

Shot

1	189 Ava John	WSEH	9.92
2	400 Chanel Lovelock	WSEH	9.60
3	432 Coumba Sarr	SMRAC	8.64

MIDDLESEX CHAMPIONSHIPS**U15W****800m Heat 1**

1	288 Selma Tivnann	ENFH	2:29.40 Q
2	234 Skye Bishop	TVH	2:29.81 Q
3	241 Mia Cobbold	HIGH	2:33.00 Q
4	266 Isla MCGovern	HILL	2:33.38 q
5	193 Aliyah Osman	HIGH	2:37.86
6	252 Maria Gordienko	VPTH	2:45.00
7	251 Stella Gessaroli	VPTH	2:49.83

800m FINAL

1	260 Izzy Ions	HIGH	2:22.28
2	234 Skye Bishop	TVH	2:22.86
3	274 Monika Panoutsou	VPTH	2:26.53
4	288 Selma Tivnann	ENFH	2:28.22
5	290 Amae Van Zyl	HILL	2:31.75
6	241 Mia Cobbold	HIGH	2:35.53
7	266 Isla MCGovern	HILL	2:43.43
8	187 Sofia Cestaro	HARR	2:58.23

100m Heat 1**w/s****-0.7**

1	92 Angel McLeod	SBH	12.60 Q
2	47 Hebe Evans	HILL	13.09 Q
3	33 Emma Dalton	HARR	13.49 q
4	111 Shenel Okrah	SBH	13.99
5	141 Ayzha Welsh	VPTH	15.28

100m Heat 3**w/s****-1.0**

1	75 Martha Jolly	LONH	13.17 Q
2	106 Onyebuchi Odiaka	SBH	13.50 Q
3	65 Eziaba Iwe	HARR	13.61 q
4	140 Tara Walsh	ENFH	13.85
5	37 Zoe Dolan	TVH	14.25
6	125 Talya Robinson	SBH	14.49

1500m

1	319	Lyra Macdonald	VPTH	4:52.63
2	323	Naimah Mossi	BB	5:00.11
3	184	Natasha Bennett	TVH	5:10.89
4	328	Tess Noblet	WGEL	5:16.07
5	325	Phoebe Music	SBH	5:43.44

200m Heat 1 w/s 1.0

1	47	Hebe Evans	HILL	26.39 Q
2	172	Magdeline Paitoo	LONH	26.63 Q
3	445	Anna Marie Baker Lopez	HILL	27.54 Q
4	106	Onyebuchi Odiaka	SBH	27.99 q
5	140	Tara Walsh	ENFH	28.68 q
6	57	AnnaLucia Harlley	SBH	28.70
7	136	Seryne St.Leonce	TVH	29.32

200m Final w/s 1.0

1	47	Hebe Evans	HILL	26.31
2	172	Magdeline Paitoo	LONH	26.65
3	152	Ella Burr ridge	LONH	26.68
4	75	Martha Jolly	LONH	27.20
5	106	Onyebuchi Odiaka	SBH	27.84
6	445	Anna Marie Baker Lopez	HILL	28.20
7	140	Tara Walsh	ENFH	28.85
8	37	Zoe Dolan	TVH	29.70

FIELD**U15W****Triple Jump w/s**

1	417	Alana Thomas	HARR	9.99	-1.1
2	396	Milli Bridgman-Athanasatos	LONH	8.79	-0.3

Javelin

1	421	Elizabeth Boissiere	ESM	26.62
2	437	Nisha Evans	HARR	24.45
3	435	Zoe Morse	HILL	18.49
4	445	Anna Marie Baker Lopez	HILL	17.58
5	419	Elkie Baker	LONH	15.82
6	440	Bethany Hardy	HILL	10.57

High Jump

1	188	Alette Ganyushin	HIGHM	1.43 (1.25 o; 1.3
2	55	Lili Hake	HIGH	1.25 (1.10 o; 1.1

Long Jump			w/s	
1	75 Martha Jolly	LONH	4.93	-3.1
2	183 Flora Allan	ESM	4.63	+1.8
3	152 Ella Burrige	LONH	4.62	-2.4
4	396 Milli Bridgman-Athanasatos	LONH	4.49	+1.4
5	55 Lili Hake	HIGH	4.25	+1.8
6	361 Sienna Corbyn	SBH	4.18	+0.9
7	174 Charlotte Reynaert	TVH	3.89	-0.9
8	193 Aliyah Osman	HIGH	3.69	+0.8

800m Heat 2

1	260 Izzy Ions	HIGH	2:30.60 Q
2	187 Sofia Cestaro	HARR	2:31.86 Q
3	290 Amae Van Zyl	HILL	2:32.91 Q
4	274 Monika Panoutsou	VPTH	2:32.93 q
5	283 Tallulah Stephens	VPTH	2:37.33
6	261 Angielina Isaacs	HILL	2:42.84
7	196 Eve Sennis	ESM	2:45.03
8	282 Diya Siyani	ESM	3:07.44

75mH**w/s****-0.1**

1	361 Sienna Corbyn	SBH	12.38
2	37 Zoe Dolan	TVH	13.00
3	174 Charlotte Reynaert	TVH	13.47

100m Heat 2**w/s****0.8**

1	446 Deyarna Powell-Mcleod	TVH	13.38 Q
2	445 Anna Marie Baker Lopez	HILL	13.40 Q
3	57 AnnaLucia Harlley	SBH	13.71
4	112 Elizabeth Omisore	ENFH	13.73
5	136 Seryne St.Leonce	TVH	13.93
6	55 Lili Hake	HIGH	14.55

