

## Middlesex County AA Track & Field Championships 2026 - 2026-05-09 - London Complete Results

Opentrack URL: <https://data.opentrack.run/en-gb/x/2026/GBR/middxtfo/>

Organiser: Middlesex Amateur Athletic Association

Venue: Lee Valley Athletics Center (Outdoor)

Type: TRACK

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## Results

### T09 - SM 100m - 9 May 2026

Meeting Record: 1883 Linford Christie (TVH): 10.2

#### Heats: Heat 1 of 5 (10:45)

Wind speed: +1.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	133	Sydney Mendes	Shaftesbury Barnet Harriers	SM	1		11.14	Q
2	146	Alasan Sesay	Thames Valley Harriers	SM	2		11.47	Q
3	176	Ahmed Sami	Thames Valley Harriers	SM	3		11.53	Q PB
4	159	Zain Mitha	London Heathside	SM	4		11.60	Q PB
5	150	Alex Daniel	London Heathside	SM	5		11.80	=SB
6	164	Taha Abdullah	London Heathside	SM	6		12.07	PB
7	152	Diego Carlo Daprile	Victoria Park Harriers and Tower Hamlets AC	SM	7		13.02	PB

#### Heats: Heat 2 of 5 (10:45)

Wind speed: -0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	161	Joseph Nash	Dwain Chambers Sprint Club	SM	1		11.05	Q
2	137	Luke Collis	Harrow AC	SM	2		11.42	Q
3	143	Satoki Shimamune	Thames Valley Harriers	SM	3		11.62	Q
4	157	Bryce Lim	Southwark Athletics Club	SM	4		11.66	Q SB
5	131	Kevin Afonso	Ealing Southall & Middlesex AC	SM	5		11.76	q PB
6	148	Mo Rahman Fofana	London Heathside	SM	6		12.15	PB
7	144	James Pothalingam	London Heathside	SM	7		12.37	SB

#### Heats: Heat 3 of 5 (10:45)

Wind speed: -0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	154	Ifeoluwa Yusuff	London Heathside	SM	1		11.13	Q PB
2	134	Henry Fosuhene	Enfield and Haringey AC	SM	2		11.35	Q
3	156	Robert O'Brien	Thames Valley Harriers	SM	3		11.38	Q
4	170	Jeffrey Chu	Southwark Athletics Club	SM	4		11.70	Q
5	123	Jharnye Simon	Thames Valley Harriers	SM	5		12.02	
6	165	Mohamed Kamara	London Heathside	SM	6		12.13	
7	119	Zaid Al Shammary	Thames Valley Harriers	SM	7		12.31	
8	120	Lucian-Florin Popescu	Victoria Park Harriers and Tower Hamlets AC	SM	8		13.64	

#### Heats: Heat 4 of 5 (10:45)

Wind speed: +2.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	126	Christian Anuyagu	Newham & Essex Beagles AC	SM	1		10.79	Q
2	118	Ranbir Singh	Rugby & Northampton AC	SM	2		11.02	Q
3	151	Chibuzo Chimeka	Enfield and Haringey AC	SM	3		11.28	Q
4	125	Waiyan Oo	Southwark Athletics Club	SM	4		11.33	Q
5	172	Jaden Phillips	London Heathside	SM	5		11.38	q
6	130	Zaid Jaria	Thames Valley Harriers	SM	6		11.68	q
7	128	John Wilkie	London Heathside	SM	7		11.69	q
8	127	Harjeet Gill	Ealing Southall & Middlesex AC	SM	8		11.83	

Heats: Heat 5 of 5 (10:45)

Wind speed: -0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	121	Jude Bright-Davies	Thames Valley Harriers	SM	1		11.09	Q
2	115	Omar Grant	Harrow AC	SM	2		11.29	Q
3	124	Presley Owobu	Victoria Park Harriers and Tower Hamlets AC	SM	3		11.84	Q
4	139	Ben Gritz	Highgate Harriers	SM	4		11.86	Q SB
5	145	Priyesh Patel	London Heathside	SM	5		12.42	YC
6	155	Lumar Sylvester	Thames Valley Harriers	SM	6		12.46	
7	142	Ricco Sobers	London Heathside	SM	7		12.76	SB
8	122	Chris Burbidge	Ealing Southall & Middlesex AC	SM	8		13.40	

Summary of Round 1  
T09 - SM 100m - 9 May 2026

START TIME: 10:45

Meeting Record: 1883 Linford Christie (TVH): 10.2

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	126	Christian Anuyagu	SM	1	Newham & Essex Beagles AC	10.79	Q	4:
2	118	Ranbir Singh	SM	2	Rugby & Northampton AC	11.02	Q	4:
3	161	Joseph Nash	SM	3	Dwain Chambers Sprint Club	11.05	Q	2:
4	121	Jude Bright-Davies	SM	4	Thames Valley Harriers	11.09	Q	5:
5	154	Ifeoluwa Yusuff	SM	5	London Heathside	11.13	Q	3:
6	133	Sydney Mendes	SM	6	Shaftesbury Barnet Harriers	11.14	Q	1:
7	151	Chibuzo Chimeka	SM	7	Enfield and Haringey AC	11.28	Q	4:
8	115	Omar Grant	SM	8	Harrow AC	11.29	Q	5:
9	125	Waiyan Oo	SM	9	Southwark Athletics Club	11.33	Q	4:
10	134	Henry Fosuhene	SM	10	Enfield and Haringey AC	11.35	Q	3:
11	156	Robert O'Brien	SM	11	Thames Valley Harriers	11.38	Q	3:
11	172	Jaden Phillips	SM	12	London Heathside	11.38	q	4:
13	137	Luke Collis	SM	13	Harrow AC	11.42	Q	2:
14	146	Alasan Sesay	SM	14	Thames Valley Harriers	11.47	Q	1:
15	176	Ahmed Sami	SM	15	Thames Valley Harriers	11.53	Q	1:
16	159	Zain Mitha	SM	16	London Heathside	11.60	Q	1:
17	143	Satoki Shimamune	SM	17	Thames Valley Harriers	11.62	Q	2:
18	157	Bryce Lim	SM	18	Southwark Athletics Club	11.66	Q	2:
19	130	Zaid Jaria	SM	19	Thames Valley Harriers	11.68	q	4:
20	128	John Wilkie	SM	20	London Heathside	11.69	q	4:
21	170	Jeffrey Chu	SM	21	Southwark Athletics Club	11.70	Q	3:
22	131	Kevin Afonso	SM	22	Ealing Southall & Middlesex AC	11.76	q	2:
23	150	Alex Daniel	SM	23	London Heathside	11.80		1:
24	127	Harjeet Gill	SM	24	Ealing Southall & Middlesex AC	11.83		4:
25	124	Presley Owobu	SM	25	Victoria Park Harriers and Tower Hamlets AC	11.84	Q	5:
26	139	Ben Gritz	SM	26	Highgate Harriers	11.86	Q	5:
27	123	Jharnye Simon	SM	27	Thames Valley Harriers	12.02		3:
28	164	Taha Abdullah	SM	28	London Heathside	12.07		1:
29	165	Mohamed Kamara	SM	29	London Heathside	12.13		3:
30	148	Mo Rahman Fofana	SM	30	London Heathside	12.15		2:
31	119	Zaid Al Shammary	SM	31	Thames Valley Harriers	12.31		3:
32	144	James Pothalingam	SM	32	London Heathside	12.37		2:
33	145	Priyesh Patel	SM	33	London Heathside	12.42		5:
34	155	Lumar Sylvester	SM	34	Thames Valley Harriers	12.46		5:
35	142	Ricco Sobers	SM	35	London Heathside	12.76		5:
36	152	Diego Carlo Daprile	SM	36	Victoria Park Harriers and Tower Hamlets AC	13.02		1:
37	122	Chris Burbidge	SM	37	Ealing Southall & Middlesex AC	13.40		5:
38	120	Lucian-Florin Popescu	SM	38	Victoria Park Harriers and Tower Hamlets AC	13.64		3:

## Results

### T09 - SM 100m - 9 May 2026

Meeting Record: 1883 Linford Christie (TVH): 10.2

#### Semi-finals: Semi-final 1 of 3 (12:30)

Wind speed: +1.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	118	Ranbir Singh	Rugby & Northampton AC	SM	1		10.98	Q PB
2	115	Omar Grant	Harrow AC	SM	2		11.14	Q
3	133	Sydney Mendes	Shaftesbury Barnet Harriers	SM	3		11.18	q
4	156	Robert O'Brien	Thames Valley Harriers	SM	4		11.26	
5	170	Jeffrey Chu	Southwark Athletics Club	SM	5		11.50	SB
6	157	Bryce Lim	Southwark Athletics Club	SM	6		11.53	SB
7	143	Satoki Shimamune	Thames Valley Harriers	SM	7		11.54	
	128	John Wilkie	London Heathside	SM			DNS	

#### Semi-finals: Semi-final 2 of 3 (12:30)

Wind speed: +2.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	161	Joseph Nash	Dwain Chambers Sprint Club	SM	1		11.01	Q YC
2	134	Henry Fosuhene	Enfield and Haringey AC	SM	2		11.18	Q PB
3	125	Waiyan Oo	Southwark Athletics Club	SM	3		11.23	q
4	151	Chibuzo Chimeka	Enfield and Haringey AC	SM	4		11.31	PB
5	159	Zain Mitha	London Heathside	SM	5		11.49	PB
6	130	Zaid Jaria	Thames Valley Harriers	SM	6		11.63	PB
7	176	Ahmed Sami	Thames Valley Harriers	SM	7		11.63	PB
	121	Jude Bright-Davies	Thames Valley Harriers	SM			DNS	

#### Semi-finals: Semi-final 3 of 3 (12:30)

Wind speed: +1.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	126	Christian Anuyagu	Newham & Essex Beagles AC	SM	1		10.67	Q PB
2	154	Ifeoluwa Yusuff	London Heathside	SM	2		11.08	Q PB
3	137	Luke Collis	Harrow AC	SM	3		11.11	q
4	172	Jaden Phillips	London Heathside	SM	4		11.24	PB
5	146	Alasan Sesay	Thames Valley Harriers	SM	5		11.41	=SB
6	124	Presley Owobu	Victoria Park Harriers and Tower Hamlets AC	SM	6		11.66	
7	131	Kevin Afonso	Ealing Southall & Middlesex AC	SM	7		11.72	PB
	139	Ben Gritz	Highgate Harriers	SM			DNS	

Summary of Round 2  
T09 - SM 100m - 9 May 2026

START TIME: 10:45

Meeting Record: 1883 Linford Christie (TVH): 10.2

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	126	Christian Anuyagu	SM	1	Newham & Essex Beagles AC	10.67	Q	3:
2	118	Ranbir Singh	SM	2	Rugby & Northampton AC	10.98	Q	1:
3	161	Joseph Nash	SM	3	Dwain Chambers Sprint Club	11.01	Q	2:
4	154	Ifeoluwa Yusuff	SM	4	London Heathside	11.08	Q	3:
5	137	Luke Collis	SM	5	Harrow AC	11.11	q	3:
6	115	Omar Grant	SM	6	Harrow AC	11.14	Q	1:
7	133	Sydney Mendes	SM	7	Shaftesbury Barnet Harriers	11.18	q	1:
7	134	Henry Fosuhene	SM	8	Enfield and Haringey AC	11.18	Q	2:
9	125	Waiyan Oo	SM	9	Southwark Athletics Club	11.23	q	2:
10	172	Jaden Phillips	SM	10	London Heathside	11.24		3:
11	156	Robert O'Brien	SM	11	Thames Valley Harriers	11.26		1:
12	151	Chibuzo Chimeka	SM	12	Enfield and Haringey AC	11.31		2:
13	146	Alasan Sesay	SM	13	Thames Valley Harriers	11.41		3:
14	159	Zain Mitha	SM	14	London Heathside	11.49		2:
15	170	Jeffrey Chu	SM	15	Southwark Athletics Club	11.50		1:
16	157	Bryce Lim	SM	16	Southwark Athletics Club	11.53		1:
17	143	Satoki Shimamune	SM	17	Thames Valley Harriers	11.54		1:
18	130	Zaid Jaria	SM	18	Thames Valley Harriers	11.63		2:
18	176	Ahmed Sami	SM	19	Thames Valley Harriers	11.63		2:
20	124	Presley Owobu	SM	20	Victoria Park Harriers and Tower Hamlets AC	11.66		3:
21	131	Kevin Afonso	SM	21	Ealing Southall & Middlesex AC	11.72		3:
	128	John Wilkie	SM		London Heathside	DNS		1:
	121	Jude Bright-Davies	SM		Thames Valley Harriers	DNS		2:
	139	Ben Gritz	SM		Highgate Harriers	DNS		3:

## Results

### T09 - SM 100m - 9 May 2026

Meeting Record: 1883 Linford Christie (TVH): 10.2

### Final (14:15)

Wind speed: +0.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	126	Christian Anuyagu	Newham & Essex Beagles AC	SM	1		10.65	PB
2	161	Joseph Nash	Dwain Chambers Sprint Club	SM	2		10.75	SB
3	118	Ranbir Singh	Rugby & Northampton AC	SM	3		10.93	PB
4	154	Ifeoluwa Yusuff	London Heathside	SM	4		11.00	PB
5	133	Sydney Mendes	Shaftesbury Barnet Harriers	SM	5		11.11	SB
6	137	Luke Collis	Harrow AC	SM	6		11.11	
7	134	Henry Fosuhene	Enfield and Haringey AC	SM	7		11.27	
8	125	Waiyan Oo	Southwark Athletics Club	SM	8		11.29	

## Results

### T11 - U14B 100m - 9 May 2026

Meeting Record: 2013 J Aaron (Harrow): 12.22

(11:20)

Wind speed: -0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	12	Seth Saunders	Shaftesbury Barnet Harriers	U14B	1		12.51	PB
2	26	Sarp Birsen	London Heathside	U14B	2		12.60	PB
3	20	Brendon Tomasovszki	Barnet & District AC	U14B	3		12.80	PB
4	3	Olorunfemi Obada	London Heathside	U14B	4		13.39	
5	5	Benjamin Vogt	St Mary's Richmond AC	U14B	5		13.47	PB
6	23	Robin Cross	Highgate Harriers	U14B	6		13.48	PB
7	21	Raphael Affum	Harrow AC	U14B	7		13.59	PB

## Results

### T13 - U16B 100m - 9 May 2026

Meeting Record: 2013 K Oludoyi (Harrow): 11.06

#### Heats: Heat 1 of 2 (11:40)

Wind speed: +1.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	66	Dave-Anntae Parish	Enfield and Haringey AC	U16B	1		11.45	Q PB
2	64	Louis Xun	Shaftesbury Barnet Harriers	U16B	2		11.66	Q PB
3	41	Ben Bamisaiye	Shaftesbury Barnet Harriers	U16B	3		11.79	Q PB
4	51	Kymani Dunn	Ealing Southall & Middlesex AC	U16B	4		12.54	PB
5	44	Ethan Mascoll	Harrow AC	U16B	5		13.23	PB
	31	Joel Baker	Enfield and Haringey AC	U16B			DNS	

#### Heats: Heat 2 of 2 (11:40)

Wind speed: +1.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	68	Sebastian Burbidge	Ealing Southall & Middlesex AC	U16B	1		11.39	Q PB
2	54	Daniel Markham-Lee	Harrow AC	U16B	2		11.86	Q
3	56	Dylan Dang	London Heathside	U16B	3		12.15	Q
4	43	Jameil Thomas	Victoria Park Harriers and Tower Hamlets AC	U16B	4		12.40	q PB
5	49	Hussein Issa	Hillingdon AC	U16B	5		12.45	q PB
6	37	Harry Howard	London Heathside	U16B	6		12.75	PB

Summary of Round 1  
T13 - U16B 100m - 9 May 2026

START TIME: 11:40

Meeting Record: 2013 K Oludoyi (Harrow): 11.06

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	68	Sebastian Burbidge	U16B	1	Ealing Southall & Middlesex AC	11.39	Q	2:
2	66	Dave-Anntae Parish	U16B	2	Enfield and Haringey AC	11.45	Q	1:
3	64	Louis Xun	U16B	3	Shaftesbury Barnet Harriers	11.66	Q	1:
4	41	Ben Bamisaiye	U16B	4	Shaftesbury Barnet Harriers	11.79	Q	1:
5	54	Daniel Markham-Lee	U16B	5	Harrow AC	11.86	Q	2:
6	56	Dylan Dang	U16B	6	London Heathside	12.15	Q	2:
7	43	Jameil Thomas	U16B	7	Victoria Park Harriers and Tower Hamlets AC	12.40	q	2:
8	49	Hussein Issa	U16B	8	Hillingdon AC	12.45	q	2:
9	51	Kymani Dunn	U16B	9	Ealing Southall & Middlesex AC	12.54		1:
10	37	Harry Howard	U16B	10	London Heathside	12.75		2:
11	44	Ethan Mascoll	U16B	11	Harrow AC	13.23		1:
	31	Joel Baker	U16B		Enfield and Haringey AC	DNS		1:

