

# Middlesex AA 10km Championship



Victoria Park

29 September 2024

Men and women: Separate

All runners

Pos		Name	Time	Cat	Club	Graded Pace	
1	1	Michael Cattini	31:30	MU20	Harrow AC	85.5%	5:04
2	2	Tom Aldred	31:31	V45	London Heathside	91.5%	5:04
3	3	Ed Gibson	32:28	SM	Dulwich Runners	82.3%	5:13
4	4	James Blackwood	32:41	SM	Dulwich Runners	81.7%	5:16
5	5	James Laing	33:15	SM	Hillingdon AC	80.5%	5:21
6	6	Peter Wooldridge	33:26	V35	Serpentine	81.0%	5:23
7	7	Andy Barnes	33:31	V40	London Heathside	83.3%	5:24
8	8	Sean Cordon	33:32	SM	Dulwich Runners	79.8%	5:24
9	9	Kevin Fini	33:33	SM	BH & B Harriers	79.7%	5:24
10	10	Jonathan Phillips	33:33	V35	Dulwich Runners	82.0%	5:24
11	11	Sion Lewis	33:36	V40	London Heathside	83.8%	5:24
12	12	James Carty	33:47	SM	Highgate Harriers	79.2%	5:26
13	13	Daniel Kyne	33:52	SM	VPH & THAC	79.2%	5:27
14	14	Isaac Edwards	34:01	SM	London Heathside	78.5%	5:28
15	15	Jack Whitebury	34:03	V35	Harrow AC	79.2%	5:29
16	16	Tom Hollis	34:05	V40	Lonely Goat RC	81.3%	5:29
17	17	Andy Bond	34:05	V50	Dulwich Runners	88.9%	5:29
18	18	Matt Freeman	34:09	SM	Thames Valley H	78.2%	5:30
19	19	Ross Christie	34:11	SM	Belgrave Harriers	78.3%	5:30
20	20	Tom Cotton	34:17	V35	Western Tempo	78.7%	5:31
21	21	Ahmad Bilal	34:19	MU20	Hillingdon AC	78.5%	5:31
22	22	Samuel Dames	34:20	SM	Kent AC	77.9%	5:31
23	23	Stephen Fabes	34:22	V40	VPH & THAC	83.2%	5:32
24	24	David Jones	34:24	V40	VPH & THAC	81.2%	5:32
25	25	Jeremy Yen	34:26	SM	VPH & THAC	77.6%	5:32
26	26	Sammy Keenan	34:32	SM	London Heathside	77.5%	5:33
27	27	Ciaran Birch	34:38	SM	VPH & THAC	77.1%	5:34
28	28	Conor Brown	34:38	V35	London Heathside	78.5%	5:34
29	29	Robert Duggleby	34:45	SM	Queens Park Harriers	76.9%	5:35
30	30	Jordan Marshall	34:46	SM	London Heathside	77.3%	5:36
31	31	Stephen Mcleod	34:49	V35	Herne Hill Harriers	77.4%	5:36
32	32	Jamie Morris	34:50	V45	London Heathside	84.1%	5:36
33	33	Toby Bond	35:06	MU20	Dulwich Runners	76.8%	5:39
34	34	Nick Fahey	35:10	V35	VPH & THAC	76.7%	5:39
35	35	Stuart Macdougall	35:11	V40	Fulham RC	79.4%	5:40
36	36	Owain Bevan	35:17	V35	Fulham RC	77.1%	5:41
37	37	Ewan Gault	35:18	V40	London Heathside	80.4%	5:41
38	38	Trevor Kay	35:24	V40	Ashford & District R	79.5%	5:42
39	39	Tejas Hirani	35:27	SM	Harrow AC	75.4%	5:42
40	40	George Long	35:28	SM	VPH & THAC	75.3%	5:42
41	41	Alan Smith	35:33	SM	VPH & THAC	75.6%	5:43