100m**Final****w/s****-1.1**

1	92 Angel McLeod	SBH	12.73
2	47 Hebe Evans	HILL	13.16
3	75 Martha Jolly	LONH	13.37
4	65 Eziafa Iwe	HARR	13.42
5	106 Onyebuchi Odiaka	SBH	13.43
6	446 Deyarna Powell-Mcleod	TVH	13.54
7	33 Emma Dalton	HARR	13.56
8	445 Anna Marie Baker Lopez	HILL	13.71

300m

1	172 Magdeline Paitoo	LONH	41.48
2	152 Ella Burr ridge	LONH	42.27
3	184 Natasha Bennett	TVH	44.41
4	187 Sofia Cestaro	HARR	45.00
5	188 Alette Ganyushin	HIGHM	45.65
6	183 Flora Allan	ESM	46.28
	193 Aliyah Osman	HIGH	DNS
	196 Eve Sennis	ESM	DNS

200m**Heat 2****w/s****0.5**

1	75 Martha Jolly	LONH	27.30 Q
2	152 Ella Burr ridge	LONH	27.43 Q
3	37 Zoe Dolan	TVH	29.80 Q
4	125 Talya Robinson	SBH	29.86
5	174 Charlotte Reynaert	TVH	30.57
	92 Angel McLeod	SBH	DNS

Pole vault

1	#N/A	#N/A
2	#N/A	#N/A

Shot

1	417 Alana Thomas	HARR	10.30
2	419 Elkie Baker	LONH	8.17
3	421 Elizabeth Boissiere	ESM	8.03

Hammer

1	436 Laureen Okagbenu	VPTH	32.71
---	----------------------	------	-------

5 o; 1.20 o; 1.25 xo; 1.30 xxx)

Discus

1	417 Alana Thomas	HARR	31.67
2	419 Elkie Baker	LONH	23.93
3	421 Elizabeth Boissiere	ESM	19.77
4	435 Zoe Morse	HILL	12.97

MIDDLESEX CHAMPIONSHIPS

U13W	70H	w/s	1.2
1	360 Leila Newth	ESM	12.40
2	38 Vera Doudko	SBH	14.76
3	273 Elizabeth Othulo	SBH	16.01
	359 Daisy Capp	WSEH	DNF

800m			
1	168 Jorjia March	BARN	2:24.80
2	273 Elizabeth Othulo	SBH	2:41.90
3	244 Katie Dalton	HARR	2:42.62
4	295 Maya Westgate	LONH	2:43.43
5	243 Beth Dalton	HARR	2:43.49
6	227 Hissah Al Faisal	BB	2:45.55
7	265 Edey Kestell	HILL	2:50.49
8	160 Xanthe Greenfields	TVH	2:55.39

100m	Heat 1	w/s	0.1
1	129 Moiesha Savage	SBH	13.19 Q
2	85 Havika Kyere-Aidoo	HILL	13.41 Q
3	110 Sharon Okoghenu	VPTH	14.65 Q
4	115 Amani Osman	HIGH	15.41
5	64 Joycee Isiuwa	VPTH	15.81

100m	FINAL	w/s	-0.7
1	129 Moiesha Savage	SBH	13.38
2	119 Isabella Phillips	HILL	13.46
3	4 Geneva Adomako-Yeboah	VPTH	13.58
4	17 Chloe Barracliffe	DCSC	13.61
5	85 Havika Kyere-Aidoo	HILL	13.61
6	86 Faith Lamptey	SBH	14.77
7	110 Sharon Okoghenu	VPTH	14.85
	38 Vera Doudko	SBH	DNS

1500m	Final		
1	324 Sofia Mossi	BB	5:29.93
2	300 Sofia Bennett	EALE	5:37.81
3	307 Felicity Fudge	ENFH	6:00.32

FIELD

U13W	Long Jump	w/s	
1	360 Leila Newth	ESM	4.63 +1.1
2	119 Isabella Phillips	HILL	4.32 +0.0
3	300 Sofia Bennett	EALE	4.07 +2.1
4	149 Maya Al Faisal	BB	3.73 +1.8
5	359 Daisy Capp	WSEH	3.59 +1.2
6	38 Vera Doudko	SBH	3.07 +1.7

Shot			
1	430 Ivy Paitoo	LONH	8.14
2	433 Simeyah Sawney-Collins	HILL	7.99
3	359 Daisy Capp	WSEH	5.31

Javelin			
1		#N/A	#N/A
2		#N/A	#N/A
3		#N/A	#N/A
4		#N/A	#N/A

100m	Heat 2	w/s	0.1
1	17 Chloe Barracliffe	DCSC	13.39 Q
2	119 Isabella Phillips	HILL	13.46 Q
3	4 Geneva Adomako-Yeboah	VPTH	13.65 Q
4	86 Faith Lamptey	SBH	14.24 q
5	38 Vera Doudko	SBH	14.53 q

200m	Final	w/s	1.2
1	119 Isabella Phillips	HILL	27.41
2	168 Jorjia March	BARN	27.62
3	17 Chloe Barracliffe	DCSC	28.71
4	149 Maya Al Faisal	BB	30.57
5	160 Xanthe Greenfields	TVH	31.11
	115 Amani Osman	HIGH	DNS

High Jump

1	360 Leila Newth	ESM	1.43 (1.30 o; 1.35 o; 1.40 xo; 1.43 xxo; 1.46 xxx)
2	149 Maya Al Faisal	BB	1.30 (1.10 o; 1.15 o; 1.20 o; 1.25 o; 1.30 xo; 1.35 xxx)
3	115 Amani Osman	HIGH	1.25 (1.10 o; 1.15 o; 1.20 xxo; 1.25 xxo; 1.30 xxx)

Discus

1	#N/A	#N/A
2	#N/A	#N/A