## Results

### T13 - U16B 100m - 9 May 2026

Meeting Record: 2013 K Oludoyi (Harrow): 11.06

### Final (13:45)

Wind speed: +1.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	68	Sebastian Burbidge	Ealing Southall & Middlesex AC	U16B	1		11.14	PB
2	66	Dave-Anntae Parish	Enfield and Haringey AC	U16B	2		11.15	PB
3	54	Daniel Markham-Lee	Harrow AC	U16B	4		11.51	PB
4	64	Louis Xun	Shaftesbury Barnet Harriers	U16B	5		11.51	PB
5	41	Ben Bamisaiye	Shaftesbury Barnet Harriers	U16B	6		11.64	PB
6	56	Dylan Dang	London Heathside	U16B	3		11.22	PB
7	49	Hussein Issa	Hillingdon AC	U16B	7		12.41	PB
	43	Jameil Thomas	Victoria Park Harriers and Tower Hamlets AC	U16B			DNS	

## Results

### T14 - U18M 100m - 9 May 2026

Meeting Record: 2001 R Fifton (Tower Hamlets): 10.8

#### Heats: Heat 1 of 3 (11:55)

Wind speed: +2.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	85	Paschal Jr Iwuji	Herne Hill Harriers	U18M	1		10.87	Q
2	97	Nickeall Williams-Burton	Track Academy	U18M	2		10.94	Q
3	84	Amari Asque	Enfield and Haringey AC	U18M	3		11.08	q
4	80	Connor Chung-Tak Man	Ealing Southall & Middlesex AC	U18M	4		11.09	q
5	95	Joshua Amponsah	Shaftesbury Barnet Harriers	U18M	5		11.23	
6	71	Jayvannie Brown	Enfield and Haringey AC	U18M	6		11.45	
7	90	Zidane Nurse	Dwain Chambers Sprint Club	U18M	7		11.50	

#### Heats: Heat 2 of 3 (11:55)

Wind speed: +2.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	75	Stanley Hurst	Shaftesbury Barnet Harriers	U18M	1		10.98	Q
2	98	Lani Jaiyeola	Shaftesbury Barnet Harriers	U18M	2		11.05	Q
3	91	Kacei Griffith	Shaftesbury Barnet Harriers	U18M	3		11.17	
4	96	Sion Jones	Ealing Southall & Middlesex AC	U18M	4		11.31	
5	88	Modebayo Akin-Agunbiade	Shaftesbury Barnet Harriers	U18M	5		11.58	
6	87	Anderson Lettosome	Track Academy	U18M	6		11.92	
7	86	Lucas Godber	Shaftesbury Barnet Harriers	U18M	7		12.10	

#### Heats: Heat 3 of 3 (11:55)

Wind speed: +1.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	94	Tyler Holden-Aikhomu	Shaftesbury Barnet Harriers	U18M	1		11.18	Q
2	79	Pharrel Allen-Lokando	Enfield and Haringey AC	U18M	2		11.27	Q PB
3	77	Malachi Nicholas	Thames Valley Harriers	U18M	3		11.43	PB
4	81	Caden Hinds	Dwain Chambers Sprint Club	U18M	4		11.51	PB
5	82	Jaiden Rubie	Thames Valley Harriers	U18M	5		11.74	PB
6	72	Ramarco George	Harrow AC	U18M	6		12.23	PB
	93	Mikel Alexander	London Heathside	U18M			DQ	TR16.8

Summary of Round 1  
T14 - U18M 100m - 9 May 2026

START TIME: 11:55

Meeting Record: 2001 R Fifton (Tower Hamlets): 10.8

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	85	Paschal Jr Iwuji	U18M	1	Herne Hill Harriers	10.87	Q	1:
2	97	Nickeall Williams-Burton	U18M	2	Track Academy	10.94	Q	1:
3	75	Stanley Hurst	U18M	3	Shaftesbury Barnet Harriers	10.98	Q	2:
4	98	Lani Jaiyeola	U18M	4	Shaftesbury Barnet Harriers	11.05	Q	2:
5	84	Amari Asque	U18M	5	Enfield and Haringey AC	11.08	q	1:
6	80	Connor Chung-Tak Man	U18M	6	Ealing Southall & Middlesex AC	11.09	q	1:
7	91	Kacei Griffith	U18M	7	Shaftesbury Barnet Harriers	11.17		2:
8	94	Tyler Holden-Aikhomu	U18M	8	Shaftesbury Barnet Harriers	11.18	Q	3:
9	95	Joshua Amponsah	U18M	9	Shaftesbury Barnet Harriers	11.23		1:
10	79	Pharrel Allen-Lokando	U18M	10	Enfield and Haringey AC	11.27	Q	3:
11	96	Sion Jones	U18M	11	Ealing Southall & Middlesex AC	11.31		2:
12	77	Malachi Nicholas	U18M	12	Thames Valley Harriers	11.43		3:
13	71	Jayvannie Brown	U18M	13	Enfield and Haringey AC	11.45		1:
14	90	Zidane Nurse	U18M	14	Dwain Chambers Sprint Club	11.50		1:
15	81	Caden Hinds	U18M	15	Dwain Chambers Sprint Club	11.51		3:
16	88	Modebayo Akin-Agunbiade	U18M	16	Shaftesbury Barnet Harriers	11.58		2:
17	82	Jaiden Rubie	U18M	17	Thames Valley Harriers	11.74		3:
18	87	Anderson Lettosome	U18M	18	Track Academy	11.92		2:
19	86	Lucas Godber	U18M	19	Shaftesbury Barnet Harriers	12.10		2:
20	72	Ramarco George	U18M	20	Harrow AC	12.23		3:
	93	Mikel Alexander	U18M		London Heathside	DQ		3:

## Results

### T14 - U18M 100m - 9 May 2026

Meeting Record: 2001 R Fifton (Tower Hamlets): 10.8

### Final (13:55)

Wind speed: +2.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	85	Paschal Jr Iwuji	Herne Hill Harriers	U18M	1		10.64	PB
2	80	Connor Chung-Tak Man	Ealing Southall & Middlesex AC	U18M	2		10.89	PB
3	75	Stanley Hurst	Shaftesbury Barnet Harriers	U18M	3		10.95	PB
4	98	Lani Jaiyeola	Shaftesbury Barnet Harriers	U18M	4		10.97	PB
5	94	Tyler Holden-Aikhomu	Shaftesbury Barnet Harriers	U18M	5		11.03	PB
6	97	Nickeall Williams-Burton	Track Academy	U18M	6		11.04	PB
7	84	Amari Asque	Enfield and Haringey AC	U18M	7		11.19	PB
8	79	Pharrel Allen-Lokando	Enfield and Haringey AC	U18M	8		11.20	PB

## Results

### T15 - U20M 100m - 9 May 2026

Meeting Record: 2004 P Bangura (VPH&TH): 10.40

(12:10)

Wind speed: +0.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	102	Zachary Bindon-Goss	Shaftesbury Barnet Harriers	U20M	1		10.93	
2	104	Luke Lo	Thames Valley Harriers	U20M	2		11.01	SB
3	112	Jaian Saunders	Shaftesbury Barnet Harriers	U20M	3		11.05	
4	105	Kayden Oakley-Joseph	Enfield and Haringey AC	U20M	4		11.21	PB
5	113	Nathan Howell	Shaftesbury Barnet Harriers	U20M	5		11.32	SB
6	106	Chicane Mckenzie-Washington	South London Harriers	U20M	6		11.51	
7	103	John Abon	Thames Valley Harriers	U20M	7		11.69	PB
8	108	Isaiah Osei	Newham & Essex Beagles AC	U20M	8		12.32	

## Results

### T58 - SM 200m - 10 May 2026

Meeting Record: 1984 Ade Mafe (London Irish): 20.7

#### Heats: Heat 1 of 3 (11:30)

Wind speed: +4.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	230	Kweku Abankwa	Victoria Park Harriers and Tower Hamlets AC	SM	1	3	21.63	Q
2	228	Destiny Ogali	Harrow AC	SM	2	4	22.01	Q SB
3	118	Ranbir Singh	Rugby & Northampton AC	SM	3	6	22.02	q PB
4	159	Zain Mitha	London Heathside	SM	4	7	23.73	PB
	226	Yiheng Wu	Thames Valley Harriers	SM		8	DNS	

#### Heats: Heat 2 of 3 (11:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	225	Josh Kelly	Thames Valley Harriers	SM	1	3	21.88	Q
2	231	Jason Kalala	Newham & Essex Beagles AC	SM	2	6	21.90	Q
3	227	Zhihe Zhang	Enfield and Haringey AC	SM	3	4	22.37	
4	176	Ahmed Sami	Thames Valley Harriers	SM	4	7	23.48	PB
5	124	Presley Owobu	Victoria Park Harriers and Tower Hamlets AC	SM	5	8	24.44	PB
6	120	Lucian-Florin Popescu	Victoria Park Harriers and Tower Hamlets AC	SM	6	2	27.47	PB

#### Heats: Heat 3 of 3 (11:30)

Wind speed: +1.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	232	Emmanuel Agyare	Enfield and Haringey AC	SM	1	6	21.49	Q SB
2	161	Joseph Nash	Dwain Chambers Sprint Club	SM	2	4	22.23	Q
3	147	Bryan Ogbemor	Shaftesbury Barnet Harriers	SM	3	3	23.33	PB
4	127	Harjeet Gill	Ealing Southall & Middlesex AC	SM	4	2	23.95	
5	144	James Pothalingam	London Heathside	SM	5	7	24.62	PB
6	145	Priyesh Patel	London Heathside	SM	6	8	25.01	PB

Summary of Round 1  
T58 - SM 200m - 9 May 2026

START TIME: 11:30

Meeting Record: 1984 Ade Mafe (London Irish): 20.7

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	232	Emmanuel Agyare	SM	1	Enfield and Haringey AC	21.49	Q	3:6
2	230	Kweku Abankwa	SM	2	Victoria Park Harriers and Tower Hamlets AC	21.63	Q	1:3
3	225	Josh Kelly	SM	3	Thames Valley Harriers	21.88	Q	2:3
4	231	Jason Kalala	SM	4	Newham & Essex Beagles AC	21.90	Q	2:6
5	228	Destiny Ogali	SM	5	Harrow AC	22.01	Q	1:4
6	118	Ranbir Singh	SM	6	Rugby & Northampton AC	22.02	q	1:6
7	161	Joseph Nash	SM	7	Dwain Chambers Sprint Club	22.23	Q	3:4
8	227	Zhihe Zhang	SM	8	Enfield and Haringey AC	22.37		2:4
9	147	Bryan Ogbemor	SM	9	Shaftesbury Barnet Harriers	23.33		3:3
10	176	Ahmed Sami	SM	10	Thames Valley Harriers	23.48		2:7
11	159	Zain Mitha	SM	11	London Heathside	23.73		1:7
12	127	Harjeet Gill	SM	12	Ealing Southall & Middlesex AC	23.95		3:2
13	124	Presley Owobu	SM	13	Victoria Park Harriers and Tower Hamlets AC	24.44		2:8
14	144	James Pothalingam	SM	14	London Heathside	24.62		3:7
15	145	Priyesh Patel	SM	15	London Heathside	25.01		3:8
16	120	Lucian-Florin Popescu	SM	16	Victoria Park Harriers and Tower Hamlets AC	27.47		2:2
	226	Yiheng Wu	SM		Thames Valley Harriers	DNS		1:8

## Results

### T58 - SM 200m - 10 May 2026

Meeting Record: 1984 Ade Mafe (London Irish): 20.7

### Final (15:50)

Wind speed: +4.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	232	Emmanuel Agyare	Enfield and Haringey AC	SM	1	6	21.21	SB
2	230	Kweku Abankwa	Victoria Park Harriers and Tower Hamlets AC	SM	2	4	21.31	
3	228	Destiny Ogali	Harrow AC	SM	3	1	21.53	PB
4	225	Josh Kelly	Thames Valley Harriers	SM	4	3	21.55	PB
5	231	Jason Kalala	Newham & Essex Beagles AC	SM	5	2	21.56	
6	118	Ranbir Singh	Rugby & Northampton AC	SM	6	8	21.87	PB

## Results

### T64 - U14B 200m - 10 May 2026

Meeting Record: 2014 W Andoh (THYSF): 24.61

(12:35)

Wind speed: +1.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	12	Seth Saunders	Shaftesbury Barnet Harriers	U14B	1	7	25.28	PB
2	3	Olorunfemi Obada	London Heathside	U14B	2	8	26.28	PB
3	180	Leon Adams	Highgate Harriers	U14B	3	2	26.58	PB
4	183	Mako Gibb	Thames Valley Harriers	U14B	4	4	27.97	PB
5	185	Noah Karst	Harrow AC	U14B	5	6	28.45	PB
6	5	Benjamin Vogt	St Mary's Richmond AC	U14B	6	3	28.62	PB

## Results

### T66 - U16B 200m - 10 May 2026

Meeting Record: 2015 M Rhule-Alexander (VPH&TH): 22.88

#### Heats: Heat 1 of 2 (13:00)

Wind speed: +1.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	197	Cosmo Miller	London Heathside	U16B	1	3	23.32	Q PB
2	41	Ben Bamisaiye	Shaftesbury Barnet Harriers	U16B	2	6	23.44	Q PB
3	66	Dave-Anntae Parish	Enfield and Haringey AC	U16B	3	8	23.53	q SB
4	190	Jediah Dawson	Enfield and Haringey AC	U16B	4	7	24.29	q PB
5	31	Joel Baker	Enfield and Haringey AC	U16B	5	4	25.18	PB

#### Heats: Heat 2 of 2 (13:00)

Wind speed: +3.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	64	Louis Xun	Shaftesbury Barnet Harriers	U16B	1	8	23.63	Q SB
2	32	Lucas Stafford-Venn	Be Fit Today Track Academy	U16B	2	3	24.33	Q
3	186	Joshua Mew	St Mary's Richmond AC	U16B	3	6	25.02	q
4	56	Dylan Dang	London Heathside	U16B	4	7	25.05	PB
5	202	Harry James	St Mary's Richmond AC	U16B	5	4	27.01	
6	44	Ethan Mascoll	Harrow AC	U16B	6	2	27.54	PB

Summary of Round 1  
T66 - U16B 200m - 9 May 2026

START TIME: 13:00

Meeting Record: 2015 M Rhule-Alexander (VPH&TH): 22.88

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	197	Cosmo Miller	U16B	1	London Heathside	23.32	Q	1:3
2	41	Ben Bamisaiye	U16B	2	Shaftesbury Barnet Harriers	23.44	Q	1:6
3	66	Dave-Anntae Parish	U16B	3	Enfield and Haringey AC	23.53	q	1:8
4	64	Louis Xun	U16B	4	Shaftesbury Barnet Harriers	23.63	Q	2:8
5	190	Jediah Dawson	U16B	5	Enfield and Haringey AC	24.29	q	1:7
6	32	Lucas Stafford-Venn	U16B	6	Be Fit Today Track Academy	24.33	Q	2:3
7	186	Joshua Mew	U16B	7	St Mary's Richmond AC	25.02	q	2:6
8	56	Dylan Dang	U16B	8	London Heathside	25.05		2:7
9	31	Joel Baker	U16B	9	Enfield and Haringey AC	25.18		1:4
10	202	Harry James	U16B	10	St Mary's Richmond AC	27.01		2:4
11	44	Ethan Mascoll	U16B	11	Harrow AC	27.54		2:2

## Results

### T66 - U16B 200m - 10 May 2026

Meeting Record: 2015 M Rhule-Alexander (VPH&TH): 22.88

### Final (14:50)

Wind speed: +2.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	197	Cosmo Miller	London Heathside	U16B	1	7	22.99	PB
2	66	Dave-Anntae Parish	Enfield and Haringey AC	U16B	2	2	23.20	PB
3	41	Ben Bamisaiye	Shaftesbury Barnet Harriers	U16B	3	4	23.23	PB
4	64	Louis Xun	Shaftesbury Barnet Harriers	U16B	4	8	23.32	PB
5	32	Lucas Stafford-Venn	Be Fit Today Track Academy	U16B	5	6	23.61	PB
6	190	Jediah Dawson	Enfield and Haringey AC	U16B	6	1	24.75	PB
7	186	Joshua Mew	St Mary's Richmond AC	U16B	7	3	24.94	

## Results

### T68 - U18M 200m - 10 May 2026

Meeting Record: 2023 E Nwokeji: 21.59

#### Heats: Heat 1 of 3 (13:20)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	205	Lashaun Thorpe-Mclean	Ealing Southall & Middlesex AC	U18M	1	3	21.81	Q PB
2	75	Stanley Hurst	Shaftesbury Barnet Harriers	U18M	2	4	22.06	Q
3	211	Charlie Lloyd-Jones	Thames Valley Harriers	U18M	3	8	22.91	SB
4	88	Modebayo Akin-Agunbiade	Shaftesbury Barnet Harriers	U18M	4	7	23.01	PB
5	207	Patrick Okonkwo	Enfield and Haringey AC	U18M	5	2	23.84	PB
	79	Pharrel Allen-Lokando	Enfield and Haringey AC	U18M		6	DNF	

#### Heats: Heat 2 of 3 (13:20)

Wind speed: +1.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	93	Mikel Alexander	London Heathside	U18M	1	4	22.34	Q PB
2	97	Nickeall Williams-Burton	Track Academy	U18M	2	3	22.35	Q PB
3	94	Tyler Holden-Aikhomu	Shaftesbury Barnet Harriers	U18M	3	2	22.66	
4	78	DeJean Jarrett	Thames Valley Harriers	U18M	4	6	22.75	PB
5	206	Al-Tayib Adam	Ealing Southall & Middlesex AC	U18M	5	7	23.56	PB
6	217	Bradley Baka	Highgate Harriers	U18M	6	8	23.58	