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42	42	Sam Smout	35:41	V35	Mornington Chasers	76.2%	5:44
43	43	Wayne Morley	36:10	V35	London Heathside	75.6%	5:49
44	44	Warren Keefe	36:14	V45	Dulwich Runners	82.2%	5:50
45	45	Ruby Whyte-Wilding	36:26	SL	Lewes AC	83.3%	5:52
46	46	Gavin Lau	36:40	V40	VPH & THAC	76.2%	5:54
47	47	Kwasi Agyei-Owusu	36:44	V40	London Heathside	77.2%	5:55
48	48	Patrick Thomas	36:56	V35	VPH & THAC	74.0%	5:57
49	49	Conor Williets	37:00	SM	VPH & THAC	72.2%	5:57
50	50	Jessica Prior	37:16	SL	London Heathside	81.4%	6:00
51	51	Rob Shulman	37:17	V55	London Heathside	86.4%	6:00
52	52	Richard Parasram	37:18	V35	VPH & THAC	72.9%	6:00
53	53	Chris Vincent	37:29	V40	London Heathside	76.3%	6:02
54	54	Jade Dos Santos	37:31	SL	VPH & THAC	80.9%	6:02
55	55	Alex Loftus	37:37	V45	Dulwich Runners	79.2%	6:03
56	56	Jonathan Sun	37:38	SM	VPH & THAC	71.0%	6:03
57	57	Chris Notton	37:42	V45	Serpentine	79.0%	6:04
58	58	Tiago Mendes	37:45	V35	VPH & THAC	71.4%	6:04
59	59	James Hirst	37:57	V35	VPH & THAC	71.1%	6:06
60	60	Ruben Carvajal	38:01	V40	Queens Park Harriers	74.0%	6:07
61	61	Harry Abnett	38:07	SM	London Heathside	70.1%	6:08
62	62	Jonathan Ratcliffe	38:12	V55	Herne Hill Harriers	83.6%	6:09
63	63	Stephen Monaghan	38:17	V50	London Heathside	81.2%	6:10
64	64	Joe Farrington-Douglas	38:21	V45	Dulwich Runners	75.2%	6:10
65	65	Matthew Beard	38:23	V55	London Heathside	81.7%	6:11
66	66	Paul Kelland	38:48	V60	Unattached	86.1%	6:15
67	67	Justin Siderfin	39:03	V50	Dulwich Runners	77.6%	6:17
68	68	Chiara Borg	39:05	FV35	London Heathside	78.2%	6:17
69	69	Bally Chahal	39:13	SL	VPH & THAC	77.3%	6:19
70	70	Dustin Daniel	39:15	V45	Queens Park Harriers	73.5%	6:19
71	71	Joseph Lowe	39:17	V50	Highgate Harriers	79.1%	6:19
72	72	Lydia Briggs	39:19	SL	VPH & THAC	77.2%	6:20
73	73	Harry Owrid	39:20	SM	London Heathside	68.0%	6:20
74	74	Jonathan Whittaker	39:21	V40	Dulwich Runners	72.7%	6:20
75	75	Helen Shannon	39:22	FV40	Dulwich Runners	80.4%	6:20
76	76	Alexandra McClelland	39:27	SL	Dulwich Runners	77.0%	6:21
77	77	Martin Carmack	39:30	V50	Edmonton RC	78.7%	6:21
78	78	Tim Todhunter	39:38	V40	VPH & THAC	69.9%	6:23
79	79	Andrew Scott	39:39	V40	Dulwich Runners	71.6%	6:23
80	80	Jonathan Carter	39:45	SM	London Heathside	67.2%	6:24
81	81	Matt Hartin	39:50	V40	Dulwich Runners	70.7%	6:25
82	82	Oliver Murray	40:05	V55	London Heathside	78.2%	6:27
83	83	William Culley	40:07	V35	Dulwich Runners	67.8%	6:27
84	84	Nick Christie	40:12	V35	Queens Park Harriers	67.7%	6:28
85	85	Katie Smith	40:17	FV40	Dulwich Runners	79.8%	6:29
86	86	Gavin Benn	40:22	V40	VPH & THAC	68.7%	6:30
87	87	Daniel Taylor	40:24	SM	Unattached	66.2%	6:30
88	88	Ruchin Rajani	40:33	SM	VPH & THAC	65.9%	6:31
89	89	Christine Lutsch	40:36	FV40	Cambridge Harriers	78.5%	6:32

