



5000m Track Championships

Wednesday 22nd April 2026

Parliament Hill

Women

Pos	Name		CatPos	Time	
1	Ashley Scott-Wilson (W35)	1	HIGH	17:40.49	
2	Kaitlyn Johnson	1	HIGH	17:57.56	SB
3	Eliza Bond	2	LONH	18:00.32	PB
4	Holly Wilkinson (W45)	1	EALE	18:48.94	
5	Katie Hay	3	ESM	19:12.40	SB
6	Laura Hindley	4	VPTH	19:15.46	PB
7	Julia Kelk (W45)	2	LONH	19:29.41	
8	Elettra Ardissino	5	HIGH	19:32.72	
9	Magda Adkins	6	HIGH	19:38.60	
10	Alice Steele	7	HIGH	19:57.11	
11	Anna Di Bacco	8	HIGH	19:59.93	PB
12	Mary-Ellen Grubich	9	HIGH	20:34.79	PB
13	Anushka Cross (W45)	3	HIGH	21:03.43	PB
DNF	Emma Coates		HIGH	DNF	

Men

Place	Name		Cat Pos	Time	
1	Barthelemy BOISSON	1	HIGH	16:12.77	PB
2	Niels WAGNER	2	SERP	16:14.22	PB
3	Tom HAYWARD	3	KEN	16:15.64	
4	Oliver LOUIS	4	SERP	16:25.42	PB
5	James VICENTE	5	HIGH	16:29.25	SB
6	Nathaniel TRUEMAN	6	HIGH	16:33.52	PB
7	Nick OSTROWSKI (M40)	1	KEN	16:40.55	SB
8	Edoardo BARBIERI	7	SERP	16:45.78	PB
9	Luke FRANKLIN	8	HIGH	16:57.04	
10	Samuel BAYLIS	9	HIGH	17:16.76	
11	Lloyd HUGHES	10	ENFC	17:23.01	
12	Touiti MARIE-BORNAND	11	HIGH	17:24.70	PB
13	David LEE	12	LONH	17:35.36	
14	Igor KOSAGOVSKY (M35)	1		17:54.38	
15	Harry OWRID	13	LONH	17:58.44	
16	Tim KERR (M35)	2	HIGH	18:01.72	
17	Ruben CARVAJAL (M40)	2	QPH	19:08.53	
DNF	Yusaku AKITA		HIGH	DNF	