#### Heats: Heat 3 of 3 (13:20)

Wind speed: +0.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	80	Connor Chung-Tak Man	Ealing Southall & Middlesex AC	U18M	1	6	22.20	Q PB
2	85	Paschal Jr Iwuji	Herne Hill Harriers	U18M	2	4	22.28	Q
3	91	Kacei Griffith	Shaftesbury Barnet Harriers	U18M	3	8	22.45	q PB
4	84	Amari Asque	Enfield and Haringey AC	U18M	4	3	23.05	PB
5	210	Felix Muraszko	Ealing Southall & Middlesex AC	U18M	5	2	24.01	
	95	Joshua Amponsah	Shaftesbury Barnet Harriers	U18M		7	DNS	

Summary of Round 1  
T68 - U18M 200m - 9 May 2026

START TIME: 13:20

Meeting Record: 2023 E Nwokeji: 21.59

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	205	Lashaun Thorpe-Mclean	U18M	1	Ealing Southall & Middlesex AC	21.81	Q	1:3
2	75	Stanley Hurst	U18M	2	Shaftesbury Barnet Harriers	22.06	Q	1:4
3	80	Connor Chung-Tak Man	U18M	3	Ealing Southall & Middlesex AC	22.20	Q	3:6
4	85	Paschal Jr Iwuji	U18M	4	Herne Hill Harriers	22.28	Q	3:4
5	93	Mikel Alexander	U18M	5	London Heathside	22.34	Q	2:4
6	97	Nickeall Williams-Burton	U18M	6	Track Academy	22.35	Q	2:3
7	91	Kacei Griffith	U18M	7	Shaftesbury Barnet Harriers	22.45	q	3:8
8	94	Tyler Holden-Aikhomu	U18M	8	Shaftesbury Barnet Harriers	22.66		2:2
9	78	DeJean Jarrett	U18M	9	Thames Valley Harriers	22.75		2:6
10	211	Charlie Lloyd-Jones	U18M	10	Thames Valley Harriers	22.91		1:8
11	88	Modebayo Akin-Agunbiade	U18M	11	Shaftesbury Barnet Harriers	23.01		1:7
12	84	Amari Asque	U18M	12	Enfield and Haringey AC	23.05		3:3
13	206	Al-Tayib Adam	U18M	13	Ealing Southall & Middlesex AC	23.56		2:7
14	217	Bradley Baka	U18M	14	Highgate Harriers	23.58		2:8
15	207	Patrick Okonkwo	U18M	15	Enfield and Haringey AC	23.84		1:2
16	210	Felix Muraszko	U18M	16	Ealing Southall & Middlesex AC	24.01		3:2
	79	Pharrel Allen-Lokando	U18M		Enfield and Haringey AC	DNF		1:6
	95	Joshua Amponsah	U18M		Shaftesbury Barnet Harriers	DNS		3:7

Results  
T68 - U18M 200m - 10 May 2026

Meeting Record: 2023 E Nwokeji: 21.59

Final (15:10)

Wind speed: +1.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	205	Lashaun Thorpe-Mclean	Ealing Southall & Middlesex AC	U18M	1	4	21.77	PB
2	75	Stanley Hurst	Shaftesbury Barnet Harriers	U18M	2	7	21.86	PB
3	85	Paschal Jr Iwuji	Herne Hill Harriers	U18M	3	8	21.87	SB
4	93	Mikel Alexander	London Heathside	U18M	4	6	22.15	PB
5	91	Kacei Griffith	Shaftesbury Barnet Harriers	U18M	5	1	22.48	PB
6	80	Connor Chung-Tak Man	Ealing Southall & Middlesex AC	U18M	6	3	22.64	
	97	Nickeall Williams-Burton	Track Academy	U18M		2	DNS	

## Results

### T76 - U20M 200m - 10 May 2026

Meeting Record: 2004 J Alert-Khan (SBH): 21.31

(15:30)

Wind speed: +2.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	112	Jaian Saunders	Shaftesbury Barnet Harriers	U20M	1	7	21.90	SB
2	221	Isaiah Kyere-Aidoo	Harrow AC	U20M	2	6	22.21	PB
3	102	Zachary Bindon-Goss	Shaftesbury Barnet Harriers	U20M	3	2	22.27	
4	105	Kayden Oakley-Joseph	Enfield and Haringey AC	U20M	4	8	22.67	PB
5	220	Tobias Toth-Stevens	London Heathside	U20M	5	3	23.20	PB
6	113	Nathan Howell	Shaftesbury Barnet Harriers	U20M	6	4	23.42	SB

## Results

### T31 - U16B 300m \* - 9 May 2026

Meeting Record: 2019 P Henry Hegba-Mbaye (VPH&TH): 37.48

(15:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	41	Ben Bamisaiye	Shaftesbury Barnet Harriers	U16B	1		36.50	PB
2	242	Oliver Thompson	Hillingdon AC	U16B	2		37.41	PB
3	237	Charlie Nicolson	London Heathside	U16B	3		38.12	PB
4	241	Leonardo Henry Sharpe Lopez	Victoria Park Harriers and Tower Hamlets AC	U16B	4		38.58	PB
5	243	Edward Pascal	Shaftesbury Barnet Harriers	U16B	5		39.26	
6	247	Sebastian Cayer	Barnet & District AC	U16B	6		40.18	PB
7	244	Alessandro Pecce	Belgrave Harriers	U16B	7		40.45	PB
8	238	Jack Cobbold	Highgate Harriers	U16B	8		40.92	PB

## Results

### T28 - U18M 400m - 9 May 2026

Meeting Record: 1961 A McCaffery (Highgate): 49.8

(14:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	206	Al-Tayib Adam	Ealing Southall & Middlesex AC	U18M	1		50.70	PB
2	253	Sam Darcy	Shaftesbury Barnet Harriers	U18M	2		50.98	PB
3	217	Bradley Baka	Highgate Harriers	U18M	3		51.23	PB
4	251	Jacob Lembe	Harrow AC	U18M	4		52.47	PB
5	256	Shaan Tumber	Harrow AC	U18M	5		53.71	PB
6	254	Joseph Stauch	Victoria Park Harriers and Tower Hamlets AC	U18M	6		54.35	
	258	Rafael Pequeno	Harrow AC	U18M			DNF	

## Results

### T29 - SM 400m - 9 May 2026

Meeting Record: 2007 A Fernandez (NEB): 47.48

#### Heats: Heat 1 of 2 (14:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	270	Aaron Barrett-Mowatt	Victoria Park Harriers and Tower Hamlets AC	SM	1		49.83	Q PB
2	266	Kristian Samwell-Nash	Thames Valley Harriers	SM	2		49.89	Q
3	271	Columba Blango (T20/F20)	Shaftesbury Barnet Harriers	SM	3		50.47	q
4	269	Maxime Gillet	Southwark Athletics Club	SM	4		52.22	q PB
5	274	Benoit Sencey	Belgrave Harriers	SM	5		54.28	

#### Heats: Heat 2 of 2 (14:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	265	Decarie Davies	Shaftesbury Barnet Harriers	SM	1		49.17	Q
2	267	Adrian Richards	Woodford Green Athletics Club with Essex Ladies	SM	2		49.78	Q SB
3	229	Matthew Ohioze	Be Fit Today Track Academy	SM	3		49.91	q
4	272	Oscar Frost	Momentum Track Club	SM	4		50.75	q SB
5	164	Taha Abdullah	London Heathside	SM	5		53.81	PB

Summary of Round 1  
T29 - SM 400m - 9 May 2026

START TIME: 14:35

Meeting Record: 2007 A Fernandez (NEB): 47.48

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	265	Decarie Davies	SM	1	Shaftesbury Barnet Harriers	49.17	Q	2:
2	267	Adrian Richards	SM	2	Woodford Green Athletics Club with Essex Ladies	49.78	Q	2:
3	270	Aaron Barrett-Mowatt	SM	3	Victoria Park Harriers and Tower Hamlets AC	49.83	Q	1:
4	266	Kristian Samwell-Nash	SM	4	Thames Valley Harriers	49.89	Q	1:
5	229	Matthew Ohioze	SM	5	Be Fit Today Track Academy	49.91	q	2:
6	271	Columba Blango (T20/F20)	SM	6	Shaftesbury Barnet Harriers	50.47	q	1:
7	272	Oscar Frost	SM	7	Momentum Track Club	50.75	q	2:
8	269	Maxime Gillet	SM	8	Southwark Athletics Club	52.22	q	1:
9	164	Taha Abdullah	SM	9	London Heathside	53.81		2:
10	274	Benoit Sencey	SM	10	Belgrave Harriers	54.28		1:

## Results

### T29 - SM 400m - 9 May 2026

Meeting Record: 2007 A Fernandez (NEB): 47.48

### Final (17:15)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	265	Decarie Davies	Shaftesbury Barnet Harriers	SM	1		48.11	SB
2	229	Matthew Ohioze	Be Fit Today Track Academy	SM	2		49.06	PB
3	267	Adrian Richards	Woodford Green Athletics Club with Essex Ladies	SM	3		49.35	SB
4	266	Kristian Samwell-Nash	Thames Valley Harriers	SM	4		49.75	
5	270	Aaron Barrett-Mowatt	Victoria Park Harriers and Tower Hamlets AC	SM	5		50.14	
6	271	Columba Blango (T20/F20)	Shaftesbury Barnet Harriers	SM	6		51.08	
7	269	Maxime Gillet	Southwark Athletics Club	SM	7		53.95	

## Results

### T50 - U20M 400m \* - 9 May 2026

Meeting Record: 1989 E Williams (TVH): 48.3

(17:10)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	262	Kaylan Taylor	Be Fit Today Track Academy	U20M	1		51.82	
2	260	Joseph Hayes	Highgate Harriers	U20M	2		52.86	
3	220	Tobias Toth-Stevens	London Heathside	U20M	3		53.37	

**Results**  
**T81 - U14B 800m \* - 10 May 2026**  
Meeting Record: 2018 M Bishop (TVH): 2:19.07  
**(16:15)**

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	288	Joseph Kalman-Frasca	Ealing Eagles Running Club	U14B	1	6	2:19.71	PB
2	287	Conor Boyle	St Mary's Richmond AC	U14B	2	3	2:20.12	PB
3	290	Jack Davies	Shaftesbury Barnet Harriers	U14B	3	2	2:20.26	PB
4	300	Dylan Lewis	London Heathside	U14B	4	8	2:21.89	PB
5	277	Asser Yosri	Barnet & District AC	U14B	5	1	2:22.59	PB
6	295	Sidney Rochester	Ealing Southall & Middlesex AC	U14B	6	7	2:26.85	PB
7	301	Étienne Wong She	Victoria Park Harriers and Tower Hamlets AC	U14B	7	3	2:29.74	
8	296	Michael Schofield	London Heathside	U14B	8	5	2:38.43	
9	278	Bruno Fansa	London Heathside	U14B	9	2	2:41.27	PB
10	179	Khalid Abdullah	London Heathside	U14B	10	1	2:46.30	PB
11	279	Harry Gregory	St Mary's Richmond AC	U14B	11	4	2:47.93	SB

Results  
T85 - U16B 800m \* - 10 May 2026

Meeting Record: 2000 L Bowron (ESM): 2:00.1

(16:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	317	Aidan Wolpert	Victoria Park Harriers and Tower Hamlets AC	U16B	1	3	2:03.77	Race 1
2	318	Aaron Hidalgo-Hudi	Shaftesbury Barnet Harriers	U16B	2	8	2:04.74	Race 1
3	313	Ifan Mchardy	St Mary's Richmond AC	U16B	3	5	2:05.20	Race 1
4	315	Filip Kounoupas Prastalo	London Heathside	U16B	4	7	2:06.92	Race 1
5	238	Jack Cobbold	Highgate Harriers	U16B	5	2	2:09.27	Race 1
6	309	Antoni Soszynski	Barnet & District AC	U16B	6	6	2:10.56	Race 1
7	320	Jojo O'Shaughnessy	St Mary's Richmond AC	U16B	7	2	2:11.07	Race 2
8	243	Edward Pascal	Shaftesbury Barnet Harriers	U16B	8	4	2:11.38	Race 1
9	247	Sebastian Cayer	Barnet & District AC	U16B	9	6	2:12.86	Race 2
10	310	Max Pilbrow	Thames Valley Harriers	U16B	10	4	2:14.36	Race 2
11	324	George Griffiths	London Heathside	U16B	11	5	2:16.23	Race 2
12	319	Azat Atlgil	Barnet & District AC	U16B	12	7	2:20.27	Race 2
13	306	Rhys Stark	Barnet & District AC	U16B	13	8	2:21.01	Race 2
14	312	George Cooke	Unattached	U16B	14	3	2:27.80	Race 2

## Results

### T90 - U18M 800m - 10 May 2026

Meeting Record: 1979 G Taylor (Hounslow): 1:55.9

(16:55)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	328	Charlie Reed	Hillingdon AC	U18M	1	4	2:01.09	
2	332	Zooey Judge	Victoria Park Harriers and Tower Hamlets AC	U18M	2	5	2:02.42	PB
3	326	Mika Stripp	Ealing Southall & Middlesex AC	U18M	3	7	2:03.03	
4	331	Dylan Mills	London Heathside	U18M	4	6	2:03.55	
5	329	Jack Bush	Enfield and Haringey AC	U18M	5	3	2:05.38	PB
6	253	Sam Darcy	Shaftesbury Barnet Harriers	U18M	6	2	2:06.54	

## Results

### T92 - SM 800m \* - 10 May 2026

Meeting Record: 1985 Seb Coe (Haringey): 1:44.0

(17:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	339	Mohammed Ismail	UFFO Athletic Satellite Clubs	SM	1	6	2:09.54	SB
2	341	Wayne Morley	London Heathside	SM	2	8	2:10.11	PB
3	340	Shaka Palmer	Enfield and Haringey AC	SM	3	4	2:10.51	SB
4	342	Noah Clarke	Barnet & District AC	SM	4	5	2:10.93	
5	343	Curtis Greenaway	Enfield and Haringey AC	SM	5	7	2:23.41	
6	346	Stephen Allison	Queen's Park Harriers	SM	6	3	2:33.19	PB

## Results

### T91 - U20M 800m \* - 10 May 2026

Meeting Record: 1984 G Taylor (Hounslow): 1:51.1

(17:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	260	Joseph Hayes	Highgate Harriers	U20M	1	1	2:00.45	
2	336	Michael Kagiri	Enfield and Haringey AC	U20M	2	2	2:00.96	

Results  
T34 - U14B 1500m \* - 9 May 2026

Meeting Record: 2024 D Pascal (SBH): 4:42.23

(15:25)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	360	Luis Da Silva	Thames Valley Harriers	U14B	1		4:15.05	PB
2	348	Lewis Ward	Shaftesbury Barnet Harriers	U14B	2		4:27.33	PB
3	366	Jamal Haji	Victoria Park Harriers and Tower Hamlets AC	U14B	3		4:36.31	PB
4	359	Matteo Cinesi	Victoria Park Harriers and Tower Hamlets AC	U14B	4		4:39.33	PB
5	368	Benjamin Muralidhar	Ealing Southall & Middlesex AC	U14B	5		4:46.01	PB
6	358	Ari Rubenstein	Shaftesbury Barnet Harriers	U14B	6		4:51.75	PB
7	355	Robert Mainwood	Highgate Harriers	U14B	7		4:59.23	PB
8	367	Herbie Dimmock	Victoria Park Harriers and Tower Hamlets AC	U14B	8		5:00.37	
9	356	Harry Coleman	Highgate Harriers	U14B	9		5:11.20	PB
10	361	Thomas Gorman	Victoria Park Harriers and Tower Hamlets AC	U14B	10		5:14.91	PB
11	364	Seth Smith	St Mary's Richmond AC	U14B	11		5:15.42	SB
12	354	Noah James	Victoria Park Harriers and Tower Hamlets AC	U14B	12		5:21.20	PB
13	350	Lucas Fernandez Bold	Victoria Park Harriers and Tower Hamlets AC	U14B	13		5:26.90	
14	279	Harry Gregory	St Mary's Richmond AC	U14B	14		5:31.33	
15	347	Dev Khajuria	Barnet & District AC	U14B	15		5:34.61	PB

## Results

### T37 - U16B 1500m \* - 9 May 2026

Meeting Record: 2024 D Lewis (Hillingdon): 4:17.65

(15:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	390	Robin Greenwood	Trent Park Running Club	U16B	1	8	4:13.05	Race 1
2	315	Filip Kounoupas Prastalo	London Heathside	U16B	2	7	4:15.87	Race 1
3	374	Alex Kirk	London Heathside	U16B	3	2	4:17.88	Race 1
4	380	Ben Kaspar	Shaftesbury Barnet Harriers	U16B	4	6	4:24.03	Race 1
5	388	Marcus Muers	Ealing Southall & Middlesex AC	U16B	5	4	4:27.31	Race 1
6	391	Amor Zayana	Enfield and Haringey AC	U16B	6	3	4:27.47	Race 1
7	314	Owen Stubbins	Ealing Southall & Middlesex AC	U16B	7	1	4:33.35	Race 2
8	309	Antoni Soszynski	Barnet & District AC	U16B	8	2	4:38.02	Race 2
9	373	Kevin Bagate	Trent Park Running Club	U16B	9	4	4:39.10	Race 2
10	244	Alessandro Pecce	Belgrave Harriers	U16B	10	5	4:39.92	Race 1
11	306	Rhys Stark	Barnet & District AC	U16B	11	5	4:41.42	Race 2
12	319	Azat Atligil	Barnet & District AC	U16B	12	7	4:43.05	Race 2
13	387	Clement Poulson	Ealing Southall & Middlesex AC	U16B	13	8	4:43.28	Race 2
14	378	Hobbs Dinolt	Victoria Park Harriers and Tower Hamlets AC	U16B	14	2	4:44.03	Race 2
15	377	Harry Martin	Ealing Southall & Middlesex AC	U16B	15	6	4:44.49	Race 2
16	520	Hector Pitkethly	Victoria Park Harriers and Tower Hamlets AC	U16B	16	1	4:45.81	Race 2
17	375	Antonio Quesada Carmona	Shaftesbury Barnet Harriers	U16B	17	1	4:50.24	Race 1
18	383	Jasper Reynaert	Thames Valley Harriers	U16B	18	3	4:59.65	Race 2