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90	90	Robbie Smith	40:39	SM	Dulwich Runners	65.9%	6:32
91	91	Sophie Flanagan	40:44	SL	Serpentine	74.5%	6:33
92	92	Richard Gill	40:50	V40	East End RR	68.4%	6:34
93	93	Hazel Norton-Hale	40:52	FV40	VPH & THAC	76.9%	6:35
94	94	Genevieve Weston	40:59	SL	London Heathside	74.0%	6:36
95	95	Maeve Lane	41:01	SL	Dulwich Runners	74.0%	6:36
96	96	Guillaume Trihan	41:02	V40	VPH & THAC	69.1%	6:36
97	97	Hongbin Gu	41:03	V35	London Heathside	65.9%	6:36
98	98	Sharon Wright	41:11	FV40	Harlow AC	78.1%	6:38
99	99	Jake Kitchiner	41:15	V35	London Heathside	65.4%	6:38
100	100	Andrea Ceccolini	41:19	V55	Dulwich Runners	76.6%	6:39
101	101	Andrew Baxter	41:25	V55	East London Runners	75.7%	6:40
102	102	Jeff Shotton	41:38	V45	Hillingdon AC	70.4%	6:42
103	103	Alberto Rodero Orts	41:38	SM	VPH & THAC	64.3%	6:42
104	104	Simon Preuveneers	41:40	V50	VPH & THAC	72.1%	6:42
105	105	Alex Jeffreys	41:55	V50	Serpentine	71.7%	6:45
106	106	Katherina Bradshaw	41:59	SL	VPH & THAC	72.3%	6:45
107	107	Nick Fahey	42:04	V35	VPH & THAC	64.1%	6:46
108	108	Sam Fender	42:15	MU20	Dulwich Runners	63.2%	6:48
109	109	George Graham	42:25	V45	London Heathside	68.5%	6:49
110	110	Michael Fullilove	42:31	V60	Dulwich Runners	78.6%	6:50
111	111	Shaun Lowthian	42:38	V35	Mornington Chasers	64.1%	6:52
112	112	Keithy Mussington	42:48	V65	VPH & THAC	82.7%	6:53
113	113	Daniela Nolan	42:49	SL	Queens Park Harriers	70.8%	6:53
114	114	Trevor Wilson	42:50	V55	London Heathside	73.2%	6:54
115	115	Tanya Addison	42:52	FV50	London Heathside	82.9%	6:54
116	116	Paul Williams	43:00	V35	Hillingdon AC	63.3%	6:55
117	117	Olivia Lukasewich	43:10	SL	London Heathside	70.6%	6:57
118	118	Jeff Mitchell	43:27	SM	VPH & THAC	61.7%	6:59
119	119	Christopher Greenwood	43:28	V35	London Heathside	63.3%	7:00
120	120	Yen Vo	43:32	FV45	London Heathside	76.1%	7:00
121	121	Harriet Roddy	43:35	SL	Dulwich Runners	69.6%	7:01
122	122	Marcus Lloyd	43:43	V55	Unattached	74.3%	7:02
123	123	Eberhard Prill	43:49	V60	Dulwich Runners	76.3%	7:03
124	124	Sandra Buckton	43:52	FV55	London Heathside	83.1%	7:03
125	125	Annabel Judd	43:53	FV55	London Heathside	85.2%	7:04
126	126	Joe Hall	43:54	V50	VPH & THAC	68.4%	7:04
127	127	Daniel Perez Gleason	44:05	SM	Unattached	60.6%	7:06
128	128	David Musgrave	44:14	V50	Highgate Harriers	67.9%	7:07
129	129	Simon Nichols	44:24	V50	London Heathside	70.0%	7:09
130	130	Edward Simmons	44:33	V40	Dulwich Runners	63.7%	7:10
131	131	Edwin Coutts	44:41	V45	Trent Park RC	66.1%	7:11
132	132	Patrick Thielemans	44:42	V45	Serpentine	65.6%	7:12
133	133	John O'Shea	44:49	V60	Highgate Harriers	74.6%	7:13
134	134	Ella Inwald	44:58	SL	London Heathside	67.5%	7:14
135	135	Thomas Godec	44:59	V40	London Heathside	62.1%	7:14
136	136	Danny Olive	45:01	V50	London Heathside	67.3%	7:15
137	137	Matt Bannon	45:18	V45	Trent Park RC	64.7%	7:17