## Results

### T42 - U18M 1500m \* - 9 May 2026

Meeting Record: 1998 N Ashe (Hounslow): 3:59.9

(16:15)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	395	Daniel Jelfs	St Mary's Richmond AC	U18M	1		3:59.14	
2	399	Khalid Hussein	Victoria Park Harriers and Tower Hamlets AC	U18M	2		4:00.27	SB
3	405	Sam Turner	Shaftesbury Barnet Harriers	U18M	3		4:09.11	PB
4	393	Luke Tomlinson	Highgate Harriers	U18M	4		4:09.19	PB
5	398	Noah Levy	Ealing Southall & Middlesex AC	U18M	5		4:13.37	PB
6	404	Max Barckhahn	Hercules Wimbledon AC	U18M	6		4:27.14	
7	396	Ennio Kaloukian	London Heathside	U18M	7		4:30.34	YC
8	397	Joshua Mcdonagh Sanchez	Barnet & District AC	U18M	8		4:40.74	
	401	Gavin Davies	London Heathside	U18M			DNS	

## Results

### T43 - SM 1500m \* - 9 May 2026

Meeting Record: 1987 S Harris (Haringey): 3:48.9

(16:25)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	409	Ahmad Bilal	Hillingdon AC	SM	1		4:15.20	SB
2	339	Mohammed Ismail	UFFO Athletic Satellite Clubs	SM	2		4:20.39	SB
3	342	Noah Clarke	Barnet & District AC	SM	3		4:27.47	SB
4	408	David Lee	London Heathside	SM	4		4:42.70	PB
5	410	Harry Owrid	London Heathside	SM	5		4:47.60	SB

## Results

### T94 - U20M 1500m \* - 10 May 2026

Meeting Record: 1989 E Burton (Old Gaytonians): 3:58.3

(19:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
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## Results

### T62 - U18M 3000m \* - 10 May 2026

Meeting Record: 2025 Arjuna Pflug (Highgate): 8:57.79

(12:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	420	Pablo Quesada Carmona	Shaftesbury Barnet Harriers	U18M	1	5	9:20.29	
2	396	Ennio Kaloukian	London Heathside	U18M	2	4	9:34.03	PB
3	419	James Henderson	Chiltern Harriers AC	U18M	3	3	9:53.29	

## Results

### T61 - U16B 3000m \* - 10 May 2026

Meeting Record: 2024 A Pflug (Highgate): 9:17.68

(12:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	237	Charlie Nicolson	London Heathside	U16B	1		8:54.64	PB
2	390	Robin Greenwood	Trent Park Running Club	U16B	2		8:58.71	PB
3	414	Max Lamy	Victoria Park Harriers and Tower Hamlets AC	U16B	3		9:06.96	PB
4	417	Ben Davies	Shaftesbury Barnet Harriers	U16B	4		9:35.58	PB
5	371	Rory Willis	London Heathside	U16B	5		9:39.38	PB
6	391	Amor Zayana	Enfield and Haringey AC	U16B	6		9:44.33	
7	415	Joshua Cain	St Mary's Richmond AC	U16B	7		10:11.55	
8	324	George Griffiths	London Heathside	U16B	8		10:21.02	PB
9	416	Digby Young	St Mary's Richmond AC	U16B	9		10:24.35	
10	412	Giacomo Camporeale	Victoria Park Harriers and Tower Hamlets AC	U16B	10		10:38.54	

## Results

### T04 - U16B 100m Hurdles \* - 9 May 2026

Meeting Record: None

(10:10)

Wind speed: 0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	429	Gabriel Edwards	London Heathside	U16B	1		14.12	

## Results

### T06 - U18M 110m Hurdles \* - 9 May 2026

Meeting Record: 1980 H Teape (Enfield): 13.0

(10:35)

Wind speed: 0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	433	Seth Rennie-Roddy	Shaftesbury Barnet Harriers	U18M	1		14.49	PB

## Results

### T07 - U20M 110m Hurdles - 9 May 2026

Meeting Record: 2015 J Kirby (Hillingdon): 14.13

(10:35)

Wind speed: 0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	222	Montana Dennis	London Heathside	U20M	1		14.48	PB

## Results

### T08 - SM 110m Hurdles \* - 9 May 2026

Meeting Record: 1992 Benjamin Grant (Haringey): 14.3

(10:35)

Wind speed: +0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	156	Robert O'Brien	Thames Valley Harriers	SM	1		15.89	

Results  
T57 - U16B 300mH - 10 May 2026  
(11:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	434	Joshua Gilbert	St Mary's Richmond AC	U16B	1	7	40.25	
2	429	Gabriel Edwards	London Heathside	U16B	2	6	44.02	

## Results

### T52 - U20M 400mH \* - 10 May 2026

Meeting Record: 2001 M Winslip (E&H): 54.7

(10:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	220	Tobias Toth-Stevens	London Heathside	U20M	1	3	1:02.27	PB

## Results

### T53 - SM 400mH \* - 10 May 2026

Meeting Record: 1996 L Lynch (Haringey): 51.2

(10:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	437	Luke Kretschmer	Queen's Park Harriers	SM	1	5	1:11.16	
2	439	David Shortridge	Victoria Park Harriers and Tower Hamlets AC	SM	2	6	1:27.42	

## Results

### T96 - U18M 400mH \* - 10 May 2026

Meeting Record: 2014 W Zerrouki (THTSF): 55.89

(19:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F25 - U14B High Jump - 9 May 2026

START TIME: 15:50

Meeting Record: 2022 A Shaw (Highgate): 1.50

#	Bib	Ord	Name	Club	Cat	1.10	1.35	1.40	1.45	1.50	1.55	1.60	Best	Note
1	26	3	Sarp Birsen	London Heathside	U14B					xo	xxo	xxx	1.55	
2	301	2	Étienne Wong She	Victoria Park Harriers and Tower Hamlets AC	U14B		o	o	o	o	xxx		1.50	=PB
	279	1	Harry Gregory	St Mary's Richmond AC	U14B	xxx							NM	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F26 - U16B High Jump \* - 9 May 2026

START TIME: 15:50

Meeting Record: 2016 D Ogbechie (Highgate): 1.80

#	Bib	Ord	Name	Club	Cat	1.20	1.25	1.30	1.35	1.40	1.45	1.55	1.60	1.66	1.69	1.72	1.75	1.78	1.81	Best	Note	
1	320	1	Jojo O'Shaughnessy	St Mary's Richmond AC	U16B							o	o	o	o	o	xo	xo	xxx	1.78	PB	
2	49	2	Hussein Issa	Hillingdon AC	U16B							o	o	xo	-	xxx					1.66	
3	444	3	Zachary Mordi	Woodford Green Athletics Club with Essex Ladies	U16B	o	o	o	xo	xo	xxx										1.40	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F27 - SM High Jump \* - 9 May 2026

START TIME: 15:50

Meeting Record: 1984 R Charles (QPR): 2.16

#	Bib	Ord	Name	Club	Cat	1.60	1.66	Best	Note
1	448	1	Philip Roche	Enfield and Haringey AC	SM	o	xxx	1.60	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F62 - U20M High Jump \* - 10 May 2026

START TIME: 19:00

Meeting Record: 1980 L Thompson (Haringey): 2.05

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F61 - U18M High Jump \* - 10 May 2026

START TIME: 19:00

Meeting Record: 1981 F Abejide (Haringey): 2.03

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F49 - U16B Pole Vault - 10 May 2026

START TIME: 14:20

#	Bib	Ord	Name	Club	Cat	2.00	2.10	2.30	2.40	2.50	2.60	2.70	2.80	3.00	3.10	3.20	Best	Note
1	449	1	Xavier Wilkins	Shaftesbury Barnet Harriers	U16B							o	xxo	o	xo	xxx	3.10	PB
2	444	2	Zachary Mordi	Woodford Green Athletics Club with Essex Ladies	U16B	o	o	o	o	xo	xxx						2.50	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F78 - U14B Pole Vault - 10 May 2026

START TIME: 19:00

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F73 - U18M Pole Vault - 10 May 2026

START TIME: 19:00

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F69 - SM Pole Vault \* - 10 May 2026

START TIME: 19:00

Meeting Record: 1989 P Hoad (Enfield): 4.85

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F68 - U20M Pole Vault - 10 May 2026

START TIME: 19:00

Meeting Record: 1995 M Densley (ESM): 4.60

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F52 - U14B Long Jump \* - 10 May 2026

START TIME: 15:20

Meeting Record: 2014 W Andoh (THYSF): 5.32

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	278	Bruno Fansa	London Heathside	U14B	4.30	x	x	x	x	4.31	4.31	PB
2	5	Benjamin Vogt	St Mary's Richmond AC	U14B	3.75	3.91	2.96	3.66	3.87	4.25	4.25	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F54 - U18M Long Jump \* - 10 May 2026

START TIME: 15:20

Meeting Record: 1980 H Teape (Enfield): 14.94

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	460	Edgar Wetherell	Victoria Park Harriers and Tower Hamlets AC	U18M	x	5.62	x	5.59	5.67	x	5.67	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F56 - SM Long Jump \* - 10 May 2026

START TIME: 15:20

Meeting Record: 1980 T Henry (SBH): 7.54

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	131	Kevin Afonso	Ealing Southall & Middlesex AC	SM	5.25	5.53	5.59	5.65	4.90	5.58	<b>5.65</b>	
2	130	Zaid Jaria	Thames Valley Harriers	SM	5.09	5.09	4.83	4.93	4.99	5.28	<b>5.28</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F55 - U20M Long Jump \* - 10 May 2026

START TIME: 15:20

Meeting Record: 1988 J Canning (SBH): 7.77

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	463	Lewis Sorhaindo	Thames Valley Harriers	U20M	6.52	x	r				6.52	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F53 - U16B Long Jump \* - 10 May 2026

START TIME: 15:20

Meeting Record: 2003 L Thomas (E&H): 6.39

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	54	Daniel Markham-Lee	Harrow AC	U16B	5.71	x	x	5.66	x	6.16	<b>6.16</b>	PB
2	434	Joshua Gilbert	St Mary's Richmond AC	U16B	5.68	5.70	4.28	5.98	6.14	5.84	<b>6.14</b>	
3	429	Gabriel Edwards	London Heathside	U16B	x	5.37	5.19	x	5.18	5.29	<b>5.37</b>	
4	186	Joshua Mew	St Mary's Richmond AC	U16B	4.80	4.88	4.94	4.20	-	-	<b>4.94</b>	
5	444	Zachary Mordi	Woodford Green Athletics Club with Essex Ladies	U16B	4.06	3.76	4.08	3.77	x	x	<b>4.08</b>	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F16 - U20M Triple Jump \* - 9 May 2026

START TIME: 11:50

Meeting Record: 1989 J Golley (TVH): 15.64

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	463	Lewis Sorhaindo	Thames Valley Harriers	U20M	x (-1.9)	11.85 (-2.4)	13.15 (-1.9)	x (-0.1)	x (-0.3)	13.80 (-1.2)	<b>13.80</b> (-1.2)	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F14 - U16B Triple Jump \* - 9 May 2026

START TIME: 11:50

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	242	Oliver Thompson	Hillingdon AC	U16B	10.82 (-1.5)	11.03 (-0.1)	11.00 (-2.1)	10.75 (-0.3)	10.70 (-1.6)	11.18 (-1.4)	<b>11.18</b> (-1.4)	PB
2	444	Zachary Mordi	Woodford Green Athletics Club with Essex Ladies	U16B	8.49 (-1.7)	8.67 (-2.6)	8.56 (-2.2)	8.65 (-1.1)	x (-1.7)	x (-0.6)	<b>8.67</b> (-2.6)	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F17 - SM Triple Jump \* - 9 May 2026

START TIME: 11:50

Meeting Record: 1994 F Agyepong (SBH): 16.93

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	121	Jude Bright-Davies	Thames Valley Harriers	SM	14.37 (-2.2)	x (-1.2)	x (-1.9)	x (-1.2)	x (-0.3)	x (-0.2)	<b>14.37</b> (-2.2)	
2	474	Okiki Olugunna	London Heathside	SM	x (-4.0)	11.63	11.88 (-0.2)	11.83 (-1.4)	-	x (-1.3)	<b>11.88</b> (-0.2)	
3	472	Richard Weekes	Epsom & Ewell Harriers	SM	9.58 (-1.6)	9.49 (-0.5)	9.73	9.30 (-1.5)	9.79	9.75 (-0.1)	<b>9.79</b> (0.0)	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F15 - U18M Triple Jump \* - 9 May 2026

START TIME: 11:50

Meeting Record: 1980 H Teape (Enfield): 14.94

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	469	Joshua Chunye	Harrow AC	U18M	13.27 (-0.6)	13.42 (-0.1)	x (-2.4)	12.33 (-1.1)	13.45	13.14 (-1.3)	<b>13.45</b> (0.0)	
2	468	Timothy Madukah	Harrow AC	U18M	x (-0.9)	13.07 (-1.4)	x (-0.9)	13.34 (-1.8)	x	13.35 (-1.5)	<b>13.35</b> (-1.5)	
3	460	Edgar Wetherell	Victoria Park Harriers and Tower Hamlets AC	U18M	x (-1.1)	x	10.89 (-0.1)	11.38 (-0.1)	x (-0.3)	x (-1.2)	<b>11.38</b> (-0.1)	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F06 - U16B Shot Put \* - 9 May 2026

START TIME: 10:00

Meeting Record: 2013 R Andrew (TVH): 13.99

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	247	Sebastian Cayer	Barnet & District AC	U16B		7.94	8.03	8.69	8.48	7.93	x	<b>8.69</b>	
2	476	Ziggy Ellis	London Heathside	U16B		7.17	7.85	7.03	x	8.43	8.26	<b>8.43</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F07 - U18M Shot Put \* - 9 May 2026

START TIME: 10:00

Meeting Record: 1978 A Zaidman (Haringey): 17.11

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	483	Michael Cherry	St Mary's Richmond AC	U18M		10.87	10.60	9.97	10.55	11.12	10.15	<b>11.12</b>	PB
2	485	Ryan Mills	St Mary's Richmond AC	U18M		10.15	10.27	10.33	x	10.00	10.44	<b>10.44</b>	PB

## Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

### Results

#### F08 - SM Shot Put \* - 9 May 2026

START TIME: 10:00

Meeting Record: 1987 P Edwards (Wolverhampton & Bilston): 17.32

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	487	Bill Steel	City of Sheffield and Dearne AC	SM		14.47	14.58	14.68	15.08	x	15.05	<b>15.08</b>	
2	494	Kevin Acraman	Hillingdon AC	SM		9.67	8.88	9.53	9.70	9.92	10.18	<b>10.18</b>	SB
3	489	Yeray Afonso	Ealing Southall & Middlesex AC	SM		9.81	9.86	10.16	10.11	9.87	9.88	<b>10.16</b>	PB
4	491	Dylan Afonso	Ealing Southall & Middlesex AC	SM		8.14	8.57	8.97	8.70	8.68	8.48	<b>8.97</b>	
5	490	Stephen Booth	London Heathside	SM		x	7.49	7.37	7.92	7.86	7.80	<b>7.92</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F05 - U14B Shot Put \* - 9 May 2026

START TIME: 10:00

Meeting Record: 2013 | Mustaphe (Bethnal Green Academy): 9.18

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	356	Harry Coleman	Highgate Harriers	U14B		6.63	6.49	6.88	x	6.44	6.21	<b>6.88</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F60 - U20M Shot Put \* - 10 May 2026

START TIME: 19:00

Meeting Record: 1986 S Williams (Enfield): 18.42

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F43 - U18M Discus \* - 10 May 2026

START TIME: 11:10

Meeting Record: 1973 I Strutt (Alperton School): 49.80

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	485	Ryan Mills	St Mary's Richmond AC	U18M		35.33	x	31.00	x	35.01	31.72	<b>35.33</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F41 - U14B Discus - 10 May 2026

START TIME: 11:10

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	454	Ryan Adhami	Harrow AC	U14B		28.62	28.92	28.83	x	x	27.50	<b>28.92</b>	PB
2	475	Alexander Cheung	Ealing Southall & Middlesex AC	U14B		17.45	17.48	18.53	15.90	x	17.35	<b>18.53</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F44 - SM Discus \* - 10 May 2026

START TIME: 11:10

Meeting Record: 2023 G Thompson (SBH): 56.85

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	487	Bill Steel	City of Sheffield and Dearne AC	SM		41.10	x	42.24	42.36	44.52	x	<b>44.52</b>	SB
2	500	Andre Pereira Carneiro	Thames Valley Harriers	SM		38.66	39.69	40.49	39.31	x	x	<b>40.49</b>	SB
3	490	Stephen Booth	London Heathside	SM		26.90	x	28.01	28.16	25.96	28.12	<b>28.16</b>	
4	494	Kevin Acraman	Hillingdon AC	SM		26.03	26.39	x	x	x	27.60	<b>27.60</b>	PB
5	489	Yeray Afonso	Ealing Southall & Middlesex AC	SM		23.07	x	x	20.47	x	25.52	<b>25.52</b>	
	499	Kulwinder Singh	Hillingdon AC	SM		r						<b>NM</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F42 - U16B Discus \* - 10 May 2026

START TIME: 11:10

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	479	Leonard Hewings	London Heathside	U16B		34.60	32.91	36.53	35.35	31.59	36.63	<b>36.63</b>	PB
2	434	Joshua Gilbert	St Mary's Richmond AC	U16B		26.53	29.10	31.19	33.37	x	28.55	<b>33.37</b>	PB
3	495	Jahz Antoine	Victoria Park Harriers and Tower Hamlets AC	U16B		26.53	28.88	27.48	x	28.12	30.66	<b>30.66</b>	PB
4	476	Ziggy Ellis	London Heathside	U16B		25.57	x	24.96	25.22	24.68	23.87	<b>25.57</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F74 - U20M Discus - 10 May 2026

START TIME: 19:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F58 - U16B Hammer \* - 10 May 2026

START TIME: 15:50

Meeting Record: 2010 R Morawski (ESM): 54.77

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	501	Leo Bamber	St Mary's Richmond AC	U16B		39.43	x	34.91	x	32.57	33.73	<b>39.43</b>	PB
2	495	Jahz Antoine	Victoria Park Harriers and Tower Hamlets AC	U16B		31.91	25.55	28.88	x	30.25	x	<b>31.91</b>	PB
3	504	Max Wilkinson	St Mary's Richmond AC	U16B		16.44	17.10	x	21.41	21.98	20.47	<b>21.98</b>	PB
4	502	Jack Sechiari	St Mary's Richmond AC	U16B		x	11.24	x	x	17.81	x	<b>17.81</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F57 - U14B Hammer - 10 May 2026

START TIME: 15:50

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	475	Alexander Cheung	Ealing Southall & Middlesex AC	U14B		10.90	11.41	x	12.91	13.76	12.43	<b>13.76</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F59 - SM Hammer \* - 10 May 2026

START TIME: 15:50

Meeting Record: 2004 W Beauchamp (TVH): 72.11

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	494	Kevin Acraman	Hillingdon AC	SM		37.29	x	40.45	38.65	x	40.08	<b>40.45</b>	PB
2	489	Yeray Afonso	Ealing Southall & Middlesex AC	SM		28.49	28.37	24.75	x	24.56	27.01	<b>28.49</b>	PB
3	499	Kulwinder Singh	Hillingdon AC	SM		23.57	24.01	24.04	24.56	x	25.25	<b>25.25</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F71 - U20M Hammer - 10 May 2026

START TIME: 19:00

Meeting Record: 2012 D McGuigan (SBH): 66.70

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F70 - U18M Hammer - 10 May 2026

START TIME: 19:00

Meeting Record: 1987 P Vivian (TVH): 68.82

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F19 - U16B Javelin \* - 9 May 2026

START TIME: 14:20

Meeting Record: 2005 A Bryant (WSE&H): 52.99

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	509	Kai Harding	Thames Valley Harriers	U16B		31.61	33.84	30.90	30.87	31.53	30.90	<b>33.84</b>	
2	247	Sebastian Cayer	Barnet & District AC	U16B		28.36	31.42	25.72	32.43	22.19	31.49	<b>32.43</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F18 - U14B Javelin \* - 9 May 2026

START TIME: 14:20

Meeting Record: 2017 A Paduruth (Hillingdon): 33.91

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	475	Alexander Cheung	Ealing Southall & Middlesex AC	U14B		23.97	x	24.06	25.61	22.03	18.60	<b>25.61</b>	PB
2	296	Michael Schofield	London Heathside	U14B		x	19.38	x	21.16	22.78	20.48	<b>22.78</b>	PB
3	347	Dev Khajuria	Barnet & District AC	U14B		15.35	14.91	10.73	12.45	14.59	r	<b>15.35</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F21 - SM Javelin \* - 9 May 2026

START TIME: 14:20

Meeting Record: 1989 N Bevan (Belgrave): 76.24

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	518	Michael Jordan	Thames Valley Harriers	SM		55.47	58.66	50.49	54.96	50.54	52.90	<b>58.66</b>	SB
2	491	Dylan Afonso	Ealing Southall & Middlesex AC	SM		32.01	x	33.64	34.49	33.08	27.69	<b>34.49</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F20 - U18M Javelin \* - 9 May 2026

START TIME: 14:20

Meeting Record: 1981 D Messon (Old Gaytonians): 59.94

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	511	Nathan Griffiths	Hillingdon AC	U18M		44.51	44.01	42.01	41.04	44.36	43.25	<b>44.51</b>	SB
2	483	Michael Cherry	St Mary's Richmond AC	U18M		38.31	39.14	41.06	38.90	38.78	39.86	<b>41.06</b>	
3	513	Conall Gazette-Rice	Enfield and Haringey AC	U18M		40.00	36.43	31.68	36.98	35.99	41.00	<b>41.00</b>	
4	515	Shayan Yadav	Harrow AC	U18M		32.58	37.08	33.14	34.81	37.67	36.89	<b>37.67</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F63 - U20M Javelin \* - 10 May 2026

START TIME: 19:00

Meeting Record: 1983 D Messon (Old Gaytonians): 67.94

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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## Results

### T10 - U14G 100m - 9 May 2026

Meeting Record: 2002 T Dorsett (E&H): 12.8

#### Heats: Heat 1 of 3 (11:05)

Wind speed: +1.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	8	Nia Marshall	Be Fit Today Track Academy	U14G	1		12.70	Q
2	18	Naylah Adeeko	Shaftesbury Barnet Harriers	U14G	2		13.03	Q PB
3	6	Lara Benson	Dwain Chambers Sprint Club	U14G	3		13.65	PB
4	4	Aiva Regis-Moore	Windsor Slough Eton & Hounslow AC	U14G	4		13.94	
5	24	Tokiwa Sobers	St Mary's Richmond AC	U14G	5		14.37	PB
6	29	Anjola Oduleye	Thames Valley Harriers	U14G	6		14.41	PB
7	30	Aveah Waysome	Highgate Harriers	U14G	7		14.49	

#### Heats: Heat 2 of 3 (11:05)

Wind speed: +1.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	25	Sienna Joseph-Edwards	Harrow AC	U14G	1		13.07	Q
2	17	Jana Issa	Hillingdon AC	U14G	2		13.34	Q PB
3	28	Kamiah Francis-Harriott	Woodford Green Athletics Club with Essex Ladies	U14G	3		13.51	q PB
4	7	Ayotunde Alfonso	Shaftesbury Barnet Harriers	U14G	4		13.82	PB
5	13	Georgina Warmate	Shaftesbury Barnet Harriers	U14G	5		14.29	
6	11	Laila Raniwala	Enfield and Haringey AC	U14G	6		14.65	PB

#### Heats: Heat 3 of 3 (11:05)

Wind speed: +0.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	22	Risen Gloria Balou	Ealing Southall & Middlesex AC	U14G	1		12.93	Q
2	16	Dami Adekunle	Shaftesbury Barnet Harriers	U14G	2		13.25	Q
3	14	Bianca Weyler	Thames Valley Harriers	U14G	3		13.60	q PB
4	2	Abena Boyer	London Heathside	U14G	4		13.74	PB
5	9	Kaia Vaughan	Shaftesbury Barnet Harriers	U14G	5		14.00	
6	1	Anaiah Waysome	Highgate Harriers	U14G	6		15.03	

Summary of Round 1  
T10 - U14G 100m - 9 May 2026

START TIME: 11:05

Meeting Record: 2002 T Dorsett (E&H): 12.8

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	8	Nia Marshall	U14G	1	Be Fit Today Track Academy	12.70	Q	1:
2	22	Risen Gloria Balou	U14G	2	Ealing Southall & Middlesex AC	12.93	Q	3:
3	18	Naylah Adeeko	U14G	3	Shaftesbury Barnet Harriers	13.03	Q	1:
4	25	Sienna Joseph-Edwards	U14G	4	Harrow AC	13.07	Q	2:
5	16	Dami Adekunle	U14G	5	Shaftesbury Barnet Harriers	13.25	Q	3:
6	17	Jana Issa	U14G	6	Hillingdon AC	13.34	Q	2:
7	28	Kamiah Francis-Harriott	U14G	7	Woodford Green Athletics Club with Essex Ladies	13.51	q	2:
8	14	Bianca Weyler	U14G	8	Thames Valley Harriers	13.60	q	3:
9	6	Lara Benson	U14G	9	Dwain Chambers Sprint Club	13.65		1:
10	2	Abena Boyer	U14G	10	London Heathside	13.74		3:
11	7	Ayotunde Alfonso	U14G	11	Shaftesbury Barnet Harriers	13.82		2:
12	4	Aiva Regis-Moore	U14G	12	Windsor Slough Eton & Hounslow AC	13.94		1:
13	9	Kaia Vaughan	U14G	13	Shaftesbury Barnet Harriers	14.00		3:
14	13	Georgina Warmate	U14G	14	Shaftesbury Barnet Harriers	14.29		2:
15	24	Tokiwa Sobers	U14G	15	St Mary's Richmond AC	14.37		1:
16	29	Anjola Oduleye	U14G	16	Thames Valley Harriers	14.41		1:
17	30	Aveah Waysome	U14G	17	Highgate Harriers	14.49		1:
18	11	Laila Raniwala	U14G	18	Enfield and Haringey AC	14.65		2:
19	1	Anaiah Waysome	U14G	19	Highgate Harriers	15.03		3:

## Results

### T10 - U14G 100m - 9 May 2026

Meeting Record: 2002 T Dorsett (E&H): 12.8

### Final (13:30)

Wind speed: +0.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	8	Nia Marshall	Be Fit Today Track Academy	U14G	1		12.46	
2	22	Risen Gloria Balou	Ealing Southall & Middlesex AC	U14G	2		12.63	PB
3	25	Sienna Joseph-Edwards	Harrow AC	U14G	3		12.74	
4	18	Naylah Adeeko	Shaftesbury Barnet Harriers	U14G	4		13.13	PB
5	16	Dami Adekunle	Shaftesbury Barnet Harriers	U14G	5		13.17	PB
6	28	Kamiah Francis-Harriott	Woodford Green Athletics Club with Essex Ladies	U14G	6		13.45	PB
7	17	Jana Issa	Hillingdon AC	U14G	7		13.46	=PB
8	14	Bianca Weyler	Thames Valley Harriers	U14G	8		13.74	PB

## Results

### T12 - U16G 100m - 9 May 2026

Meeting Record: 2019 N Wadderburn-Goodison (Harrow): 11.84

#### Heats: Heat 1 of 2 (11:25)

Wind speed: -1.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	67	Anu Jaiyeola	Shaftesbury Barnet Harriers	U16G	1		12.67	Q
2	34	Victoria Ezebuilo	Enfield and Haringey AC	U16G	2		13.06	Q
3	47	Tosin Etti-Williams	Enfield and Haringey AC	U16G	3		13.37	Q
4	55	Eleonore Nicol	Thames Valley Harriers	U16G	4		13.53	q
5	65	Mya Larter	Victoria Park Harriers and Tower Hamlets AC	U16G	5		13.67	
6	42	Takairah Oliviere	Ealing Southall & Middlesex AC	U16G	6		13.99	
7	69	Amariah Frans-Monney	Victoria Park Harriers and Tower Hamlets AC	U16G	7		14.09	
8	33	Jainelle Rubie	Thames Valley Harriers	U16G	8		14.50	PB

#### Heats: Heat 2 of 2 (11:25)

Wind speed: -0.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	61	Michaela Osuhor	Thames Valley Harriers	U16G	1		12.33	Q PB
2	52	Mercy Ojo	Victoria Park Harriers and Tower Hamlets AC	U16G	2		12.66	Q PB
3	46	Myla Miller	London Heathside	U16G	3		12.72	Q PB
4	57	Abigail Beckles	Harrow AC	U16G	4		13.07	q
5	63	Fara Finlayson-Gray	Dwain Chambers Sprint Club	U16G	5		13.78	
6	39	Nyah Demetrio-Alabi	Track Academy	U16G	6		14.06	
7	53	Destiny Ejakita	Thames Valley Harriers	U16G	7		14.42	
	62	Leila Westcarr	Harrow AC	U16G			DNS	

Summary of Round 1  
T12 - U16G 100m - 9 May 2026

START TIME: 11:25

Meeting Record: 2019 N Wadderburn-Goodison (Harrow): 11.84

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	61	Michaela Osuhor	U16G	1	Thames Valley Harriers	12.33	Q	2:
2	52	Mercy Ojo	U16G	2	Victoria Park Harriers and Tower Hamlets AC	12.66	Q	2:
3	67	Anu Jaiyeola	U16G	3	Shaftesbury Barnet Harriers	12.67	Q	1:
4	46	Myla Miller	U16G	4	London Heathside	12.72	Q	2:
5	34	Victoria Ezebuilo	U16G	5	Enfield and Haringey AC	13.06	Q	1:
6	57	Abigail Beckles	U16G	6	Harrow AC	13.07	q	2:
7	47	Tosin Etti-Williams	U16G	7	Enfield and Haringey AC	13.37	Q	1:
8	55	Eleonore Nicol	U16G	8	Thames Valley Harriers	13.53	q	1:
9	65	Mya Larter	U16G	9	Victoria Park Harriers and Tower Hamlets AC	13.67		1:
10	63	Fara Finlayson-Gray	U16G	10	Dwain Chambers Sprint Club	13.78		2:
11	42	Takairah Oliviere	U16G	11	Ealing Southall & Middlesex AC	13.99		1:
12	39	Nyah Demetrio-Alabi	U16G	12	Track Academy	14.06		2:
13	69	Amariah Frans-Monney	U16G	13	Victoria Park Harriers and Tower Hamlets AC	14.09		1:
14	53	Destiny Ejakita	U16G	14	Thames Valley Harriers	14.42		2:
15	33	Jainelle Rubie	U16G	15	Thames Valley Harriers	14.50		1:
	62	Leila Westcarr	U16G		Harrow AC	DNS		2:

## Results

### T12 - U16G 100m - 9 May 2026

Meeting Record: 2019 N Wadderburn-Goodison (Harrow): 11.84

### Final (13:40)

Wind speed: +0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	61	Michaela Osuho	Thames Valley Harriers	U16G	1		12.22	PB
2	67	Anu Jaiyeola	Shaftesbury Barnet Harriers	U16G	2		12.45	PB
3	52	Mercy Ojo	Victoria Park Harriers and Tower Hamlets AC	U16G	3		12.50	PB
4	46	Myla Miller	London Heathside	U16G	4		12.76	PB
5	34	Victoria Ezebuilo	Enfield and Haringey AC	U16G	5		12.83	=PB
6	57	Abigail Beckles	Harrow AC	U16G	6		12.89	PB
7	47	Tosin Etti-Williams	Enfield and Haringey AC	U16G	7		13.20	
8	55	Eleonore Nicol	Thames Valley Harriers	U16G	8		13.22	

## Results

### T16 - SW 100m - 9 May 2026

Meeting Record: 1977 W Clarke (Highgate): 11.5

#### Heats: Heat 1 of 2 (12:20)

Wind speed: +0.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	138	Akaysha Ellis	Thames Valley Harriers	SW	1		11.85	Q SB
2	129	Diani Walker	Birchfield Harriers	SW	2		12.23	Q
3	158	Yasmin Uwakwe	Woodford Green Athletics Club with Essex Ladies	SW	3		12.29	Q
4	140	Gaëlle Elisha	London Heathside	SW	4		13.71	PB
5	171	Alishia Rockson	Victoria Park Harriers and Tower Hamlets AC	SW	5		14.36	
6	132	Sarah Hair	London Heathside	SW	6		14.43	PB
	167	Christine Harrison-Bloomfield	Enfield and Haringey AC	SW			DQ	TR16.8

#### Heats: Heat 2 of 2 (12:20)

Wind speed: +3.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	117	Elise Modeste	Thames Valley Harriers	SW	1		11.61	Q
2	166	Darcey Kuypers	Harrow AC	SW	2		11.93	Q
3	163	Mia Smith	Thames Valley Harriers	SW	3		11.99	Q
4	160	Patricia Grudz-Edmondson	Thames Valley Harriers	SW	4		12.36	q
5	136	Sadé Alleyne	Southwark Athletics Club	SW	5		13.12	q
6	135	Leysa Forrest	London Heathside	SW	6		13.15	
7	149	Nevecia-Terrilee Pecco	London Heathside	SW	7		14.42	
8	162	Nancy Tauber	Enfield and Haringey AC	SW	8		16.00	