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138	138	Toby Irvine	45:27	V45	Dulwich Runners	65.0%	7:19
139	139	Catkin Shelley	46:00	FV60	Serpentine	84.5%	7:24
140	140	Gary Randle	46:04	V45	Barnet & District	64.1%	7:25
141	141	Colleen Renihan	46:07	FV50	Serpentine	78.0%	7:25
142	142	Cameron Timmis	46:20	V50	Dulwich Runners	66.5%	7:27
143	143	Jon Sellars	46:25	V35	Unattached	59.3%	7:28
144	144	Matt Secker	46:41	V45	VPH & THAC	61.8%	7:31
145	145	Natasha Edwards	46:58	SL	Serpentine	64.6%	7:33
146	146	Sageet Amlani	46:59	V45	Queens Park Harriers	61.4%	7:34
147	147	David Wilkey	47:03	V50	VPH & THAC	66.1%	7:34
148	148	Sophie Barnard	47:21	FV55	Queens Park Harriers	77.0%	7:37
149	149	Enrique Casarrubios	47:32	V50	VPH & THAC	64.3%	7:39
150	150	Zoe Dobbs	47:47	FV55	Hillingdon AC	76.3%	7:41
151	151	Kim Butler	47:51	FV35	London Heathside	64.0%	7:42
152	152	Annabelle Thompson	48:00	SL	Unattached	63.2%	7:43
153	153	Agata Slota	48:01	FV40	VPH & THAC	67.0%	7:44
154	154	Caoimhe Agnew	48:04	SL	Enfield Chasers	63.1%	7:44
155	155	Ed Harrison	48:06	V45	Hillingdon AC	61.9%	7:44
156	156	Dermot McHugh	48:15	V55	Barnet & District	66.8%	7:46
157	157	Michael Mann	48:19	V75	Dulwich Runners	81.7%	7:46
158	158	Hugh French	48:34	V45	Dulwich Runners	61.3%	7:49
159	159	Mick Cairns	48:36	V60	VPH & THAC	69.4%	7:49
160	160	Alan Cox	48:40	V60	NEJ Running Club	70.0%	7:50
161	161	Stacey Clark	48:45	SL	VPH & THAC	62.5%	7:51
162	162	Joseph Neanor	48:59	V70	Unattached	73.8%	7:53
163	163	Cheryl Evans	49:01	FV35	Les Croupiers	62.8%	7:53
164	164	Rachel Lovell	49:16	FV35	VPH & THAC	62.7%	7:56
165	165	Stevan Dokic	49:18	V65	Hillingdon AC	71.1%	7:56
166	166	Martin Garrett	50:31	V70	Sudbury Court	71.6%	8:08
167	167	David Shortridge	50:43	V50	VPH & THAC	61.3%	8:10
168	168	Olivia Leggieri	50:50	SL	Unattached	59.7%	8:11
169	169	William Burbridge-James	51:15	V60	VPH & THAC	66.4%	8:15
170	170	Jenny Berrisford	51:29	FV45	Unattached	64.3%	8:17
171	171	Charlotte Simms	51:34	FV40	Enfield Chasers	61.8%	8:18
172	172	Gavin Gilbert	51:44	V40	Unattached	54.0%	8:19
173	173	Sam Campbell	51:52	V50	Enfield Chasers	59.4%	8:21
174	174	Victoria Ferrer Castillo	51:55	FV35	Dulwich Runners	58.8%	8:21
175	175	Midge Cameron	51:55	FV60	Dulwich Runners	74.9%	8:21
176	176	Annie Trihan	52:15	FV40	VPH & THAC	60.1%	8:24
177	177	George Koutsoudes	52:32	V40	Enfield Chasers	54.0%	8:27
178	178	Paul Turley	52:41	V55	VPH & THAC	60.6%	8:29
179	179	Nicola Kerr	53:03	FV50	VPH & THAC	67.8%	8:32
180	180	Lindsey Annable	53:19	FV55	Dulwich Runners	69.2%	8:35
181	181	James Ritchie	53:20	V40	Unattached	53.2%	8:35
182	182	Marie Chamillard	53:25	FV50	London Heathside	66.5%	8:36
183	183	Diogo Nunes	53:36	V35	Unattached	50.7%	8:37
184	184	Steve Christophi	53:37	V35	Unattached	51.0%	8:38
185	185	Sue Eedle	54:15	FV65	London Heathside	79.1%	8:44

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186	186	Ros Tabor	55:10	FV75	Dulwich Runners	88.3%	8:53
187	187	Gerald Akrigg	55:12	V55	VPH & THAC	58.3%	8:53
188	188	Ameet Patel	55:17	V60	Dulwich Runners	59.3%	8:54
189	189	Anna Gillingham	55:22	FV35	Unattached	55.4%	8:55
190	190	Paul Keating	55:24	V55	Dulwich Runners	57.6%	8:55
191	191	Amy Blackburn-Lau	55:26	FV40	VPH & THAC	56.7%	8:55
192	192	Claire Steward	55:46	FV70	Dulwich Runners	83.2%	8:58
193	193	Alun Nash	56:15	V60	Unattached	60.5%	9:03
194	194	Matthew Clark	56:22	V55	Barnet & District	57.7%	9:04
195	195	Declan Garvin	57:02	V50	Queens Park Harriers	53.1%	9:11
196	196	Susan Leese	59:52	FV55	VPH & THAC	61.6%	9:38
197	197	Simon Lawrence	1:01:16	V60	Watford Joggers	55.1%	9:51
198	198	Andrew Murray	1:03:45	V70	Dulwich Runners	57.4%	10:15
199	199	Anthony Aldred	1:05:23	V75	Woking AC	61.5%	10:31
200	200	Leanne Skinner	1:05:58	SL	Enfield Chasers	46.0%	10:37
201	201	Luke Sartori	1:05:58	SM	Unattached	40.5%	10:37
202	202	Jenny Gois	1:06:08	SL	Serpentine	45.9%	10:38
203	203	Raymond Lindsay	1:08:38	V70	Unattached	53.3%	11:03
204	204	William O'Connor	1:11:43	V75	Queens Park Harriers	58.4%	11:32

Chart 66f9be5a812b2

Result queries

If you have any queries about these results please email [results@serpentine.org.uk](mailto:results@serpentine.org.uk)