Summary of Round 1  
T16 - SW 100m - 9 May 2026

START TIME: 12:20

Meeting Record: 1977 W Clarke (Highgate): 11.5

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	117	Elise Modeste	SW	1	Thames Valley Harriers	11.61	Q	2:
2	138	Akaysha Ellis	SW	2	Thames Valley Harriers	11.85	Q	1:
3	166	Darcey Kuypers	SW	3	Harrow AC	11.93	Q	2:
4	163	Mia Smith	SW	4	Thames Valley Harriers	11.99	Q	2:
5	129	Diani Walker	SW	5	Birchfield Harriers	12.23	Q	1:
6	158	Yasmin Uwakwe	SW	6	Woodford Green Athletics Club with Essex Ladies	12.29	Q	1:
7	160	Patricia Grudz-Edmondson	SW	7	Thames Valley Harriers	12.36	q	2:
8	136	Sadé Alleyne	SW	8	Southwark Athletics Club	13.12	q	2:
9	135	Leysa Forrest	SW	9	London Heathside	13.15		2:
10	140	Gaëlle Elisha	SW	10	London Heathside	13.71		1:
11	171	Alishia Rockson	SW	11	Victoria Park Harriers and Tower Hamlets AC	14.36		1:
12	149	Nevecia-Terrilee Pecco	SW	12	London Heathside	14.42		2:
13	132	Sarah Hair	SW	13	London Heathside	14.43		1:
14	162	Nancy Tauber	SW	14	Enfield and Haringey AC	16.00		2:
	167	Christine Harrison-Bloomfield	SW		Enfield and Haringey AC	DQ		1:

## Results

### T16 - SW 100m - 9 May 2026

Meeting Record: 1977 W Clarke (Highgate): 11.5

### Final (14:10)

Wind speed: +1.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	117	Elise Modeste	Thames Valley Harriers	SW	1		11.60	
2	138	Akaysha Ellis	Thames Valley Harriers	SW	2		11.61	PB
3	166	Darcey Kuypers	Harrow AC	SW	3		11.85	
4	129	Diani Walker	Birchfield Harriers	SW	4		11.90	
5	158	Yasmin Uwakwe	Woodford Green Athletics Club with Essex Ladies	SW	5		12.08	PB
6	163	Mia Smith	Thames Valley Harriers	SW	6		12.11	PB
7	136	Sadé Alleyne	Southwark Athletics Club	SW	7		13.27	PB
	160	Patricia Grudz-Edmondson	Thames Valley Harriers	SW			DQ	TR16.8

## Results

### T22 - U18W 100m - 9 May 2026

Meeting Record: 2009 A Tagoe (TVH): 11.99

(13:50)

Wind speed: +1.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	89	Havika Kyere-Aidoo	Harrow AC	U18W	1		12.46	PB
2	74	Namiah Moncrieffe-Barnett	Thames Valley Harriers	U18W	2		12.69	
3	76	Abigail Ejakita	Thames Valley Harriers	U18W	3		13.00	SB
4	92	Michelle Onukegbe	Highgate Harriers	U18W	4		13.28	PB
5	99	Brooke Martin	Shaftesbury Barnet Harriers	U18W	5		13.47	PB
6	73	Shenel Okrah	Shaftesbury Barnet Harriers	U18W	6		13.59	

## Results

### T24 - U20W 100m - 9 May 2026

Meeting Record: 2010 A Tagoe (TVH): 11.82

(14:00)

Wind speed: +2.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	101	Makayla Brai-Aloye	Shaftesbury Barnet Harriers	U20W	1		11.83	PB
2	100	Asia Emanuel	London Heathside	U20W	2		12.18	PB
3	107	Weronika Kalinska	Dwain Chambers Sprint Club	U20W	3		12.44	PB
4	109	Hebe Evans	Thames Valley Harriers	U20W	4		12.64	SB
5	111	Ibukun Adenubi	Thames Valley Harriers	U20W	5		12.80	PB

## Results

### T63 - U14G 200m - 10 May 2026

Meeting Record: 2022 A McLeod (SBH): 26.57

#### Heats: Heat 1 of 3 (12:25)

Wind speed: +3.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	25	Sienna Joseph-Edwards	Harrow AC	U14G	1	6	26.92	Q
2	18	Naylah Adeeko	Shaftesbury Barnet Harriers	U14G	2	7	27.64	Q
3	7	Ayotunde Alfonso	Shaftesbury Barnet Harriers	U14G	3	8	28.70	
4	13	Georgina Warmate	Shaftesbury Barnet Harriers	U14G	4	4	29.54	
5	30	Aveah Waysome	Highgate Harriers	U14G	5	3	31.46	

#### Heats: Heat 2 of 3 (12:25)

Wind speed: +2.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	8	Nia Marshall	Be Fit Today Track Academy	U14G	1	4	26.58	Q
2	178	Iyana Barbe-Nutakor	Thames Valley Harriers	U14G	2	8	28.13	Q PB
3	9	Kaia Vaughan	Shaftesbury Barnet Harriers	U14G	3	6	29.22	
4	11	Laila Raniwala	Enfield and Haringey AC	U14G	4	7	29.30	PB
5	1	Anaiah Waysome	Highgate Harriers	U14G	5	3	33.26	

#### Heats: Heat 3 of 3 (12:25)

Wind speed: +2.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	22	Risen Gloria Balou	Ealing Southall & Middlesex AC	U14G	1	3	26.98	Q
2	16	Dami Adekunle	Shaftesbury Barnet Harriers	U14G	2	2	27.45	Q PB
3	28	Kamiah Francis-Harriott	Woodford Green Athletics Club with Essex Ladies	U14G	3	7	27.82	q PB
4	181	Ayla Houssein	Dwain Chambers Sprint Club	U14G	4	8	28.80	PB
5	182	Maya Celik	Barnet & District AC	U14G	5	6	30.84	PB
6	184	Héloïse Avraam	Barnet & District AC	U14G	6	4	31.65	PB

Summary of Round 1  
T63 - U14G 200m - 9 May 2026

START TIME: 12:25

Meeting Record: 2022 A McLeod (SBH): 26.57

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	8	Nia Marshall	U14G	1	Be Fit Today Track Academy	26.58	Q	2:4
2	25	Sienna Joseph-Edwards	U14G	2	Harrow AC	26.92	Q	1:6
3	22	Risen Gloria Balou	U14G	3	Ealing Southall & Middlesex AC	26.98	Q	3:3
4	16	Dami Adekunle	U14G	4	Shaftesbury Barnet Harriers	27.45	Q	3:2
5	18	Naylah Adeeko	U14G	5	Shaftesbury Barnet Harriers	27.64	Q	1:7
6	28	Kamiah Francis-Harriott	U14G	6	Woodford Green Athletics Club with Essex Ladies	27.82	q	3:7
7	178	Iyana Barbe-Nutakor	U14G	7	Thames Valley Harriers	28.13	Q	2:8
8	7	Ayotunde Alfonso	U14G	8	Shaftesbury Barnet Harriers	28.70		1:8
9	181	Ayla Houssein	U14G	9	Dwain Chambers Sprint Club	28.80		3:8
10	9	Kaia Vaughan	U14G	10	Shaftesbury Barnet Harriers	29.22		2:6
11	11	Laila Raniwala	U14G	11	Enfield and Haringey AC	29.30		2:7
12	13	Georgina Warmate	U14G	12	Shaftesbury Barnet Harriers	29.54		1:4
13	182	Maya Celik	U14G	13	Barnet & District AC	30.84		3:6
14	30	Aveah Waysome	U14G	14	Highgate Harriers	31.46		1:3
15	184	Héloïse Avraam	U14G	15	Barnet & District AC	31.65		3:4
16	1	Anaiah Waysome	U14G	16	Highgate Harriers	33.26		2:3

Results  
T63 - U14G 200m - 10 May 2026  
Meeting Record: 2022 A McLeod (SBH): 26.57  
Final (14:20)

Wind speed: +3.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	8	Nia Marshall	Be Fit Today Track Academy	U14G	1	7	25.50	PB
2	25	Sienna Joseph-Edwards	Harrow AC	U14G	2	6	26.57	
3	22	Risen Gloria Balou	Ealing Southall & Middlesex AC	U14G	3	4	26.62	SB
4	16	Dami Adekunle	Shaftesbury Barnet Harriers	U14G	4	8	27.13	PB
5	28	Kamiah Francis-Harriott	Woodford Green Athletics Club with Essex Ladies	U14G	5	3	27.57	PB
6	18	Naylah Adeeko	Shaftesbury Barnet Harriers	U14G	6	1	27.64	PB
7	178	Iyana Barbe-Nutakor	Thames Valley Harriers	U14G	7	2	28.71	PB

## Results

### T65 - U16G 200m - 10 May 2026

Meeting Record: 2008 Desiree Henry (E&H): 25.0

#### Heats: Heat 1 of 3 (12:45)

Wind speed: +2.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	67	Anu Jaiyeola	Shaftesbury Barnet Harriers	U16G	1	4	25.59	Q
2	48	Gabriella Nnatu	Ealing Southall & Middlesex AC	U16G	2	6	26.67	Q PB
3	47	Tosin Etti-Williams	Enfield and Haringey AC	U16G	3	7	27.02	PB
4	57	Abigail Beckles	Harrow AC	U16G	4	8	27.25	
5	192	Rhea-May Critchley	Track Academy	U16G	5	3	31.52	

#### Heats: Heat 2 of 3 (12:45)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	61	Michaela Osuhor	Thames Valley Harriers	U16G	1	8	25.07	Q PB
2	196	India Greenaway	Ealing Southall & Middlesex AC	U16G	2	6	26.13	Q PB
3	46	Myla Miller	London Heathside	U16G	3	2	26.21	q PB
4	34	Victoria Ezebuilo	Enfield and Haringey AC	U16G	4	4	27.69	PB
5	195	Lilianna Walker	Track Academy	U16G	5	3	29.57	
6	53	Destiny Ejakita	Thames Valley Harriers	U16G	6	7	30.32	PB

#### Heats: Heat 3 of 3 (12:45)

Wind speed: +3.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	193	Zhane Pilgrim	Victoria Park Harriers and Tower Hamlets AC	U16G	1	4	26.18	Q SB
2	194	Alaia Ajanlekoko Gomendio	Victoria Park Harriers and Tower Hamlets AC	U16G	2	7	26.60	Q
3	191	Chloe Trunkfield	Highgate Harriers	U16G	3	2	27.32	PB
4	187	Edith Waites	London Heathside	U16G	4	6	27.55	PB
5	189	Jasmine Baptiste	Be Fit Today Track Academy	U16G	5	8	27.78	
6	188	Ariette Lombadzi-Shekahungu	Victoria Park Harriers and Tower Hamlets AC	U16G	6	3	29.05	PB

Summary of Round 1  
T65 - U16G 200m - 9 May 2026

START TIME: 12:45

Meeting Record: 2008 Desiree Henry (E&H): 25.0

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	61	Michaela Osuhor	U16G	1	Thames Valley Harriers	25.07	Q	2:8
2	67	Anu Jaiyeola	U16G	2	Shaftesbury Barnet Harriers	25.59	Q	1:4
3	196	India Greenaway	U16G	3	Ealing Southall & Middlesex AC	26.13	Q	2:6
4	193	Zhane Pilgrim	U16G	4	Victoria Park Harriers and Tower Hamlets AC	26.18	Q	3:4
5	46	Myla Miller	U16G	5	London Heathside	26.21	q	2:2
6	194	Alaia Ajanlekoko Gomendio	U16G	6	Victoria Park Harriers and Tower Hamlets AC	26.60	Q	3:7
7	48	Gabriella Nnatu	U16G	7	Ealing Southall & Middlesex AC	26.67	Q	1:6
8	47	Tosin Etti-Williams	U16G	8	Enfield and Haringey AC	27.02		1:7
9	57	Abigail Beckles	U16G	9	Harrow AC	27.25		1:8
10	191	Chloe Trunkfield	U16G	10	Highgate Harriers	27.32		3:2
11	187	Edith Waites	U16G	11	London Heathside	27.55		3:6
12	34	Victoria Ezebuilo	U16G	12	Enfield and Haringey AC	27.69		2:4
13	189	Jasmine Baptiste	U16G	13	Be Fit Today Track Academy	27.78		3:8
14	188	Ariette Lombadzi-Shekahungu	U16G	14	Victoria Park Harriers and Tower Hamlets AC	29.05		3:3
15	195	Lilianna Walker	U16G	15	Track Academy	29.57		2:3
16	53	Destiny Ejakita	U16G	16	Thames Valley Harriers	30.32		2:7
17	192	Rhea-May Critchley	U16G	17	Track Academy	31.52		1:3

## Results

### T65 - U16G 200m - 10 May 2026

Meeting Record: 2008 Desiree Henry (E&H): 25.0

### Final (14:40)

Wind speed: +3.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	61	Michaela Osuho	Thames Valley Harriers	U16G	1	6	24.96	PB
2	67	Anu Jaiyeola	Shaftesbury Barnet Harriers	U16G	2	7	25.35	
3	194	Alaia Ajanlekoko Gomendio	Victoria Park Harriers and Tower Hamlets AC	U16G	3	8	25.55	PB
4	193	Zhane Pilgrim	Victoria Park Harriers and Tower Hamlets AC	U16G	4	3	25.67	PB
5	196	India Greenaway	Ealing Southall & Middlesex AC	U16G	5	4	26.19	PB
6	48	Gabriella Nnatu	Ealing Southall & Middlesex AC	U16G	6	2	26.50	PB

## Results

### T67 - U18W 200m - 10 May 2026

Meeting Record: 1989 D Smith (QPH): 24.0

#### Heats: Heat 1 of 3 (13:10)

Wind speed: +2.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	89	Havika Kyere-Aidoo	Harrow AC	U18W	1	6	26.22	Q
2	203	Ella Buckley	Shaftesbury Barnet Harriers	U18W	2	4	26.23	Q SB
3	209	Bluebelle Hills	St Mary's Richmond AC	U18W	3	8	26.26	q PB
4	76	Abigail Ejakita	Thames Valley Harriers	U18W	4	3	28.17	SB
5	212	Princess Cremin	Thames Valley Harriers	U18W	5	7	29.31	PB

#### Heats: Heat 2 of 3 (13:10)

Wind speed: +5.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	204	Nyla Earle	Enfield and Haringey AC	U18W	1	6	27.51	Q
2	74	Namiah Moncrieffe-Barnett	Thames Valley Harriers	U18W	2	4	27.54	Q
3	213	Nicole Stewart	London Heathside	U18W	3	7	27.55	
4	73	Shenel Okrah	Shaftesbury Barnet Harriers	U18W	4	8	28.03	
5	208	Fatima El-Zeinab	Track Academy	U18W	5	3	32.04	

#### Heats: Heat 3 of 3 (13:10)

Wind speed: +3.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	215	Isabella Phillips	Reading AC	U18W	1	3	26.13	Q
2	218	Anna Koshevaya	Highgate Harriers	U18W	2	4	26.38	Q
3	216	Aliyah Osman	Highgate Harriers	U18W	3	7	27.30	PB
4	99	Brooke Martin	Shaftesbury Barnet Harriers	U18W	4	8	27.57	PB
5	214	Maya Shah	Highgate School	U18W	5	2	27.70	
6	219	Joyce Manitou	Track Academy	U18W	6	6	31.82	SB

Summary of Round 1  
T67 - U18W 200m - 9 May 2026

START TIME: 13:10

Meeting Record: 1989 D Smith (QPH): 24.0

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	215	Isabella Phillips	U18W	1	Reading AC	26.13	Q	3:3
2	89	Havika Kyere-Aidoo	U18W	2	Harrow AC	26.22	Q	1:6
3	203	Ella Buckley	U18W	3	Shaftesbury Barnet Harriers	26.23	Q	1:4
4	209	Bluebelle Hills	U18W	4	St Mary's Richmond AC	26.26	q	1:8
5	218	Anna Koshevaya	U18W	5	Highgate Harriers	26.38	Q	3:4
6	216	Aliyah Osman	U18W	6	Highgate Harriers	27.30		3:7
7	204	Nyla Earle	U18W	7	Enfield and Haringey AC	27.51	Q	2:6
8	74	Namiah Moncrieffe-Barnett	U18W	8	Thames Valley Harriers	27.54	Q	2:4
9	213	Nicole Stewart	U18W	9	London Heathside	27.55		2:7
10	99	Brooke Martin	U18W	10	Shaftesbury Barnet Harriers	27.57		3:8
11	214	Maya Shah	U18W	11	Highgate School	27.70		3:2
12	73	Shenel Okrah	U18W	12	Shaftesbury Barnet Harriers	28.03		2:8
13	76	Abigail Ejakita	U18W	13	Thames Valley Harriers	28.17		1:3
14	212	Princess Cremin	U18W	14	Thames Valley Harriers	29.31		1:7
15	219	Joyce Manitou	U18W	15	Track Academy	31.82		3:6
16	208	Fatima El-Zeinab	U18W	16	Track Academy	32.04		2:3

Results  
T67 - U18W 200m - 10 May 2026

Meeting Record: 1989 D Smith (QPH): 24.0

Final (15:00)

Wind speed: +2.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	218	Anna Koshevaya	Highgate Harriers	U18W	1	2	25.49	PB
2	89	Havika Kyere-Aidoo	Harrow AC	U18W	2	4	25.58	
3	209	Bluebelle Hills	St Mary's Richmond AC	U18W	3	8	25.86	PB
4	215	Isabella Phillips	Reading AC	U18W	4	3	25.88	SB
5	203	Ella Buckley	Shaftesbury Barnet Harriers	U18W	5	7	26.12	SB
6	74	Namiah Moncrieffe-Barnett	Thames Valley Harriers	U18W	6	1	27.06	
7	204	Nyla Earle	Enfield and Haringey AC	U18W	7	6	27.44	PB

## Results

### T75 - U20W 200m \* - 10 May 2026

Meeting Record: 1996 D Graham (Essex ladies): 24.6

(15:20)

Wind speed: +4.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	223	Tami George	Shaftesbury Barnet Harriers	U20W	1	4	23.91	PB
2	101	Makayla Brai-Aloye	Shaftesbury Barnet Harriers	U20W	2	3	24.27	PB
3	224	Chante Stirling	Enfield and Haringey AC	U20W	3	7	26.05	
4	111	Ibukun Adenubi	Thames Valley Harriers	U20W	4	6	27.76	

## Results

### T77 - SW 200m \* - 10 May 2026

Meeting Record: 2023 M Wamba (TVH): 24.45

(15:40)

Wind speed: +1.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	138	Akaysha Ellis	Thames Valley Harriers	SW	1	4	23.72	PB
2	117	Elise Modeste	Thames Valley Harriers	SW	2	6	24.33	PB
3	129	Diani Walker	Birchfield Harriers	SW	3	7	24.96	
4	167	Christine Harrison-Bloomfield	Enfield and Haringey AC	SW	4	3	26.74	
5	135	Leysa Forrest	London Heathside	SW	5	8	27.80	PB

## Results

### T30 - U16G 300m - 9 May 2026

Meeting Record: 2025 Capree Cooper (Barnet): 39.98

#### Heats: Heat 1 of 2 (14:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	236	Capree Cooper	Barnet & District AC	U16G	1		39.62	Q PB
2	239	Miaa Grant	Victoria Park Harriers and Tower Hamlets AC	U16G	2		44.01	Q PB
3	191	Chloe Trunkfield	Highgate Harriers	U16G	3		44.03	Q =PB
4	245	Kymorah Alfred- Sinclair	Ealing Southall & Middlesex AC	U16G	4		45.09	q PB
5	240	Lara Booth	London Heathside	U16G	5		45.58	PB

#### Heats: Heat 2 of 2 (14:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	194	Alaia Ajanlekoko Gomendio	Victoria Park Harriers and Tower Hamlets AC	U16G	1		41.11	Q SB
2	234	Victoria Zavadsky	Barnet & District AC	U16G	2		43.40	Q PB
3	235	Sofia Bennett	Thames Valley Harriers	U16G	3		43.98	Q
4	189	Jasmine Baptiste	Be Fit Today Track Academy	U16G	4		44.91	q PB
5	246	Sky Parke-antonis	London Heathside	U16G	5		49.00	PB

Summary of Round 1  
T30 - U16G 300m - 9 May 2026

START TIME: 14:50

Meeting Record: 2025 Capree Cooper (Barnet): 39.98

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	236	Capree Cooper	U16G	1	Barnet & District AC	39.62	Q	1:
2	194	Alaia Ajanlekoko Gomendio	U16G	2	Victoria Park Harriers and Tower Hamlets AC	41.11	Q	2:
3	234	Victoria Zavadsky	U16G	3	Barnet & District AC	43.40	Q	2:
4	235	Sofia Bennett	U16G	4	Thames Valley Harriers	43.98	Q	2:
5	239	Miaa Grant	U16G	5	Victoria Park Harriers and Tower Hamlets AC	44.01	Q	1:
6	191	Chloe Trunkfield	U16G	6	Highgate Harriers	44.03	Q	1:
7	189	Jasmine Baptiste	U16G	7	Be Fit Today Track Academy	44.91	q	2:
8	245	Kymorah Alfred- Sinclair	U16G	8	Ealing Southall & Middlesex AC	45.09	q	1:
9	240	Lara Booth	U16G	9	London Heathside	45.58		1:
10	246	Sky Parke-antonis	U16G	10	London Heathside	49.00		2:

## Results

### T30 - U16G 300m - 9 May 2026

Meeting Record: 2025 Capree Cooper (Barnet): 39.98

### Final (16:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	236	Capree Cooper	Barnet & District AC	U16G	1	4	38.94	PB
2	194	Alaia Ajanlekoko Gomendio	Victoria Park Harriers and Tower Hamlets AC	U16G	2	5	39.95	PB
3	234	Victoria Zavadsky	Barnet & District AC	U16G	3	6	42.52	PB
4	235	Sofia Bennett	Thames Valley Harriers	U16G	4	2	43.60	
5	191	Chloe Trunkfield	Highgate Harriers	U16G	5	1	44.05	
6	239	Miaa Grant	Victoria Park Harriers and Tower Hamlets AC	U16G	6	3	45.04	PB
7	189	Jasmine Baptiste	Be Fit Today Track Academy	U16G	7	7	45.32	PB
8	245	Kymorah Alfred- Sinclair	Ealing Southall & Middlesex AC	U16G	8	8	47.42	PB

## Results

### T47 - U18W 400m \* - 9 May 2026

Meeting Record: 2019 C Agyei-Kyern (Walton): 39.99

(17:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	250	Gemma Algard	Rugby & Northampton AC	U18W	1		57.37	PB
2	218	Anna Koshevaya	Highgate Harriers	U18W	2		57.56	PB
3	248	Izzy Ions	Highgate Harriers	U18W	3		57.77	PB
4	249	Posie Shaw	Shaftesbury Barnet Harriers	U18W	4		58.18	
5	257	Annamarie BakerLopes	Harrow AC	U18W	5		58.32	PB
6	203	Ella Buckley	Shaftesbury Barnet Harriers	U18W	6		59.21	PB
7	252	Emma Dalton	Harrow AC	U18W	7		1:00.82	PB
8	216	Aliyah Osman	Highgate Harriers	U18W	8		1:06.28	PB

## Results

### T49 - SW 400m \* - 9 May 2026

Meeting Record: 2008 P Shakes-Drayton (VPH&TH): 53.32

(17:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	273	Fiona English	Queen's Park Harriers	SW	1		1:21.79	SB

## Results

### T48 - U20W 400m \* - 9 May 2026

Meeting Record: 2014 L Beckford (LH): 55.43

(17:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	264	Eleanor Mccue	St Mary's Richmond AC	U20W	1		58.56	PB
2	261	Holly Light	Shaftesbury Barnet Harriers	U20W	2		1:00.92	PB

## Results

### T79 - U14G 800m \* - 10 May 2026

Meeting Record: 2024 C Cooper (Barnet|): 2:18.40

(16:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	294	Sophia Davies	Brentwood Beagles Athletics Club	U14G	1	4	2:21.75	Race 1
2	282	Alice Clements	Enfield and Haringey AC	U14G	2	8	2:26.52	Race 1
3	285	Eilidh Hunt	St Mary's Richmond AC	U14G	3	4	2:27.66	Race 2
4	292	Blake Upson	Enfield and Haringey AC	U14G	4	6	2:29.32	Race 1
5	286	Cissie Bootman	Ealing Eagles Running Club	U14G	5	3	2:30.75	Race 1
6	293	Sienna Darcy	Shaftesbury Barnet Harriers	U14G	6	1	2:31.35	Race 1
7	280	Mia March	Barnet & District AC	U14G	7	7	2:31.53	Race 1
8	291	Anna Murray	Highgate Harriers	U14G	8	2	2:32.76	Race 1
9	297	Isabella Davies	Brentwood Beagles Athletics Club	U14G	9	2	2:34.32	Race 2
10	184	Héloïse Avraam	Barnet & District AC	U14G	10	3	2:35.96	Race 2
11	302	Kathryn Hailey	Victoria Park Harriers and Tower Hamlets AC	U14G	11	5	2:35.97	Race 1
12	284	Keeniah Adelise	Shaftesbury Barnet Harriers	U14G	12	1	2:37.63	Race 1
13	299	Imogen Snaith	St Mary's Richmond AC	U14G	13	8	2:37.78	Race 2
14	289	Clementine Chambers	Thames Valley Harriers	U14G	14	7	2:40.87	Race 2
15	11	Laila Raniwala	Enfield and Haringey AC	U14G	15	6	2:41.41	Race 2
16	281	Livia Belkin	London Heathside	U14G	16	5	2:48.59	Race 2
17	298	Lila Hristou	Highgate Harriers	U14G	17	1	2:51.54	Race 2
18	275	Edie Dyke-Coomes	Enfield and Haringey AC	U14G	18	1	2:53.62	Race 2

## Results

### T83 - U16G 800m \* - 10 May 2026

Meeting Record: 2025 Capree Cooper (Barnet): 2:10.23

(16:25)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	236	Capree Cooper	Barnet & District AC	U16G	1	5	2:08.96	PB
2	308	Ellina Ponkratieva	St Mary's Richmond AC	U16G	2	6	2:11.65	PB
3	323	Violet Muralidhar	Ealing Southall & Middlesex AC	U16G	3	2	2:14.98	PB
4	321	Nilou Heath	Harrow AC	U16G	4	1	2:20.06	
5	322	Calista Fenton	Thames Valley Harriers	U16G	5	1	2:20.96	
6	234	Victoria Zavadsky	Barnet & District AC	U16G	6	3	2:23.45	PB
7	311	Marie Allison	Queen's Park Harriers	U16G	7	4	2:26.93	
8	305	Eve Johnson	Ealing Southall & Middlesex AC	U16G	8	8	2:28.15	PB
9	246	Sky Parke-antonis	London Heathside	U16G	9	7	2:36.68	PB
10	384	Chloe Meitern	Belgrave Harriers	U16G	10	2	2:46.95	PB

## Results

### T89 - SW 800m \* - 10 May 2026

Meeting Record: 1994 Kelly Holmes (ESM): 2:03.3

(16:45)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	344	Emma Mccluskey	Barnet & District AC	SW	1	7	2:28.35	
2	345	Tameka Cunliffe	Thames Valley Harriers	SW	2	5	2:30.70	
3	338	Megan Alexander	Enfield and Haringey AC	SW	3	6	2:40.35	

## Results

### T87 - U18W 800m \* - 10 May 2026

Meeting Record: 2023 A Svihalkova (TVH): 2:11.43

(16:45)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	330	Lettice Gundry	London Heathside	U18W	1	2	2:29.70	PB
2	334	Sacha Tankwe—Fabry	Belgrave Harriers	U18W	2	3	2:32.83	

## Results

### T88 - U20W 800m \* - 10 May 2026

Meeting Record: 2024 M Mairs-Ingram (SBH): 2:09.33

(16:45)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	337	Dina Silverman	Shaftesbury Barnet Harriers	U20W	1	4	2:19.60	

## Results

### T32 - U14G 1500m \* - 9 May 2026

Meeting Record: 2016 N Toft (Belgrave): 5:54.15

(15:10)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	294	Sophia Davies	Brentwood Beagles Athletics Club	U14G	1		4:39.05	PB
2	352	Laura Graham	St Mary's Richmond AC	U14G	2		4:42.75	PB
3	285	Eilidh Hunt	St Mary's Richmond AC	U14G	3		4:47.40	PB
4	282	Alice Clements	Enfield and Haringey AC	U14G	4		4:47.56	PB
5	286	Cissie Bootman	Ealing Eagles Running Club	U14G	5		5:06.62	PB
6	370	Evie Broadfoot	Victoria Park Harriers and Tower Hamlets AC	U14G	6		5:07.73	PB
7	291	Anna Murray	Highgate Harriers	U14G	7		5:08.53	PB
8	297	Isabella Davies	Brentwood Beagles Athletics Club	U14G	8		5:16.04	
9	357	Sadie Catherall	London Heathside	U14G	9		5:17.35	PB
10	280	Mia March	Barnet & District AC	U14G	10		5:19.68	PB
11	299	Imogen Snaith	St Mary's Richmond AC	U14G	11		5:26.20	
12	365	Catherine Smith	Shaftesbury Barnet Harriers	U14G	12		5:35.97	PB
13	351	Iyla Yadav	Harrow AC	U14G	13		5:47.18	

Results  
T36 - U16G 1500m \* - 9 May 2026  
Meeting Record: 2008 Georgia Bell (ESM): 4:42.8  
(15:40)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	379	Jagna Falkowska	Barnet & District AC	U16G	1		4:44.53	PB
2	389	Maria Szyszko-Walls	Ealing Southall & Middlesex AC	U16G	2		4:47.03	PB
3	386	Isla Kane	Barnet & District AC	U16G	3		4:57.56	PB
4	381	Sofia Mossi	Blackheath & Bromley Harriers AC	U16G	4		5:01.72	
5	376	Ines Gomez de Membrillera Daly	Thames Valley Harriers	U16G	5		5:05.11	
6	392	Elfie Shaw	Barnet & District AC	U16G	6		5:06.62	PB
7	372	Carys Tomlinson	Highgate Harriers	U16G	7		5:20.72	PB
8	382	Lucia Casalenuovo	Shaftesbury Barnet Harriers	U16G	8		5:29.91	PB

## Results

### T40 - U20W 1500m \* - 9 May 2026

Meeting Record: 1997 C Walsh (SBH): 4:34.4

(16:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
	407	Lyra Macdonald	Victoria Park Harriers and Tower Hamlets AC	U20W		5	DNF	

## Results

### T39 - U18W 1500m \* - 9 May 2026

Meeting Record: 2025 Posie Shaw (SBH): 4:31.90

(16:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	394	Sonny Allen	Highgate Harriers	U18W	1	2	4:24.79	PB
2	402	Naimah Mossi	Blackheath & Bromley Harriers AC	U18W	2	3	4:51.21	SB
3	403	Amy Kirk	London Heathside	U18W	3	1	4:56.83	
4	400	Rose Schofield	London Heathside	U18W	4	4	5:05.94	PB

## Results

### T41 - SW 1500m \* - 9 May 2026

Meeting Record: 1994 Kelly Holmes (ESM): 4:10.2

(16:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	344	Emma Mccluskey	Barnet & District AC	SW	1	6	5:19.48	

## Results

### T59 - U16G 3000m \* - 10 May 2026

Meeting Record: 2023 N Mossi (Blackheath & Bromley): 10:49.56

(11:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	379	Jagna Falkowska	Barnet & District AC	U16G	1	2	10:26.28	PB
2	386	Isla Kane	Barnet & District AC	U16G	2	3	11:10.56	PB

## Results

### T60 - U18W 3000m \* - 10 May 2026

Meeting Record: 2025 Sonny Allen (Highgate): 9:55.33

(11:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	418	Arabella Nichol	Thames Valley Harriers	U18W	1	6	10:19.28	
2	402	Naimah Mossi	Blackheath & Bromley Harriers AC	U18W	2	5	10:24.69	

## Results

### T01 - U14G 75m Hurdles \* - 9 May 2026

Meeting Record: 2019 N Ekuwa Owusuah-Quainoo (Hillingdon): 11.34

(09:40)

Wind speed: +0.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	293	Sienna Darcy	Shaftesbury Barnet Harriers	U14G	1	5	11.49	
2	2	Abena Boyer	London Heathside	U14G	2	4	12.14	
3	421	Amie Zheng	Shaftesbury Barnet Harriers	U14G	3	7	12.22	
4	422	Anna Bah	London Heathside	U14G	4	2	12.93	PB
5	292	Blake Upson	Enfield and Haringey AC	U14G	5	3	13.07	PB
6	423	Rosa Doue Tai	London Heathside	U14G	6	6	15.90	PB

Results  
T02 - U16G 80m Hurdles \* - 9 May 2026

Meeting Record: 1999 S Belle (Tower Hamlets): 11.4

(09:55)

Wind speed: -1.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	12	Seth Saunders	Shaftesbury Barnet Harriers	U14B	1		12.15	U14B
1	425	Emma Collins	Momentum Track Club	U16G	1		12.29	U16W
2	193	Zhane Pilgrim	Victoria Park Harriers and Tower Hamlets AC	U16G	2		12.31	U16W
3	428	Isabella Patterson	Harrow AC	U16G	3		12.32	U16W
4	424	Kyra Williams	Shaftesbury Barnet Harriers	U16G	4		12.54	U16W
5	426	Carenza Taylor	St Mary's Richmond AC	U16G	5		12.73	U16W
6	427	Matilda Barrant	London Heathside	U16G	6		13.13	U16W

Results  
T05 - U20W 100m Hurdles \* - 9 May 2026  
(10:10)

Wind speed: 0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	100	Asia Emanuel	London Heathside	U20W	1		15.65	PB
2	430	Ely Angel Da Silva	London Heathside	U20W	2		17.06	

Results  
T97 - SW 100m Hurdles - 10 May 2026  
(19:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
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## Results

### T93 - U18W 100m Hurdles - 10 May 2026

Meeting Record: 2000 S belle (Tower Hamlets): 11.5

(19:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
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## Results

### T56 - U16G 300mH \* - 10 May 2026

Meeting Record: 1997 S Alinbiyi (Tower Hamlets): 45.1

(11:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	424	Kyra Williams	Shaftesbury Barnet Harriers	U16G	1	2	48.20	PB
2	427	Matilda Barrant	London Heathside	U16G	2	3	49.98	
3	435	Eva Clarke	Young Athletes Club (YAC)	U16G	3	4	59.91	

Results  
T55 - SW 400mH \* - 10 May 2026  
(10:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	438	Temi Okuwobi	Herne Hill Harriers	SW	1	7	1:07.70	PB
2	440	Safia Coombs	Southwark Athletics Club	SW	2	6	1:15.76	

## Results

### T54 - U20W 400mH \* - 10 May 2026

Meeting Record: 1996 T | Duncan (Essex Ladies): 63.1

(10:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	430	Ely Angel Da Silva	London Heathside	U20W	1	4	1:08.72	PB
2	436	Macie Sutherland	Shaftesbury Barnet Harriers	U20W	2	3	1:08.83	

Results  
T95 - U18W 400mH - 10 May 2026  
(19:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F03 - U18W High Jump \* - 9 May 2026

START TIME: 10:00

Meeting Record: 2001 P Agbo (TVH): 1.75

#	Bib	Ord	Name	Club	Cat	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.67	Best	Note
1	446	3	Minna Williams	Kingston AC and Poly Harriers	U18W					o	o	o	xo	xxx	1.65	
2	445	1	Amani Osman	Highgate Harriers	U18W				o	o	o	xxo	xxx		1.60	SB
3	214	2	Maya Shah	Highgate School	U18W	o	o	xxo	o	o	xxx				1.50	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F02 - U16G High Jump - 9 May 2026

START TIME: 10:00

Meeting Record: 2001 P Agbo (TVH): 1.75

#	Bib	Ord	Name	Club	Cat	1.40	1.45	1.50	1.55	Best	Note
1	193	1	Zhane Pilgrim	Victoria Park Harriers and Tower Hamlets AC	U16G	o	o	o	xxx	1.50	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F04 - SW High Jump \* - 9 May 2026

START TIME: 10:00

Meeting Record: 2001 P Agbo (TVH): 1.75

#	Bib	Ord	Name	Club	Cat	1.00	1.05	1.10	1.15	1.20	1.25	Best	Note
1	447	1	Rosalind Zeffertt	Shaftesbury Barnet Harriers	SW	o	o	o	o	xxo	xxx	1.20	=PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F01 - U14G High Jump \* - 9 May 2026

START TIME: 10:00

Meeting Record: 1982 P Davidge (Hillingdon): 1.63

#	Bib	Ord	Name	Club	Cat	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	Best	Note
1	292	4	Blake Upson	Enfield and Haringey AC	U14G					o	o	xo	xxx	1.40	
2	442	1	Ottillie Naidu	Highgate Harriers	U14G	o	o	o	o	xo	o	xxx		1.35	SB
3	4	2	Aiva Regis-Moore	Windsor Slough Eton & Hounslow AC	U14G				o	xxo	xxx			1.30	
4	421	3	Amie Zheng	Shaftesbury Barnet Harriers	U14G	o	o	o	o	xxx				1.25	=SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F66 - U20W High Jump - 10 May 2026

START TIME: 19:00

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F50 - U18W Pole Vault \* - 10 May 2026

START TIME: 14:20

Meeting Record: 2001 S Dowson (Harrow): 3.51

#	Bib	Ord	Name	Club	Cat	2.30	2.40	2.50	2.60	Best	Note
1	450	1	Amy Hallett	Shaftesbury Barnet Harriers	U18W	xo	xo	xxo	xxx	2.50	=PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F51 - SW Pole Vault \* - 10 May 2026

START TIME: 14:20

Meeting Record: 2022 M Bailey (Harrow): 4.01

#	Bib	Ord	Name	Club	Cat	2.00	2.10	2.20	2.30	2.40	2.50	Best	Note
1	452	2	Helen Leadbetter	Ealing Southall & Middlesex AC	SW	o	-	o	-	o	xxx	2.40	SB
2	447	1	Rosalind Zeffertt	Shaftesbury Barnet Harriers	SW	o	xo	o	xxx			2.20	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F77 - U14G Pole Vault - 10 May 2026

START TIME: 19:00

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F72 - U16G Pole Vault \* - 10 May 2026

START TIME: 19:00

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F67 - U20W Pole Vault - 10 May 2026

START TIME: 19:00

Meeting Record: 2008 S Gibson (E&H): 3.00

#	Bib	Ord	Name	Club	Cat	Best	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F32 - U14G Long Jump \* - 10 May 2026

START TIME: 09:50

Meeting Record: 2014 Z Owolana (Hillingdon): 4.90

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	16	Dami Adekunle	Shaftesbury Barnet Harriers	U14G	4.60	4.71	4.83	4.76	x	4.67	<b>4.83</b>	PB
2	9	Kaia Vaughan	Shaftesbury Barnet Harriers	U14G	4.35	4.33	4.50	4.28	4.25	3.72	<b>4.50</b>	PB
3	18	Naylah Adeeko	Shaftesbury Barnet Harriers	U14G	4.12	3.81	3.53	3.68	3.83	3.87	<b>4.12</b>	=PB
4	4	Aiva Regis-Moore	Windsor Slough Eton & Hounslow AC	U14G	3.69	x	3.36	2.13	3.97	3.88	<b>3.97</b>	PB
5	29	Anjola Oduleye	Thames Valley Harriers	U14G	3.67	3.71	3.54	3.90	x	3.39	<b>3.90</b>	
6	27	Mabel Crinnion	St Mary's Richmond AC	U14G	3.42	3.19	3.40	3.21	3.21	3.04	<b>3.42</b>	
7	182	Maya Celik	Barnet & District AC	U14G	3.31	3.36	3.40	3.34	3.24	3.30	<b>3.40</b>	=PB
8	7	Ayotunde Alfonso	Shaftesbury Barnet Harriers	U14G	3.18	x	2.45	3.21	2.80	3.08	<b>3.21</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F33 - U16G Long Jump \* - 10 May 2026

START TIME: 11:30

Meeting Record: 1977 J Gardner (Twickenham): 5.66

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	65	Mya Larter	Victoria Park Harriers and Tower Hamlets AC	U16G	4.62	4.84	4.62	4.60	4.54	4.49	<b>4.84</b>	
2	57	Abigail Beckles	Harrow AC	U16G	4.82	4.54	4.62	4.34	4.44	x	<b>4.82</b>	PB
3	455	Isla Kenny	Ealing Southall & Middlesex AC	U16G	4.44	4.31	4.47	4.25	3.31	4.12	<b>4.47</b>	SB
4	62	Leila Westcarr	Harrow AC	U16G	4.18	-	x	4.02	3.58	-	<b>4.18</b>	
5	459	Noa Archer	Ealing Southall & Middlesex AC	U16G	3.99	4.12	3.92	x	3.87	3.79	<b>4.12</b>	PB
6	458	Skye Murray	London Heathside	U16G	3.49	x	3.51	3.42	3.36	3.41	<b>3.51</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F36 - SW Long Jump \* - 10 May 2026

START TIME: 11:30

Meeting Record: 1983 C Earlington (Hounslow): 6.48

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	467	Simonetta Ifeji	Belgrave Harriers	SW	4.44	4.82	4.51	4.79	4.57	x	<b>4.82</b>	SB
2	465	Sharon Dooley	Thames Valley Harriers	SW	3.27	3.71	3.78	3.65	3.28	3.69	<b>3.78</b>	
3	447	Rosalind Zeffertt	Shaftesbury Barnet Harriers	SW	x	2.86	3.51	3.42	3.37	3.47	<b>3.51</b>	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F35 - U20W Long Jump \* - 10 May 2026

START TIME: 11:30

Meeting Record: 2002 S Belle (Tower Hamlets): 6.01

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	464	Kayanne Brown	Thames Valley Harriers	U20W	x	4.61	4.83	x	x	3.13	4.83	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F34 - U18W Long Jump \* - 10 May 2026

START TIME: 11:30

Meeting Record: 2001 S Belle (Tower Hamlets): 5.90

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	214	Maya Shah	Highgate School	U18W	3.92	3.80	3.95	3.70	3.69	3.83	3.95	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F23 - U18W Triple Jump \* - 9 May 2026

START TIME: 14:30

Meeting Record: 2002 A Barrett (Harrow): 11.51

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	470	Akiko Findlay	Victoria Park Harriers and Tower Hamlets AC	U18W	x (-1.8)	x (-1.8)	10.08	x (-0.5)	x (-3.0)	x (0.1)	<b>10.08</b> (0.0)	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F24 - SW Triple Jump \* - 9 May 2026

START TIME: 14:30

Meeting Record: 2004 M Griffiths (WSE&H): 13.40

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	471	Ruth-Ann Otaruoh	Thames Valley Harriers	SW	12.09	x (0.1)	12.09	x (-3.2)	12.16 (-1.1)	x (0.3)	<b>12.16</b> (-1.1)	
2	473	Zoe Kotyrba	Thames Valley Harriers	SW	x (-2.4)	9.65 (-1.0)	9.91	x (-2.8)	x	9.80 (0.2)	<b>9.91</b> (0.0)	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F22 - U16G Triple Jump \* - 9 May 2026

START TIME: 14:30

Meeting Record: 2024 L Newth (ESM): 10.98

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F65 - U20W Triple Jump \* - 10 May 2026

START TIME: 19:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F13 - SW Shot Put \* - 9 May 2026

START TIME: 11:40

Meeting Record: 1997 T Axten (Hounslow): 14.44

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	493	Makayla Joseph	Harrow AC	SW		11.65	12.59	11.43	12.09	12.20	11.88	<b>12.59</b>	SB
2	467	Simonetta Ifeji	Belgrave Harriers	SW		7.50	7.06	x	7.01	6.63	7.00	<b>7.50</b>	PB
3	492	Lesley Richardson	Enfield and Haringey AC	SW		7.24	7.32	6.99	x	6.43	6.97	<b>7.32</b>	
4	488	Anneli Sydenham	Barnet & District AC	SW		6.76	6.34	x	6.41	6.42	x	<b>6.76</b>	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F09 - U14G Shot Put \* - 9 May 2026

START TIME: 11:40

Meeting Record: 2018 C Lovelock (Slough Juniors): 9.28

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	292	Blake Upson	Enfield and Haringey AC	U14G		5.59	4.56	5.11	5.62	5.29	5.60	<b>5.62</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F10 - U16G Shot Put \* - 9 May 2026

START TIME: 11:40

Meeting Record: 2023 E Shabani (Highgate): 11.40

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	480	Carmelita Fadoju	Victoria Park Harriers and Tower Hamlets AC	U16G		8.17	8.59	x	8.70	8.52	9.29	<b>9.29</b>	PB
2	477	Allyah Mcglynn	St Mary's Richmond AC	U16G		9.10	8.90	8.77	9.05	9.12	8.54	<b>9.12</b>	SB
3	478	Levita Threadgold	Hillingdon AC	U16G		8.03	8.23	8.31	8.04	7.26	7.32	<b>8.31</b>	PB
4	481	Enara Ajanlekoko Gomendio	Victoria Park Harriers and Tower Hamlets AC	U16G		6.72	x	6.75	6.92	7.71	7.65	<b>7.71</b>	PB
5	458	Skye Murray	London Heathside	U16G		6.50	6.92	x	6.46	5.84	6.14	<b>6.92</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F12 - U20W Shot Put \* - 9 May 2026

START TIME: 11:40

Meeting Record: 1996 N Smith (Hounslow): 12.95

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	431	Charlotte Reynaert	Thames Valley Harriers	U20W		7.90	7.71	7.50	8.48	7.97	7.81	<b>8.48</b>	SB
2	486	Mariam Hassan	Track Academy	U20W		5.55	4.69	4.68	x	4.42	3.66	<b>5.55</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F11 - U18W Shot Put \* - 9 May 2026

START TIME: 11:40

Meeting Record: 2019 K Baymakova (E&H): 12.10

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	482	Kerisha Patterson	Thames Valley Harriers	U18W		11.22	x	11.59	x	11.47	12.04	<b>12.04</b>	SB
2	484	Elizabeth Boissiere	Ealing Southall & Middlesex AC	U18W		11.47	11.29	11.50	11.56	10.75	10.79	<b>11.56</b>	PB
3	92	Michelle Onukegbe	Highgate Harriers	U18W		9.51	9.58	9.32	7.62	9.20	8.71	<b>9.58</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F40 - SW Discus \* - 10 May 2026

START TIME: 10:00

Meeting Record: 1983 J Avis (Barnet Ladies): 53.44

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	451	Stacey Gonzalez	Shaftesbury Barnet Harriers	SW		25.59	26.99	28.18	29.06	x	-	<b>29.06</b>	PB
2	488	Anneli Sydenham	Barnet & District AC	SW		19.31	x	21.93	x	20.49	21.81	<b>21.93</b>	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F39 - U20W Discus \* - 10 May 2026

START TIME: 10:00

Meeting Record: 1994 T Saint-Smith (Enfield): 44.68

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	498	Alana Thomas	Harrow AC	U20W		32.53	x	34.10	35.46	33.86	35.21	<b>35.46</b>	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F38 - U18W Discus \* - 10 May 2026

START TIME: 10:00

Meeting Record: 2001 E Dee (TVH): 39.29

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	497	Elkie Baker	London Heathside	U18W		39.77	41.39	40.64	x	38.60	37.85	<b>41.39</b>	SB
2	216	Aliyah Osman	Highgate Harriers	U18W		17.33	15.97	12.98	17.39	x	15.12	<b>17.39</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F37 - U16G Discus \* - 10 May 2026

START TIME: 10:00

Meeting Record: 1990 T Saint Smith (Enfield): 34.92

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	496	Felicity Fudge	Enfield and Haringey AC	U16G		24.46	24.78	x	24.10	x	26.27	<b>26.27</b>	
2	477	Allyah Mcglynn	St Mary's Richmond AC	U16G		21.49	21.86	x	21.16	21.04	20.63	<b>21.86</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F75 - U14G Discus \* - 10 May 2026

START TIME: 19:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F48 - SW Hammer \* - 10 May 2026

START TIME: 13:50

Meeting Record: 2000 L Sprules (SBH): 62.47

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	451	Stacey Gonzalez	Shaftesbury Barnet Harriers	SW		34.00	34.41	x	35.85	33.91	36.24	<b>36.24</b>	
2	488	Anneli Sydenham	Barnet & District AC	SW		30.37	29.21	x	x	x	24.42	<b>30.37</b>	SB
3	492	Lesley Richardson	Enfield and Haringey AC	SW		20.27	22.26	x	20.09	20.27	x	<b>22.26</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F45 - U16G Hammer \* - 10 May 2026

START TIME: 13:50

Meeting Record: 2017 F Williams (WSE&H): 47.70

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	503	Daisy McKeown	St Mary's Richmond AC	U16G		x	28.24	30.77	x	31.29	x	<b>31.29</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F46 - U18W Hammer \* - 10 May 2026

START TIME: 13:50

Meeting Record: 2018 F Williams (WSE&H): 52.31

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	506	Elena Lewis	Harrow AC	U18W		x	55.90	53.20	53.81	x	x	<b>55.90</b>	PB
2	507	Keira Lake-Bryan	Dacorum Athletics Club	U18W		45.38	x	46.40	x	48.65	x	<b>48.65</b>	PB
3	505	Malia Anderson-Watson	Harrow AC	U18W		x	41.60	42.90	x	x	38.74	<b>42.90</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F47 - U20W Hammer - 10 May 2026

START TIME: 13:50

Meeting Record: 2005 S Hynes (SBH): 55.22

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	508	Laureen Okoghenu	Victoria Park Harriers and Tower Hamlets AC	U20W		43.01	38.86	47.78	46.19	39.54	47.09	<b>47.78</b>	
2	486	Mariam Hassan	Track Academy	U20W		x	14.77	15.78	x	x	15.00	<b>15.78</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F76 - U14G Hammer - 10 May 2026

START TIME: 19:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F29 - U18W Javelin \* - 9 May 2026

START TIME: 16:20

Meeting Record: 2018 H Hall (Hillingdon): 37.25

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	514	Zoe Morse	Hillingdon AC	U18W		28.46	x	28.75	29.03	x	29.41	<b>29.41</b>	
2	445	Amani Osman	Highgate Harriers	U18W		x	18.70	x	x	x	20.99	<b>20.99</b>	PB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F28 - U16G Javelin \* - 9 May 2026

START TIME: 16:20

Meeting Record: 2015 S Vaaselinova (E&H): 35.67

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	478	Levita Threadgold	Hillingdon AC	U16G		28.62	26.45	29.55	25.63	28.04	29.86	<b>29.86</b>	PB
2	481	Enara Ajanlekoko Gomendio	Victoria Park Harriers and Tower Hamlets AC	U16G		27.32	x	28.06	28.33	x	x	<b>28.33</b>	PB
3	510	Jasmine Ferguson	Harrow AC	U16G		x	20.39	x	18.18	18.62	x	<b>20.39</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F30 - U20W Javelin \* - 9 May 2026

START TIME: 16:20

Meeting Record: 2019 H Hall (Hillingdon): 38.63

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	431	Charlotte Reynaert	Thames Valley Harriers	U20W		19.39	21.79	21.20	21.16	21.72	x	<b>21.79</b>	

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F31 - SW Javelin \* - 9 May 2026

START TIME: 16:20

Meeting Record: 2017 L Britane (TVH): 45.27

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	516	Molly Harrison	London Heathside	SW		x	19.72	20.55	21.96	x	x	<b>21.96</b>	SB
2	517	Suzanne Harding	Watford Joggers	SW		x	x	16.56	x	x	x	<b>16.56</b>	PB
3	488	Anneli Sydenham	Barnet & District AC	SW		12.42	11.52	x	11.77	10.56	x	<b>12.42</b>	SB

Middlesex County AA Track & Field Championships 2026 - London - 9-10 May 2026

Results

F64 - U14G Javelin \* - 10 May 2026

START TIME: 19:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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